

DR. MERCOLA®

HEALTHY CHEF

DIRECTIONS: Place uncooked foods in a bowl. Shake bottle well. Spray Dr. Mercola's Fruit and Vegetable Wash generously onto all food surface areas and allow to soak for approximately 1-2 minutes. Add clean water and gently agitate foods to release all dirt and particles. Drain water and rinse thoroughly.

INGREDIENTS: Water, Citric Acid, Sodium Citrate (Derived From Citrus Fruit), Sea Salt, Vegetable Glycerin, Calcium Ascorbate (Antioxidant).

FRUIT AND VEGETABLE WASH



SIGNIFICANTLY MORE EFFECTIVE THAN
WATER IN REMOVING PESTICIDES,
WAX & SURFACE CONTAMINANTS

INHIBITS BROWNING & HELPS
KEEP PRODUCE FRESH

CLEANS CUTTING
SURFACES & UTENSILS

NET CONTENTS 16 FL. OZ. (473 mL)



Made in USA

You always wash your hands before you eat, but do you effectively wash your food? Take food safety matters into your own hands with Dr. Mercola's Fruit and Vegetable Wash, lab tested and proven to remove unwanted residues.

Make it a Habit. Wash vegetables, fruit, & herbs thoroughly before enjoying to the fullest. Dr. Mercola's Fruit and Vegetable Wash also helps keep produce fresh and effectively cleans food preparation areas & cutting surfaces, even your hands – an added bonus!

DISTRIBUTED BY: NHP
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