

**Nutrition Facts** Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 190**, **Total Fat** 11g (14% DV), **Sat. Fat** 4.5g (23% DV),  
**Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 5mg (<1% DV), **Total Carb.** 21g  
(8% DV), **Fiber** 14g (50% DV), **Total Sugars** 4g (Incl. 3g Added Sugars, 6% DV),  
**Protein** 3g (6% DV), **Vit. D** (0% DV), **Calcium** (4% DV), **Iron** (10% DV), **Potas.** (2% DV).

†Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols. These nutrients don't usually affect blood sugar levels.

110186-V200



DR. MERCOLA®

MITOMIX™ KETO



**DOUBLE CHOCOLATE**

Supports a Ketogenic Diet with High Quality Fats

**11g FAT • 4.9g NET CARBS†**

NET WT. 1.41 OZ. (40 g)

*chocolate-coated nutrition bar*

**INGREDIENTS:** TAPIOCA SYRUP<sup>^</sup> [ISOMALTO-OLIGOSACCHARIDE (FROM CASSAVA ROOT<sup>^</sup>)], ALMOND BUTTER<sup>^</sup> (DRY ROASTED ALMONDS<sup>^</sup>), WHOLE BLONDE PSYLLIUM HUSKS<sup>^</sup>, SEMI-SWEET CHOCOLATE COATING<sup>^</sup> (UNSWEETENED CHOCOLATE<sup>^</sup>, CANE SUGAR<sup>^</sup>, COCOA BUTTER<sup>^</sup>), COCONUT<sup>^</sup>, PUMPKIN SEEDS<sup>^</sup>, MACADAMIA NUTS<sup>^</sup>, COCONUT BUTTER<sup>^</sup> (COCONUT<sup>^</sup>), COCOA POWDER<sup>^</sup>, CHIA SEEDS<sup>^</sup>, D-RIBOSE, ERYTHRITOL, HEMP SEEDS<sup>^</sup>, CACAO NIBS<sup>^</sup>, NUVOUS<sup>^</sup> (INULIN<sup>^</sup>, STEVIA LEAF EXTRACT<sup>^</sup>, LYCIUM FRUIT EXTRACT<sup>^</sup>, NATURAL ORANGE FLAVOR<sup>^</sup>), NATURAL CHOCOLATE FLAVOR, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS<sup>^</sup>, BLACK CUMIN (*NIGELLA SATIVA*) SEEDS<sup>^</sup>. <sup>^</sup>Organic Ingredients

**CONTAINS TREE NUTS (ALMOND, COCONUT, MACADAMIA).  
MAY CONTAIN MILK.**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

