

Guillermou

Also baking soda. This ingredient causes this skin formation to flake, dry and separate from the skin. It is convenient to use it combined with apple cider vinegar or white vinegar to enhance its effect. In this case, combine one tablespoon of baking soda with two tablespoons of white vinegar and form a paste. As in the previous remedies, apply overnight to the wart, cover the area with gauze and remove it in the morning. Apply this remedy 3 times a week, until this annoying bump is eliminated. Vitamin A Another natural remedy to consider for treating warts is with Vitamin A capsules.

A study published in Virology Journal found that natural vitamin A, derived from fish liver oil, is useful in replacing warts with healthy skin. To obtain these results, a few drops of fish liver oil reinforced with vitamin A or any oil enriched with retinoids should be applied to the wart. Repeat this every night and 3 times a week, do it 2 times a day (morning and night). This remedy can take about a month and a half to completely remove the wart. www.ncbi.nlm.nih.gov/.../PMC3274422 .----- Tea tree oil or malaleuca oil has antioxidant, antifungal, antibacterial, anti-inflammatory and antihyperproliferative properties, hence its contribution to eliminating warts from your body.

A study published in Polymer Bulletin indicates that due to their composition they may be useful in the therapeutic treatment of HPV. It is recommended to apply tea tree oil on warts 2 times a day for more than 2 weeks to eliminate it. Do this with the help of a cotton ball soaked in this essential oil, let it act for 10 minutes, and then remove. link.springer.com/.../s00289-021-03780-0

Posted On 02/24/2024

grits1

I have also successfully used organic castor oil for removing warts. It's not immediate, but effective. Several times a day apply the castor oil (at least twice a day, anyway.) Depending on the size of the wart, you might be able to peel it off in 3 weeks to a month's time. Leaves no scarring.

Posted On 02/24/2024

muslim1

Guillermou, have you tried any of these treatments, what did you find worked with you?

Posted On 02/24/2024

Guillermou

Thanks grits1. A study on this: pubmed.ncbi.nlm.nih.gov/33515683 (2021).--- Castor oil has antiviral properties, so you can include it in natural remedies to remove warts. It is used by soaking a cotton ball with castor oil and letting it act directly on the wart. You should rub it and then leave it on for a few hours. Ideally, you should do it twice a day, in the morning and before bed for faster results. Another option is to mix 1 tablespoon of baking soda with 2 tablespoons of castor oil until it forms a sticky paste; This is applied to the warts at night and covered with a bandage or gauze. It is removed in the morning with soap and water. Repeat the procedure every day until this uncomfortable skin formation is eliminated.

Posted On 02/24/2024

Warwickian

I have also used my go to for almost every skin condition: oil of oregano. It's very easy to apply a drop every day, and no side effects.

Posted On 02/24/2024

depadoo

Warwickian, Would it burn with an itchy rash? I'm assuming you're using a carrier oil

Posted On 02/24/2024

Gwyncann

It isn't just duct tape. Place a piece of onion over the wart and then apply the duct tape. Leave on for a week. The sulphur in the onion kills the virus and the duct tape eliminates the exposure to oxygen. Worked for my husband.

Posted On 02/24/2024

TheBearRuns

Iodine is also a great wart remover. I dab on 7% that is used for treating livestock wounds in morning/evening. It usually takes several weeks to remove a long-time established wart.

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wonderfu2

There's always the homeopathic remedy Thuja that has proven successful for many (but not all) wart cases.

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Excuseme

In England, a "wart charmer" will buy your warts from you. Here in America in the 1950's, my aunt had a number of warts on her hand, and a coworker said, "Don't you know your neighbor, Mr. So-and-so, can take them off? So when my aunt saw the guy one day, she told him what her coworker had said. He asked to see the warts, and he looked at them intently. Then he said, "Yes, I can take them off, but you'll never know when I do it". One day she noticed they were gone. Of course, it sounds like one of the stories above, but also reminds me of another story.

A man went to a hypnotist to quit smoking. The hypnotist did his thing, and told the guy that in 30 days he would be a non-smoker. The guy watched the days go by, and on the 30th day he was still smoking, so the hypnotist was wrong. Next day he quit smoking. I think the hypnotist had taken his measure and figured out what would motivate the guy, which seemed to be the need to prove the hypnotist wrong. But he spent enough time focusing on the issue for it to affect him.

Posted On 02/24/2024

jeanpet

When I was a child I had warts on the bottom of my feet. My uncle, who just happened to worked for Eli Lilly, told my Mom to paint the area with eggplant juice. It worked.

Posted On 02/24/2024

MannaFood

Interesting. Eggplant juice contains nicotine. This is why you need to set the eggplant aside while the bitter juice drains, otherwise it can upset your stomach. I used eggplant juice to help my husband quit chewing tobacco 25 years ago. I boiled grape leaves until soft, drained and marinated them in the eggplant juice to absorb the nicotine. I also, mixed the eggplant juice with softened chewing gum to replace expensive nicotine gum. I never quite got the gum recipe right before he quit but I think he liked the grape leaves. I also soaked thin cigarette size carrot sticks in the juice. Those were just to hold in his hand and put in the mouth, not to eat. He did quit for about 10 years but now he smokes a pipe. lol. At 73 years old, I don't bother him with the issue anymore since pipe smokers don't really inhale. I give up.

Posted On 02/24/2024

dejure

Yes, you can "get rid of warts with duct tape). Also, you can kill warts by rubbing a penny over them, or a potato, or by saying Bettlejuice three times. My dad promoted hypnosis to us over and over throughout the years. When I was a kid, a friend was visiting and my dad noticed his hands were covered in warts. My dad asked him if he wanted to get rid of them. My friend mentioned his mom was using Compound W on them, but it wasn't working well and hurt. My dad told my friend there was something in a penny which, when you rubbed the penny on a wart, killed it, making it go away.

Between the two of them, they came up with a penny and rubbed it on all his warts. My dad, seeing the friend at our place again, asked him how the warts were doing. He said it didn't work. He'd been watching them like a hawk for several days. As he looked down at his hands, he looked shocked, as it dawned on him they were all gone. Months later, another friend was over. He, too, had warts all over his hands. In the course of the discussion about them, my dad said, "[d]id you know there is something in a potato that, when you rub the potato on warts, makes them go away"?

That was the day I STARTED to understand how powerful suggestion (hypnosis, placebos, etc.) is. What a shame very few doctors understand or even believe in things like hypnosis. Their medical practices would vastly improve, if they they did. They wouldn't be limited to acting like simpletons that just tell their patients they need to lose weight and so on, they'd help them change how they think, for the better.

Posted On 02/24/2024

SanDiegoGirl

Several years ago we were able to heal a painful planters wart on the bottom of my husbands heel by cutting a small piece of banana peel, pressing it over the wart, inside of the skin against the wart, and then placing duct tape over it. And just a few days, the wart was completely gone, and left a small hole about the diameter of a BB which healed over quickly. The wart came back about a year later, and we repeated the treatment, but this time we dripped Lugol's iodine into the hole that was left, and that was the last that we had to do anything for it. It never came back.

Posted On 02/24/2024

billstri

Duct tape will have chemicals that are probably unhealthy when constantly wearing it. Lots of different brands of duct tape. No way to know which brand is made with safe chemicals. I think warts need a good supply of oxygen or they would not just be on the surface of the skin, but they would be internal. My guess is duct tape reduces the oxygen needed by the virus, as normal bandages and first aid tape are made to be breathable. I would vote for Salicylic acid to do the same thing by irritating and smothering. Seems they have to be over treated or they come back. Once they seem to be gone, I suggest trying a silicon scar preventer that you apply lightly twice per day for a couple of months.

Scar science is interesting as it takes a year or so for a scar to fully form and it is easier to treat a new scar during that year than it is later in life. To me, the liquid nitrogen is not really painful, just minor stinging until it warms up and thaws out. The main issue to me with liquid nitrogen is cost inflation as doctors charge 100 times what they used to charge for the treatment and they want you to come back every two weeks for more. Used to be complementary treatment done by a nurse, but now is done by a doctor and re-classified as surgery by the government and charge you \$150 for each 3-minute visit, every other week for sometimes months.

And after frozen, you still need to treat it at home as if you were not getting it frozen. Warts are not very contagious because if you get one on your hand, it does not quickly become 20 of them on your hands. I do believe treatment is a good idea instead of ignoring it. I am not a doctor, just a long term fan of Dr Mercola and his articles and supplements, and these are just my personal observations. I do think MercolaMarket has dozens of supplements that are marketed to improve skin health and I think improving skin health and boosting the immune system reduces likelihood of getting more warts.

Posted On 02/24/2024

DebbyW

When my son was about ten, he was lying on the couch, and I could see the bottoms of his feet. They were covered in tiny planters warts--1/8 to 1/16 inch apart. Hundreds of them. He hadn't even noticed. I'd think it would be painful to walk on. Then a few weeks later, they were all GONE! His body must have spontaneously killed them off. I told him that, since his body attacked them, he might now be immune to warts.

Posted On 02/24/2024

depadoo

I had a large wart on the bottom of my foot when I was young. It also just disappeared. However in the last 10 years I've had a couple on my toes. After waiting for them to disappear and trying different things I went to the doctor.

Posted On 02/24/2024

airsurfer

So what happens if you never treat warts? Why don't studies try out change of environment? Because you can't sell it in a pill? From the comments it seems just treating the wart with the intention of getting rid of it has effect. Warts look like the expression of something. I had some when I was young and didn't take as much care of what I ate or my environment. I get foot mycoses in certain sportclubs and not in others. Some have shower rooms that never see any daylight. The focus always go to contagion.

While of course they use undisclosed cleaning products in those shower rooms (as well as being exposed to other people's cosmetic product residues). I know they can be annoying from personal experience but I think the biggest issue with warts is the social perception of it. The fear of contagion. From all the supposed illnesses that go around (fear media), we should all be constantly sick or 'infected' with one or another. I stay pretty healthy when I meet other people, admittedly I select them and avoid the regular drugged self-inflictors.

Back to the duct tape. Traditional flexible glues that stay glue-ing (which do not harden out quickly or dry) all contain petroleum products (that's part of why it glues, it dissolves fat which is anti-adhesion) which are not healthy to skin. So yes it has effect on the symptom but not only on the symptom. I try to treat myself with products that are not unnatural or chemical poisons, as though they might hide one symptom, they'll contribute to the expression of the next illness/symptom.

Chemical poisons don't heal. I don't buy the virus contagion nonsense anymore. It should ring a bell why living close to nature where all 'the bugs' are leads to less illness than living in cities, near antennas etc. Also don't forget that big popular video sites contain bad intended videos to fool the fools, recognizable by many characteristics, eg using harmful products. Keep a journal and look at previous days to get a clue when you get sick.

Posted On 02/24/2024

Scecilesmit

When my grandson what quite young (preschool age), he began getting quite a few warts. We tried the garlic and the duct tape which didn't work. We then tried the banana peel on a couple of the main warts and they all disappeared. Evidently the potassium kills off the virus in the body and then all the other ones disappeared. He is now 22 and has had no re-occurrences. Potassium iodide can also be used.

Posted On 02/24/2024

minnmama

My son had 2 warts on one foot and one on the other. They kept getting bigger and painful when walking. We tried salicylic acid treatments at home, cryotherapy, compound W, apple cider vinegar and tape but nothing worked. Went to Mayo dermatology and they injected one of the warts with candida (yeast). We did 2 injection treatments 5 weeks apart and the warts all turned black and fell off. The Mayo Dermatologist said the candida injection triggers the immune response in the body to go to work on combating the weak virus causing the warts, otherwise the virus is too weak and hangs out but the body's immune system isn't triggered enough to fight it off. I thought that was very interesting. I had never heard of using candida injection into a wart to treat them. It worked and worked real fast!

Posted On 02/24/2024

Almond

Duct tape did not work for a wart on my hand--the only time I ever had one--but Black Salve (now sold as Amazonian Salve) did. The full-strength product no longer sold in the US. I forget where I ordered it from in South America. Best used by persons who are experienced in such protocols. Some uses (other than warts) require more sophisticated knowledge and support.

Posted On 02/24/2024

muslim1

Same, I used duct tape for about 4 years - if you can believe it! Used it on one particularly big wart which was surrounded by smaller ones I had for over 10 years. This was after I had already went to doctor twice for cryo treatment, which also didn't work. I used to cut the skin off every once in a while, and noticed the bigger one was deeply entrenched, and sometimes I used to cut too much that blood would come out. . . Regardless, tried many different brands of duct tape, from the cheapest to the most expensive (branded). None of them worked over the 4 years, but I did find however that some of the cheaper tapes were thinner, so it would stick to the feet better and for longer.

The reason I stuck to it for so long was because it used to protect my socks from the harsh rubbing against the wart, which used to cause holes. . . I also tried banana peel, for around 2 weeks, but it's not practical if going out and about. It massively softened the wart and parts of skin used to come off, but unfortunately it didn't remove it. Also tried nail varnish and tea tree oil, neither of which made any difference at all. . . In the end, I finally bought and tried an extra strength salicylic acid (50%), and after only 3/4 applications, it worked a charm.

Posted On 02/24/2024

beauprep

@Almond, I order Black Salve from a place in Texas and it works well for me:

[bestonearthproducts.com](https://www.bestonearthproducts.com) They have other good products as well. I especially like their body wash as my skin has been damaged from many years (80+) in the sun. On another note: I don't always read all the comments here but I always read yours and enjoy them. Your common sense wisdom is evident and your views align closely with mine. So thank you and keep up the great work! Warm regards, Pat

Posted On 02/24/2024

versatile

What happens when warts are cured in a clinical study? Remove the test for CURED and re-run the study. For special emphasis combine it with a study of " phases of the moon" effects on surgical recovery. Problem solved. Study number 1: pubmed.ncbi.nlm.nih.gov/8993956 "Homoeopathic versus placebo therapy of children with warts on the hands: a randomized, double-blind clinical trial." Warts cured. Study conclusion: ""There was no apparent difference between the effects of homoeopathic therapy and placebo in children with common warts under the conditions of this study."" Study number 2: pubmed.ncbi.nlm.nih.gov/9828870 "A double-blind, controlled clinical trial of homeopathy and an analysis of lunar phases and postoperative outcome" Study conclusion: ""Statements and methods of alternative medicine as far as they concern observable clinical phenomena can be tested by scientific methods.

When such tests yield negative results, as in the studies presented herein the particular method or statement should be abandoned. Otherwise one would run the risk of supporting superstition and quackery."" Hard to believe these are published "scientific medical studies.." But anyone can see them in Pub Med. to your health, tracy

Posted On 02/25/2024

chr9723

I very successfully used organic apple cider vinegar (with the mother) on a plantar wart on my daughter's toe. The change that the wart went through was quite amazing, and one day it just fell off leaving fresh new skin behind. It was completely painless and over with in a couple of weeks. We only applied it at bedtime. Modern medicine doesn't like it when we can heal ourselves so easily and cheaply!

Posted On 02/24/2024

TheShape

I had warts on both of my thumbs in the exact same spots for several years. I tried salicylic for months and it didn't do anything. Then I tried oregano oil and they were gone after a week or so and never came back. Amazing.

Posted On 02/24/2024

SooziWho

I remember Deepak Chopra saying his 9 yr old daughter had black warts on her face. MDs unable to resolve it. Finally, one MD told her he could remove them, and leave scars. May return as a teen. Something's going on with you. That evening (Friday), Deepak went into her room to say good night. She was on the bed, under a blanket with a flashlight and a mirror. Go away, daddy. I'm talking to my warts. Come Monday, he noticed her face was clear. He didn't inquire.

Posted On 02/24/2024

stickybud

Garlic works, but I have found that the best way is to juice it. Yes, in a juicer. You take a toothpick, and apply several small drops to the wart, allowing each to soak in before applying the next one. You must be careful to avoid getting any on adjacent skin, as it will burn, so you should wipe away any 'overspill' immediately with a tissue. This will get rid of any wart within days.

Posted On 02/24/2024

wagginwheels

I have used frankincense essential oil (used neat) and it was effective. Each night, a drop on the wart, covered, and while it did take time it healed without any scarring.

Posted On 02/24/2024
