

Nutrition Facts Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 190**, **Total Fat** 11g (14% DV), **Sat. Fat** 4.5g (23% DV),
Trans Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 5mg (<1% DV), **Total Carb.** 21g
(8% DV), **Fiber** 14g (50% DV), **Total Sugars** 4g (Incl. 3g Added Sugars, 6% DV),
Protein 3g (6% DV), **Vit. D** (0% DV), **Calcium** (4% DV), **Iron** (10% DV), **Potas.** (2% DV).

[^]Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols. These nutrients don't usually affect blood sugar levels.

110186-V103



DR. MERCOLA[®]
PREMIUM NUTRITION

PURE POWER
MITOMIX[™] **BAR**

11 g FAT

4.9 g ^{NET} CARBS^{*}

supports a ketogenic diet for mitochondrial health

double CHOCOLATE

chocolate-coated nutrition bar

NET WT. 1.41 OZ. (40 g)

INGREDIENTS: DIETARY FIBER SYRUP* (ISOMALTO-OLIGOSACCHARIDE [FROM CASSAVA ROOT*]), ALMOND BUTTER* (DRY ROASTED ALMONDS*), WHOLE BLONDE PSYLLIUM HUSKS*, SEMI-SWEET CHOCOLATE COATING* (UNSWEETENED CHOCOLATE*, CANE SUGAR*, COCOA BUTTER*), COCONUT*, PUMPKIN SEEDS*, MACADAMIA NUTS*, COCONUT BUTTER* (COCONUT*), COCOA POWDER*, CHIA SEEDS*, D-RIBOSE, ERYTHRITOL, HEMP SEEDS*, CACAO NIBS*, NUVOUS* (INULIN*, STEVIA [LEAF] EXTRACT*, LYCIUM [FRUIT] EXTRACT*, ORANGE FLAVOR*), NATURAL CHOCOLATE FLAVOR, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS*, BLACK CUMIN (*NIGELLA SATIVA*) SEEDS*. *Organic Ingredients

CONTAINS TREE NUTS (ALMOND, COCONUT, MACADAMIA).

DISTRIBUTED BY: NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

