

**Nutrition Facts** Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 190**, **Total Fat** 10g (13% DV), Sat. Fat 3.5g (18% DV),  
*Trans* Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 10mg (<1% DV), **Total Carb.** 21g  
(8% DV), Fiber 16g (57% DV), Total Sugars 3g (Incl. 2g Added Sugars, 4% DV),  
**Protein** 4g (8% DV), Vit. D (0% DV), Calcium (4% DV), Iron (10% DV), Potas. (2% DV).

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^Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols. These nutrients don't usually affect blood sugar levels.

**DR. MERCOLA®**  
PREMIUM NUTRITION

**PURE POWER**  
**MITOMIX™ BAR**  
*for cellular energy & mitochondrial health*

10 g FAT

2.6 g NET CARBS<sup>^</sup>

**CHOCOLATE**

*nutrition bar*

NET WT. 1.41 OZ. (40 g)

**INGREDIENTS:** DIETARY FIBER SYRUP\* (ISOMALTO-OLIGOSACCHARIDE [FROM CASSAVA ROOT\*]), ALMOND BUTTER\* (DRY ROASTED ALMONDS\*), WHOLE BLONDE PSYLLIUM HUSKS\*, COCONUT\*, PUMPKIN SEEDS\*, MACADAMIA NUTS\*, COCONUT BUTTER\* (COCONUT\*), COCOA POWDER\*, CHIA SEEDS\*, D-RIBOSE, ERYTHRITOL, HEMP SEEDS\*, CACAO NIBS\*, NUVOUS\* (INULIN\*, STEVIA [LEAF] EXTRACT\*, LYCIUM [FRUIT] EXTRACT\*, ORANGE FLAVOR\*), NATURAL CHOCOLATE FLAVOR, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS\*, BLACK CUMIN (*NIGELLA SATIVA*) SEEDS\*. \*Organic Ingredients

**CONTAINS TREE NUTS (ALMOND, COCONUT, MACADAMIA).**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

