

**Nutrition Facts** Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 180**, **Total Fat** 10g (13% DV), Sat. Fat 2.5g (13% DV),  
*Trans* Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 20mg (1% DV), **Total Carb.** 23g  
(8% DV), **Fiber** 18g (64% DV), **Total Sugars** 3g (Incl. 0g Added Sugars, 0% DV),  
**Protein** 3g, Vit. D (0% DV), Calcium (2% DV), Iron (10% DV), Potas. (2% DV).

^Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols. These nutrients don't usually affect blood sugar levels.

110209-V101



DR. MERCOLA®

**PURE POWER**  
**MITOMIX™ BAR**

10 g FAT

2.8 g NET CARBS^

*supports a ketogenic diet for mitochondrial health*

**BLUEBERRY PECAN**

*nutrition bar*

NET WT. 1.4 OZ. (40 g)

**INGREDIENTS:** DIETARY FIBER SYRUP\* (ISOMALTO-OLIGOSACCHARIDE [FROM CASSAVA ROOT\*]), ALMOND BUTTER\* (DRY ROASTED ALMONDS\*), WHOLE BLOND PSYLLIUM HUSKS\*, PECANS\*, COCONUT\*, D-RIBOSE, ERYTHRITOL, HEMP SEEDS\*, CHIA SEEDS\*, BLUEBERRIES\*, CACAO NIBS\*, NATURAL FLAVORS, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS\*, COCONUT BUTTER\*, BLACK CUMIN (*NIGELLA SATIVA*) SEEDS\*, NUVOUS\* (INULIN\*, STEVIA [LEAF] EXTRACT\*, LYCIUM [FRUIT] EXTRACT\*, NATURAL ORANGE FLAVOR\*). \*Organic Ingredients

**CONTAINS TREE NUTS (ALMOND, COCONUT, PECAN).**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

