

Guillermou

IODINE DISPLACES HALOGENS (FLUORIDE, BROMIDE) INGESTED WITH WATER. There is growing evidence that Americans would have better health, and a lower incidence of diseases, including cancer, if they consumed more iodine. The toxicity of modern life is affecting iodine levels, and in countries that fluoridate their water this impact is maximized. Toxic halides: fluoride and bromide, which have a structure similar to iodine, can competitively inhibit iodine uptake. All halogens use the same receptors in the cells, and this fact, has great transcendence in the function of the thyroid.

The mechanism behind the "halogen shift" was probably best described by Dr. JC Jarvis, who wrote: "The clinical activity of any of these four halogens is in inverse proportion to their atomic weight." This means that any of the four can move the element with a higher atomic weight, but can not move an element with a lower atomic weight, for example, fluorine can displace chlorine, bromine and iodine because the fluorine has a lower atomic weight to the other three.

Iodine is extremely important because cells need it to regulate their metabolism, causing thyroid disease, fluoride toxicity, decreased fertility rates, AND AS SHOWN IN DR. MERCOLA'S ARTICLE, EXCESS FLUORIDE MOTHER IN PREGNANCY, CAUSES LOWER IQ IN CHILDREN. Fluoride is associated with depression of pineal melatonin synthesis. Scientific evidence from the past 50 years has shown that sodium fluoride shortens our lifespan, promotes various types of cancer and mental disorders According to Dr. David Brownstein in his book "Iodine: Why You Need It, Why Can not You Live Without It?" An iodine detox should include a nutritional plan, as well as unrefined sea salt, selenium, vitamin C and vitamin B complex.

articles.mercola.com/sites/articles/archive/2017/06/11/petition-to-end..

www.greenmedinfo.com/.../how-detox-fluoride

search.mercola.com/results.aspx

stanleybecker

and Gui - what about the fluoride build up/ hardening in the pineal - which is believed to be the window to the soul - fluoride damages the pineal - sleep problems and the central function of the human being are affected - "ZOMBIFICATION OF THE NATION"

Posted On 10/03/2017

Guillermou

HOW TO DECALCIFY AND DETOXICATE THE PINEAL GLAND. Yes STAN. Halides such as fluorides, chlorine and bromide, have negative effects on the pineal gland. Fluoride is the most common and widespread in our diet. It is magnetically attracted to the pineal gland, more than any other part of the body. Here calcium phosphate crystals are formed, which accumulate. Fluoride is a poison that is present in dentifrices and tap water. Calcium supplements help the calcification of said gland.

Mercury is very bad for the pineal gland due to its toxic nature. Dental fillings and shots should be avoided. Avoid large fish. Light bulbs should also be used with care, because if one breaks the mercury vapor, it is released into the environment and is inhaled. Of course the junk food loaded with pesticides, include artificial sweeteners, refined sugar, deodorants, cleaning chemicals, dental rinses and air fresheners.

Iodine has been clinically proven to increase the removal of fluoride from the body through the urine, in the form of calcium fluoride. Most diets are deficient in this vital mineral, and it is recommended that people take algae foods and iodine supplements (kelp algae). However, removal of fluoride with iodine also depletes the calcium supply. It is therefore recommended that you also take calcium from food, and a magnesium supplement. One of the most potent natural substances that can be taken to decalcify your pineal gland is the so-called "Activator X (vitamin k1 / k2" with vitamin D. and beta-carotene. Also detoxify with MSM, garlic, chocolates, oregano, raw apple cider vinegar , citric acid, boron, melatonin, etc.

decalcifypinealgland.com/how-to-decalcify-the-pineal-gland

humansarefree.com/2014/10/top-5-steps-to-decalcify-your-pineal.html

www.wakingtimes.com/2013/05/16/the-spiritual-eye-how-to-decalcify-awak..

theartofunity.com/how-to-decalcify-your-pineal-gland

Posted On 10/03/2017

stanleybecker

Gui - you mention calcium fluoride but that is the natural form of fluoride - the "DIRTY" form is sodium fluoride from Industry waste - this is added to water along with other waste products like arsenic and lead

Posted On 10/03/2017

Guillermou

Yes, STAN, first and foremost as my post says, to eliminate the causes of the calcification of the pineal gland Complete the paragraph: (sodium fluoride) "Iodine has been clinically proven to increase the elimination of SODIUM FLUORIDE from the body through the urine, in the form of calcium fluoride. Most diets are deficient in this vital mineral, and it is recommended that people take food of algae and supplements of iodine (kelp algae) However, the elimination of fluoride with iodine also depletes the calcium supply. Therefore, it is recommended that you also take calcium from foods, and a magnesium supplement " . We then have two effective iodine pathways: 1. Elimination of sodium fluoride by the action of iodine. 2. In addition the iodine competes with the water fluoride in the cellular receptors, including the thyroid and glandula pineal.

Posted On 10/03/2017

stanleybecker

thank you for the clarification of the difference between naturally occurring calcium fluoride and the Industrial waste sodium fluoride - Gui

Posted On 10/03/2017

seg

GUI you are a tireless researcher and contributor to good health on this forum.. In my many years here i have never seen anyone so dedicated to posting and helping others along the way..As such you have, my utmost respect and gratitude...I do hope mercola.com and it's members recognize this.. There are many others (i am not going to list names here) that contributes along the same lines and are worthy, so maybe it's time we create a mercola.com "hall of fame" listing.. What say ye good people !

Posted On 10/03/2017

IODINE IN PREGNANCY AND COGNITIVE AND SOCIAL BENEFITS.

1. Meta-analysis using the random effects model showed that low maternal thyroxin level was associated with increased risk of delayed cognitive development in RR = 3.76 children. The low maternal thyroxin level is significantly associated with more of a triple risk of delayed cognitive development in children.

(2016) link.springer.com/.../s12035-015-9189-z

2. Consumption of seafood above the recommended limit of 340 g / week was associated with 10 g / week increments in neuropsychological scores. The consumption of fatty fish showed a positive association; (> 238 g / week) with a significant increase in McCarthy's overall cognitive score.

Consumption of large fatty fish during pregnancy improves cognitive functioning and protects against autistic spectrum traits. (2017) academic.oup.com/aje/article/183/3/169/2195469/Maternal-Consumption-of..

3. Systematic searches were performed on MEDLINE, Embase, EconLit and NHS EED for economic studies that related CI Iodine supplementation for pregnant women in the UK is potentially cost saving health care and social outlook. This finding also has implications for the 1.88 billion people in the 32 countries with iodine deficiency worldwide. (2017) www.sciencedirect.com/.../S2213858715002120

4. The course of maternal thyroid levels during pregnancy is important for children's behavior problems. • Mothers with flattened curves of T4 and TSH during pregnancy have children with higher anxiety / depression symptoms. • Boys are more vulnerable than girls to developing attention problems in response to high levels of maternal TSH in the first trimester. (2016)

www.sciencedirect.com/.../S0018506X17300156

Posted On 10/03/2017

stanleybecker

hi Gui - while counteracting the pernicious affects of thyroid poisoning by fluoride ingestion - surely, the way forward is not how to alleviate the damage but instead "how to stop poisoning people by contaminating the water supply" - this is the essence of the problem - avoid fluoride whenever possible - protest against lying bastards that LIE in order to con people out of their money and HEALTH

Posted On 10/03/2017

19beets

Gui ... One caveat about iodine I've mentioned previously on this site: While iodine is essential, high levels without concomitant selenium supplementation can lead to Hashimoto's according to studies highlighted in STOP THE THYROID MADNESS II, Part 4. Populations with low selenium in their soil and given iodized salt programs (Brazil, Sri Lanka, Greece, Turkey, Slovenia, Croatia) doubled the risk of hypothyroidism (p. 154). Selenium apparently protects against the "toxic effects" of iodine (p. 153).

Posted On 10/03/2017

Guillermou

Hi BEETS. Yes, it is harmful, both a deficiency and an excess of iodine. Chronic intoxication may develop when ingestion is > 1.1 mg / day. Most people who ingest excessive amounts of iodide remain euthyroid. Some people who ingest excessive amounts of iodide, especially those who previously had insufficient consumption, develop hyperthyroidism (Jod-Basedow phenomenon). Paradoxically, excessive uptake of iodide by the thyroid can inhibit the synthesis of thyroid hormone (Wolff-Chaikoff effect). Therefore, iodide poisoning may eventually cause goiter, hypothyroidism, or myxedema.

Very large amounts of iodide can cause a metallic taste in the mouth, increased salivation, gastrointestinal irritation and acneiform skin lesions. In patients who are frequently exposed to large quantities of iodinated contrast agents or amiodarone, thyroid function should also be monitored. Treatment of iodine poisoning consists of correction of thyroid abnormalities and, if ingestion is excessive, changes in diet.

According to Dr. Brownstein, author of *Iodine: Why You Need It, Why You Can not Live Without It*, almost a third of the global population lives in a region with iodine deficiency. Together with other iodine researchers, they have tested hundreds of people, finding consistent results: approximately 96% of patients have low iodine levels. The World Health Organization has recognized that iodine deficiency is the greatest cause of preventable mental retardation. Iodine deficiency has been identified as a public health problem in 129 countries, and nearly 72% of the global population is affected by a disorder of iodine deficiency.

Posted On 10/03/2017

Guillermou

Thank you BEETS. On the balance between iodine and selenium. Hashimoto is an autoimmune disease, which causes destruction of the thyroid. It is the most common cause of hypothyroidism, whose low production of thyroid hormones slows metabolism. Measuring TSH and T4, we can get a diagnosis of hypothyroidism.

Antibodies are proteins secreted by plasma B cells, after they recognize antigens, and act by putting mechanisms of the immune system into action. As long as there is a high level of antibodies, destruction of the thyroid will be maintained, regardless of TSH and T4 values. The development of the disease depends on different genetic and environmental factors, viral infections, vitamin D level, iodine consumption, iron level, and Selenium level.

The highest concentration of selenium in the body is in the thyroid, and its levels remain relatively stable, despite a significant dietary deficit, which does affect other organs. In the gland, selenium helps maintain balance by protecting your cells from oxidative stress, toxins and excess iodine in the diet. It is also essential, in the conversion of T4 to T3. In Hashimoto, selenium deficient iodine is harmful and is believed to be one of the causes of its rapid development. If there is a diagnosis of Hashimoto, it is not convenient to take iodized salt or algae. The most optimal form of selenium is selenomethionine, which has a higher rate of absorption

Posted On 10/03/2017

Yes and so why aren't reproductive age women and certainly pregnant women being tested for thyroid function as a matter of course? it seems to me to be massive medical malpractice. I happened to read Broda Barnes book on thyroid in the early early 80s and tested my two daughters. They both had low temps as I learned their mother had. Dr Stephen Langer tested them and prescribed thyroid medication. Fast forward to 2000s and they both had quit their medications without me knowing and then had children. Disaster!! One autistic boy and two girls with other disorders. My daughters, though with high or average IQs both had learning disorders that they have overcome. The brain is an amazing plastic thing.

Iodine: After Fukushima I started taking KI orally. Using a skin patch self test I showed deficient in spite of the oral KI. In 2014 I began swimming in the ocean frequently and my skin patch tests no longer showed deficiency. Thinking about mine and my family's onset of gluten intolerance and obvious inability to absorb minerals through the gut that began in the mid 90s, I concluded that the culprit was Roundup.

I haven't been able to find any studies related to mineral balances in the body of populations living on coasts. I now live in the highlands of Ecuador where all the table salt has iodine AND flouride and there are no toothpastes without fluoride. Iodine and flouride together? Has no one taken high school chemistry? I see lots of symptoms of iodine deficiency walking or rolling down the streets. My impression is that the average IQ is low though I have met one woman with a 165 IQ. She is an environmental engineer and an expert in taxes that is studying law. Very Dangerous!!!, at least to the establishment.

My feeling is that ocean immersion in today's gluten and Roundup ravaged gut world is the best way to get the total essential mineral complement. My skin responds well and my body feels stronger. Any thoughts or studies supporting or refuting?

Posted On 10/03/2017

lets face it - the dumber you are , the more submissive you'll be to "authoritative" propaganda that "orders" you to "take the Kool Aid" - the Corporate Oligarchy wants a consumer that reflexively responds to advertising commands to "buy our product" - a world of consumers that obey orders - simply watch the fake actor in the commercial [on TV] wearing a white scientists's coat - speaking in a superior commanding tone - this fake doctor tells you that Fluoride is good for your teeth - the FIRST LIE -

then this fake doctor omits the following information - fluoride will destroy your child's brain - so that your child's intelligence potential becomes slower and dimmer and your child's bones will become brittle and some children might even acquire brain cancer - ALL THESE LIES are designed to sell suckers a Bill of Goods that declare Fluoride to be harmless - because if the truth be told and the harm confessed to - then Industries like organo-phosphates and aluminum smelting would have to pay for environmentally safe disposal of toxic fluoride - and cut into their profit margins - instead they sell the dumbed down consumer [already dumbed down by vaccinations/ GMO/ Junk Food/ sugar/ pills/ antibiotics] - the dumber the better - this is how Corporations view the Public - as "cattle" that must be transformed into "cash cows" - intelligence is frowned upon as "Bad for Business" - this is a "race to the bottom" that dumbed down TV consumers feed off - human progress and evolved intelligence are taboo as far as Corporate Strategy is concerned - "feed them fluoride" - make them as STUPID as possible - the formula reads, STUPID = ALL CONSUMERS - "never give a sucker an even break" - and "a FOOL and his money are easily parted [my father taught me that one] - Junk In = Junk Out - toxic waste fluoride "in" = low IQ / stupid human "out" - as parents or grandparents IS THIS WHAT YOU WANT? - dummies for offspring? - is this how YOUR parents treated you? - Respect YOUR child!

Posted On 10/02/2017

RaajSingha

Hi Stan, Any idea how many brands of Toothpaste in SA are fluoride free?? What about the public water supply there?? Here in India I found so far just 2 brands that are fluoride free. One very celebrated, top selling brand touted as ayurvedic preparation with no less than 10 herbs consists of SLS and fluoride !!. True whatever the article says. The new breed of Indians have really become very dumb as they are being brought up by dumb parents and incompetent teachers. Pre teenagers and teenagers are very smart at using their smart phones but most don't know the name of the chief minister of their state. Fluoride in the tooth paste must be contributing to this dumb headedness.

Posted On 10/03/2017

Guillermou

Yes, STAN. FLUORIDATION OF DRINKING WATER IS FORGED WITH LIES, GREED, AND DECEIT. Governments that add fluoride to the drinking water supply insist that it is safe, beneficial and necessary; however, scientific evidence shows that areas where they have fluoridated their drinking water supply have higher rates of caries, cancer, dental fluorosis, osteoporosis and other health problems. "FLUORIDATION IS THE GREATEST CASE OF SCIENTIFIC FRAUD IN THIS CENTURY." Robert Carlton, Nobel Prize in Medicine (2000) "IN FACT, FLUORIDE CAUSES MORE CANCER MORTALITY IN HUMANS AND FASTER THAN ANY OTHER CHEMICAL.". Dr. Dean Burk, head of the chemistry department of the National Cancer Institute at the US Congress in July 1976.

Due to pressure from the aluminum and phosphate mining, pharmaceutical companies and arms manufacturers, fluoride is still added to water supplies throughout North America (and various countries, including Spain). There is a lot of resistance against the addition of toxic fluorine to water, but because fluoride has become the vital element of the modern industrial economy, large industrial corporations, and their allies in government, support water fluoridation. The lies of the benefits of water fluoridation will continue to feed the public, NOT FOR THE BENEFIT OF PEOPLE'S HEALTH AND THE ECOSYSTEM, BUT FOR THE BENEFIT OF THE MILITARY-INDUSTRIAL COMPLEX, PHARMACEUTICAL MULTINATIONALS AND CORRUPT GOVERNMENTS.

Posted On 10/03/2017

Raaj - the smartphone is like a child's "safety blanket" - if you have a smart [Orwellian euphemism for "dumb"] phone then you have no further need for seeing or looking around - basically, you have found some private talismanic object to give all your attention to - "stay connected" is the silent mantra - waiting for Godot on the cellphone - as to toothpaste - I don't know - I don't use processed paste on my teeth - I constantly brush [after carefully researching the most efficient way] - I also floss and tooth pick - brushing after every meal is good - toothpaste is a hype that dentists can PUSH fluoride with - in my opinion toothpaste is the reason gums are full of plaque - it is simply the build up of toothpaste - as to our Future which resides in the youth of today - I have no comment - only disappointment

morning Gui - thank you for your supportive validation of my post - the "democratic system" is the BIGGEST LIE of all - the people believe that it is their vote that decides the political make up of the various arms of government - this is the delusion that Orwell cited as "being an accomplice" - the plutocrats select patsies to con the voters with False and inimical statements - the system of politics has become a medium of DISHONESTY - is dishonesty sustainable? - in the long run? - everything from dead oceans/ species die out/ autism/ cancer/ points to the fact that "DISHONESTY IS NOT THE BEST POLICY!!" - however the Masses cannot "imagine" any other way of doing business - Corporate policy confirms that Business is Predatory - "red in tooth and nail" - you have to "kill" if necessary to make a buck - morality is for wimps - health is not of any interest to Corporate manufacturers of pharmaceutical drugs - food is not nutritious anymore - the point is to sell food not feed the organism - water is tainted/ contaminated - this makes more bucks for Corporations who are not people - their shareholders can reap profit but are legally protected from LOSS!

Posted On 10/03/2017

nao3425

Well Stanley, you are getting the picture, there are other aspects of Fluorite, I did not realize, until Dr. Mercola's article here highlighted them. The most important thing, is the "Reduce nicotinic acetylcholine receptors" which may also be a critical factor in the Lowering IQ department., as Dr. Klinghardt prescribes Niacin because the nicotinic acetylcholine KILLS the spirochete associated with all kinds of diseases.

I think smokers probably have a better more regular supply of Nicotinic Acid than anyone, (But I would also say, I need Elderberry or Lobelia tincture to liquefy the build up of Lung congestion and avoid emphysema or other causes of congestion) but of Course, the Military needed a scape goat to blame all the anticipated Lung disease on after exploding 8+ pounds of Plutonium in Nevada(enough plutoium to kill everyonee on the PLANET 10 times over) and MORE elsewhere on the Globe, as it is well known to them the effect of the smallest particle of plutonium inhaled, as Lab test said causes obedient development of ""LUNG CANCER"" and you die.

The Military studied Fluoride to death when making Nuclear bombs back in the 60's & 70's (because they were using tons of it to make NUKE EM BOMBS) and boldly pronounced there was "Nothing they did not KNOW "about Fluoride" and that INCLUDED Fluoride being the deadliest element out there in element land. Transcript of Dr. Mercola interview with Dr. Klinghardt
mercola.fileburst.com/PDF/ExpertInterviewTranscripts/InterviewDietrich..

Excuse me, I need to look at the bigger picture here with #5 of the series of Newearth video or better known as When the Survivors of Atlantis Wake Up www.youtube.com/watch

Shanthi brother, Oh yes Stanley, there is a new movie out, called Assassins Creed, that provides an interesting new perception of Motives of the different Sects of power held over from the Old Days(Probably having to do with lowered IQ

Posted On 10/03/2017

Miroslav Cap

SB - I beg to disagree on your point "health is not of any interest to Corporate manufacturers of pharmaceutical drugs". In fact, health is of GREAT INTEREST to these criminals. Health is evil that MUST BE PREVENTED AT ANY COST, lest the "health industry" collapses. Healthy people don't consume drugs and don't visit doctors - this must not be tolerated.

Posted On 10/03/2017

stanleybecker

miroslav - "agreed"

nao - plutonium and Plutocrat have the same cognate [think of that!] - both stem from the ancient Greek Ploutos "God of Wealth/Power"

Posted On 10/03/2017

Acroyali

We aren't even allowed to be parents anymore. Tell your child not to do something and some know-it-all will tell you (the parent) that telling you child NOT to do something is somehow damaging to their self esteem and self worth. Now, we have a generation of self entitled brats to deal with thanks to this new and amazing logic.

It's very interesting to me to realize that the one parent I grew up with was able to be a very fine parent and a disciplinarian only when warranted, yet was a confidant and friend in times of need. As I grew into an adult this friendship grew. While I'm still very well aware that they're my parent and will always "outrank" me in this way, it's not as big of a deal as it could be as we've developed a very close friendship as well. I'm not perfect and will never ever pretend to be, but I feel I'm a decent human being because I was raised by a damned fine parent who cared enough to make sure I grew into a person who didn't automatically follow the sheep.

In my childhood this parent was the one person who could move mountains. Even in my adulthood, during times of pure shock or terror I've found myself calling out for them. There was nothing they couldn't do, yet when we would gather with the parents of my parent, it amazed me that somehow they seemed outranked by them. It was very subtle, but it was a reminder that you're always your parents child no matter if you're 6 years old, or 60.

Be a good parent to your kids, be a good grandparent to your grand kids, and if you were lucky enough to have a good mother or father (or were blessed enough o have both), call them right away and thank them for being good parents, and thank them for being good friends in your adulthood, too. You might be surprised how this makes their day. I know it would make mine. Nothing is stopping us.

Posted On 10/03/2017

Temlakos

Does anyone here remember Sterling Hayden, as General Jack D. Ripper, in "Doctor Strangelove, Etc.", going on about fluoridation of water? "Did you know that in addition to water, there are studies to fluoridate coffee? Milk? Ice cream? Children's ice cream!" He got only one thing wrong. He called it "the most monstrously conceived and dangerous Communist plot we've ever had to face." It wasn't a Communist plot--though I daresay the Communists could have made the same mistake. It was a corporate plot, by a few polluters who tried to sell their pollution of local waterways as an enhancement, not a detriment. Procter and Gamble caught on, and the rest is a lot of sorry history. Harriet Tubman famously said, "I freed a thousand slaves. I could have freed a thousand more, if they knew they were slaves." Similarly, the worst poisons--the hardest to detect, recognize, and warn people against--are the subtle ones. Fluoride is one of these.

Posted On 10/03/2017

stanleybecker

hi Temlaikos - yes, I remember the great Sterling Hayden from many movies - as to fluoride being subtle - I think the saying goes "as subtle as a sledgehammer"

Posted On 10/03/2017

Temlakos

@stanleybecker - I define a subtle poison as one that does not knock you down dead in your tracks where you stand with one swallow, or even land you in the ER to get your stomach pumped. Some poisons can be no less deadly for not being quite so obvious.

Posted On 10/03/2017

stanleybecker

I have heard of "slow poisons" or "mildly toxic" - but "subtle?" - I suppose one could use the term to describe an indirect poisoning but there is nothing subtle about throwing millions of tons of poison into pure drinking water

Posted On 10/03/2017

health_activist

Unfortunately governments, and 'health authorities' like the corrupt NHMRC in Australia, will simply ignore or dismiss this research, as they always have - and the media will not report on it. In Australia we are getting ever closer to medical tyranny, with people who have spoken out on the vaccination issue being banned from entering the country, and doctors in Australia who speak out being deregistered, while ever more coercive vaccine policies are legislated. And the majority of the population is so brainwashed by the rabid pro-vaccination and pro-fluoridation media, as well as government spokespeople, that they aren't even aware there is an issue, and that their health and that of their children has been seriously compromised for over 60 years now.

Posted On 10/02/2017

stanleybecker

to not be aware that there is an issue - to blithely swallow the poison - the three monkeys - "see, hear, speak NO EVIL - not just in Australia either - the submissiveness of the world's citizenry has become the fastest growing feature of Mass Society - this is in line with totalitarian control goals

Posted On 10/03/2017

Guillermou

Yes, during the war, it was fluoridated in occupied countries, as it was found that fluoridation affected the brain, so that people would defend their freedom less and become more docile to authority. Fluoride remains one of the strongest anti-psychotic substances known, and is contained in 25% of major tranquilizers. Hitler's regime practiced mind control through chemical means, but the US military continued Nazi research, exploring techniques to incapacitate an enemy or medicate an entire nation. As indicated in the Rockefeller report, a Presidency report on CIA activities: "THE DRUG PROGRAM WAS PART OF A LARGER CIA PROGRAM TO STUDY POSSIBLE WAYS TO CONTROL HUMAN BEHAVIOR"

Posted On 10/03/2017

acs4457

I have been thinking about all the problems society in general has with governments. It seems to me that at the heart of all this is the malfunctioning of democracy. Governments all over the world seem to become separated from the people and impersonated as well as totally deaf and corrupted most of the times. One could almost say, all the time. The only answer to this is to construct civil society organisations which can act as a unit to properly represent the wider populace who become aware of problems like the fluoride matter. Such an organisation has been successfully established in South Africa to represent the white population but mostly focusing on civil rights re cultural discrepancies. It does not focus on the more physical aspects of civilian life but more on language and discrimination issues and has been very successful in these respects in accumulating paying members. Seems to me this type of civil action could lead to a society functioning more like the Swiss style government, which seems to be the best in the world as it takes relevant social issues closer to the populace on the ground, in a structured manner. Such organisations could be developed around safety as a primary objective, as an example and then include aspects such as health. There is very little sense in just always complaining. Forces with which to object effectively should be developed. In a way Dr. M seems to do it already when moneys are collected for a specific case but possibly it could become a permanent structure to battle these issues.

Posted On 10/02/2017

stanleybecker

hi acs - yes, building community bodies that have influence is a valid but slow strategy - I take issue with your point about "always complaining" and having no successful inroads in solving the problems - this forum has gone beyond "complaining" - we are sounding the ">>>" ALARM "<<<" - as LOUD as possible - complaints might be petty but the looming catastrophe is mounting up like a roaring tsunami - this is what the message in the bottle says

Posted On 10/03/2017

mourningwarbler

Pinellas County, FL voted to stop adding hydrophluorsilic acid to the water, but all the pressures that came upon our commissioners made them change back and continue adding the poison. The money incentive must be great for county and city commissioners; it's one lucrative way for the phosphate industry to rid itself of the toxic substance.

Posted On 10/03/2017

Guillermou

The state of Texas is leading the fight against water fluoridation. According to the Fluoride Action Network, 145 communities have rejected water fluoridation since 2010. The growing number of cities and towns questioning the safety and economic efficiency of water fluoridation has been sparked by community activism efforts around the world. These efforts have come as a response to a variety of studies looking at possible health dangers.

fluoridealert.org/news/this-state-is-leading-the-fight-against-water-f..

Communities that have rejected fluoridation since 2010. Most developed nations, including the vast majority of western Europe, do not fluoridate their drinking water. Cities that do not fluoridate their water include: Amsterdam, Barcelona, Basel, Berlin, Copenhagen, Florence, Frankfurt, Geneva, Glasgow, Helsinki, London, Montreal, Oslo, Paris, Rome, Stockholm, Tokyo, Vancouver, Venice, Vienna, and Zurich.

Since health authorities in North America have refused to let go of the fluoridation paradigm, local communities are doing the work for them. Since 2010, over 150 communities have rejected the practice, including large communities like Calgary, Alberta, Windsor, Ontario, Portland, Oregon, Wichita, Kansas, and Albuquerque, New Mexico, Bucks County, Pennsylvania, and in 2014, Israel.

fluoridealert.org/.../communities_2010

Posted On 10/03/2017

nao3425

@ acs4457 I would recommend starting with: Wiih #1 of the series of Newearth video or better known as When the Survivors of Atlantis Wake Up www.youtube.com/watch

Please look all names and supporting references mentioned in support of the videos during each 15 minute segment.

Posted On 10/03/2017

forbiddenhealing

Slap some media terror upon a fluoridated population and scared minds jump the track of logic...only to be steered into acceptance of dependency on "authority" and "willing" participation in nefarious agendas...Even applying logic to seeming conundrums achieves the same goal...crippling confusion....Sure sells burglar alarms and a national security apparatus. Clue; Follow the money..Cui bono?...Cowboys and suckers.

Posted On 10/03/2017

Guillermou

Yes, Randall. The money of corruption is on all fronts. Fluorination is a "MASS MEDICATION". Fluoride compounds added to water are drugs, and therefore, their "experimental" administration must be regulated ethically. This implies that the community must give its informed consent and should be notified individually about the risks and benefits of the intervention, as well as the voluntary nature of their participation, and their right to abandon it, when they deem it necessary, without prejudice any. Fluoridation of drinking water is an act of mass medication by the community, which VIOLATES FUNDAMENTAL HUMAN RIGHTS, WHICH ESTABLISH THE OBLIGATION TO PROTECT INDIVIDUALS FROM BEING SUBJECTED TO MEDICAL INTERVENTIONS WITHOUT THEIR CONSENT.

Posted On 10/03/2017

forbiddenhealing

Yes Gui...Yet these arguments have failed for over 50 years.

Posted On 10/03/2017

nyscof

It's time to stop complaining and demand our water supplies be protected from the political ambitions of organized dentistry. Organize and educate your friends and neighbors and tell your legislators it's time to stop fluoridation and/or funding fluoridation at the local, state and federal levels.

Posted On 10/03/2017

stanleybecker

there is a difference between a complaint and a PROTEST - a protest has an element of opposition/ challenge that might be lacking in a resigned complaint - as you correctly point out unless the polloi gets off their collective asses nothing can be achieved - apart from FAN [Fluoride Action Network] which is asking for support in this article - give us links to grass roots anti fluoride campaigning Groups - this forum welcomes all the information it can get - moms across America is a grass roots group - here is a link - www.momsacrossamerica.com

Posted On 10/03/2017

Guillermou

Choosing drinking water, like vehicles to distribute and administer fluoride, is fraught with the freedoms of people. We must have the right, to choose what is healthy, and safe for our children, and for ourselves. The responsibility must be managed by the individual, the family, the responsible school and health care, holistic dentists. Fluorine is a poison, which causes serious consequences, in the health of people, as shown by the many articles of Dr. Mercola. These risks have led several European countries to ban: Austria, Denmark, the Netherlands, Sweden, or the suspension: Germany, Belgium, Yugoslavia, of water fluoridation. Unfortunately in Spain, the dictatorship of fluorine is still in force.

Posted On 10/03/2017

mourningwarbler

The Department of Education didn't come into existence until 1979; but it controls so much of what is taught and allowed to be taught in public schools. The new head of that department favors school choice. If I were "king," I would make Mercola articles part of the health and home economics curriculum for public, private, and home school kids. Freeedom!!!

Posted On 10/03/2017

Guillermou

The pharmaceutical industry distorts medicine and politics, fuels disease and pollutes the planet. It is a shame. We have an agri-food industry that together with doctors advises the fluoridation of water and salt, toothpaste, all friends and hostages of the pharmaceutical industry, not only with regard to the practice of medicine, but also in teaching and research. . Doctors and universities have allowed themselves to be bribed. We will all end up poisoned and the corrupt will enjoy nature on a paradise island bought with the money of those who suffer illnesses and deaths. To the costs of water fluoride treatment we must add other higher costs: those of the treatment of the diseases they cause.

Suffering and wasting taxpayers' money are two shameful events. After a nearly four-year delay, federal Judge Edward Chen on Wednesday heard opening statements in a lawsuit seeking to compel the U.S. Environmental Protection Agency to prohibit water fluoridation in the U.S. due to fluoride's toxic effects on children's developing brains. childrenshealthdefense.org/defender/fluoride-epa-day-1-landmark-trial/ (2024).-- This review analyzes the action of fluoride on enzymes. Evidence is presented that fluoride is an enzymatic poison that induces oxidative stress, hormonal alterations and neurotoxicity.

Fluoride in synergy with aluminum in hormonal and neuronal regulations- More than 500 million people live in fluorosis endemic areas with an elevated level of fluoride in drinking water and biosphere with public health problems. The symptoms of fluorosis range from mild effects on tooth enamel, headaches, dizziness, loss of appetite, to serious pathological disorders. These include dental and skeletal fluorosis, hypothyroidism, sleep disorders, inflammations, IQ deficits and autism.

Posted On 04/05/2024

Guillermou

Fluoride inhibits the activity of antioxidant enzymes such as catalase, glutathione peroxidase (GPx), GSH reductase (GR), and superoxide dismutase (SOD). Fluoride affects calcium homeostasis, protein phosphorylation, cytoskeletal proteins, ion transport, metabolism and functions of all blood elements, endothelial cells, blood circulation, immune system function, bone cells, fibroblasts and lung cells, liver metabolism, neurotransmission processes, brain functions including cognition and mental acuity. www.mdpi.com/.../7100 (2020).--- Overall, exposure to high-fluoride drinking water appears to nonlinearly affect thyroid function and increase TSH release in children, starting above an exposure threshold, and increase the risk of some thyroid diseases.

thyroid www.sciencedirect.com/.../S001393512302563X (2024).--- The high prevalence of autism spectrum disorder (ASD) in countries with community water fluoridation (CWF), as well as in countries with endemic fluorosis, supports our view that fluoride is an important environmental factor in the etiopathogenesis of ASD. These studies evaluated the role of chronic fluoride exposure with respect to mitochondrial dysfunction, oxidative stress, immunoexcitotoxicity, and decreased melatonin levels.

www.fluoridresearch.org/522/files/FJ2019_v52_n2_p105-115_sfs.pdf (2019).----

fluoridealert.org/.../strunecka-2019.pdf (2019).-- www.ncbi.nlm.nih.gov/.../PMC5909100 (2018)

During the second day of testimony in a landmark fluoride trial, expert witnesses presented evidence that fluoride exposure is associated with lower IQ in children and that it poses risks to pregnant mothers. childrenshealthdefense.org/defender/fluoride-trial-day-2-risks-pregnan.. (2024).--

Posted On 04/05/2024

Almond

We are living during times of great evil. Misinformation is presented as truth and science. Too many people are unwilling to use their talents to benefit others. Intelligence is a gift. Ignorance is a choice. Thinking is hard work. That is why so few people engage in it. When a person chooses to embrace corruption rather than pursue righteousness, it is as if they were born without options. To have talent and not use it is the same as never having it. We were all given special skills. The only reason to have them is to use them.

Posted On 04/05/2024

Guillermou

Yes Almond. Social networks, large media outlets like CNN are an example of misinformation. This authoritative information friendly to globalist elites and government corporations is considered superior to any other information. Information, for example, from the CDC and FDA is used as a basis to censor any other perspective or dissent. They can mislead the masses about their plans and convince the public that everyone is being protected, even though the CDC and FDA is actually threatening people's health, livelihoods, treatment options, and basic human rights.

This is part of the "fake news" campaign, it is not about protecting the public from lies, it is about establishing a news network commanded by the state, as Dr. Mercola has stated "the truth of the state." " a deep state filled with interests for a devastating technocracy. Despotism can only stay in power by hiding the truth of what they are doing from the people they rule. On the contrary, there can be no meaningful democracy if there is only one source of information managed centrally and with tyrannical control.

Posted On 04/05/2024

dyn1998

that is really interesting. Of course many people know fluoride is very bad, it is to the extent that it is bad, along with the "safe & effective" should be rendered as "dangerous & lethal" like other things we know about. even though there are many people living in the country avoiding fluoride in the water, or even in the city having filters, bath and shower water unless filtered is also problematic. What would be an interesting study in seeing how diabolical things are, someone could analyze a few things for fluoride such as, pop, instant coffee (and yes Swiss water technique for decaf may or may not be effected) and also things like "beer" typically made in a big city, even simple things like coffee at a store or franchise can be totally polluted, in addition to the "fact" that very little organic coffee exists or something with less pesticides.

so how much fluoride is in that coffee, tea, beer or anything else? hmmm who can we send samples to, in order to verify that one way or another, in Canada or USA...be a sport, what if "processing" is not included as an ingredient?

such as instant "coffee" or how about anything else like that where fluoride may be concentrated in those products??? or how about this to tintilate your neurons, in grocery stores, water mist being sprayed on produce? hmmm city stores, city water, lots of chemicals, pick your poison, right? Now what if what we may interpret as Alzheimers or memory challenges etc are from fluoride?

what if it is or can be from let's ay intant coffee or your favourite beer? Isn't antifreeze added to beer to not freeze when being trucked out? who knows, does anyone know. safe and effective + another bio-weapon, if you look at it from a war vector point of view, you need to identify the enemy, the enemy weapon system, and that those people have no conscience and as a result are predictable, which the only difference is to the extent of the diabolical genocide that they are engaged in...let's do a fund raiser ...

Posted On 04/07/2024

anthony.aaron47

Fluoride was once the drug of choice to treat hyperthyroidism -- it would kill the thyroid gland. Today, levothyroxine (Synthroid) is one of the most prescribed drugs in the United States between March, 2017, and February, 2018, it was the most prescribed drug in 26 states. In 2021, it was the 3d most prescribed drug in the United States with 89 million prescriptions. Somehow I cannot help but see a strong cause/effect relationship between fluoridated water and hypothyroidism the 2 seem to go hand in glove.

Posted On 04/06/2024
