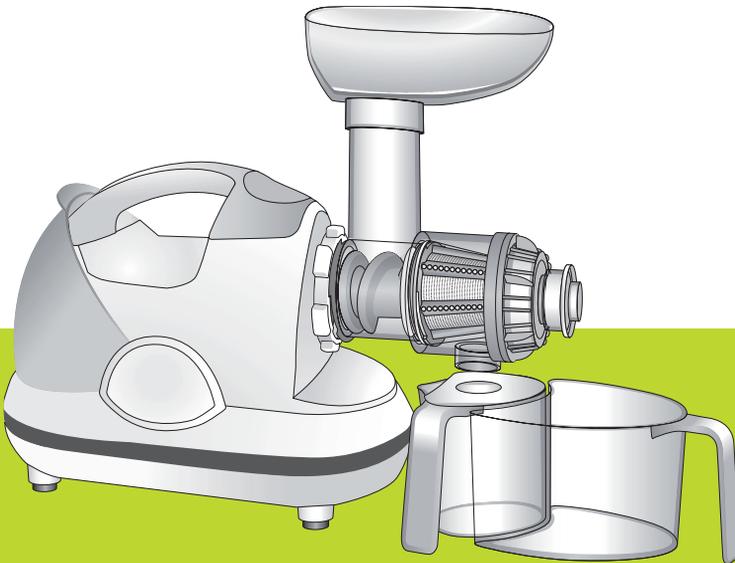


DR. MERCOLA[®]

HEALTHY CHEF

JUICE EXTRACTOR

INSTRUCTION MANUAL



Carefully read and save these instructions
Household use only / US&CANADA use only (120/220V)

Important safeguards



IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed including the following:

1. Read all instructions.
2. To protect against risk of electric shock, do not put the parts, such as the motor base, in water or other liquids.
3. Close supervision is necessary when juice extractor is used near children.
4. Unplug from outlet when not in use, before assembling or disassembling and before cleaning.
5. Avoid contact with moving parts.
6. Do not operate the juice extractor with a damaged cord or plug, after the juice extractor malfunctions or is dropped or damaged in any manner.
Return the juice extractor to the nearest authorized service facility for examination, repair, or electrical or mechanical adjustment.
7. The use of attachments not recommended may cause fire, electric shock, or injury.
8. Do not use outdoors.
9. Do not let the cord hang over the edge of the table or counter.
10. Always make sure the juice extractor cover is clamped securely in place before motor is turned on.
Do not unfasten clamps while juice extractor is in operation.
11. Be sure to turn switch to off position after each use.
Make sure the motor stops completely before disassembling.
12. Do not put your finger or objects into the juice extractor opening while it is in operation.
If food becomes lodged in opening, use food pusher or another piece of fruit or vegetable to remove the food.
13. Do not modify the plug in any way.
14. Do not place on or near a hot gas or electric burner or in a heated oven.
15. Do not use appliance for anything other than its intended use.

**NEVER SUBMERGE THE MOTOR BASE IN WATER OR OTHER LIQUID
FOR HOUSEHOLD USE ONLY**

SAVE THESE INSTRUCTIONS

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Features

Durable Masticating Type Design

The spiral auger, made with durable plastic materials, helps extract vitamins, enzymes, and minerals from fruits and vegetables.

A Low Speed Gear

A low speed gear is utilized to reduce noise and vibration during operation so that the machine can be used quietly at home.

Heavy-Duty Motor

Heavy-duty motor makes it possible to juice fibrous vegetables or fruits at low speed.

Easy to Use

Designed for easy assembly, disassembly and operation. Easy to clean after use.

Multi-Purpose

Juices fruit & vegetables including apples, pears, carrots, beets, celery, peppers, leafy greens such as wheatgrass, cabbage, kale and fruits. Grinds coffee beans and makes homemade pasta in just minutes.

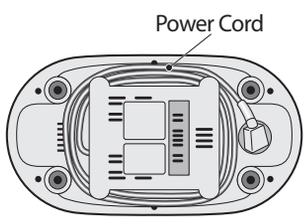
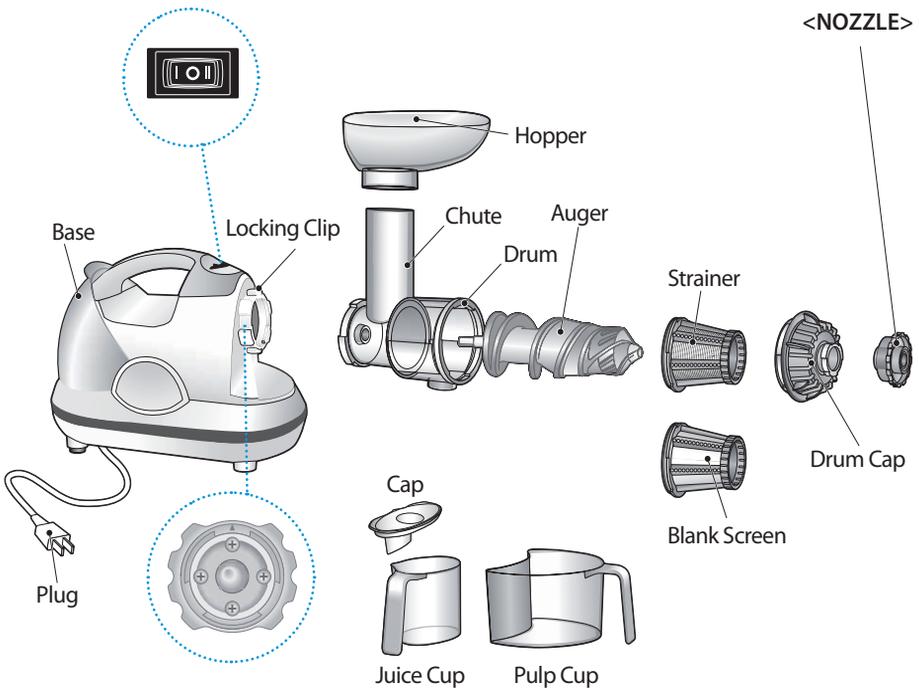
7 Different Nozzles

Includes 7 different nozzles for juicing, mincing, grinding, and more.

<SWITCH>

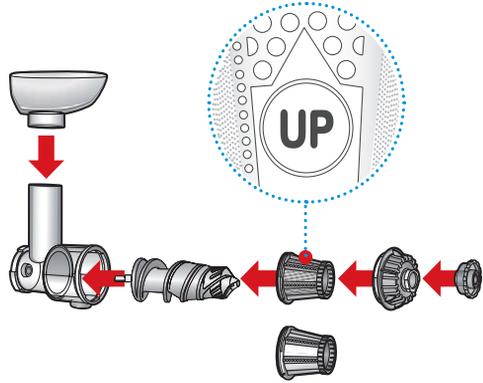


<NOZZLE>

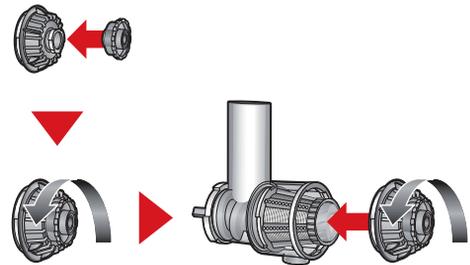


How to assemble

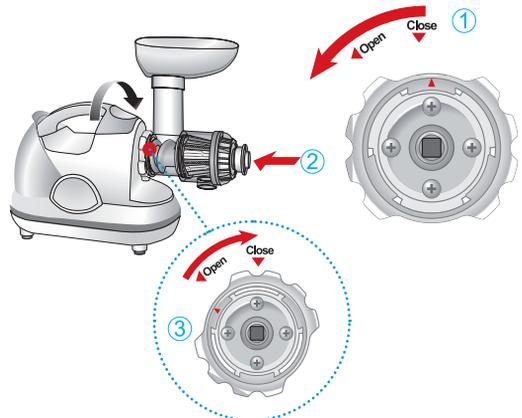
- 1 Auger & Strainer Assembly**
Make sure that the strainer's "UP" position is assembled pointing up.



- 2 Drum Cap and Nozzle**
1. Attach the nozzle to the drum cap.
 2. Turn the nozzle counterclockwise to lock position.
 3. Place the drum cap and turn counterclockwise to lock position.

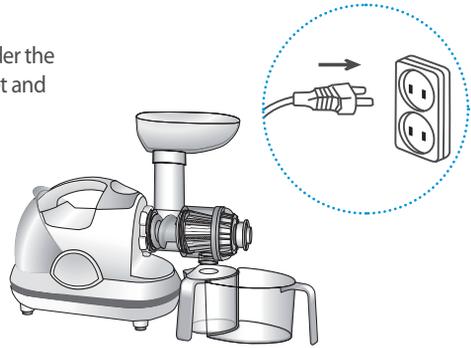
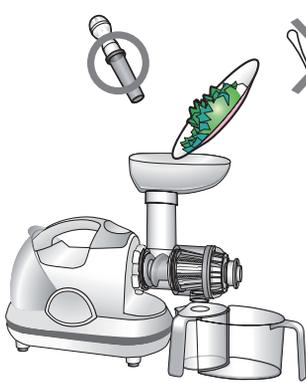


- 3 Base Assembly**
- Secure the drum and drum cap assembly onto the base by
- ① turning the locking clip to 'OPEN' position
 - ② attaching the drum case to the base unit and
 - ③ turning the locking clip to 'close' position.



How to use the juicer

- 1 Place the juice cup and pulp cup securely under the drum. Plug the power cord into the wall outlet and turn on the start switch to 'Forward'.



- 2 Feed thoroughly cleaned and prepared juicing ingredients into the chute opening at a steady pace.

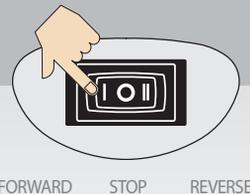
For best results, feed the ingredients one at a time at a steady pace and do not force large amounts of ingredients into the chute with the pusher.

WARNING! Do not put fingers, chopsticks, spoons, or other foreign objects into the feeding chute while the juicer is operating. Use pusher as needed instead.

If the juicer stops during operation...

First press 'STOP' and then press 'REVERSE' to clear out the clogged ingredients inside the auger assembly and press 'FORWARD'. (Repeat approximately 3 times to completely clean out the clogged ingredients.)

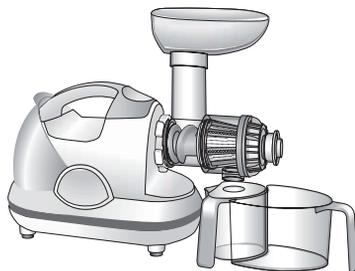
If clogging persists, disassemble the unit and thoroughly clean the components.
(Reverse switch must be held pressed for continuous operation.)



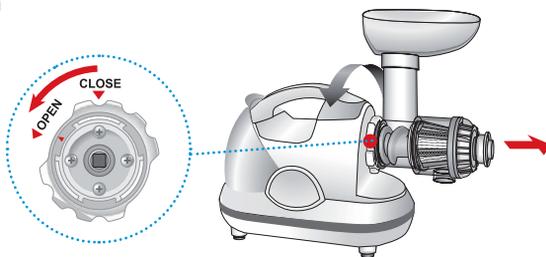
- ! ATTENTION!** When switching operation mode from 'FORWARD' to 'REVERSE', be sure to press 'STOP' before switching to 'REVERSE'. If the mode is switched directly to 'REVERSE' while operating in 'FORWARD' mode, the machine could be damaged.

How to care

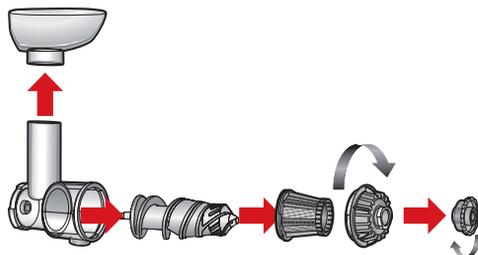
- 1 Make sure the machine is turned off and unplugged before beginning disassembly. Empty out the drum of all the ingredients by keeping the machine running for few extra seconds before stopping.



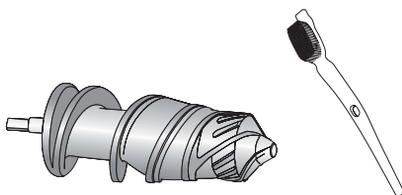
- 2 Separate the drum and chute from the base unit by turning the clip counterclockwise.



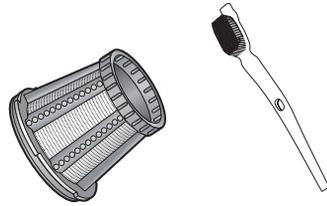
- 3 Remove the nozzle and disassemble the drum and auger as shown next.



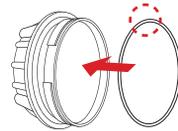
- 4 Wash drum and auger with mild detergent, using the soft brush. Rinse with water and dry thoroughly.



- 5 Scrub the strainer with the soft brush angled at a 45 degree angle.

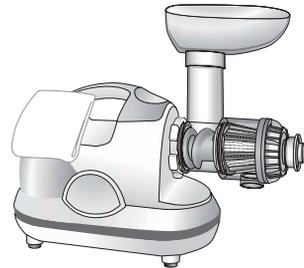


TIP When cleaning the drum cap, detach the rubber ring and place it back on with its protruding part facing the front of the drum cap when finished cleaning.



- 6 Wipe the base unit with a soft, damp cloth.

! **ATTENTION!** If the cloth is too wet, water may migrate into the machine causing fire, electric shock, or permanent damage.



For Cleaning

- Most juicer parts are top shelf dishwasher safe, low temperature recommended. For best results hand wash with a soft cloth using mild detergent and towel dry. The juicing strainer is hand wash only (included cleaning brush or similar plastic bristled dish brush is recommended).
- Do not wash any juicer parts with harsh or abrasive cleaners.
- Please wipe the exterior clean using a damp soft cloth. Do not wash or submerge the base.

Multi-purpose parts

How to use the multi-purpose parts

To process	Strainer	Nozzle
Juicing apple, orange, grape, strawberry, tomato, kiwifruit, pineapple, melon, aloe, carrot, celery, spinach, broccoli, wheat & other grasses, yam, pine tree needles, sprouts, olive leaves, ginger etc	 Strainer	 Juicing Nozzle
Mincing frozen fruits, nuts, seeds, dried & fresh fruits, sprouted grains, herbs & seasonings	 Blank Screen	 Mincing Nozzle
Pasta	 Blank Screen	 Round (Small, Large) Pasta / Flat (Small, Large) Pasta
Rice cake	 Blank Screen	 Juicing Nozzle, Rice Cake Nozzle
Slush, crushing ice, grinding	 Blank Screen	No nozzle

Juicer problems

- **When juicer is making weird noises**
 - Turn off the juicer and check that the juicer parts are correctly assembled.
 - Check the size of the food in the juicer.
- **When juicer does not turn on**
 - Check that it is plugged in correctly.
 - Check that the juicer is assembled properly.
 - Check that your household circuit or GFI outlet is not tripped.
 - Turn off the juicer and wait 30 minutes to cool down the motor if the juicer will not turn on after extended use. The juicer has built-in protection to prevent damage due to overheating.

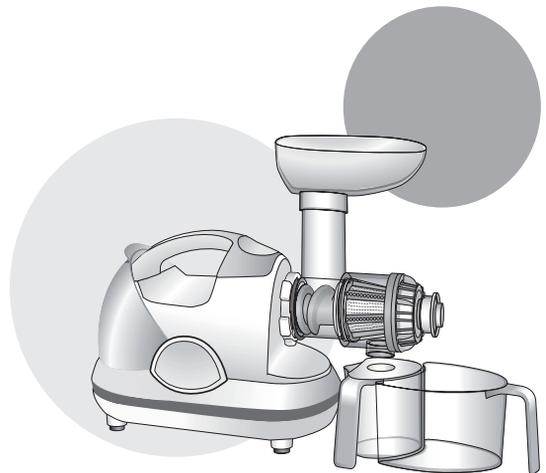
Troubleshooting

PROBLEM	SOLUTION
Motor does not work	Check that the unit is plugged in correctly and your outlet has power.
Auger stopped during use	Unplug and disassemble juicer to check to see anything is clogged in the auger.
The auger is grinding/wearing	Avoid running the juicer for long periods while empty.
The strainer does not separate the juice	Adding ingredients too fast into the chute may clog the strainer. Use the reverse button to unclog the food and disassemble the unit to clean the strainer before further use.
Amount of juice is less than normal	Juice production depends on how fresh the produce is. Older produce tends to dry out and will yield less juice. Increase your yield with older produce by soaking it in water before juicing.
Juicer is yielding wet pulp	Combine produce with low fiber produce, like carrot, with high fiber, like kale, to decrease the moisture content of the pulp and increase juice yield. Try to avoid using the pusher
Part of the drum cap is blocked during juicing	This means that pulp is clogged in the drum cap. To solve this, juice food with high fiber to unclog the pulp.
When juicing grapes, the skin is not ejected	Use the mincing nozzle for better results. The grape skin may clog the strainer, so insert one or two pieces of carrot to unclog during operation.
Juice is not being produced and pulp is backing up	Adding too many ingredients at once can cause this problem. Stop adding produce and cycle the operation between 'FORWARD', 'STOP', and 'REVERSE' several times to unclog. Add food more slowly to prevent this problem.
Poor results when making noodles	Make sure the dough is not too watery. Also try oiling the auger.
Rice is not grinding well	The rice has to be completely dry in order to work well.

Product specifications

Product	Juice Extractor
Model No.	MER-5120, MER-5220 MER-8120, MER-8220
Voltage	AC120V, 60Hz
Power Consumption	170W
Screw Speed	80RPM
Motor	Single Phase Induction
Continuous Running Time	30min MAX
Product Size	(L) 308mm X (H) 240mm X (W) 164mm
Warranty	Five Years

*Specifications or features subject to change at any time without notice.



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HEALTHY CHEF

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