

Adult Feline Cooked or Raw Beef Meal



IF NOT CARLSON BRAND, ADD AN ADDITIONAL 15 IUS OF VITAMIN E AND 35 IU OF VITAMIN D

GRAMS	OUNCES	INGREDIENTS
	45	Ground beef (90% lean)
	18	Ground beef heart
	5	Ground beef kidney
	5	Ground beef liver
	3	Spinach, finely chopped
	1.5	hempseed
	1	Cantaloupe, finely chopped (optional)
10		Carlson brand cod liver oil*
0.5043		Kelp (for iodine)
1		Salt (to meet sodium and chloride requirements)
20		wheat germ (for manganese and zinc)
15		egg shell powder (for calcium)
		2 Mercola human B complex capsules or 1.5 mg thiamine



MACRONUTRIENT INFORMATION

total kcal in recipe	3,814
kcal per oz	47
kcal per pound	753
kcal / day	207
recipe makes, # of days	18.4
kcal/ kg	1,660
kcal per kg DM	5,136

AAFCO 2017

MINERALS	unit	Recipe
Ca	g	1.60
P	g	1.34
Ca: P ratio	:1	1.20 : 1
K	g	1.93
Na	g	0.55
Mg	g	0.23
Cl (no USDA data)	g	0.16
Fe	mg	19.42
Cu	mg	2.30
Mn	mg	2.03
Zn	mg	22.16
I (no USDA data)	mg	0.170
Se	mg	0.152

AAFCO 2017

VITAMINS	unit	Recipe
Vit A	IU	9673.40
Vit D	IU	278.13
Vit E	:IU	12.06
Thiamine, B1	mg	1.47
Riboflavin, B2	mg	4.57
Niacin, B3	mg	42.20
Pantothenic acid, B5	mg	11.94
B6, (Pyridoxine)	mg	3.11
Vit B12	mg	0.053
Folate	mg	0.279
Choline	mg	691.69

AAFCO 2017

per 1000 kcal

FATS	unit	Recipe
Total	g	57.32
Saturated	g	24.28
Monounsaturated	g	18.37
Polyunsaturated	g	6.65
LA	g	4.48
ALA	g	1.18
AA	g	0.56
EPA+DHA5	g	0.70
EPA	g	0.38
DPA	g	0.11
DHA	g	0.31
omega-6 / omega-3 7	:1	2.69

AAFCO 2017

per 1000 kcal

AMINO ACIDS	unit	Recipe
Total Protein	g	113.43
Tryptophan	g	0.52
Threonine	g	3.18
Isoleucine	g	3.62
Leucine	g	6.47
Lysine	g	6.70
Methionine	g	2.15
Methionine - cystine	g	2.99
Phenylalanine	g	3.30
Phenylalanine - tyrosine	g	5.90
Valine	g	4.08
Arginine	g	5.28

FEEDING INSTRUCTIONS:

AVERAGE 10 POUND CAT

ACTIVITY LEVEL, FEDIAF 2016	KCAL/DAY	OZ./DAY	G/DAY	% OF WT
Adult				
Adult - indoor, sedentary	143	3.4	97.3	2.1%
Adult - indoor	207	4.9	140.3	3.1%
Adult - outdoor active	276	6.6	187.1	4.1%

