

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule just before eating the first meal of the day.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MANUFACTURED FOR:
Mercola Health Resources, LLC
3200 West Higgins Road
Hoffman Estates, Illinois 60169
(847) 252-4355

DR. MERCOLA®
PREMIUM SUPPLEMENTS

GO Easy™†

HELPS PROMOTE REGULARITY†

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Riboflavin	0.25 mg	15%
Proprietary Blend	500 mg	
Perilla Seed Extract		*
Cranberry Seed Extract		*
Phospholipids (from Sugarcane Wax Extract)		*
Phospholipids (from Sunflower [Seed] Oil)		*
Olive Fruit Extract		*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hypromellose), Rosemary Leaf Extract, Mixed Tocopherols, Astaxanthin^.

^Zanthin® is a registered trademark of Valensa International.
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