

## ekirwan

I'm so sad that the Armstrong sisters and Nourish Cooperative was raided by the government. They are determined to not let this stop them. I am taking their class (very informative) and have purchased their products. I remember a time when I thought the USA were the good guys. Now I do not believe and I question everything the government and says, does or condones.

Posted On 06/01/2024

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## Guillermou

Very sad, ekirwan, a fight against healthy foods, freedom of choice and ultimately health. Our love and gratitude to the entrepreneurs Armstrong sisters and Nourish Cooperative.---- "Sisters Ashley and Sarah Armstrong founded Angel Acres Farm in the fall of 2020. Here's a snippet of our story as to why we started farming... [nourishcooperative.com/angel-acres-bio](https://nourishcooperative.com/angel-acres-bio) Nourish Cooperative stands as a beacon of regenerative farming practices, a commitment to cultivating food in harmony with nature. By eschewing toxic inputs and embracing methods that mimic the natural rhythms of Mother Nature, our partnership of small, like-minded farms ensure that every product is a testament to the resilience and vitality of regenerative agriculture.

LOW PUFA REAL FOOD: NURTURING HEALTH FROM WITHIN. Understanding that food is more than sustenance it's medicine is one of our primary priorities as we build out offerings from Nourish. A huge emphasis of ours is to maintain the standard of low PUFA (polyunsaturated fatty acids) content in our food. With unwavering dedication, we have curated a selection of offerings that prioritize this standard -- ranging from items such as chicken to milk. By providing food rich in nutrients and low in harmful PUFAs, we empower families to make informed choices that support long-term well-being." [nourishcooperative.com/about-us](https://nourishcooperative.com/about-us) "

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## **caws**

Incredible interview. Much needed info that lay person can understand. One point I would like to make is that Lithium the mineral [also called lithium orotate] is NOT the same as lithium the drug prescribed for mental illness. Kind of shocking that Mike said maybe we could slip it in the water as that was proposed in Texas years ago; but rejected as too dangerous and also probably illegal as it would be mass medicating without consent. Mike was talking about the mineral, but the powers that be wanted the drug put in the water. Of course they have been mass medicating everyone in the USA for 75 years with fluoride which lowers the IQ, destroys the thyroid & kidneys and caused arthritis and they got away with that.

STILL waiting for the judge in CA to rule on the the case to remove fluoride from drinking water filed by Food & Water Watch and Fluoride Action Network with Michael Connet as lead attorney three years ago and concluded two months ago. Filed against the EPA under the Toxic Substances Abuse Act they proved with over 50 studies that it significantly lowers IQ and all the EPA could do was repeat " safe & effective " while admitting they never did any studies on it's effect on the brain or any other side effects. Also no proof that it lowers decay.

Posted On 06/02/2024

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## **Dordee**

If the government says it is good, I refuse to take or do it! Also if media favors something, I suspect it. And if a politician says it is good, I suspect it, few are in the game for the good of the people, but for themselves.

Posted On 06/09/2024

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## Guillermou

A great perspective from Dr. Michael Nehlsdel and great analysis from Dr. Mercola on achieving mental freedom. In the fight against indoctrination we must take care of all the factors contemplated by Dr. Mercola to have good mitochondrial health that favors hippocampal neurogenesis and mental resilience. Critical thinking is a metacognitive process, which is conceived as a combination of seven dimensions (i.e., truth-seeking, open-mindedness, analyticity, systematicity, self-confidence, curiosity and maturity). Many scholars have considered critical thinking as a basic survival skill.

Logical reasoning, which draws a reasonable conclusion from related facts and assumptions, plays a central role in complex personal and social political and social decisions. The hippocampus also plays a critical role in forming and reconstructing representations. relational memory underlying flexible cognition and social behavior critical thinking interventions have been shown to help people recognize and adapt to false stress-related beliefs and develop more adaptive ideas to reduce stress. Hippocampal malfunction is related to increased atemporal, semantic, and verbal mind wandering with generation of specific types of mind wandering content.

Recent debates on media literacy, digital skills and fake news have renewed interest in critical thinking. To respond to current challenges, education should facilitate the development of thinking skills and identify the best ways to achieve this development based on existing scientific evidence. To promote positive mental health outcomes, interventions are necessary that provide people with the means to construct and remember solid and effective narratives, with the hippocampus being in charge of such processing.

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## Guillermou

Critical thinking should allow safer access to knowledge and be conceived as a set of skills that lead to the enrichment of cognitive life. Generalized doubt is paralyzing, generating stress, indecision and fear because it does not allow us to distinguish between situations in which we are really being deceived and situations in which the proposed information is justified on the basis of solid methodological criteria. Information trust is built on a mental debate where it is necessary to be able to evaluate this information from the perspective of reliability. In this methodology the following questions have been proposed:--- 1) Is the information in question supported by convincing arguments?-- 2) Is it consistent with firmly established knowledge?-- 3) Is it supported by evidence?

Is this evidence of good quality, obtained through rigorous methods, allowing it to be as objective as possible?--- 4) Can the source of the information be clearly identified?--- 5) Can we rule out that the source has a conflict of interest in relation to the content, or that he acts with the desire to deceive us?-- 6) Is the source of information competent on the topic?-- The critical thinker needs evidence, to know the truth, to visualize possible explanations and also allows an openness towards ideas that may contradict one's beliefs, demanding resilience.

In short, critical thinking requires curiosity, a desire to know the truth and also humility..-----

[www.frontiersin.org/.../full](http://www.frontiersin.org/.../full) (2020).--

[www.sciencedirect.com/science/article/abs/pii/S1871187123001463](http://www.sciencedirect.com/science/article/abs/pii/S1871187123001463) (2023).--

[www.scientificarchives.com/abstract/a-narrative-development-process-to..](http://www.scientificarchives.com/abstract/a-narrative-development-process-to..) (2024).--

[www.nature.com/.../s41562-024-01855-2](http://www.nature.com/.../s41562-024-01855-2) (2024).-- [academic.oup.com/.../7092820](http://academic.oup.com/.../7092820) (2023).--

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Gui, in your second drop it seems all the critical considerations from one to six are the very areas where we have had hard core suppression of in these areas of importance. Not just only for the C19 Planned Panic either. Today's article is a breath of fresh air exposing all is not lost, there is and are solutions for repair, regeneration to go forward. Nourishcooperative mentioned in the article - In the search for sources to repair I have received notice from Nourish Farm, Ash, the Strong Sista's they have had a surprise visit from four gov't officials - Tuesday and had products placed 'Under Seizure' Not allowed to sell raw cheeses, raw dairy of any kind, sourdough, bone broth, cooking fats or raw honey.

The notice expresses they will host a livestream Sunday June 2, at 5 pm ET, hosted on Rumble with no account needed to turn in. This is part and parcel how the many Small Real Deals get attacked and the Monopolies shut them down. The Synthetic - Sin - Chemical Industrial Farming shovels vast amounts of toxins of all kinds survives by 'safety regulations' that if not in place just could not be consumed, so they turn around and are imposing the reg's necessary for them on the small operations who produce a healthy product does not need.

Punish the Real Deal for the Sins of the Chemical Unreal Sources. This allows all the Too Bigs to cannibalize market shares with false claims the small can't compete. This is not anything close to a Free Market supplying better Mousetraps. This is not vetted, so I did not supply the link.

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## Guillermou

Yes, Mr. Farmer, there is a challenge: that critical thinking extends to a broad representation of citizens and scientists to defeat the deep state well represented by the globalist clique. Large corporations want to monopolize food, the pharmaceutical industry, energy, population control, and they use the spirit that encourages them in the Great Reset, the global technocratic corporate coup promoted by Gates' friend and partner, Klaus Schwab, of the World Economic Forum are the creators of a false science of genetically modified foods, proteins, chemicals and pharmaceuticals, vaccines and they sell us as "sustainable solutions".

The billionaire club is having a destructive impact around the world. Their single-minded pursuit of profit has undemocratically imposed uniformity and external control over finances, food, energy, information, healthcare, and even relationships. These billionaires have a common project: exterminate all species and all productive humanity. Food is part of the domain of the masses with products that cause mitochondrial dysfunction. Pesticide and processed food companies spent approximately \$1 million a day to defeat a ballot initiative to label genetically modified (GMO) foods in California.

The anti-transparency campaign led by Monsanto, one of the largest producers of GMOs, bombarded the State with misleading messages amplified by a wide range of apparently independent third parties: from universities, professors and scientists to many groups claiming to have expertise in food, health and nutrition issues. , nutrition and science. But investigations would end up revealing close links between these so-called neutral groups and companies fighting for transparency.

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## Guillermou

Over the past decade, the federal government has attacked an Amish farm in the Washington, DC area. In 2015, the United States Department of Agriculture (USDA) launched an investigation into Miller's Organic Farm and began harassing the owner, Amos Miller, for selling raw milk and other unpasteurized products. Now, as 2024 begins, Miller faces new charges. The USDA began the new year by enlisting the Pennsylvania State Police to raid Mr. Miller's farm. According to the USDA, Mr. Miller has spread a foodborne pathogen in the community and faces charges for never licensing his retail operation. Also Samuel Fisher, owner of Golden Valley Farms, is being persecuted by the US government all because his family raises their own animals, slaughters the meat on the farm and sells it to the community, Mr. Fisher's clients They preferred the meat to be processed on site.

"They own part of the business. They own part of the herd," Fisher explained. Fisher said inspectors asked permission to search the farm. Mr. Fisher denied his request. "And they said, 'We'll be back,' and they left," Fisher said. [www.theepochtimes.com/health/government-raid-of-amish-farm-an-attempt-..](http://www.theepochtimes.com/health/government-raid-of-amish-farm-an-attempt-..) (2024).— [revolver.news/2023/08/donate-us-government-raids-amish-cattle-farmer-s..](http://revolver.news/2023/08/donate-us-government-raids-amish-cattle-farmer-s..) (2023).--

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## juststeve

What we have are supposedly two farm workers got pink eye and gasp, cows have Bird Flu fragments in their milk. Say it ain't so, how could this be when CAFO operations feed their cows ground up chickens in their food. It couldn't be foods the cows are not designed to eat and make them fart, make them dis-eased, bird flu doesn't need to apply. The same PCR test misused, abused in the Planned Demic used to find fragments, not actual viruses.

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**ros11356**

We can't forget all chemical strayed in the sky, toxins from our air, water, food, who knows what they are really poisoning us with. I noticed a general mental decline in almost everyone. Its more than brainwashing at play. People have health issues like never before. Some can hardly walk, with this decline in health many can not even remember their last meal. Let alone think clearly. And don't forget the negativity being fed to people too 24-7. This is much more than what we see, its from the unseen. I pray everyday. God help us.

Posted On 06/01/2024

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## **Guillermou**

....And "vaccines" have increased a world of people denied in free thought, denied in reality. A global medical experiment that puts the survival of humanity at risk, hospitals can be overwhelmed by multiple diseases including long-term, slow-acting neurological damage with a prion-induced protein folding disorder that irreversibly destroys brain tissue. Dr. Bhakdi says the German government is persecuting him with completely false accusations of anti-Semitism, but in reality he is being punished for speaking out against the C-19 vaccine. The doctor found irrefutable evidence of damage to brain cells that are dead and dying.

This poor man died because his brain cells were dying. . . . The same patient who died. . . . He had typical things that people see after the vaccine. They lose his personality. They lose their minds. They lose their ability to think. They go crazy. They can't hear. They can't speak. They can't see. They are no longer the humans they were. They are destroyed human beings. Their brains are destroyed. The doctor found something so terrible that he had to publish it immediately

[www.globalresearch.ca/covid-19-vax-destroys-hearts-brains-billions-peo..](http://www.globalresearch.ca/covid-19-vax-destroys-hearts-brains-billions-peo..)

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The never-ending Fear Porn Indoctrination, in concert with empty, toxic food sources, destroys the memories of the many things in life we have lived, seen by our own eyes get scrubbed out, overwritten. We can forget what we once knew, know. So, there is no way to compare what has happened, what we know cannot be drawn on to alert people they are being brainwashed. The tools to engage in logical reasoning are broken or gone. Fear Porn, Scream Meme's are all to be left to draw on, turning people into regurgitating parrots for the Globalist Manipulators.

And, as the article points out this is experienced as a direct attack by those people infected with this Indoctrinated Brain Worm. No longer who they were, transformed into drones repeating the Fear Porn causing Indoctrination. This is a serious consideration to keep in mind when in those situations needing to confront those who have been thoroughly infested with the Fear Porn, Scream Meme's. Gotcha, there that ought to P%#@ you off and wake you up only throw fuel on their Fear Fire.

To repeating Talking Points given and meant to maintain Division so common decency, ability to explore and determine has been shut down in those individuals. A way is needed to allow their inner vision, their personal stories might be relearned, the ability to take in information returned. This article is incredibly important as recent revelations are seeing a big jump of Alzheimer's following the Jabs and in age groups much younger than ever before.

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## Guillermou

Yes, Just, and we also have a great source of promoting the disease with indoctrination, which is one of the fronts most used by corporations and institutions to serve their desire for money and power. As an example, two doctors are suing the Medical Board of California for upholding a new state law that requires all doctors in the state to undergo radical anti-white DEI (diversity, equity and inclusion) brainwashing in order to continue practicing. medicine. Assembly Bill 241, which was signed in October 2019 just before the Wuhan coronavirus (Covid-19) "pandemic" by Governor Gavin Newsom, requires all California doctors to register at least 50 hours of continuing medical education (CME) each year in order to maintain their licenses.

The Equal Justice Society, a far-left group based in Oakland, takes credit for drafting the text of AB 241, which Newsom was very eager to sign into law. Opponents argue that the bill is a form of unconstitutional thought control. [www.theepochtimes.com/us/doctors-sue-california-over-forced-implicit-b..](http://www.theepochtimes.com/us/doctors-sue-california-over-forced-implicit-b..) (08/2023).- All of this has been used in C-19 with a constant bombardment of information about the virus and the number of infections, deaths, new strains, etc.

that Fauci's flu has caused a greater state of anxiety, generating immediate effects on our mental and immunological health. Have much larger and more insidious effects on our psychology and behavior. The theory of the behavioral immune system has prevailed as a person's first defense against a pathogen, based on reducing contact with possible pathogens. We are not talking about our body defending itself against the disease, but rather our mind and our actions resulting from fear.

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## Guillermou

The problem is also always the emotions that accompany the state of insecurity about the future: anxiety, fear, irritability, resignation until reaching depression. They are all caused by our "futures". All of them have to do with our resilience or ability to face adversity, our tolerance for a negative event to happen. We are now in a humanity prey to two very wide windows: menticide and cognitive dissonance as tension or anxiety that individuals experience when their beliefs or attitudes conflict with what they do. Carl Sagan who have a great connection with current reality. At the intersection of science and public policy, nothing is more dangerous than the dogmatism that is imposed by crushing any dissident attitude.

"The world and its demons", the last book he published before his death. "Don't waste neurons on what doesn't work. Dedicate those neurons to new ideas that better explain the data." The pull of confirmation bias is even more powerful today, when social media and political polarization relentlessly turn scientific issues into culture war flashpoints. Too many ideologues, on both the right and the left, approach public issues through a political lens. Major politicians support or oppose health care practices based on partisan politics.

Sagan "spoke prophetically of the irrationality plaguing public discourse, the imperative of international cooperation, the dangers posed by technological advances, and the threats to free speech and democracy in the United States." If these threats were worrying in 1987, today they have become much more serious. Serious critical thinking and skepticism regarding new or old claims is not only permitted, it is encouraged, it is desirable, it is the soul of science. There is a creative tension between openness to new ideas and rigorous skeptical scrutiny.

Posted On 06/01/2024

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## juststeve

Right Gui, there is Real Science where exploration continues and as time progresses other revelations are added or subtracted from the mix. Now with Fascist Corporate Captured Gov't and Institutions using Slick PR, Tobacco Lawyer formats screaming at us from every direction the biggest obstacle to take on is their Bull Spit undermines actual, honest real Research. The needed, the accurately practiced Science is getting the Black Eye, much like Raw Milk and just too many things. In the end Reality wins, their hubris cannot stand.

Also, a good reference, they are always preaching the Future, don't stop thinking about tomorrow when where we do our living is in the here and now. The future they present is the one they desire for themselves. Another future, a New Day, A New Earth starts when we do whatever thing, no matter how small creates a positive in the here and now, and this provides a better stream for life to follow than boogie men, invisible enemies, belief systems having little to nothing grounded in the Realities of Life.

Posted On 06/01/2024

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## Dordee

AMENv Just!! Get angry, speak up, refuse to do as ordered! Get a backbone! Seems only us older folk know how to do that! I cannot understand why people can be so willing to be led to the slaughter. Everything from new tv shows, commercials are all designed to bring fear into the hearts of people and we eat it up. The only things I do not trust are politicians, big agriculture, business and pharmaceutical companies. I trust my neighbors because i know them. Most have been crowded into large cities in the hopes of bigger, better paying jobs. They live in apartments, in large buildings, yet do not even know their neighbors so fear them.

I live in the country, we know our neighbors, who can be trusted or not, can depend on them for help when needed. I recently stepped on a rotten board on my deck, leg went through and I called a neighbor for help. He and his son came over to help me up. I was ok after that, able to function. I do not even lock my door unless I leave home. Friends who live in St. Louis cannot say that, have double locks, Ring to protect them, they do not know their neighbors well enough to trust them.

Posted On 06/09/2024

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## Alan845

The indoctrination of the brain has been occurring for a very long time by the process of advertising. We are, or can be, in control of our brains and of what we allow to enter long term memory. It is far easier to prevent something from entering than it is either to remove it or to change it after it has entered. I have been successfully practicing this for many years, deliberately refusing to allow advertising of any shape or form to enter my long term memory - it simply is not transferred from short term to long term memory.

In fact, in a few cases, when a product is advertised in a particularly stupid or childish manner, I deliberately allow it to enter with a large red cross over it, so if I ever see that product the memory of it with the cross causes me to ignore it at best, move away from it usually, Obviously some things I buy have been advertised, but I buy them because I choose to and chose to before I saw the advert, not because of the advert. Perhaps if the general population did this instead of gaping mindlessly and unconsciously at TV adverts, manufacturers would find that advertising did not pay and would reduce the number of program interruptions.

Posted On 06/01/2024

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## juststeve

Spot on pointing out the Slick Sales Dog Marketing/Messaging nonstop, 24/7 and with Legacy Media on Life Support Dependency needing Big Pharma feeding it, Talk About Brainwashing.

Posted On 06/01/2024

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## Krofter

Yup. The same bag of deceptive tricks that Madison Avenue uses have been used by governments to deceive people for thousands of years. The Romans were masters at this - the coliseum provides a good example. Give the masses what they want, not what they need. Keep the masses occupied with mindless drivel so they don't discover how they are being deceived. Educational systems are the most important indoctrination program any country can employ to get everyone on the same page. We have all been indoctrinated to believe what anyone with a PhD tells us because we have been indoctrinated into believing that they have achieved the pinnacle of education. The reality is, they have achieved the pinnacle of indoctrination.

Posted On 06/01/2024

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## juststeve

It is frustrating beyond belief but having gone through many similar situations many times throughout the years and once wondered the same thing, but as the article and interview point out people get high jacked, captured in a hard, solid, foundational way interfering with the way we process life. Things we once knew, should see from actual experience get erased every bit as much as a cassette or video tape, things are gone. Only the Fear Porn or Scream Meme is left playing and so when real solid facts, information comes forth as is now with Congressional Hearings, Freedom of Information Act Reveal they are close to being incapable of seeing or hearing any of it.

The strongest, basic Survival Instincts kick in as they feel as though they are being attacked, not seeing real, helpful, needed information. Strike back, think second and with the missing gaps in the personal experienced knowledge base just not realized they have struck out at a friend - not an enemy. Seeing much of this. Some are also stuck in information formed in the 60s, 70s and all was true, but now has been turned inside out in plain sight and today no longer resembles that old format.

Take the rub out necessary needed memories yet leave images all is as it ever was \_ (but actually isn't,) - and it is an extreme chore to get them to see anything. Those few times a little something starts to take hold they get a fresh dose of Bull Spit like Bird Flu; Raw Milk is poison and the takeover the mind has been reinforced. It's like the Greek God condemned into pushing the rock up to the top of a hill only to have it roll down so as to have to do it all over again the next day. Frustrating to say the least.

Posted On 06/02/2024

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## DanoS1

Many people couldn't think critically long before Covid.

Posted On 06/01/2024

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## **Mercola\_Fan**

You've got that right. And they never will.

Posted On 06/01/2024

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## **LadyLifeGrows**

Critical thinking was indeed rare even in the 20th century. But this information may make it much more common than ever before. Our challenging and exciting times remind me of the children's game "freeze tag." At last half a dozen kids, lots of room to run around, and one child is designated "It." When "it" tags you, you have to stop and freeze. Fun challenge maintaining some crazy posture without moving. When another child who is not "it" touches you, you are unfrozen, and get to run around and scream again. We have an adult game of freeze tag going on. Mercola subscribers are among the millions who were not frozen. We are researching the web to find out how to reawaken curiosity in the frozen ones. This is one of the dozen most valuable web articles of the past four years for rescuing people. God is on our side and that means we are going to win. Enjoy!

Posted On 06/01/2024

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## **pjucla**

Speaking of indoctrination when you stay on hold, waiting to speak to a pharmacist, the recoding states to get your Covid vaccine every 4 months . Disgusting.

Posted On 06/01/2024

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## HealthCurieux

Search " They Live 1988" on Rumble. Whenever possible use alternative "tubes" like Rumble, Bitchute, Odysee, etc. The amount of censorship on YouTube is extreme these days (speaking of indoctrination'). On all subjects people complain of shadowbanning, or comments removed. I thought it was just me but it's everyone. They are honing their skills before the next election.

Posted On 06/01/2024

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## tintrach123

Critical thinking only thrives best in a constitutional republic and we've proof beyond proof that the US is on the tarmac and leaving that location. My observation regarding critical thinking skills is that they were becoming extinct long before the jab came on the scene. I interviewed for a job yesterday for a woman who told me she was on her balcony after the verdict Thursday holding two American flags and proclaiming justice served regarding the defendant - I made the comment 'it is a very dangerous precedent regarding the rule of law, America's constitution, and the railroading of constitutional law'. She abruptly ended the interview claiming 'we are clearly not going to get along'. Clearly not a critically thinking citizen of the US. There are countless members of this sect amongst us now.

Posted On 06/01/2024

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## forbiddenhealing

Apparently the ruling Zionist neocon narrative is wearing thin as college students "in their right mind" are protesting the extermination of Gaza. They don't source their news from corrupted mainstream media or buy the blatant hypocrisy of AIPAC funded politicians and Jewish controlled monopolies. If anything, covid/Ukraine/Gaza opened our eyes to a world run by a murderous criminal cabal, how money is the currency of control and how no information can be trusted. Yes, many are poverty stricken and malnourished, but not "too poor to pay attention" or get pissed off...instead silenced by the ultimate taboo; opposing Zionist control. Nothing our governments do makes sense...because it doesn't...and all their lies have created a climate of fear and a house of cards...so we may be seeing heavily suppressed expression along with disabled critical thinking...Stay tuned, when the herd finds their fences are an illusion, all hell can break loose.

Posted On 06/01/2024

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## Guillermou

Randall, his words are great targets of the corruption reigning in the powers that dominate the climate empire and the violation of a world where democracy and constitutions are a dead letter. One of the biggest lies of the Empire is that we have "freedom of the press" in the West. Another big lie, a corollary of the first, is that Israel is acting in "self-defense against terrorists," as it commits genocide against Palestinian civilians in contravention of a recent ICJ ruling and international law. The lies of the "free press" are descendants of mass murders. Washington and its allies and representatives attack and murder truth- and freedom-loving journalists in Gaza and beyond.

[www.aljazeera.com/news/2024/5/24/explainer-icj-rules-israel-must-stop-..](http://www.aljazeera.com/news/2024/5/24/explainer-icj-rules-israel-must-stop-..) "A web of lies" has served to justify the massacre in the Gaza Strip of more than 35,000 civilians, of whom 70% are women and children, along with total destruction and an endless series of atrocities. On January 11, 2024, the Republic of South Africa brought before the World Court in The Hague a carefully formulated legal proceeding against the State of Israel based on the Genocide Convention.

This legal procedure, however, has not contributed to reversing the ongoing genocide or saving the lives of tens of thousands of civilians. I should mention that the issue of the False Flag which constitutes a crime against humanity was casually ignored by the ICJ. The Heads of State and Government who have supported Israel's genocidal acts are complicit from a legal point of view.

[www.globalresearch.ca/is-the-gaza-israel-fighting-a-false-flag-they-le..](http://www.globalresearch.ca/is-the-gaza-israel-fighting-a-false-flag-they-le..) map/5835310 (01/06/2024).-

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Posted On 06/01/2024

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## rrealrose

Don't you find it odd, as Ukraine is poised to be completely leveled. Already that country lost most of its military, est, 650,000 dead, now drafting retirees and teens to fight. NO one seems to mind giving them another \$65 Billion and more, no protests, waving blue and gold flags in Congress. This is a money laundering operation, my guess everyone is happy to feed the war machine without a peep...or we are just not hearing it from any media reports. - - - - Meanwhile, Israel has already posted plans for rebuilding Gaza with 15-min city type construction. My guess is Blackrock is behind the financing of both reconstructions.

Posted On 06/01/2024

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## **Kitera**

When speaking to people I have noticed that they are not as passive and obedient as it would appear. That gives me hope that the world will not fall for "thought management". The majority might have taken shots but they were forced into the behaviors and not exactly true believers. I was in a coffee shop waiting for someone and struck up a conversation with the people at the next table. We got around to covid stupidity and the person mentioned how someone in the medical field helped him cope with the authorities by faking testing. I am heartened to know there are more critical thinkers than I believed existed - they are hiding - and quite rightly so as being the "system" bad list can be harmful to you existence. Being old has some rewards - try and come after me!

Posted On 06/01/2024

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## **juststeve**

Good to keep in mind that so many were bullied into thou will obey or lose your job, business, thrown out of Campus, in some cases threats concerning many necessities without them having other resources to back them up. Of concern is how those who had the belief they had to comply are very much needed to correct this travesty. Those who quit, bite the bullet and those who got Jab stick - Know Where the Bodies Are Buried.

Posted On 06/01/2024

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## **sue2613**

This is one of the reasons the government wants more people to cross the border. The are more easily controlled.

Posted On 06/01/2024

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## MoMac46

Thanks for the article Dr. Mercola, I like the part where loving relationships and close companionship is important, for health and well being. I have wonderful relationships with my daughters, sadly my husband died 12 years ago, and I have also lost dear friends, who have passed on. I do have new friends, and nice neighbours, though not quite as special as ones from my early life. I'm not complaining as I am blessed and find contentment in my own company especially when in my garden. Thankfully the many posters on Dr. Mercola's site help me keep my critical thinking.

Posted On 06/01/2024

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## Guillermou

Yes, love moves mountains, love for nature, love for family, love for friends and love for truth and free thought. With all these loves we can fight against stress through cognitive flexibility and the wisdom of love, which are the key to intelligence that allows us to think from a deep reflection of our intellect and our soul, to value the motives of the people who love us. dominate the world in their own way, who want to direct people to a path of soulless artificial intelligence, to wars where large lobbies manage weak corrupt governments, react to changing situations using experience and also our love to humanity.. Gratitude, love, curiosity, resilience and cognitive flexibility are a source of emotional stability, joy and happiness are a source of wisdom to build critical thinking.

Posted On 06/01/2024

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## 00690069

Now you know why your liberal friends seem so stupid. The liberal brain works emotionally more than rationally and therefore are easiest to manipulate. Their brains are almost perpetually working in the non-thinking mode. This is why they fell for the Covid hoax and some to this day hold onto it. We've all seen them, they are the ones wearing a mask in the car or walking down the sidewalk by themselves. They'll be messed up for a while.

Posted On 06/01/2024

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## **tintrach123**

Holding on to the covid hoax INDEED! I interviewed with a woman who accused me of the attempted murder of her husband because I am not vaxxed and don't wear masks. It was the first step in a telephone interview - there was no contact with her husband - and how can I give him something I don't have,,,,,,. ????? These people are lost and would likely benefit from removing the mask and allowing some oxygen into their bloodstream. The damage from the vax is irrevocable, please don't point fingers where they're not deserved. Critical thinkers accept responsibility for their choices and decisions, I slept well last night knowing I've done nothing to cause harm to this woman's husband. She on the other hand may have been churning and grinding on finding a way to have my credentials revoked. Living in George Orwell land is a very bizarre experience indeed.

Posted On 06/01/2024

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## **Dawncog**

I just have to say, reading the tagline "Why most people can't think critically since COVID", my immediate reaction is h to st most people I know didn't think critically before COVID. But I'll allow that what ability or desire was present pre-COVID has decreased and agree this is a great perspective from Dr Mercola (as always)!

Posted On 06/01/2024

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## Track Record

Unless you are perfectly happy holding an opinion that places you in a minority of one, you may be unqualified to give your opinion on anything. Unfortunately this now rules out most people who consider themselves credentialed scientists. And yes, there is substantial data to support this. The classic recent and laughable case is the record breaking comment the FDA made about Ivermectin, lecturing people to quit using horse medicine. The profound depth of ignorance subsequently exposed in a large majority of the science employees of the FDA makes a good case for requiring the recall of PHDs from those who shouldn't have them, much like Registered Professional Engineers are required to keep up and demonstrate competence on a regular basis.

Posted On 06/02/2024

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## Antisandman

The .00001% have been attacking the IQ of the 99% in many ways for over 100 years and, of course lied to us and got much of our cooperation along the way just like with Covid.

[chem.beloit.edu/classes/Chem117/lead/The%20Secret%20History%20of%20Lea..](http://chem.beloit.edu/classes/Chem117/lead/The%20Secret%20History%20of%20Lea..)

[articles.mercola.com/sites/articles/archive/2023/10/25/eye-opening-stu..](http://articles.mercola.com/sites/articles/archive/2023/10/25/eye-opening-stu..) We all have 600-1000 times the amount of lead in our bones & 6-10 fewer IQ points than our pre-tetra ethyl lead ancestors. Alcohol could have been used to raise octane or replace gasoline all along. That did not suit the purposes of John D.

and his ilk like Sloan, Kettering & Dupont. [corbettreport.com/bigoil](http://corbettreport.com/bigoil) Then the .00001% fluoridated our water and removed the iodine from our bread and added bromine. Both bromine and fluorides contest iodine in our bodies and thus reduce IQ among other things. Any person paying attention in High School chemistry and biology could predict those results.

[dn790007.ca.archive.org/0/items/TheIodineCrisis/The\\_Iodine\\_Crisis.pdf](http://dn790007.ca.archive.org/0/items/TheIodineCrisis/The_Iodine_Crisis.pdf) It is a testament to human robustness and flexibility that any of us can think at all.

Posted On 06/02/2024

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**yon3943**

Mike Adams and Dr. Nehls--what a great interview. Will need to listen a third time.

Posted On 06/01/2024

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**wareagle82**

We are being conditioned to avoid curiosity. It hit high gear with Covid, when "do your own research," formerly known as reading, became a type of thought crime.

Posted On 06/01/2024

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**ElectionFraudInvestigator**

There's a certain type of personality that takes pride in ignorance.

Posted On 06/01/2024

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**imaginal110**

Wow, yes yes yes. We're in a spiritual battle and keeping our vertical alignment to the ever-present Source (however we can conceive of "it") fresh and dynamically alive is, in my view, the antidote to all the world's conditioning. Every little step counts big. We grow up in a world of relationships in which we strive to find where we belong. All these falter or rather are part of the primary relationship to source or god. Source is not so much about belief as it is about embodied connection and deep resonance. It's a mind set of radical willingness and yes to spirit in the moment. Onward friends!

Posted On 06/01/2024

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## Guillermou

Imaginal, your comment is a song to the wisdom that seeks the path of union of reflective people of good will with the spiritual source and who do not embrace the fear that promotes the dominant power of current corruption. Critical thinking has as its main objective to evaluate the soundness and appropriateness of a statement, theory or idea, through a process of questioning and perspective taking. It does not have to lead to an original position when faced with a problem. It must involve the examination and evaluation of different possibilities. Considering alternative perspectives can provide a more comprehensive and nuanced view of a specific topic and the world.

If we do not create spaces for freedom of thought, the exploration of possibilities and interpretations, the analysis of arguments and dialogue, the raising of questions and the confession of uncertainties, if we close the possibility of doubt, we are creating the necessary conditions for indoctrination. As a former professor, I agree with the thinker, essayist and pedagogue Jos Antonio Marina during an interview: "When we talk about "the truth," we talk about levels of verification, degrees of verisimilitude, probability...

The most basic form Educating critical thinking should be introduced in primary education. That when someone tells you something, you can ask them: "How do you know that?" And let's see what he answers and how he reasons it. We need to give intellectual, emotional and ethical tools to our students, so that they are in good condition to make decisions... They have to have comprehension, argumentation and perception skills. And then also emotional skills, empathy towards others, compassion and effort."

Posted On 06/01/2024

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## imaginal110

Guillermou, didn't see your excellent comment. In wonder at how you find the time and depth to respond to so much as you do. Onward!!

Posted On 06/02/2024

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## Cabochoh

“The aim of politics is to keep the populace alarmed, and hence clamorous to be led to safety, by menacing it with an endless series of hobgoblins, all of them imaginary.” (Technocracy: the Hard Road to World Order by Patrick Wood.) Good to see ideas from previous posts by thought leaders on this column expanded. As noted previously on the topic of Nehls “Indoctrinated Brain”, Governments employ fear-mongering purposefully because it changes the brain’s perception. It was a tool towards public acceptance of lockdowns, masking, social isolation, climate and net zero nonsense and other lies employed to override cognitive dissonance, common sense and reasoning and stifle debate.

One comment likened fear to a “bioweapon” employed in the psychology of warfare to “capture” even highly educated brains to accept the unacceptable as truth. In a previous age, politicians would have been burned at the stake as witches or else their ideological opponents nailed to a cross.

[www.lewrockwell.com/2024/01/no\\_author/a-false-pandemic-and-the-imposit](http://www.lewrockwell.com/2024/01/no_author/a-false-pandemic-and-the-imposit). Has msm indoctrination ever ceased? - check headlines in the Bull Sh\*t Express masquerading as “news”. Even the weather has been weaponised by catastrophising it in the interests of impoverishing bona fide road-tax-paid travellers. The UK “climate” has always been variable as it is centred on opposing winds and currents, the gulf stream one minute and an Arctic blast the next.

What was that about “dissonance between one’s own experience from earlier times”? - we all remember a few summers of torrential rain or hail stones like ping pong balls. But my triple graduated magna \*\*\* laude niece still boasts about cycling to work in the rain (without mentioning how she did so in her twenties with two toddlers, a baby and three bags of shopping as a young mother) and without mentioning that after a public backlash, residents have now forced her local council to abandon its illegal “congestion” charge. Brainwashing failed here.

Posted On 06/01/2024

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## Katy69

Thanks, Cabochon, for recalling the shared comments about six months ago on this website regarding Dr Nehls. A pity his book was not featured til now as it is so very critical to our understanding of the cognition war waged against us during the last three to four years. Fear mongering was never about health - only indoctrination, damaging the memory centres of the brain and causing formerly reasonable and even intelligent, highly educated people to accept nonsense without questioning it while attacking those who saw through the lies. Replacing the narrative so to speak was the intention - just like replacing the indigenous population of the West with uncontrolled immigration is about the demonisation of white races.

Do they not know that eventually brown and black generations will become white in order to absorb more vitamin D from the sun in northern latitudes? If you have ever experienced the devastating effects of a friend or relative with dementia, you will know that memory is everything - not just recalling events from the past but enabling learning, retention of learning and "being curious" about the present and the future. It's as though their mental state has become frozen in time and operates only with stock phrases, oft repeated tales and limited awareness of time and place.

Posted On 06/01/2024

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## coffeecup

"Why most people can't think critically since COVID".I've found this to be very much true. Critical thinking has been on the attack for years, of course, but in my various circles, most people seem almost dazed, drugged, so to speak. Like they've been so psychologically manipulated that when you attempt to discuss some of these things we've been through (and the truth which is now even out in the open), they look at you like deer in the headlightslike they've had a lobotomy and can't think, much less form an opinion. Or in some cases, they are so brainwashed, they become the opposite..mean, angry and cannot stand to have a rational discussion any more. At work, people have walked away from those of us they disagree with, or go tell management on us, which just ends up squashing any further discussion on anything more than the weather..oh wait, that's controversial too. It's crushing to live with people in such a zombie state of mind.

Posted On 06/01/2024

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## RonaldHL

Consider this crazy concept, but first I preface with the government funds crazy studies and has an agenda. In these videos, the afflicted mice do the opposite of what is instinctive of self preservation and essentially causes its own death. Similarly, the communists, calling themselves Democrats, are voting for their own demise. Watch the videos: [www.youtube.com/results?sp=mAEA&search\\_query=Mouse+cat+parasite](http://www.youtube.com/results?sp=mAEA&search_query=Mouse+cat+parasite)

Posted On 06/03/2024

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## RonaldHL

[youtu.be/5E8j6vJhjYE](https://youtu.be/5E8j6vJhjYE) I've been seeing a long list of the equivalent. One most notable is when driving 45 mph with closely spaced traffic, I commonly see cars crossing through with neither enough time (braking is required by the traffic to avoid collision) nor even looking to care to see how close they were to collision. This was rare or nonexistent before and common now. Another example is in talking to tens of thousands of people (I take vacation time to campaign door-to-door for ONLY good candidates) the Democrats won't engage in intellectual political conversation yet have full intellect on subjects like their work and studies. This is unnatural and I believe it has been induced.

Posted On 06/03/2024

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## muttbakercom

I have always had my New-Englander-father's cynicism; especially about gov't, doctors and TV. Our two sons are the same and feel like anachronisms in their generations (X and Millennial). We love to ridicule TV ads and question EVERYTHING. As results, we are healthy, happy and serve God Almighty. That is being a real American patriot = using your logic and free-thinking and resisting others' control of you. We are disappearing fast. Love these discussions!

Posted On 06/03/2024

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## Catlu1732

I decided a while back that the people who cannot seem to think things through, must have gotten the shot. We know that there were millions of deaths from the shot, and millions more that had horrible side effects from it, and it's still going with things popping up to individuals even today. When people started not being able to think through anything obvious, I decided then that there was something in the shot doing that too.

Posted On 06/02/2024

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## Lifeistough

I do not see my two comments.

Posted On 06/01/2024

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## Lifeistough

God Bless each and everyone of you.

Posted On 06/01/2024

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## Lifeistough

God bless America.

Posted On 06/01/2024

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## Boomeree

Each person's reaction to the pandemic's fear-mongering is related to their life's experiences with the medical industrial complex. Over my lifetime I had allergic reactions to every drug and vaccine prescribed for me. So after many drugs and three vaccines, I quit accepting them from doctors. I began using Orthomolecular Medicine to handle my medical issues in my 30's, and was able to reverse much of the Asthma I got from my initial vaccination at age 3. A battery of doctors in Chicago, including several allergists, agreed that my Asthma was caused by the shot. Orthomolecular Medicine is basically the taking of high dose vitamins and minerals to keep myself healthy.

After leaving conventional medicine I have lived a much higher level of health. As someone who is allergic to some of the ingredients in each of the Covid vaccines, including those with or without mRNA technology, my unvaccinated status didn't put me in danger of contracting Covid. Being a form of flu, I was never afraid of contracting it since I haven't ever had any form of the flu, not Sars, Bird, Swine, Hong Kong, H1N1, or any other flu strain circulating among the public. Here is PubMed explaining Orthomolecular Medicine. [www.ncbi.nlm.nih.gov/.../PMC2695174](http://www.ncbi.nlm.nih.gov/.../PMC2695174) .

Posted On 06/01/2024

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## kstordygmail.com

The most important information to date about C19! And up coming Gain of Function future Man Made Viruses 1 Election 2 Distribution of wealth 3 Reducing the Population 4 The Chinese  
[x22report.com/aiovg\\_videos/dr-charles-simone-the-dod-created-the-vacci..](http://x22report.com/aiovg_videos/dr-charles-simone-the-dod-created-the-vacci..)

Posted On 06/01/2024

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## alohanamaste

mostly interesting and very important but I have heard from other sources that lithium destroys the ability of the pineal gland to function for its purpose of acting as the third eye for spiritual growth and that worries me a lot about the entirety of where this is based even though I know that a lot of it most of it is right

Posted On 06/01/2024

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## **samwoo**

fascinating talk by michael Nelhs, I live with a csf leak (cerebrospinal fluid) where my brain sags downwards towards the end of the day, this explains some symptoms us leakers have, from the stress on the hippocampus alone. I support my brain with wide ranging nutrients but lithium is a new idea, especially for this region, I have ordered some straight away, fingers crossed to give some more neurogenesis a chance. Also learning a language was good for memory but perhaps a different part of memory. I had already taken a course in neuroanatomy many years ago but walking the walk since brain trauma and leak (apart from being the scariest and biggest challenge ever) has and remains also fascinating.

Posted On 06/01/2024

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## **MissAnnThrope**

I avoid going down the conspiracy theory rabbit hole, but I can't help but wonder if someone somewhere knows exactly what they are doing.

Posted On 06/01/2024

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## **ElectionFraudInvestigator**

The propaganda is obviously well controlled and planned well in advance as much as two or more years out in many cases.

Posted On 06/01/2024

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## Cabochon

Bless! Wish I had your faith in the those waging war against humanity. That “someone, somewhere” comes under various affiliations - technocracy, autocracy, oligarchy, kleptocracy, corporate “philanthropy”, the military industrial complex, the banking fraternity - anything but democracy. None of them have your welfare at heart and the agenda is hidden in plain sight. Try a bit of reading for starters - no rabbit holes required. Check out Klaus Schwab “Covid-19: The Great Reset” on Amazon but be sure to read the 5000 or more reviews. Schwab, as WEF director, is to be replaced according to reports by our very own former Prime Minister Tony Blair, whose political career signalled the beginning of broken Britain. They deserve each other. [youtu.be/plo8LbGTQcU](https://youtu.be/plo8LbGTQcU)

Posted On 06/01/2024

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## 00690069

The ones that know what they're doing (evil) are the ones telling you to avoid conspiracy theories. Get your news from rumble and give up on the fake main stream media. They are made up of exactly the liars you will one day come to realize.

Posted On 06/01/2024

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## Cabochon

In the interview with Mike Adams, Dr Nehls refers to Schwab's Great Reset book as the motive for writing “The Indoctrinated Brain” - setting the record straight about the Great Reset - just another kind of war against humanity. Be grateful for his brilliant expose of the truth. and get reading.

Posted On 06/01/2024

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## Terracer

All of what the good doctor writes may indeed be true, however, I suspect what is falling from the long plumes of aerosol spray probably has more to do with the attack on humanity. After a day of heavy spraying go outside with a very bright flashlight or a laser (if you have one) and point it straight up into the sky. You will be amazed/terrified at the various sparkling debris wafting down to the ground. We are breathing this nanotechnology laden mixture into our bodies where it is quickly absorbed into the bloodstream and then sets about it's preprogrammed "biological mission".

Sound far fetched? Sound too, dare I say it, conspiratorial? Our own military used this very description in the year two thousand presentation of "future warfare" written by a USAF officer and presented to the brass that very year. In this presentation (known as "the NASA war document" see at [stopthecrime.net](http://stopthecrime.net)) they also mention the aerosol program, swarms of "smart dust", and several other "dismissed by the powers-that-shouldn't-be as conspiracy theories" technologies that are to be wielded against any adversary - whether it be a foreign power or a populace that is becoming fed up with our own federal governments habit of ignoring the Constitution.

EVERYONE who calls themselves a patriot needs to read this document... Of course the aforementioned powers-that-shouldn't-be dismiss the document as another conspiracy theory that has no basis in fact - HOWEVER, I have spoken to two (now retired) USAF colonels who remember the presentation quite vividly.

Posted On 06/01/2024

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## sue2613

In a way this is off topic, but I received an email that Nourish Cooperative has been attacked by the government. This has triggered my bad memories, but it will not decrease my critical thinking. If anything, my critical thinking will increase.

Posted On 06/01/2024

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**avo7100**

After learning what the Depopulationists have been doing for some time now, and seeing the dystopian movies that have been released over the years, I have concluded that if one wants to see what our government wants for our future, just go back and look at these movies, which are a preview of coming attractions.

Posted On 06/01/2024

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## **ElectionFraudInvestigator**

I'm not sure when this happened, but presently having an illegitimate pretendent who is demented, incoherent, and obviously cognitively impaired is not helpful. I've noticed in particular that Democrats have become very easily triggered and extremely hostile. Republicans are not much better, and seem to have dropped out mentally. For the most part people have lost all sense of humor. The article points out that communication and conversation are important. Unfortunately this is beyond the capacity of many people today. When people have lost all trust in their political system the situation becomes very bleak because the brainwashed become dominant. Perhaps it's always been this way, but we're more aware of it today, which makes the situation more acute.

Posted On 06/01/2024

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Thank you for the article and comments. I research this subject often as I am trying to help elderly parents and raise children to think. I do think we have a thinking problem in this world. The people in power are contributing by food and fear. Unfortunately they are doing a great job! I will add that the schools do not help this matter. Children are taught from a young age to only believe what they learn at school. Schools are only teaching what will get them money and now what will make them "woke" (for lack of a better word). I homeschool(ed) my four children and we spent several years studying logic. We do not have a perfect school, but this study along with not being inundated with propaganda was the best thing we did for their education. Combine the above with the food served at schools and the lack of sleep from too many pressures, it's not surprising that kids can't reach adulthood being able to think clearly.

Posted On 06/01/2024

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## Daw2667

I don't know what I would do without Dr. Mercola. Here's what I sent out to my own friends this morning. \_\_\_\_\_ Mercola on the human brain From DESlike, NEOhio Sat 060124AD Friends and Allies, Here's another great example of how God works in my life. Yesterday early a.m., and again before bedtime, I picked up Dr. Michael Nehls's book THE INDOCTRINATED BRAIN to begin reading again. It has been many weeks since I last did that, and I picked up the last pages of chapter 5 and moved into 6. When my eyes tired and I set the book back down, I said to myself that I wish I hadn't put such a long pause between readings, because the book is so intense, so above my pay grade, I really needed to understand it better by reading continuously, daily, until I finish.

I know the information I've gathered is scattered about my brain somewhere in fragments, but like the first names of people I'd met only one time, not easily recalled. Then VOIL! This morning's e-mail contained a wonderful, long, uncomplicated piece by Dr. Joe Mercola, explaining essential facts about our brain, and often quoting from Dr. Nehls's amazing book.

Thank you God! Thank you, Dr. Nehls! Thank you from an ardent three-decade admirer, Dr. Mercola! I love my life. And I love all of you, dear Friends and Allies. I love people in general who seek truth and want to try to find solutions to help keep us physically, mentally and spiritually safe and healthy. Have a truly blessed day, everybody! [articles.mercola.com/sites/articles/archive/2024/06/01/the-indoctrinat..](https://articles.mercola.com/sites/articles/archive/2024/06/01/the-indoctrinat..)

Posted On 06/01/2024

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## loo8310

I frequently listen to Mike Adams show and he has great guests with Dr. Nehls being one of the best. An absolute expert on the brain and I found his presentation so compelling I downloaded the book on Audible and listened to it right away. For anyone who wants to stop to onset of dementia and grow their mental resiliency, Dr. Mercola's recap is on point and the book is worth your investment of time.

Posted On 06/01/2024

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## Eevee

Fascinating....

Posted On 06/01/2024

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## johnpage

The biggest thing that opened my eyes was way back in 1988 with this movie, its well worth a watch  
[youtu.be/F2BOU7NDXx0](https://youtu.be/F2BOU7NDXx0)

Posted On 06/01/2024

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## juststeve

Got another link? Screw you - tube says copyright issues, won't play.

Posted On 06/01/2024

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## **Kitera**

I decided to go to - the movie you mentioned - disabled. It may be in Canad as our government is widely intent on making sure your mind never encounters anything the government does not want you to hear. The word "disabled" came in a black box and there was a about some settings. I will try again but a family member who spend more time on utube also mentioned that any comments he makes are taken down quickly. I did not realize the extent of detailed management of information.

Posted On 06/01/2024

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## **JKolbus**

The movie is "They Live", it can be found on other platforms. Entertaining and eye opening!

Posted On 06/01/2024

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## **TheBearRuns**

Yep - only saw the "They Live" trailer on Amazon but this is why scripture states "our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms".

Posted On 06/01/2024

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## **Flipflopchocolate**

How relevant this is, sadly, with the announcement today that the Australian government will sign up our nation to the WHO Pandemic Treaty.

Posted On 06/01/2024

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