

## Guillermou

A great report on the dreaded Lyme disease. The terms “chronic Lyme disease” and “post-treatment Lyme disease syndrome” (PTLDS) are sometimes used interchangeably but have different manifestations. The link is very complete [igenex.com/tick-talk/what-are-the-symptoms-of-chronic-lyme-disease/](https://igenex.com/tick-talk/what-are-the-symptoms-of-chronic-lyme-disease/) (2020) Dr. Phillips draws attention to the fact that chronic autoimmune diseases are considered to be of unknown origin, and yet many of them have been linked in the medical literature to infections, specifically Lyme and Bartonella. In his new book, Dr. Steven Phillips and his former patient, singer-songwriter Dana Parish, argue that the real cause of autoimmune diseases is chronic, undiagnosed infections.

According to a survey of more than 4,000 chronic Lyme patients, approximately 20% were initially misdiagnosed with one of the following serious neurological diseases: MS, Parkinson's, ALS, or multiple system atrophy. Herbs that have been shown to be effective in vitro against Lyme bacteria include grapefruit seed extract, samento, and artemisinin, along with oregano oil, cinnamon bark oil, clove oil, citronella oil, and wintergreen oil. A 2017 study by researchers at top universities, including Harvard and Johns Hopkins, showed that some essential oils killed Lyme bacteria more effectively than antibiotics.

Oils of oregano, garlic cloves, myrrh, thyme leaves, cinnamon bark, allspice berries, and cumin seeds have strong lethal activity against persistent and persistent forms that most antibiotics cannot kill. Consult a trusted holistic doctor. Why have these tests not been performed, given the severity of the disease and the increase in cases?. [www.lifeextension.com/magazine/2021/8/causes-autoimmune-pandemic](https://www.lifeextension.com/magazine/2021/8/causes-autoimmune-pandemic) (2021).-- [www.spectator.co.uk/article/the-mystery-of-chronic-lyme-disease/](https://www.spectator.co.uk/article/the-mystery-of-chronic-lyme-disease/) (2022) .--- [www.mdpi.com/.../htm](https://www.mdpi.com/.../htm) (2018) .---

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## Guillermou

Dr. Jernigan received his bachelor's degree in nutrition with honors and his doctorate from Cleveland Chiropractic College-KC. His postgraduate studies have taken him around the world, where he has studied natural and anthroposophical medicine in Germany and Biological Medicine with the world-renowned Dr. Rau of the Paracelsus Clinic in Switzerland. Later studies saw him receive certification in Botanical Medicine through the University of Colorado School of Pharmacy. Dr. Jernigan is also the developer of the Bio-Resonance Scanning diagnostic and treatment technique and a completely new concept in medicine called Circuit Healing.

Dr. Jernigan recommends taking a biocentric approach. His interviews with thousands of Lyme disease sufferers revealed that he gives more credit than he should to the use of medications in treatment, while the body's natural healing powers are routinely ignored. Dr. Jernigan wrote a book on the natural treatment of people diagnosed with Lyme disease and is now the author of four books on Lyme disease. The latest edition is "Beating Lyme Disease; Living the Good Life Despite Lyme, Second Edition." Dr. Jernigan has personally developed over 30 novel natural medicines to date.

[biologixcenter.com/dr-david-jernigan](http://biologixcenter.com/dr-david-jernigan) (2022).-- [es.everand.com/podcast/643228407/Episode-24-Beating-Lyme-Disease-with-..](https://es.everand.com/podcast/643228407/Episode-24-Beating-Lyme-Disease-with-..) .----- [www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html](http://www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html) .---- NATURAL REMEDIES FOR LYME DISEASE [igenex.com/.../natural-remedies-for-lyme-disease](http://igenex.com/.../natural-remedies-for-lyme-disease) .--- [www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html](http://www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html) .----- [selfhacked.com/blog/all-about-chronic-lyme-potential-treatments/](http://selfhacked.com/blog/all-about-chronic-lyme-potential-treatments/) .--- [selfhacked.com/.../borrelia-lyme-disease-natural-treatment](http://selfhacked.com/.../borrelia-lyme-disease-natural-treatment) .----- [www.healthline.com/.../lyme-disease-natural-treatment](http://www.healthline.com/.../lyme-disease-natural-treatment) .---

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## krd6085

My very first tick bite was in Golden, BC. I didn't even know I'd been bitten by one until I noticed the strange bite mark a week later. I looked it up online and it looked exactly like a tick bite, and the very next day I started to get the bullseye rash. What did I do? I put a slice of Russian garlic ( the really strong one) on the bite for half an hour a few times a day, and also ate a huge garlic bulb a day. Within 24 hours the rash subsided and I've never had any complications from it at all.

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## **bowgirl**

Very fortunate. Your immune system was healthy enough to fight it off. My main question to docs was "Why do some healthy looking people get sick and others get bit and do not get sick" no one answered that. I eventually did. Something beside Lyme was compromising my immune system. It is in my food. Until the immune system is healthy you can not heal properly.

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## **Dordee**

GOOD OLD GARLIC! Cheap, no prescription required!

Posted On 05/29/2024

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## **nat3939**

There have been claims that the U.S. government conducted experiments with ticks and other blood-sucking insects for use as biological weapons between 1950 and 1975. This supposedly took place across the river from Lyme, Connecticut at the military base that was present there at the time.

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## **CarlyGirl**

I believe in many conspiracy theories but not the one you mentioned. Lyme disease has been around since the beginning of time. If one does extensive research, they will find this out for themselves.

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## Guillermou

According to this article, the Plum Island biological weapons laboratory of the United States Government, inspired by a Nazi biological weapons expert who had the mission of poisoning livestock in the Soviet Union, would be the source of Lyme disease, said Karl Grossman, university professor and veteran investigative journalist. Karl Grossman, a full-time journalism professor at the State University of New York, has spent five decades researching a U.S. government laboratory on Plum Island, known as the Plum Island Animal Disease Center, which is located a mile away. (about 1,609 meters) off Long Island, New York. For Grossman, this laboratory is "shrouded in secrecy." "I wish there was 'transparency'.

That's the word that's been used for decades in the United States to let people know what their government has done," Grossman said in a recent interview with Xinhua. The "godfather" of the Plum Island laboratory was Nazi biological weapons expert Erich Traub, who was brought to the United States after World War II. "During World War II, Traub ran a secret Nazi biological warfare laboratory in the Baltic on an island called Riems, with the mission of poisoning livestock in the Soviet Union. Additionally, Traub was familiar with the New York area before World War II.

He also participated in Nazi activities on Long Island," Grossman said. "In 1993, Newsday investigative reporter John McDonald was able to obtain documents, including one that was published on the front page of Newsday," he said. "This document said that the mission at Plum Island was to develop biological warfare weaponry that would be used to poison livestock and other animals in the former Soviet Union," he added. In 2019, the US Congress passed an amendment requiring the DOD Inspector General to investigate the "possible involvement of DOD biological warfare laboratories in the weaponization of Lyme disease in ticks and other insects." "

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## Guillermou

The amendment was offered by Rep. Chris Smith of New Jersey, who said, "those interviews combined with access to Dr. Burgdorfer's laboratory files suggest that he and other bioweapons specialists stuffed ticks with pathogens to cause serious disabilities." , illnesses and even death to potential enemies. "Americans have a right to know if any of this is true." Grossman recalled from his three previous visits to Plum Island that the place was "scary." "I think the United States needs to be honest about what is happening all these years on Plum Island," Grossman said. Final product [www.news.cn/.../c\\_1310146419.htm](http://www.news.cn/.../c_1310146419.htm) (2021) [www.brighteon.com/9d16ff33-9b6e-47d7-8b17-1aff7c141c67](http://www.brighteon.com/9d16ff33-9b6e-47d7-8b17-1aff7c141c67) .----[spanish.xinhuanet.com/.../c\\_1310147980.htm](http://spanish.xinhuanet.com/.../c_1310147980.htm)

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## sue2613

The fact that Lyme disease has been around since the beginning of time does not mean that it hasn't been weaponized.

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## Cabochon

"Conspiracy theorist, vaccine denier, far right activist, infection spreader, granny killer" were quaint terms of abuse to describe those who exercised their human right to informed consent, refusing to comply with illogical mandates from corrupt politicians. Can't imagine why anyone would say no to a "safe and effective" injection. No- one was injured or dropped dead it after it, developed turbo cancer, never again having influenza-like symptoms that led to a global "pandemic". Masking, social distancing, closing schools and businesses were good for the economy, children's education and welfare. Those mRNA jabs with spike proteins wrapped in nanoparticles caused no unexpected health effects.

No elderly residents care homes died from lethal procedures.

[childrenshealthdefense.org/defender/end-of-life-protocol-elderly-covid..](https://childrenshealthdefense.org/defender/end-of-life-protocol-elderly-covid..) There's no evidence that governments are waging war on the motorist, fining businesses for driving through restricted zones, no evidence that electric cars can't go far and might blow up, no evidence that heat pumps and windmills can't provide energy for homes, no evidence that CO2 sustains life on earth. No billionaire has hinted that depopulation is on the agenda - but some Royals have kept to their one child per family policy and donated all their cash before to jumping off a cliff to save planet without boarding their gas guzzling private jets.

Such benevolent, altruistic souls. While we can't yet PROVE that military biolabs were tampering with ticks etc to cause disease, on the balance of probabilities, I'd be willing to risk a fiver on it. The wee parasites outlived the dinosaurs because they managed to eke out a living by infecting their hosts. Luckily for the biolab, the disease is difficult to diagnose, may be confused with other diseases and not everybody has all the symptoms. Read "Bitten: The Secret History of Lyme Disease and Biological Weapons." by Kris Newby.

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## pecanroll

Nat I am replying to you as I cannot reply to Carly. I agree with Nat and have read nonstop the same findings Gui has just discussed. Bioengineered to disable many. Pharma makes "new medicines" to profit off of such diseases. We are all individuals and I had about a dozen of Gadolinium injections. It's on pubmed, it ruins the immune system and its next to impossible to get rid of it despite sauna and IV chelation and other daily remedies. Many might be able to get over it. The ones I find out who test positive or find out they have parasites and stealth infections that have gone systemic are people in the gadolinium toxicity group. My group of people I talk to is narrowed down to gadolinium folk. The ones that got over it use herbs or antibiotics and never had gadolinium injected.

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## Dordee

Sounds typical of our beloved government!

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## GodsWhisper

PLUM ISLAND! And Project Paperclip! Plum Island is directly across the Long Island Sound...Lyme, CT! Bioweapons using ticks to facilitate the distribution was being experimented in WWII. Hence, Project Paperclip!

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First of all, lyme disease (which I suffered from chronic lyme and healed over 18 years ago) is contracted not only through ticks but from any blood-sucking vector that feeds on the White-footed mouse. That includes fleas, types of spiders, red ants, etc. I was bit by a spider that carried lyme bacteria (I had ehrlichiosis). I did not have a bullseye rash and the many people I helped also did not get one. Stress is the most common form of not only getting lyme but other diseases because stress lowers one's immune system.

People say they were extremely healthy when they contracted lyme but the truth is the stress they were experiencing lowered their immune system. After 5 years of going from doctor to doctor (on Long Island) not one doctor had a clue to why I couldn't walk, was extremely fatigued, ran a low-grade fever, etc. It wasn't until a friend recommended Dr. Jernigan's book "Beating Lyme Disease" that had a healing at home protocol which I incorporated. Each doctor took blood work and used the Elisa test (useless).

IgeneX is the most accurate. I healed in less than 1 year and stayed healed. I still continue to detox (dry skin brushing, epsom salt/hydrogen peroxide baths, coffee enemas, sauna, exercise if possible, etc.), eating healthy, etc. Dr. Mercola, you should interview Dr. David Jernigan as after listening to other doctors I feel he is the most knowledgeable. For my own personal reasons, I am against conventional antibiotics for chronic lyme (not for lyme when caught early) as the people I know who take conventional antibiotics take them forever and ever and can't get off of them.

They also become resistant to antibiotics, not good. As soon as they stop taking them their symptoms keep coming back. My heart goes out to those who are suffering. Learn about detoxing, eating healthy, building one's immune system, dealing with stressors so one can lower them, etc. There is so much more since I have lived it but that's it for now.

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I also cited it in my post. Dr. Jernigan received his BS in Nutrition with Honors and his PhD from Cleveland Chiropractic College-KC. His postgraduate studies have taken him around the world, where he has studied natural and anthroposophical medicine in Germany and Biological Medicine with the world-renowned Dr. Rau of the Paracelsus Clinic in Switzerland. Later studies saw him receive certification in Botanical Medicine through the University of Colorado School of Pharmacy. Dr. Jernigan is also the developer of the Bio-Resonance Scanning diagnostic and treatment technique and a completely new concept in medicine called Circuit Healing.

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The latest edition is "Beating Lyme Disease; Living the Good Life Despite Lyme, Second Edition." Dr. Jernigan has personally developed over 30 novel natural medicines to date [biologixcenter.com/dr-david-jernigan](https://biologixcenter.com/dr-david-jernigan) (2022).-- [es.everand.com/podcast/643228407/Episode-24-Beating-Lyme-Disease-with-..](https://es.everand.com/podcast/643228407/Episode-24-Beating-Lyme-Disease-with-..) will-learn-about-Bio-Resonance-Scanning-h .----- [www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html](https://www.naturalhealth365.com/lyme-disease-antibiotic-bacteria-1713.html) .-----

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## pecanroll

I have horrendous gadolinium retention from past MRIs and believe this is what put me at a terrible risk for not being able to eradicate the disease. My treating doctor agrees. I have made significant changes since 2017 but gadolinium is a forever heavy metal and despite ongoing IV chelation, I still have high levels of gadolinium which explains to me it has really done a number on my whole immune system. But I never give up. I keep working at it.

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## Cabocho

A most valuable guide to the survival of the fittest - and a lesson from nature. Fascinating links now recognised to other common complaints from IBS to Parkinsons, M.S. and CFS. Thank goodness for an open mind, where the sun never sets on science, much to the chagrin of flat earthers and disciples of the climatology religion. "Lyme disease is contracted through the bite of an infected black-legged tick, commonly known as a deer tick." Dr Klinghardt is a pro-active healer with 40 years experience who is not afraid to revise his teachings in the light of new evidence and theories supported clinically.

While the u-tube video may date from approximately 2011, in more recent lectures (2023-24) he describes Lyme as a "vector" borne disease, (CDC got that bit right), rather than simply transmitted by ticks alone. Under the heading Diagnostic Paradoxes, he states: "Making the diagnosis dependent on the history of a tick bite represents poor logic: 22% of horse flies, deer flies and mosquitoes are infected with Borrelia and co-infections in endemic areas." Now that we have come (reluctantly) to accept the cold hard facts that our own governments are not representing our interests, the sobering thought remains that what may have started as a military weapon in foreign wars, a lab grown bioweapon became the major vector in an ongoing war against humanity.

This extension of nature's survival of the fittest may have been hijacked to fulfil the globalist aim of depopulation. "We know that Lyme spirochetes were around for a long time but something happened maybe 30-40 years ago where the creatures became more aggressive, more penetrating, and more illness producing than they were before. Some of us suspect it's a man-made element."

[www.globalresearch.ca/video-oncologist-condemns-mrna-vaccines-evil-pra..](http://www.globalresearch.ca/video-oncologist-condemns-mrna-vaccines-evil-pra..)

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## bogeester

Bio engineered - man made element. Weaponize the tick to cull humanity. Look at a map of Long Island and the LI Sound. What town in Connecticut is just Northwest from Plum Island, the highly secretive animal disease center laboratory. Yep Lyme, CT. Now we have the beef allergy Lone Star tick bite to contend with. Alpha-gal syndrome.

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## Dordee

You might want to add buffalo gnats to that lists. Those suckers lways manage to find a souce of blood. Been bitten 4 times so far this year. No stress, lots of healthy, organic food and close touch with God, not drs.

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## Almond

As an added precaution, mosquito soaps made with essential oils. For example, [www.grandmaslyesoap.com/.../grandmas-bug-bar](http://www.grandmaslyesoap.com/.../grandmas-bug-bar) It will do no harm and may help. Eliminate sugar and sweets from your diet. Also, breads and flour. Drink unsweetened grapefruit juice every morning. Bugs will be attracted to the other guy first of there is more sugar in his body. If bitten, contact the company Homeopathy plus and learn more about their unique remedies. Not all may be listed or explained in depth online.

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## Dordee

Deleted sugar from my diet in 2000 to defeat lymphoma,diabetes but they still love me. I do usesteviaso guess I still smell sweet to them.

Posted On 05/29/2024

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## Almond

Dordee and all... Certain fruits are high in sugar. Starch also converts to sugar. We are very careful with diet when we know we will be working, hunting or living in mosquito-infested areas. Like I said, if you are working with a crew, they will be your decoy.

Posted On 05/29/2024

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## juststeve

Lyme dis-ease Sucks! Hard to know what is worse, the dis-ease itself or the antibiotics used to treat it. The effects of one or the other linger and they Suck! I've seen suggested to take a leftover toilet paper roll and soak cotton balls in pyrethrin, (SP?) a pesticide derived from the Chrysanthemum, (SP?) flower and put it out around your buildings where rain won't destroy them. Mice will take the soaked cotton back to their nest and it can kill the ticks, reduce their numbers. We can no longer burn off our fields here for liming, or creeks for weed and brush control. Really don't know, but it seems the population of ticks have definitely exploded.

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## Guillermou

The tick maps are published regularly to provide the ECDC stakeholders, the scientific community and the general public with updated information on tick distribution at 'regional' administrative unit level (NUTS3 or equivalent and NUTS2 in Austria, Belgium, Denmark, Germany, The Netherlands, England (UK), Scotland (UK) and Wales (UK)). Please note that the maps do not represent the official view or position of the countries. [www.ecdc.europa.eu/en/disease-vectors/surveillance-and-disease-data/ti..](http://www.ecdc.europa.eu/en/disease-vectors/surveillance-and-disease-data/ti..) (2023).-- Certain parts of Europe are risk areas for tick-borne encephalitis, a viral disease that can trigger brain inflammation.

Exceptionally high numbers of ticks and animals infected with the virus have already been found in some regions this year. Importantly, tick-borne encephalitis is different from Lyme disease, which can also be transmitted by ticks. Lyme involves an infection with bacteria that can be treated with antibiotics. Tick-borne encephalitis is caused by a virus for which there is no treatment, but there is a vaccine.

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In France, ticks are everywhere. In recent years, four species capable of transmitting various bacteria, viruses and other parasites harmful to humans have been found regularly throughout the country. While Lyme borreliosis, caused by the bacteria *Borrelia burgdorferi*, is the best known of these tick-borne diseases, new threats have come under the scrutiny of health authorities in recent years, particularly tick-borne encephalitis and Crimean-Congo fever. In the northern hemisphere, ticks are the main vectors of diseases in human and veterinary health. According to Santé Publique France (SPF), the number of cases of Lyme borreliosis is increasing significantly.

The incidence rate has gone from around 40 cases per 100,000 inhabitants in 2009 to 90 cases per 100,000 in 2020, with variations depending on the year. Since 2016, the number of new cases has fluctuated between 47,000 and 70,000 per year [www.brusselstimes.com/533491/brain-inflammation-from-viral-infection-t..](http://www.brusselstimes.com/533491/brain-inflammation-from-viral-infection-t..) (2023).-- [www.lemonde.fr/en/environment/article/2023/07/25/tick-borne-diseases-s..](http://www.lemonde.fr/en/environment/article/2023/07/25/tick-borne-diseases-s..) (2023).--

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## Guillermou

Also reference the fraudulent business in Lyme disease of a small number of doctors who generally had no specialized training in Lyme, some of whom are affiliated with ILADS (International Lyme and Associated Diseases Society). This society emerged in the 1990s just as social media was taking off and was supported by several Lyme "advocacy" groups that post unfiltered information online, which is considered highly inaccurate, despite polished websites. These websites attracted people who had medically unexplained physical symptoms, such as fatigue or persistent pain, who considered Lyme disease as a possible explanation.

The notion that Lyme disease causes its symptoms was reinforced by the long published but inaccurate list of symptoms believed to often be attributable to Lyme disease. These advocacy groups have physician referral services, for a small fee, and typically refer people with unexplained symptoms to one of ILADS's selected physicians. According to a recent expos by New York Magazine's Molly Fischer, these doctors can charge exorbitant upfront fees and hundreds of dollars for frequent follow-up visits. David Whelan, writing in Forbes magazine a dozen years ago, discovered that one such doctor in North Carolina, where there was no significant deer tick population at the time, raised \$6 million from Blue Cross Blue Shield of!

North Carolina in one year! Additionally, these Lyme "advocacy" groups have successfully lobbied many state legislatures with two main goals in mind: protecting ILADS doctors from prosecution and extending mandatory insurance coverage for powerful long-term oral and intravenous antibiotics.

[ctmirror.org/2019/12/13/treating-chronic-lyme-disease-is-it-medical-fr..](http://ctmirror.org/2019/12/13/treating-chronic-lyme-disease-is-it-medical-fr..)

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## juststeve

As always Gui Thank You for solid sources of information and considerations to explore.

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## Guillermou

Thanks Just. Of the many different tick species found throughout the world, only a select few bite and transmit bacteria, viruses, and parasites (pathogens) that cause diseases in people. The maps below show the general distribution of ticks that transmit diseases to humans in the contiguous United States. Although surveillance data give us an incomplete picture of Lyme and other tick-borne diseases (both in terms of their numbers and their burden on society), these data tell us a lot. For example, we know that since national surveillance for Lyme disease began in the United States in 1991 (Canada in 2009), reported cases have steadily increased.

We also know that although cases are reported year-round, they tend to peak in the late spring and summer months, when nymphal ticks (immature ticks that are very small and difficult to see on the skin) They are more active and people spend more time outdoors. . Most importantly, we know that geography matters. Your risk of getting Lyme disease varies depending on where you live or travel. [www.cdc.gov/.../where-ticks-live.html](http://www.cdc.gov/.../where-ticks-live.html) .(2023).----- [www.hopkinslymetracker.org/geography-ticks-and-you](http://www.hopkinslymetracker.org/geography-ticks-and-you) .(2023)--- Cross-sectional map of five areas known to be at risk of tick exposure, 2023 in Canada [www.canada.ca/en/public-health/services/diseases/lyme-disease/surveill..](http://www.canada.ca/en/public-health/services/diseases/lyme-disease/surveill..) (2023).--

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## Dordee

Ticks and buffalo gnats!! I use lemongrass and cstrnip in pots by the doors, my cats eat it, I make tea and use it for flavoring in cooking. No ticks, fleas for over 6 years. Buffalo gnats still persist and their bites itch forever!! Guess I need to add more pots of lemongrass and maybe some lavender, mint, rosemary.

Posted On 05/29/2024

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There are many inaccuracies in this article. I kindly suggest it should be edited and updated. I've had Lyme disease for 15 years. Ticks are not the only insects that carry Lyme disease. There are several different insects that carry Lyme. Therefore, the tick does not have to be attached. I was bit once in March on a on a very cool day by an insect that I never saw. Within a week I developed six large Bullseye rashes and all the symptoms of Lyme. Take a picture of the rash if you see it on you or anyone else! Because it will fade and the doctors will think it's all in your head when it doesn't show up in the bloodwork.

And, the antibiotic doxycycline must be taken for several months. Regular doctors are not educated in treating Lyme disease. So you must find a Lyme literate physician ASAP even if you have to travel out of state. And if you ever use antibiotics, the Lyme disease bacteria may never show up in your system again because it will change and go into hiding. After you've had several months or more of antibiotic treatment there are numerous supplements you can take to help with the healing. Eliminating sugar and junk food has been the best dietary change I made.

You must be your own advocate! Too many medical professionals are ignorant when it comes to Lyme disease and how it's contracted and affects your body. I was told there is no lyme disease in my state and if I got it, it might've been just from a bird flying overhead. I did call the Health department of SD and they refused to listen to me because we are tourism state and they did not want it to get out that there is Lyme disease in South Dakota. Though I still have chronic fatigue, I can happily say that the other horrible debilitating symptoms are gone.

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## aaloguirato

I contracted Lyme disease about 6 years ago here in southeastern PA and it was mostly hell for 5 of those years. I waited too long (over a year) to finally take action. Fortunately I had a naturopathic doctor who diagnosed my Lyme disease over the phone after telling him my symptoms. He did extensive bloodwork but of course it was negative for Lyme, He said over 50% of these tests will not show a positive but he assured me I had Lyme. He put me on Doxycycline for 7 weeks and then followed by the Stephen Buhner Lyme disease protocol which really helped. I was experiencing terrible symptoms. Too many to tell.

I had severe pain all over my body, sharp electrical type shooting pains, swollen hands, joints, knees, heart palpitations and so much more. I did start to feel relief about 4 days after starting the antibiotic and after 7 weeks of taking it I would say I was 70% better. I continued the Herb protocol for the next 4 years and I was definitely better and could function but there was still some flareups and pain in my joints and my hands and knees would blow up every few weeks. It was so annoying. I am happy to say that I am finally pain free and haven't had any flareups for over a year after I started the Carnivore Diet.

It is a miracle> I never would have believed that just eating Meat could heal so many autoimmune diseases and heal my Lyme Disease completely. I would suggest anyone suffering from Lyme and Autoimmune issues to try it for at least 6 months. You won't be sorry. My bloodwork has also improved immensely. There are so many amazing doctors who promote this diet. You can go on youtube and search carnivore diet and Dr Ken Berry, Dr Anthony Chaffee, Dr Sean Baker who have been carnivores for years and look incredible and have a wealth of knowledge to share.

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## CarlyGirl

Lor5840, I agree with you as far as different insects carry Lyme bacteria. I tried doxycycline at first, but it made me sicker which is why I turned to alternative (biological) medicine which cured me in less than 1 year after having chronic Lyme for over 5 years. Eating the right food, detoxing, eliminating as much stress as one can really helps. I wish you the best!

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## Willy234

Dr. Mercola; Thanks for another very timely and well written article. You didn't mention that Ivermectin is an excellent treatment for breaking down biofilms. And before it was outlawed by the FDA, it was dirt cheap.

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## Dordee

Of course FDA outlaeed it, it works! If any treatment says FDA approved, I tend to avoid it

Posted On 05/29/2024

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## ZacharyGuadamour

Blood Ozone Therapy is effective against all bacterial, viral and fungal infections. .

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## sid44174

Even as recently as 2 years ago, an urgent-care doctor indicated that Lyme disease was unlikely--tried to convince me that all I had was arthritis! (I recognized the symptoms from a previous, if less severe, episode). Even went so far as to have X-rays of my knees (and yes, at my age there \*is\* bound to be some arthritis!) Fortunately, they apparently decided I'd make a scene if I didn't get the scrip for doxycycline that I was demanding... Fortunate, because they totally missed a co-infection. I had told them that I'd had measles-like spots or petechiae, starting on my feet, and working up as far as my abdomen overnight. "Nothing to worry about!" As it turned out later (after 3 weeks of misery, a course of steroids from my own doctor, and an appointment with a Lyme specialist)--of course I'd had RMSF. Thankfully, doxy is the go-to for that as well... Be prepared to self-advocate!

Posted On 05/28/2024

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## **barnatt123**

I recently had a bullseye rash show up after a tick bite. I began to treat it with homeopathy - Ledum specifically - and a Lyme support herbal tincture. Two weeks after the bite I started feeling tired, loopy, sore and nauseous. I planned a quick trip to the mountains in Hot Springs, NC and booked a cabin for two nights with a private hot tub filled with natural mineral water (I highly recommend Broadwing Farm's Pine Cabin). There I did a 36 hour fast with lots of hot tub time and made sure to unplug the wifi and have the devices off when not in use. On my drive there I stopped at a supplement store in Asheville and a lovely practitioner got me a new homeopathic remedy - DesBio BORR:PLUS. She told me to work with what I had but come back if I was suffering - she had successfully treated a woman who suffered with chronic Lyme for a decade and used a more rigorous homeopathic protocol from DesBio (Desert Biologicals) that took 3 months and was around \$500.

It was a very healing trip and I'm back to my old self. I have also been using Professional Formulas Tick Pathogen Nosode and have Lyme Nosode Drops just in case - more homeopathic remedies to cover all my bases. It's comforting to have these on hand for the family after a tick bite has occurred. We live in the woods and ticks are a weekly encounter. I wouldn't be surprised if this isn't the first or second time I've been infected with something nasty from a tick. But there is always hope!

Posted On 05/28/2024

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## **bowgirl**

Heat is wonderful for killing infection. I used lots of hot tub time too. I had Lyme for some time before discovering I was sick.

Posted On 05/28/2024

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**hol9855**

[tuckercarlson.com/uncensored-kris-newby](https://tuckercarlson.com/uncensored-kris-newby) Dr Mercola Please when you have time listen to this interview of a woman who researched the origins of Lyme and other tick born illness. She appears to be highly credible and if you don't already know about this I think you would want to know. Thank you for all you do. KFH

Posted On 05/28/2024

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**CarlyGirl**

I saw that interview and I don't agree with Newbie. One of my friends was in Under My Skin and because she was getting better using Dr. Jernigan's protocol they cut her out of the documentary. Why? Even that film became political. That said, I have the highest respect for Carlson.

Posted On 05/28/2024

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**pecanroll**

Kris Newby and her book is titled Bitten. Her interviews along with the one with Tucker are very informative of her interviews with Willy Burgdorferi

Posted On 05/28/2024

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**Virg33u**

Intravenous Vitamin C is a very effective treatment with no negative side effects.

Posted On 05/28/2024

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## MysticTuba

What dose? I just finally recovered from an intestinal thing that very nearly took me out. What turned the corner was when I went to my friend who is a naturopath and asked for a vit C IV. I left it up to him how much; when I asked, he said 25 grams. I was down to 78 pounds at that point (could not eat, period, for weeks.) Literally saved my life. I had never thought of this for Lyme but will absolutely keep it in mind.

Posted On 06/03/2024

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## Virg33u

intravenous dose is probably around 50mg each treatment

Posted On 06/03/2024

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## fir1272

H C Q will cure Lyme's. Several years ago I had a friend who had had this disease. She told me she had just found a doctor who put her on H C Q and within 2 weeks she was entirely better, her tests were 100% negative for Lyme and it only took 2 weeks to cure. She had had it for 20 yrs. She was in her late 30s and said she never felt better, had tons of energy, no pain, absolutely NO symptoms of the disease. She told me it was caused by spirochetes. My husband is a virologist/immunologist with over 50 yrs research of viruses, illness etc.

He worked in Public Health Dept. for many years, advising govt./doctors etc. on how to manage disease, epidemics and the like. When I told him about this he immediately perked up and said "Oh yes, HCQ would cure that, it gets rid of the spirochetes in Lyme." So this is also confirmation that it does work. You can get H C Q on Amazon, it's very inexpensive: [www.amazon.com/.../s](http://www.amazon.com/.../s) Amazon also sells ivermectin and fenbendazole - together they cure most cancers. It's not expensive.

Posted On 05/28/2024

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## **kathied2**

Thank you for finally recognizing that Lyme is parasite driven! And that antiparastics will go a long way to curing

Posted On 05/29/2024

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## **Wjj56582**

My husband had the bulls eye rash about 16 years ago after coming back from a hunting trip. I knew what it was, begged doctors to give him an antibiotic. My sister is a doctor, also refused, yelling at me telling me my husband is a very sick man. Yes, I know. A cousin worked for the famous doctor in Connecticut but still, with all these connections, I couldn't get him the help he needed. So in a month he couldn't move and could barely get out of bed. He was diagnosed with rheumatoid arthritis and has been on Enbril for many years. He also developed patulous estachian tube disorder in one ear. Anyway, now when you go to a doctor, if you suspect a tick bite, they automatically give you the antibiotic. Just a couple years later and doctors suddenly got smarter! Too late for him.

Posted On 05/28/2024

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## **CarlyGirl**

Sorry to hear about your husband. It's not too late for him, buy Dr. Jernigan's book "Beating Lyme Disease" and implement his protocol. Best to you and your husband!

Posted On 05/28/2024

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## **kathied2**

Try anti parasitics, they are helping many, even after years of having it

Posted On 05/29/2024

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**cat67989**

I got Lyme disease right after I got a tetanus shot. No bullseye rash ever, but I tested double positive for Lyme, and three other co-infections, on the Western Blot for both the IgG and IgM. I was sicker than you can imagine and took antibiotics or many kinds for four years before I recovered. I believe there's Lyme bacteria in some vaccines and this accounts for the ones of us who don't get a bullseye rash. I did not find a tick anywhere on my body during this time.

Posted On 05/28/2024

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**gruch\_s**

Vax contamination by these bacteria is documented in RFK, Jr's book.

Posted On 05/28/2024

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**caws**

I don't recall reading that vaccines were contaminated with Lyme specifically [I have read Dr Judy M's work] but I will tell you that the Tetanus shot is extremely toxic. It is or at least was the ONLY SHOT that contains BOTH mercury AND aluminum. Separately they are both extremely toxic but together they are literally [proven with rat experiments] 100X more toxic! I had my vocal chords paralyzed for 7 weeks and developed food allergies after a simple tetanus shot in 2000. Turns out there was a warning in the fine print of the product package insert [which nobody ever shows you] that said it " may cause partial or full vocal chord paralysis that may or may not be permanent" Took me a year to figure out I was now unable to eat any gluten or citrus after never having any allergies in the past.

Posted On 05/28/2024

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## pecanroll

I agree with you Cat.

Posted On 05/28/2024

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## per8886

Here is a good method to minimize the risk of getting infected with tick borne diseases: How to Treat a Tick Bite (ASAP) [www.thehealthyhomeeconomist.com/tick-bite-remedy](http://www.thehealthyhomeeconomist.com/tick-bite-remedy)

Posted On 05/28/2024

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## MysticTuba

Since I personally know two people who have been cured of Lyme with a specific rife machine that is not marketed because no one will believe the results, I simply put it out there that Lyme is curable with that technology. I have one of those machines and cured something else that no doctor or test could diagnose (never had Lyme.) I am always frustrated when I see what I label as the allopathic approach to diagnosis and treatment, when it is so easy if you have the tool, and you don't really need the faldrol. I also continue to put it out there that Lyme is transmitted by the nymph stage of the tick, not the adult stage, and that the nymphs are tiny, about the size of chiggers. I don't understand why the adults are always referred to. Oh well. Yes I am aware of all the machines out there that are basically toys. The one I have is not.

Posted On 06/03/2024

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## Blizzarddc

If you live in a rural area with ticks guinea hens will keep the tick population down around your property. Learn about them before deciding and make sure guineas would fit your lifestyle and you would be able to take proper care of them. We love ours but they are not for everyone.

Posted On 05/29/2024

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## **kathied2**

Most of the causes mentioned in the article are parasites. Many are having great luck with anti parasitics, Ivermectin, Fendbendazole etc..

Posted On 05/29/2024

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## **sonny08**

So about 10 years ago I go bit by a tick , doctors diagnosed as Rheumatoid Arthritis - I had fingers that swelled like sausages , shoulder , neck , body ache O boy , Low Dose Naltrexone cured me along with a herb concoction , Low Dose Naltrexone is a miracle and is cheap a pharmacy has to compound the med. Most doctors have no idea of the benefits of this miracle med. Been pain free for years , energy of someone half my age

Posted On 05/28/2024

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## **pecanroll**

Gui, there are too many testimonials out there who tried herbal cocktails first and did not improve. There are too many testimonials from folk who got into and have remained in remission with antibiotic treatment. With that said, I have to go take my dose of cryptoleptis and lumbrokinase and get to bed.

Posted On 05/28/2024

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**joa3842**

I always test negative even if I have Lyme. First time I went untreated over a year and was sick often. I bought the book by Dr. Horowitz who said there are 22 reasons you may test negative. All doctors said I didn't have Lyme. I brought the book with me and insisted on doxycycline. Second time I was very ill for a week. Should have suspected Lyme. Went to the ER. The doctor asked about a tick bite. I said not that I'm aware of. They said I had a virus. Two days later I saw the bullseye in the mirror on my back. Went to the clinic and got antibiotics. Second time around was way worse. Lyme should be a clinical diagnosis. I suffered needlessly for over a year with all symptoms because I test negative. I don't want it a third time.

Posted On 05/28/2024

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**CarlyGirl**

This chapter by Dr. David Jernigan may be helpful to some:

[berniceya.com/info/en/medicals/detox/david\\_jernigan/new\\_paradigms](https://berniceya.com/info/en/medicals/detox/david_jernigan/new_paradigms)

Posted On 05/28/2024

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**vmt6498**

excellent summary on Lyme disease. A group of doctors have documented serologically and at autopsy that the genus borrelia is also a frequent pathogen, at times with co-infections, in all neurodegenerative diseases, psychiatric illnesses, autism and chronic traumatic encephalopathy See the silent epidemic under latest news at [www.winningthefight.org](http://www.winningthefight.org)

Posted On 05/28/2024

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## sutlaf2

Is it a possibility that Lumbrokinase might actually eat the spike protein that so many people were gifted with from the Pfizer and Moderna shots?

Posted On 05/28/2024

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## zumbacjg

This is a timely article. I live in western North Carolina and have already pulled two ticks off my arms. It's not even June. I'm terrified of ticks but enjoy hiking in the woods. I appreciated the comment about using garlic on the tick bite & eating garlic, and the comment about how glyphosate weakens the immune system. I don't know anyone who knows more about glyphosate than Dr. Stephanie Seneff, whom Dr. Mercola has interviewed and shared her research with us on this forum. After absorbing her comments, I started taking MSM. It's bitter and doesn't taste good but I've gotten used to it. The effects of glyphosate are so widespread that I doubt there is an organism on earth free of it, pretty much the same as PFAS, DuPont's contribution to toxic, forever chemicals.

After reading alternatives to DEET, I have decided to make my own repellent with oil of lemon eucalyptus. I figure I'll know what's in the bottle if I make it. Because of my terror of Lyme disease, I have done some research on it. I doubt I would bother to be tested at my doctor's office because the standard tests are so unreliable. Besides the lab cited in this article: Igenex in California, the other reliable lab I found is Stonybrook Renaissance in New York. I don't think medical insurance covers either, but it would be worth getting an accurate diagnosis for all those tick borne diseases that you can't even pronounce.

Posted On 05/28/2024

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## pecanroll

Thank you Dr. Mercola for writing on this. A friend of yours is treating me. She figured it out in 2021 when my pcp gave me steroid cream for a rash. I thought it was syphilis as the rash would recede from amoxicillin consumed for an infected tooth. I had worked around very sick people with multiple infections back in the 90's and was convinced I had late stage syphilis. The new doctor said, its lyme and testing confirmed it. Seven months after the rash appeared I started more treatment. My CD57 was 10 and after 2 years of treatment it finally jumped into the 60's and it dropped again into the 30's.

I do think it can vary, so I am hopeful. I maybe one of these long term treatment persons. I do add in herbs and follow Marty Ross MD and his protocols in his book. I cannot believe this has happened to me. I do have hope with long term treatment I will get into a remission. I have better gut issues from the abx therapy. I am taking a ton of probiotics. Does anyone have an opinion on Vibrant Wellness testing. I know of one person who did Igenex and vibrant and the results were the same. Again, thank you for writing on this topic.

Posted On 05/28/2024

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## fir1272

I wrote on this column that HCQ will cure Lyme, had a friend who had Lyme for 20 yrs who finally found a doctor who cured it with HCQ within 2 weeks she tested 100% negative for Lyme and felt GREAT - after 20 yrs of living with it! You can get it on Amazon here: [www.amazon.com/.../s](http://www.amazon.com/.../s) My virologist/immunologist husband has over 50 yrs research in those fields and confirmed, HCQ would work, as it kills the spirochetes in Lyme. Someone else on this column also said ivermectin would cure it, which makes sense as spirochetes are very similar to parasites & ivermectin cures all parasites. Both are very cheap. Good luck with this!!

Posted On 05/28/2024

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## josephunger

Is the bug the cause or an immune deficiency? I wonder how many persons are exposed and do not get the dis-ease. We may never know. I realize I sound like a broken record (wow that dates me!) but is may be a Pasteur vs Beauchamp. A modern day illustration is available in the book, The Lost City of the Monkey Gods, a documentary. The entire expedition is thoroughly exposed to Leishmania parasites but no all get the infection! How is that possible?

Posted On 05/28/2024

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## CarlyGirl

From my own experience I believe the cause is a weak immune system. Many people are exposed to lyme disease but do not get the disease.

Posted On 05/28/2024

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## sunshine11

Dr. Klinghardt says, after treating Lyme for decades, childhood trauma is the common thread for susceptibility to infection. Couple that with a propensity for stress/anxiety, which we know impacts the body in multiple ways. There are many many levels to optimal well being. It's an incredibly complex, very difficult to treat disease that manifests differently, although with some consistencies, in different people. I was bitten in the late 60's, recovered initially, then the chronic form set in in the early 80's. It took nearly 30 years to recover, a ton of various, often inept practitioners of different stripes, a truckload of \$\$\$, but did eventually found the old school Korean doctor. Like so much, there are many roads.

Posted On 05/28/2024

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**nat3939**

Ticks like to hang around wet dead leaves on the ground and on uncut grass stems at heights of deer down to that of a mouse. These are areas that animals will pass or lie. Ticks hang on with their hind legs while their front two legs are out extended waiting to latch on to their dinner guest. If you live in dry and especially desert areas, you will less likely find ticks. Ticks do not like hot dry areas, for they need the moisture to keep from drying out. During hot summers, ticks are mainly found in the cooler tree line areas. If you think it would be a good idea to throw a juicy fat tick into a fire pit, and look really close to see what happens, remember this, fat ticks explode. Picture this ..... fat tick blood on your face and maybe in your eyes, especially if you are not wearing glasses. This happened to my brother James when we were young. He did not think it was funny, but I was laughing, even while he was chasing me.

Posted On 05/28/2024

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**CarlyGirl**

Nat, I know people who live in New York City and got bit by ticks and then got lyme. I don't think it really matters where one lives, ticks and other blood-sucking vectors that feed on the white-footed mouse are everywhere. Ticks don't know about borders.

Posted On 05/29/2024

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**nat3939**

It is unlikely that Whitetail deer will carry the Lyme Borrelia spirochetes, since recent scientific studies have found that the blood of Whitetail deer blood kills the Borrelia spirochetes. It is yet unknown why their blood kills the Lyme disease. I suspect, if I was to guess, it may very well be from the oak acorns that is a main staple of the deer diet. My curiosity would venture further and study the squirrels and turkey that are in these same areas. More curiosity with squirrels, because they also eat Black Walnut and Hickory nuts as part of their diet, which is a lot harder for deer and turkey to eat, but not absolutely certain, since evolution may have shown them how to crack that nut...sorry. ....I know there have been a number of studies on the testing of ticks from a number of areas in the country. I know this because there have been articles in the newspapers to send ticks that are found to these Universities, while indicating where the ticks come from.

Posted On 05/28/2024

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**bowgirl**

I agree something in their diet. However if they are not eating acorns and grazing in corn fields blood chemistry may change. The bacteria also likes cooler temps and hosts with a lower body temp.... Deer are fenced out of my property, Hens free range and cats patrol for rodents... Very few ticks the past ten years.

Posted On 05/28/2024

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**fir1272**

It's the deer ticks that carry borrelia. Husband is a virologist/immunologist with over 50 yrs research, he's very knowledgeable about Lyme. The deer might not get Lyme but they do carry the ticks.

Posted On 05/28/2024

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**kathied2**

**Black walnut hulls kill parasites, so it makes sense that it would keep squirrels healthy**

Posted On 05/29/2024

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