

turkeybeach

This video is available on youtube if it is not available in your country www.youtube.com/watch

Posted On 03/03/2017

LNLNLN

May I suggest voting for this comment to make it stick as the video otherwise can't be viewed in many areas. Or, Dr M add the link to the article

Posted On 03/04/2017

nao3425

Of course, after years of sending our Children to Public Schools, on pain of Prison and fines. Is it really any surprise, that TODAY, Parents are SHOT DEAD, trying to protect their Children from being TAKEN & held Hostage at the States discretion, for the Parents Political Non-Compliance with State Dictates? So what is so unusual about our raising "LAB-RATS" to come within the Political Guide-Lines of our Modern world of "intelligentsia"?

Snowflakes & Nurture over Nature... "Score one for the nurture side of the nature vs. nurture debate, as North Carolina State University geneticists have shown that environmental factors such as lifestyle and geography play a large role in whether certain genes are turned on or off. NC State researchers and collaborators in Morocco and the United States showed that up to one-third of genes are differentially expressed due to where and how the Moroccan Amazighs live."

news.ncsu.edu/.../nurture-over-nature

"But the problem is the one-eyed following the blind: these self-described members of the "intelligentsia" can't find a coconut in Coconut Island, meaning they aren't intelligent enough to define intelligence hence fall into circularities—but their main skill is capacity to pass exams written by people like them. With psychology papers replicating less than 40%, dietary advice reversing after 30 years of fatphobia, macroeconomic analysis working worse than astrology, the appointment of Bernanke who was less than clueless of the risks, and pharmaceutical trials replicating at best only 1/3 of the time, people are perfectly entitled to rely on their own ancestral instinct and listen to their grandmothers (or Montaigne and such filtered classical knowledge) with a better track record than these policymaking goons."

www.zerohedge.com/news/2016-09-16/nassim-taleb-exposes-worlds-intellec..

Posted On 03/04/2017

Brazil123

thank you LN for posting the youtube video as I was not able to load the one Dr. M provided for us.

Posted On 03/04/2017

nao3425

From Birth to Death, Diet Affects the Brain's Health "One study examined a high-fat diet in pregnant monkeys. Researchers at the Oregon National Primate Research Center in Beaverton, Oregon, found that baby monkeys exposed to a high-fat diet in the womb were born with fewer dopamine fibers and receptors in a brain region called the prefrontal cortex.

Because dopamine helps regulate the brain's food-reward pathway, these monkeys grew up craving more flavorful, high-fat, high-calorie foods to satiate their appetites, said lead author Dr. Heidi Rivera, a researcher at the center. As a result of this behavior change, the monkeys built up excess fat tissue early on, and such fat is hard to shed."

www.livescience.com/48814-diet-affects-brain-health.html

FYI Because we are expected to remain STUPID and to be STUPID, no mentions is made of the type of Fat fed the Monkeys

Posted On 03/04/2017

Almond

The significance of DDT was poking the camel's nose under the tent flap, as a preview of more agricultural chemicals and practices contrary to nature yet to come. -Perhaps with the exception of arsenic which still contaminates some old orchard sites. I believe Rachel Carson was successful in getting her message out because of the kind of messenger she was. Thoughtful, considerate, respectful, erudite, persistent. So many activists are rude and abrasive, actually antagonizing people. She spoke from real life experience. I see many who are armchair philosophers who wish to control the lives of others and be decision-makers, but have never done a day of physical labor in their entire lives. This reminds me so much of the communist revolutions. (See the movie, "Bitter Harvest".) Or, as they say in Texas, "Big hat, no cattle."

Rachel had the gift of writing and also of gentle persuasion. When changes are made in this manner, they receive support, acceptance and are lasting. You never gain real support from people who are coerced. It is touching people's hearts that changes peoples minds and their lives. Rachel had a gift of understanding her destiny. She used her talents to be what she was--a writer and a teacher. How easily she could have denied this and become just another bureaucrat.

There is also a personal lesson in this. We are all given special talents and abilities. The only reason for our gifts is to use them--otherwise, we might as well not have them. So, we should all strive to be our best. Not to deny the importance of doing simple things well if that is what we have a gift for--and being what we are. The world needs more people who can do simple things well than experts. Compose a sentence, comfort a child, grow a vegetable, etc. Start with keeping your little corner of the world clean and sane.

Posted On 03/04/2017

mihail

Almond, this very last sentence of your post inspires me.....On second thoughts, I never felt so complete, so accomplished as when doing my little trade as good as I could, in my little workshop, in my little insignificance.

Posted On 03/04/2017

Sue12Cross

Oh how true! Society likes societies, people who conform to the norm, swallow, shallow governmental education wholesale and accept this as truth. In essence governments encourage apathy and learned helplessness, the 'what can I do about it' shrug of the shoulders. If we are not individuals thinking our own thoughts, as Rachel Carson and her mother, learning from real world, first-hand experience, then we are part of the problem and the problem will continue. Start, as you write, with your own corner of the World and others will follow. If the only things I have shared is; that wild-flowers can be left in front borders, Corturnix quail can be bred on the ground and not in cages and that annually purchased geraniums are not the only flower, then I have achieved a great deal more than bureaucrats.

Lead-arsenate is one of the major causes, I believe, of impacted crop in chickens. What better way to raise an organic pastured flock, than in an old orchard, if only our great-great grandfathers and their descendants had not made gallons of pesticide at home, when a simple sticky band around the trunk of the tree would have sufficed. Many older people despise the younger generation, their apathy, self-absorption, inability to communicate or to do anything practical. Millennials know they inherit the mess of centuries of human idiocy, no wonder they hide in facebook, anime and snapchat. A child wrote to me on my channel yesterday from Iraq, he sent his brother, he kindly writes encouraged by me, to the market to buy some quail and they have hatched some chicks, I can only imagine what circumstance these children are living in. He asked me for some advice on what to feed them. I usually suggest wild invertebrates and on checking discovered widespread horrors and decimation in the soils of his country. Yet what a joy that this modern technology enables us to communicate albeit through a translation program. There is such opportunity for goodness and hope, use it

Posted On 03/04/2017

stanleybecker

Mihail - I like your tirades - please don't keep them to yourself

Almond - "armchair philosophers" are not ENGAGED in the hurly burly of practical experience - dogmatic attitudes often indicate complete ignorance that seems to originate in "not getting one's hands dirty" - without experience no philosophy is possible

Sue12Cross - here is Exodus 16.13 - "13 That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. 14 When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. 15 When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was." - and here is Numbers 11.31 - "Now the LORD sent a wind that brought quail from the sea and let them fall all around the camp. For miles in every direction there were quail flying about three feet above the ground." - quail is "food from God" as the Bible emphasizes

Posted On 03/04/2017

mihail

Stan I'm sorry, it was a confession at a moment of weakness it won't happen again if it displeases you.

Posted On 03/04/2017

braveheart51

Ahhhh, So true Almond and milhail! I believe in a loving, compassionate Creator, not a punishing one and also that if anything disappoints Him/Her is not using the the talents we have been given. I was shown that I have a talent for wood turning and it gives me immeasurable pleasure to take a piece of fallen tree, put it on the lathe and create a piece, sometimes practical and/or pleasing to look at, that continues the beauty of a fallen tall relative! Will not cut a tree down as there are too many that have fallen naturally or were cut by someone else. I could go on but this isn't about me....so many of us have talents that we place aside and allow other things to take priority.

I appears that Rachel and her mother had a connection with nature that Native Americans had for centuries. If only we could all get back to this and appreciate the great outdoors instead of staring at a screen whether it be a PC, laptop or cell phone. Technology is destroying us, so sad that the only advancements it is making is to our demise, mostly. I will protect my little corner, thank you! Love your comments!

Posted On 03/04/2017

IsobelChaveh

We have different types - or divisions - of people on Earth. Most people feel safe when following directives given them by their leaders or designated authorities. It is difficult to alter their indoctrinated beliefs for their sense of survival is built upon it - paradigm false or true. Sometimes a person from this division - (The Followers) will be jolted out of his way of thinking by a trauma, which makes him realize that his indoctrinated belief system has been based upon deceit. This person then become willing to follow a new leader or may even become a new leader or show-er (a Shower) of Truth.

Thus arises a smaller division of people who can see, with clarity, through the deceit, and desire to overcome it and instill a new belief system that is righteous in thinking. Some of these people are natural leaders and become motivated by their Smarter Right Brains to act upon an Inspired Idea. But most people of this division never do experience trauma to this degree. It is impossible to sway them - the leaders and authorities who feed their belief system are too numerous and you are but one individual.

Years ago a friend of mine - while making a point about the stock market - said "Do Something!", and that phrase never left my mind. We are entering a New Age of "Do Something" - due to paradigm shifts in our Earth's atmosphere - a beginning increase of solar light energy, which - as you all have been reading about in recent Mercola articles - increases cellular metabolism, making it easier for the Smarter Right Brain to influence the Left Brain, our Conscious Mind, that one part of our Living Consciousness whose existence we are all aware of (excluding infants, autistic, Alzheimers, etc.) Few are aware of their own Right Minds.

Posted On 03/04/2017

IsobelChaveh

-cont. Dr. Hamlin, who was interviewed in a recent Mercola article about infrared light, explains how this happens. In his paper "The Biology of Light Photons" photobiology.info/Hamblin.html Dr. Hamblin writes, "Light is absorbed by living tissue..... This happens when the first excited singlet state of the chromophore undergoes a transition from a higher to a lower electronic state."

This article explains how IR light alters genes in our DNA www.ncbi.nlm.nih.gov/.../PMC4408556

Photons (smallest unit of light) alters DNA www.technologyreview.com/s/416066/how-terahertz-waves-tear-apart-dna/

UV alters the genes of our DNA link.springer.com/.../BF02309002

Electromagnetic brain waves alters the genes in DNA www.collective-evolution.com/2014/12/05/see-how-scientists-are-control..

What this means is that people MUST CHANGE BIOLOGICALLY before they are able to think, or reason, differently - a genuine shift in paradigm thinking. A relatively few change, after trauma - often childhood - alters their physiobiology and they become more Right Brain in thinking. Use of psychotropics helps make this shift, so does a Bhavana degree of meditation. Other methods of attaining Right-Brain awareness occurs during the Acute Trauma stage of a kundalini awakening, poetically termed 'Dark Night of the Soul' (Gen. 32:24 - www.wikiart.org/en/gustave-dore/jacob-wrestling-with-the-angel-1866) While at first glance, the meaning of the name Jacob appears to be 'áass' (www.abarim-publications.com/.../Jacob.html), further investigation reveals that Jacob actually means 'one who is at a watershed in life'. Watershed's (Wasserscheide's) allegorical meaning is 'one who is crossing the divide'.

Posted On 03/04/2017

-cont. Most people - the law-abiding Followers in every society - will not change until solar light on the Earth increases to an even greater degree, which it does during the approaching half of the Axial Precession of the sun towards its perigee. The exact spot of the rising half of orbit we are in is called Rising Transitional Dwapara Yuga, a psychologically Rising State of Self-awareness. This means that Stanley's predictions about "a new species" of man gives Stanley the status of a modern-day Isaiah. Over millenia, as Sun orbits towards its perigee, humans will slowly change to become a greater Right-Brained, or Higher-Vibrating, or Nobler (greater degree of the Noble class of gaseous elements) race of mankind.

This current Age of Awareness is but the beginning of inevitable positive change in the Cycle of Life on the earth. The 'Age of Aquarius', the Waterbearer, or Carrier of 'The Waters', is a symbolic phrase which means "Those Who are Awoken are the Heralds of this Change" in Earth's physical atmosphere and bear tidings of what this provable scientific knowledge means for mankind.

There is a Body of Knowledge which has been preserved from the apastron of the Axial Precession, called the Archaía Gnósi or "The Knowledge" of how physical alterationings in our human bodies are wrought by these atmospheric changes during both Rising and Falling of solar energies within the orbit of the Axial Precession, also called a Yuga Cycle.

Mankind's awareness of the loss of his capabilities due to steadily decreasing sunlight during the Falling cycles of Sun towards its apsis is known as 'The Fall'. This passage in Hosea 12:4 makes this quite clear - "Yea, he hath power over the angel, and prevailed; he wept, and made supplication to him." In the Age of Genesis, passages in the Tanakh are quite often metaphorical, composed of Living thoughts of the Unconscious Mind -the 'Right' Mind- and not thoughts of the Conscious Mind -the (now what's) left mind.

Almond

braveheart... you are giving that tree a second life.

Other Mercoleans... who cares about what it is you cannot do? If we each did the work we have the ability for and take an interest in, we would be busy for many lifetimes. My advice to young people... make yourself useful and prepare yourself for a meaningful and autonomous vocation. I have this quote on my desktop: (I quote the bible, but this goes beyond religion.) 2Corinthians6:14 "Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? And what communion hath light with darkness?"

Seek to find honest work where you control your destiny. Choose your companions wisely and try to surround yourself with good people. Do not abandon those who are evil, but never in any way allow them to control you and dominate your spirit. So, at the humblest level, find a patch of land, plant fruit trees, save your heirloom seed. Genesis 1:12 "And the earth brought forth grass, and herb yielding seed after his kind, and the tree yielding fruit, whose seed was itself, after his kind: and god saw that it was good."

Okay, so I don't tend to be a long-winded preacher. That is your catechism for the day. It is more useful to share a few gems than cram your head full of facts, like a warehouse so over-filled with goods that they are lost and become useless.

Posted On 03/04/2017

IsobelChaveh

Regarding Stanley's quote from Numbers 11:31 "Now the LORD sent a wind that brought quail from the sea" The Hebrew word רוּחַ wa'ruah - translated in this passage as "wind" - literally means "The (1) Spirit (רוּחַ)". Ruah (روح) also means spirit or soul in Arabic, a derivative Hebrew tongue. The Catholic Church takes רוּחַ as referencing "The Holy Spirit" of God.

The Hebrew word שְׁלוֹמִים, (Strongs 7958) - the quail in this passage - is a derivative from the word shalah שָׁלַח, (<https://youtu.be/TG8Ect3Xn7w> - locus herbidus-eyed - <https://youtu.be/qCfjMyTG3a0> ⊃ crowellu.com/gratitude-lynchpin-virtue) a root word meaning tranquility [i.e., TM Serenity], also prosperity - a rising both financial (O.F.) & intellectual.

And שְׁלוֹמִים, from the root derivative ShL שָׁלַח pronounced Shllh [إِشَاءَ اللهُ, identical root as In'sha'allah, see שָׁח, O.P.] means The Will of God, that is, done by His directive. Sea in this passage is allegorical reference to the salt 'tears of bitterness' of enslavement chosenpeople.com/main/holidays-and-festivals/596-why-we-eat-horseradis..

Therefore, this beautiful passage, interpreted, means God [i.e., the highest God of every religious & spiritual belief] sends forth, through his spirits [or through the Holy Spirit, the angels of Allah, soul guides, etc. - as your beliefs], reassurances, by the Will of God [i.e., at His directive; here taken to be understood as meaning "now - at this particular point of Energy in the Axial Precession"] to those souls who are enslaved [Definition: those who have had their freedom of choice and their ability for achievement taken from them]

[Nb. In one of my posts in this Mercola article articles.mercola.com/sites/articles/archive/2017/02/26/photobiomodulat.., I explain the difference between translating Hebrew words & interpreting their Hermeneutical Qabalistic meanings]

Posted On 03/04/2017

BlueQuasilica

Taken from the very wise words of Mr. Hubert Reeves, "Man is the most insane species. He worships an invisible God and destroys a visible Nature. Unaware that this Nature he's destroying is the God's he's worshipping."

Posted On 03/03/2017

stanleybecker

en.wikipedia.org/.../Hubert_Reeves

Posted On 03/04/2017

nicole2000

So he's a pantheist? I don't know, it seems hardly fair to say that humans are worse than animals when it comes to pollution. Animals don't create anything, so there is nothing they can pollute with. They make no conscious choice not to destroy the environment, because they don't have the capacity to do anything other than live. It's like saying a two month old baby is a better person than a 32 old man, because the baby has never betrayed anyone or hurt anyone's feelings. It also ignores the deep altruism capable in man, and the sacrifices that so many have made to protect nature. Having been an animal welfare advocate for some time, I'm bothered by how the environmentalist movement and misanthropy seem to go hand-in-hand.

Posted On 03/04/2017

stanleybecker

nicole - the bottom line in the human versus animal argument is the living spirit shared by both categories -

Posted On 03/04/2017

swonicky

Of course nothing changed. Municipal water poisoned with the adding of HFSA, our blue skies are no longer blue but a hazy grey mixture of mixed chemicals to block out the sun, the soil so depleted that what is grown and harvested is only supplying empty calories in our food. How did this happen? Because the majority are asleep and get their knickers in a knot over rigged elections and useless politicians, when in reality they should be outraged at the destruction of our health, and yes the media is very much involved in keeping us in the dark. What a world we live in.

Posted On 02/27/2017

abe5680

It's called "bread and circuses" and it has been working for thousands of years. Drama is created to draw one's attention away from the elephant that is usually taking up residence in the room.

Posted On 03/03/2017

Islander

What use is outrage without action? We complain, we shake our heads and wring our hands but the status quo continues. Until the people rise up in their millions to confront tyranny, nothing will change.

Posted On 03/04/2017

shiva

Perhaps it is simply the way of things, .. I strongly suspect that one day (as has been predicted by the tribal peoples of the earth), the forces of nature (the planet), will wipe the slate clean once again and remove civilization from the face of the earth to start the human experience all over again. It has already happened more than once in the far distant past. Maybe the real challenge we face and the reason we are here lies within each one of us? Maybe the real challenge is to master ourselves and learn how to find the harmony and balance within us that is so absent in social consciousness. A very wise individual once said; "We only meet without, that which we harbor within."

Posted On 03/04/2017

otis101

Islander, In the U.S. alone the elite are outnumbered one million to one according to Foster Gamble's estimate. How the masses react to tyranny is yet to be seen. www.youtube.com/watch

Posted On 03/04/2017

stanleybecker

Otis - if the elite dominate at 1% of the population - and they stuff rubbish into the 99%'s open mouths - to which the 99% cry out "thank you, O Lord and generous Master Gates" - then the elite are contemptuous for a good reason

Posted On 03/04/2017

Krofter

Although I didn't read Silent Spring until about 10 years after it was published ('72), it was pivotal in my awakening to environmental issues. That was when I began gardening 100% organically and strove to eat as little non-organic food as possible, which wasn't easy to pull off in the early 1970's.

President Kennedy, David Brower, who was executive director of The Sierra Club (and later founded of Friends Of The Earth) and Secretary of Interior Stewart Udall (from Arizona) all became champions of Carsons work. All of this helped lead to the establishment of the EPA which vastly improved water and air conditions throughout the US while saving hundreds of species that would have otherwise gone extinct by now. Now the new administration wants to dismantle the EPA and allow Big Chemicals to once again run roughshod over the landscape and the lives of Americans.

Posted On 03/04/2017

Islander

Thank you for bringing up the elephant in the room, Krofter. Every Trump appointee, by design, has as his expressed intention, the destruction of the agency he has been appointed to lead. The EPA is already dead, the USDA is now directed by a Monsanto cheerleader, there's a bill before the House to kill the Education Act just as DeVos wanted, goodbye public education. Everything is on the chopping block. Bannon said in so many words that he wants to dismantle our democracy.

The White House is proposing to slash a quarter of the Environmental Protection Agency's budget, targeting climate-change programs and those designed to prevent air and water pollution like lead contamination. In addition to cutting staffing by 20 percent, Reuters learned some other specifics: - Grants to states for lead cleanup would be cut 30 percent to \$9.8 million. - Grants to help Native American tribes deal with pollution would be cut 30 percent to \$45.8 million. - An EPA climate protection program on cutting greenhouse gas emissions by 70% to \$29 million. - The brownfields industrial site cleanup program would be cut by 42 percent to \$14.7 million. - Funding for enforcing pollution laws would be cut by 11 percent to \$153 million.

The following bills have already been introduced: 1. HR 861 Terminate the Environmental Protection Agency 2. HR 610 Vouchers for Public Education (no more public schools: homeschool or pay) 3. HR 899 Terminate the Department of Education 4. HR 69 Repeal Rule Protecting Wildlife 5. HR 370 Repeal Affordable Care Act 6. HR 354 Defund Planned Parenthood 7. HR 785 National Right to Work (this one ends unions) 8. HR 83 Mobilizing Against Sanctuary Cities Bill Say goodbye to a generation of progress.

Posted On 03/04/2017

Islander

But wait, there's more! WASHINGTON – The Trump administration is expected to begin rolling back stringent federal regulations on vehicle pollution that contributes to global warming, according to people familiar with the matter, essentially marking a U-turn to efforts to force the American auto industry to produce more electric cars. The announcement – which is expected as soon as Tuesday and will be made jointly by the Environmental Protection Agency administrator, Scott Pruitt, and the transportation secretary, Elaine L. Chao – will immediately start to undo one of former President Barack Obama's most significant environmental legacies. During the same week, and possibly on the same day, Mr. Trump is expected to direct Mr. Pruitt to begin the more lengthy and legally complex process of dismantling the Clean Power Plan, Mr. Obama's rules to cut planet-warming pollution from coal-fired power plants.

Read more: www.nytimes.com/2017/03/03/us/politics/trump-vehicle-emissions-regulat..

Rachel Carson must be spinning in her grave!

Posted On 03/04/2017

modunn

Rachel Carson's book is a classic. It jolted people into realising nature is much bigger than Man. Poisonous chemicals used to 'tame' nature have resulted in Man fouling his own nest! Nuclear power has been the most devastating invention known to Man, I believe. Just thankful New Zealand is NUCLEAR FREE!

Posted On 03/03/2017

wr7476

I believe you're right. Kudos to New Zealand. On September 26, 1983, something happened that could have destroyed the world. I would like to see nuclear power abandoned in all its forms worldwide. I was at the other end of this exchange on a day few know about. Kevin Costner made a film of that incident, though still not well known.

en.wikipedia.org/.../The_Man_Who_Saved_the_World

Posted On 03/04/2017

grulla

I always hate to see the "baby thrown out with the bathwater", especially due to lack of distinctions. No doubt that nuclear fission is a potentially dangerous and occurring disastrous hazard, and nuclear fusion seems to be a distant, far away accomplishment (just like "curing" cancer :-). However, one of our well informed and technically educated forum members, "showmeaschematic", has pointed out on his Mercola biopage, (I always like to give proper credit), articles.mercola.com/.../default.aspx , that the Liquid Fluoride Thorium Reactors (LFTR) are a relatively safe nuclear alternative, and could easily, safely, and economically meet much of the world's energy demands.

He states at the end of his bio, "... also actively advancing cause of Liquid Fluoride Thorium Reactors as safe, cheap, low carbon alternative to fossil fuel burning to deal with impending disaster due to effects of fossil fuels (climate change, ocean acidity, smoke particulate damage, mercury from ash, acid rain from emissions etc.)"

eic.rsc.org/feature/is-thorium-the-perfect-fuel/2000092.article

Posted On 03/04/2017

Islander

Grulla, but can we do it tomorrow? Because tomorrow, with a government subsidy (available in some places), political will, and possibly some borrowed money, I could install solar (photovoltaic, pv) panels tomorrow. Some countries (Germany and France, among the leaders) are roofing their entire nation with pv panels with the aim of discontinuing all fossil fuels. In fact, simple solar panels to heat water are a DIY affair; an 80-year-old friend built an array with some background reading and materials he brought home from the town dump.

Posted On 03/04/2017

MITCHIND

Look up Dr Suzanne Humphries on youtube and realise the correlation between DDT use and polio.

www.youtube.com/watch

Posted On 03/03/2017

ICONOCLAST

Excellent link MITCHMIND. Smoke, Mirrors and the "Disappearance of Polio" I've just got 24minutes through so far. Includes Breast feeding and immunity beyondconformity.org.nz A protein in breast milk Human Alpha-lactalbumin Made LETHAL to Tumour cells.

[www.med.lu.se/english/departement_of_laboratory_medicine/mig/research_g..
en.wikipedia.org/.../HAMLET_%28protein_complex%29](http://www.med.lu.se/english/departement_of_laboratory_medicine/mig/research_g..en.wikipedia.org/.../HAMLET_%28protein_complex%29)

Also Brazillian Xavante native people immune to three types of polio and had no disease

translate.google.co.uk/translate?hl=en&sl=pl&u=http://www.dobr..

Just trying to facilitate the growing knowledge that will put the last few nails into Big Pharmas coffin when God will bring to ruin those ruining the earth. www.jw.org/.../ruined-earth

Posted On 03/04/2017

seg

Correlation = causation ?? Anything else in da mix?? Yes ,no, perhaps, mebbe..

Posted On 03/04/2017

PortieLover

Thank you Dr. Mercola for reminding us of Rachel Carson, truly a human being whose consciousness was aligned with and in resonance with nature. Sadly the human consciousness has become too mire in fear resulting in greed and self absorption that has led us to a point in devolving collective human consciousness that brings us to the edge of human extinction. Is there an answer to this? Over the years I have been searching for an answer to what has brought us here and to what may ultimately be a solution to extricating us from this pending apocalypse. For those who feel concerned and are wondering "what can one person do to make a positive contribution" to help raise individual and collective human consciousness and help shape a new paradigm I suggest the following: "The Handbook for the New Paradigm" trilogy. Blessings to All.

Posted On 02/27/2017

stanleybecker

www.amazon.com/Handbook-New-Paradigm-Benevolent-Beings/dp/1893157040

Posted On 03/04/2017

hut

Great topic. Hell, despite being in my 70's rather than plug in the car so it'll start, I'm going to carry me pack and snowshoes the 2 km down to our rendezvous place and hitch a ride with someone else for today's adventure. Each of us need to do small things each and every day.

Posted On 03/04/2017

stanleybecker

typically, what becomes apparent - that what kills Nature kills Mankind - why would that be the case? - surely Mankind is not the same as Nature? - these seemingly impossible to answer questions are CYNICALLY dismissed "out of hand" by the Chemical Industry - why would they do that while knowing full well that pesticides are HARMFUL to all living bioforms? - so many questions and yet the poisoning of the Earth - OUR PLANET - accelerates in the name of Chemical Industries objectives

the objectives of the Chemical Industry trumps all other considerations - the Chemical Industry is NOT interested in the harm that is being done to its employees and is a consequence of shareholder demands for a greater return on their investment - these same shareholders sicken themselves [nobody can evade glyphosate or DDT contamination] - this is the CONSCIOUSNESS that is DOMINANT in the epoch that is contemporary with our existence - the above state of affairs is crystal clear [and was to Rachel Carson] - the lack of the capacity to discern the parlous state of affairs that constitute OUR REALITY is the Disease of APATHY - apathy is the number one enabler of the current state of acute APATHY that explains the ability of a few megalomaniacs continued dominance in the decision to poison what is alive, with pesticides - those that choose not to think [the vast Majority] are complicit in the decisions of these few plutocrats [known as "the Filthy Rich"] - Bill Gates with his drive to be the "Mother of Modern Day Plutocracy" is hawking vaccinations and glyphosate on the basis of expanding wealth incentives - why Cancer has not yet taken retribution against these disease mongers challenges the Theory of Karma

what the individual can do alone or combined with other individuals is 1- educate yourself - 2 - demand that the ignorant hear you out - 3 - avoid contamination in every way possible 4 - apologize to Nature for Human madness 5 - become a "Friend of Nature" - LIVE and ENJOY being ALIVE

Posted On 03/04/2017

Liz Smith

Looks like we are poisoning ourselves again with Roundup - why when we know the damage it does. The power of the chemical companies who do not listen to anyone but the cash counters - hope it's not too late to sort out Monsanto.

Posted On 02/27/2017

Brazil123

Yesterday when I went to ACE Hardware store to buy a shovel, first thing I saw upon entry was a big shelf right in the front of the store loaded with large Round Up cans. It felt like I had been stabbed with a knife in the chest. ACE could not give a crap about the Round Up issue, it is the only hardware store on the island; consequently, boycotting the store is not an option.

Posted On 03/04/2017

breathoflife

I was born in the forties, doctors messed me up bad, I had the worst allergies, food and air borne, skin and sinus, left home at 17 and never went to a doctor again, got better and better, the latest blessings of nature from our creator have completely cured me of allergies except for one thing, poison, the poison on commercial industrial food, and even worse ant poison and the like. isn't it amazing, our so called just us system says poisoning the air and water is legal. lawyers, the scum of earth.

Posted On 03/04/2017

MariaTG

Silent Spring - reminds me of the "Arab Spring" - also deadly.

Posted On 03/04/2017

stanleybecker

the "Arab Spring" was very noisy

Posted On 03/04/2017

Cookiepress

This is one article of many blaming her for Malaria deaths and likening her to a mass murderer. It never ceases to amaze me how people can twist things so much for their own agenda. I wonder how many people actually believe DDT is a good thing, www.nytimes.com/2017/01/22/us/rachel-carson-ddt-malaria-retro-report.h..

Posted On 03/04/2017

organizer1960

Rachel Carson was a awesome human being. The whole world learned that she wrote the truth. It is sad to this day that the chemical are still around

Posted On 02/27/2017

Islander

Not only used elsewhere, but here in the USA, where DDT has been banned since 1972, newborns still have it in their fetal blood. Our babies are born pre-polluted.

Posted On 03/04/2017

badboy2

All living things on Earth are dependent on the other. Silent Spring was a wake up call of this fact and that nature is more powerful than man, and we humans are just guest of the planet.

Posted On 03/04/2017

juststeve

Carson's gift was to see and comprehend whole systems. While experts are valuable and needed, they focus on one response, an immediate response. As such it's result is experts who know more and more about less. To know real health, we need more Carson's who see what and how all things connect up and work together. All things, not just human focused. We're healthy, when all is healthy and in a "spiral balance" with all things large and small. From microbes to the sky above us.

Posted On 03/04/2017

seg

Aye GIFT indeed...go to places like Africa and South America where there are REAL mosquitoes and tell them about Carson's GIFT to them and humanity at large..I am sure they would be thrilled to hear about it.. Don't forget to mention to them the world needs MORE people like Carson, that would be the icing on the cake... But a word of caution, make sure you wear your iron Man suit - my gift to you.. 🎵



Posted On 03/04/2017

Randyfast

www.honeycolony.com/article/the-little-known-toxic-travesty-of-annisto..

baronandbudd.com/protecting-whats-right/environmental/neil-young-prais..

Posted On 03/04/2017

stanleybecker

hi Randy - your first link is excellent - well written - clear on the direction that the Zombie species [and also OUR species with it], is taking - I feel like crying when I think of what we are doing to our ancestors, "the fish" - and what happens when all the oceans are "dead zones" - all those Zombie fish swimming in a cesspool of filth from the dross of our species - the presumption of Mankind in thinking of him/her self as "above Nature" is so ridiculous that if it wasn't killing me, I might have even found this funny

Posted On 03/04/2017

lovingMom2013

After living 20 years in Canada (Ontario) we noticed that nature is degraded year by year. Less and fewer insects, deer, birds, oxygen in the air. No scent in the forest area. Today there is no life in the woods. Dead valleys. People say that our cities are sprayed to eliminate mosquito (like in the USA).

Posted On 06/21/2020

lovingMom2013

"Book depicts an eerie image of what it would be like to awaken one morning to silence – with no birds singing and no animals rustling".

Living in southern area of Ontario I noticed that year by year there are less and less insects like bees, beetles, fireflies, butterflies, birds, deer, rabbits around. In fact they are almost vanished forever this year. No bird flocks migrating each year, even no scent of forest anymore. This fall is particularly going weird: all our splendid trees seem to be sick. I have read that our area is sprayed.

Posted On 10/30/2017

aud9251

In the Religion of environmentalism Rachel Carson is the patron saint, canonized and revered like a religious figure, rather than a researcher, that is both infallible and unquestionable. But lets look at another possibility. After the war chemical companies were looking for new avenues of revenue and one of the biggest was pesticides and herbicides. There was just one problem, DDT. This miracle substance was standing in the way of big chemical from billions of dollars in this new industry. contrary to the myth of Carson and saving the birds not one study every found DDT to be harmful to egg shell. "To only a few chemicals does man owe as great a debt as to DDT... In little more than two decades, DDT has prevented 500 million human deaths, due to malaria, that otherwise would have been inevitable." [National Academy of Sciences, Committee on Research in the Life Sciences of the Committee on Science and Public Policy. 1970. The Life Sciences. Progress and Application to Human Affairs; The World of Biological Research; Requirements for the Future.] With DDT out of the way the door was open to petrochemical substances and thats the real story, how did they manage to take advantage of her book and the movement, or was it really coincidence? We can see the same thing happening with AGW, man made global warming. The puppet masters who are the banksters and globalist needed a religion to cement their NWO vision and what better than the alleged destruction of the planet by the very molecule that makes life possible, CO2. Of course eliminating DDT was fine with them since it would also reduced the deplorables to diseases like Malaria. A good read on the subject is a article here...

www.nytimes.com/2007/06/05/science/earth/05tier.html?module=Search&.. further reading can be found at the Junk Science Web site here...junkscience.com/.../100-things-you-should-know-about-ddt by author Steve Mallory .

Posted On 03/07/2017

healthmisfit

I would love to try this book, but eating fat makes me feel very ill. (Brain fog, flu-like symptoms, tightening of the throat, reflux, etc.) In fact, the healthier the fat, the more it seems to make me feel ill. When this happens, I can barely function. Although I got my gallbladder out some time ago, and I realize that it is hard to digest fats without it, I don't know of anyone who has the reaction that I do. I would love to eat avocados, coconuts, nuts, olive oil, cod liver oil, etc., but I just can't. Any thoughts on this, Dr. Mercola? I have tried taking ox bile, but I didn't feel well at all. Doctors haven't been any help either. I also tried taking a lipase as well, but it didn't make it any better. I know how unhealthy it is for the brain and body not to get healthy fats, but I simply don't know what to do. I have posted about this before, but there was no comment.

Posted On 03/06/2017

Dr. Mercola

One of your gallbladder's primary functions is to help you digest fat. For those that have had it removed you need to take a high potency enzyme with plenty of enzyme and also ox bile to replace the action of your gallbladder.

Posted On 03/07/2017

healthmisfit

Thank you, Dr. Mercola. I am not sure if you read the part where I mentioned trying both. I also deal with a lot of food allergies/sensitivities, and my body simply does not respond well to a lot of things. Hence the name, Health Misfit.

Is it possible that this is more than just a fat mal-absorbtion issue and is an allergic response? I often feel like I've been poisoned after eating anything with even the least little bit of fat. My health issues go deeper than just food issues, though since I was diagnosed with Fibromyalgia. Perhaps there is a connection? I don't know.

Posted On 03/07/2017

Bob121042

I invite everyone who reads this to find a copy of "Silent Spring" and really read it and then give it to someone else to read. In other words, spread the word. Incidentally, I have done this, and only kept my Hard Cover book. Good luck.

Posted On 03/05/2017

SadieKay

Bless you, Rachel Carson. Little did we know the war against nature had just begun. DDT, absorbed through the feet, kills all kinds of pests, even the human ones. BTW...Spring is here. Umm, where are the birds?

Posted On 03/04/2017

Norisnita

Very interesting article and of course the video too.. I watched it completely. Thanks Mrs. Rachel Carson and Dr. Mercola for this article. As always, we learn a lot! Thanks!.

Posted On 03/04/2017

MomtoMollyandJuice

This book was in our house when we bought it. She was ahead of her time. Smart lady!

Posted On 03/04/2017

SadieKay

SadieKay has deleted the comment.

seg

Don't forget to bless the millions/billions that perished because of the ban on DDT.. Their lives had value to and should count for " something" , woncha say ??

Posted On 03/04/2017

jca652041

I LOVE Rachel Carson. She's my hero. Another amazing woman scientist is Sylvia Earle who wrote "Sea Change" about destruction of the oceans. I constantly cry about our beautiful planet and our never ending destruction of it in the name of progress, money, greed. Under this new administration it'll be destroyed with an increased vigor.

Posted On 03/04/2017

rdrdster

Found this old article in "Popular Mechanics" that many Illinois residents may find of interest regarding this topic . . .

books.google.com/books?id=D-MDAAAAMBAJ&pg=PA85&lpg=PA85&dq..

Posted On 03/04/2017

Guillermou

Pesticides and toxic substances from industrial agriculture are the main cause of chronic and degenerative diseases, including cancer. Glyphosate represents a greater danger than DDT due to its widespread application. Studies have indicated that indoor fumigation with DDT causes high levels of human exposure. DDT is very likely to cause intergenerational harm. Toxic effects of direct exposure to DDT in humans include developmental abnormalities, reproductive diseases, neurological diseases, and cancer. Exposure to the DDT metabolite, DDE, also promotes abnormal human health effects, such as childhood diabetes and obesity. The use of DDT is unacceptable. Intergenerational effects it will cause.

onlinelibrary.wiley.com/.../jandrol.106.001701 .----

www.sciencedirect.com/science/article/abs/pii/S0140673601053296 .-----

academic.oup.com/.../2913531 .---

www.med.navy.mil/Portals/62/Documents/NMFA/NMCPHC/root/Environmental%2.. .-----

www.degruyter.com/.../html .--- ehp.niehs.nih.gov/.../ehp.1103862 .---

Posted On 04/04/2024

Guillermou

The research reports that daughters of women who had more DDT in their blood had a much higher risk of breast cancer and a higher prevalence of obesity, while sons had a higher risk of testicular cancer. Granddaughters of those women with DDT in their blood samples drawn decades ago also have a higher risk of obesity and early menstruation. These conditions are linked to cardiometabolic problems such as insulin resistance, glucose intolerance and high blood pressure, and an increased risk of breast cancer and some other cancers. Julia Brody, executive director and senior scientist at the Silent Spring Institute, echoed Cohn's sentiments.

"This is a sign that toxic chemicals are a multigenerational problem similar to climate change," she told Sierra. "We need increasingly comprehensive testing to eliminate the use of carcinogens and better protect public health," Brody said. www.sierraclub.org/sierra/long-looking-health-impacts-ddt-highlighted-.. (2021) The microbiome is linked to many diseases, including Alzheimer's. Exposure to pesticides, as well as some metals and solvents, has been shown to have a detrimental effect on people.

In fact, recent research points to the disturbing possibility that late-onset Alzheimer's disease may be caused by exposure to dichlorodiphenyltrichloroethane DDT. Researchers at Rutgers University and Emory University compared the blood of 86 people diagnosed with Alzheimer's disease with that of 79 healthy people. Both groups were similar in age and background. Their test results showed that the levels of DDE in the blood of Alzheimer's patients were approximately 3.8 times higher than those of the healthy group. www.medicalnewstoday.com/.../271774

Posted On 04/04/2024

ChiefH

I have heard of Rachael Carson all my life, mainly because of my Grandfather (Elmer Higgins) who hired her at the U. S. Bureau of Fisheries. He needed a person that could write and knew biology and Rachael Carson was the one. She brought one of her writings to my Grandfather to review for publication in their fish publications. He read it and said Nope! not for publishing in the U.S. Bureau of Fisheries literature. Then he told her that she should have it published in a national magazine, which she did. She was also the first female to sit for the civil Service exam for Aquatic Biologist. It was my grandfather that first encouraged her to publish her writings in national sources (magazines and such). My Grandfather was an ichthyologist and was investigating DDT long before Rachael Carson did, she actually started her interest after being hired in the U.S. Bureau of Fisheries., he also studied radioactive materials in our streams and rivers.

Posted On 04/04/2024

Guillermou

Rachel Carson demonstrated her love of nature and defense of the environment and all creatures that live on earth. The relationship with nature encompasses emotions, cognitions (e.g., beliefs, attitudes, knowledge), as well as the experiences that people have in nature. The more connected people are, the more likely they are to care about and protect the environment. The relationship with nature is associated with higher levels of subjective well-being. Greater subjective well-being has been associated with good health and longevity, better social relationships, work performance, and creativity. The relationships with the health benefits of contact with nature (NR) are the most studied in relation to forests and green areas.

Visiting forests is considered a method to positively influence mental, physical and social well-being. Both natural and urban forests improve people's quality of life. From a medical point of view, various plant communities have a wide range of therapeutic properties, including disinfection, blood pressure reduction, anti-asthma, immune stimulation, etc. Research findings on NR also support the biophilia hypothesis, which suggests that NR may be associated with well-being, as NR satisfies our innate need to connect with other forms of life and therefore provides comfort and fulfillment.

staff. The relationship with nature is also associated with people's self-construction, since it moderates the relationship between the need to belong, the desire for social acceptance and the sense of connection. Research shows that a relationship with nature is often associated with greater happiness and greater feelings of overall purpose and meaning in life, as well as greater mindfulness. Furthermore, the relationship with nature is consistently and positively associated with greater life satisfaction and greater vitality. Although the findings show that women seem to be more connected to nature, men may benefit more from such a connection

Posted On 04/04/2024

Guillermou

In general, contact with nature provides us with:----- 1. Being in nature decreases stress----- 2. Nature makes you happier and less brooding--- 3. Nature relieves attention fatigue and increases creativity,--- - 4.. Nature may help you to be kind and generous--- 5. Nature makes you "feel more alive"-----
www.mdpi.com/.../1048 (2022).-- www.tandfonline.com/.../00222216.2023.2204346 (2024).--
link.springer.com/referenceworkentry/10.1007/978-3-319-69909-7_3909-2 (2023).--
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greatergood.berkeley.edu/article/item/how_nature_makes_you_kinder_happ.. .-----
www.mentalhealth.org.uk/our-work/research/nature-how-connecting-nature..

Posted On 04/04/2024

juststeve

Gui, Fastforward to today and Carson's solid insights, intuition once bringing a publics' attention to concerns of toxic pollutions has been High Jacked and attention cultured by the 1%'s message machine to focus on their narrative Global Warming is going to kill us all next week. Even were it true, does it matter much if we are all sterile, deformed, half dead or outright dead from pollution? Clever bait and switch the message, then by all their actions show there is no concern about the well being of anything but themselves.

Posted On 04/04/2024

Guillermou

Yes Just, nature is in crisis and the situation is only getting worse. As species disappear at a rate not seen in 10 million years, more than 1 million species are currently on the brink. Humans are driving this extinction crisis through activities that take over animal habitats and pollute nature. As our modern society consumes more resources, natural spaces shrink and the number of wildlife decreases. Our Living Planet Report 2022 shows that global wildlife populations have plummeted by 69% on average since 1970.

While there have been amazing and inspiring wildlife successes and stories in the past, many animals are still at risk of extinction , mainly due to unsustainable human-led activities. Currently, on the International Union for Conservation of Nature (IUCN) red list, more than 41,000 species have been assessed as being in danger of extinction. And below we list 10 of the most endangered wild animals in the world: www.wwf.org.uk/.../endangered-animals www.worldwildlife.org/species/directory?sort=extinction_status&dir..

Posted On 04/04/2024

wareagle82

The ban on DDT also ended the relief many had experienced from malaria. Nothing in life is purely black or white, as the "attacks" section acknowledges: "But what about the countless children maimed by DDT?" Are they more or less important than the children who died from what had been a preventable illness? These are curious value judgments as if one sort of death is somehow worse than another. Very few things in life are completely black and white; most come with tradeoffs. The tradeoff for banning this substance is the return of malaria and the deaths that the disease brings. It doesn't mean DDT is golden, but it was effective at killing mosquitos.

Posted On 04/04/2024

randor

Not surprising to hear Dr P.r.Offit standing up for his employer's poison.

Posted On 04/04/2024

anthony.aaron47

I read 'Silent Spring' while in high school, not long after it came out. It struck a chord in me that has never been unstuck it caused me to look at some parts of life in a different way -- to try to balance my love of nature with science and the countless new technologies invading our lives even back then.

Posted On 04/06/2024

josephunger

Thank you for this! Silent Spring was a pivotal read for me in my youth and is still of the essence.

Posted On 04/05/2024

andiroadrunner

In the 1960's, as a pre-teen, I read Rachel Carson's book, "Silent Spring". I am forever grateful. The balance of nature is something revered; as the interconnectedness of all life in nature is a great part of the teachings from indigenous cultures & spiritual wisdom, which used to be the cornerstone of societies passing down knowledge from generation to generation. I pray/ reflect on "What can I do?" every day. Whatever we can do to get the balance back, there is no time like the present. One thing I can do is inform, as Master Gardener/Bio/Chem/Ecol: NOW, there is GMO seed that is "NOT FOR HUMAN CONSUMPTION" marketed "FOR PLANTING".

The label (on the back side of the seed packet in small print) from BURPEE ORGANICS (Vegetable & Herb Seed that people eat) that I found at a Burpee-donated Seed Swap at the local Library reads: * "ENCLOSED SEEDS ARE FOR PLANTING PURPOSES ONLY AND ARE NOT FOR HUMAN CONSUMPTION." & "CERTIFIED ORGANIC BY OREGON TILTH" * Think of the Cross -Pollination Contamination potential into our responsibly grown, non-GMO, Organically grown crops... Marketing as "ORGANIC" is a trojan horse-IF IT IS GMO; people see "Organic" thinking it is safe. Explore Seed companies that have commitments to non-GMO.

Seed & seed saving would be a great new article topic...I can help. Also, consider food labeled "Organic" could have been grown from these seeds by those thinking that Burpee Organic Seed meant safe from the front label, not having scrutinized the back label, not knowing cross-pollination is a danger. Growing & Saving your own seed is good practice; some seed are harder to collect, take 2 seasons. In our library seed swap; I offered some of my seed that was from reputable, non-GMO, Organic Seed sources & grown with sustainable organic practices. Please help get the word out- NOT TO EVEN PLANT- seeds labeled "NOT FOR HUMAN CONSUMPTION". I am going a step further; not planting anything that does not 'guarantee' non-GMO.

Posted On 04/05/2024

pecanroll

Contamination: Gadolinium via IV and straight into your municipal water via excretion.

Posted On 04/04/2024

MiketheAngel

Who's against the environment and nature? We are all inextricably part of it. Who's in favor of pollution and toxins? Not me. Ms. Carson did some good and meant well, but she had a dark side. 21sci-tech.com/.../Carson.html .

Posted On 04/04/2024
