

**Nutrition Facts** Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 180**, **Total Fat** 11g (14% DV), **Sat. Fat** 3g (15% DV),  
*Trans Fat* 0g, **Cholest.** 0mg (0% DV), **Sodium** 20mg (1% DV), **Total Carb.** 23g  
(8% DV), **Fiber** 16g (57% DV), **Total Sugars** 4g (Incl. 3g Added Sugars, 6% DV),  
**Protein** 3g, **Vit. D** (0% DV), **Calcium** (2% DV), **Iron** (10% DV), **Potas.** (2% DV).

^Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols. These nutrients don't usually affect blood sugar levels.

110210-V101



DR. MERCOLA®

**PURE POWER  
MITOMIX™ BAR**

11g **FAT**

5g **NET CARBS\***

*supports a ketogenic diet for mitochondrial health*

**BLUEBERRY PECAN**

*chocolate-coated nutrition bar*

**NET WT. 1.4 OZ. (40 g)**

**INGREDIENTS:** DIETARY FIBER SYRUP\* (ISOMALTO-OLIGOSACCHARIDE [FROM CASSAVA ROOT\*]), ALMOND BUTTER\* (DRY ROASTED ALMONDS\*), WHOLE BLOND PSYLLIUM HUSKS\*, SEMI-SWEET CHOCOLATE COATING\* (UNSWEETENED CHOCOLATE\*, CANE SUGAR\*, COCOA BUTTER\*), PECANS\*, COCONUT\*, D-RIBOSE, ERYTHRITOL, HEMP SEEDS\*, CHIA SEEDS\*, BLUEBERRIES\*, CACAO NIBS\*, NATURAL FLAVORS, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS\*, COCONUT BUTTER\*, BLACK CUMIN (*NIGELLA SATIVA*) SEEDS\*, NUVOUS\* (INULIN\*, STEVIA [LEAF] EXTRACT\*, LYCIUM [FRUIT] EXTRACT\*, NATURAL ORANGE FLAVOR)\*. \*Organic Ingredients

**CONTAINS TREE NUTS (ALMOND, COCONUT, PECAN).**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

