

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule per serving. This product should be taken twice daily.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

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# DR. MERCOLA®



## **FERMENTED GINGER**

**Dietary Supplement**

**60 Capsules**

## **Supplement Facts**

Serving Size: 1 Capsule  
Servings Per Container: 60

	<b>Amount Per Serving</b>	<b>%DV</b>
Organic Fermented Ginger Root Powder	200 mg	*
Perilla ( <i>Perilla frutescens</i> ) Leaf Extract^	150 mg	*

\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Capsule (Hydroxypropyl Methylcellulose), Cassava Maltodextrin.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

^Benegut® is a registered trademark of Vital Solutions GmbH, Germany.