

Guillermou

What a great article and what an exemplary way of life!!!. "THE PENNSYLVANIA AMISH BELIEVE THAT COMMUNITY HARMONY IS THREATENED BY SECULAR VALUES SUCH AS INDIVIDUALISM AND PRIDE, WHICH PERMEATE THE MODERN WORLD." "MANY ACTIVITIES NORMALLY CONSIDERED WORK ARE FORMS OF RECREATION FOR THE AMISH ADULT." Susan Hougelman, author of the book "Inside the simple life: finding inspiration among the Amish" tells us about the experience in an Amish community that led her to publish this text, where she brings us closer to the life and values of the Amish of New Wilmington, in Pennsylvania. The Amish value God, family, and community as their top priorities.

In our culture we value success, making money, and having nice things above anything else. If someone has a need in the Amish community, the entire community comes together to help. They don't need to depend on a government or agencies, they depend on each other! Families live close to each other. They take care of their elders. They do not send their elderly to nursing homes. If someone is sick, the entire community will help take care of them. For the Amish, people are much more important than things. They have a much slower pace of life than ours. The horse and buggy help them maintain that slow pace of life. They have less stress and anxiety because they live a much simpler and slower pace of life than we do.

The reason the Amish live the way they do, with limited modern technology, is because they do not want "sin" to enter their lives. They know that television, computers and cell phones can be good, but they also know that through them a lot of stress, misinformation and anxiety enters, because they are excluded from their family life. The women are surrounded by friends, family and children. They are very sociable and gather in their homes, eat, laugh and enjoy each other's company. They take care of each other, they help each other, they live in community!

Posted On 02/03/2024

Guillermou

Humility is the hallmark of Amish beliefs. Gentle and modest personalities are esteemed. Patience, waiting, and giving in to others are signs of maturity. Obedience, conformity to objectives and community activities are encouraged. According to statistics, a significant number of Amish adolescents decide at the age of 16 to stay in the community. They love and care for each other very well and know that this is the most important thing in our world! In the link representative photographs of his life. www.discoverlancaster.com/.../history-beliefs .----
www.discoverlancaster.com/.../lifestyle .---- www.vozdeamerica.com/a/prosperidad-sin-lujos-quienes-son-y-como-viven-..

Posted On 02/03/2024

Hey Gui, while not brought up in the article, a recent Jimmy Dore drop featuring Dr. Pierre Kory, Kory mentions while Big Pharma ignored control group protocol for Safety Studies, one exists anyway. Amish. Dr. Kory expresses the Amish rejected the Jobs & as a result, NOT ONE Amish could be found suffering - the Safe & Effective Side Effects, (Sarcasm.) Often asked amongst the readers, what are we to do? Here are some answers, use some or all of the Amish principles to reconnect Locally with Creation, Community, Family, to find our Higher Self, & reconnect with Life. There are the Amish, there is also the Mennonites. The Mennonites are more of a blend between the strict traditional Amish Tennent's & the Modern.

Mennonites are more apt to have electricity, cars, certain modern conveniences. The biggest thing is not to succumb to a notion of either or thinking. For some replacing the sneaky chains of Modern Conveniences with a close to full out Amish lifestyle may be just the ticket. Others, more of a blend like the Mennonites. For others, a marriage of the best of the old with the best of the new. Most of all, ditch as much of anything one can feeding the Global/Digital/Finacial/Corporate/Political Beast. A big thing comes to mind. How to get around the dilemmas described in the article link - control of your financial assets.

While State Banks to decentralize may be a good practice, a thing to consider is one reason the States runs at higher level than other countries is a uniform dollar accepted in all the states. Somehow, if possible, this needs to happen. Another more serious is how the current system can take our assets in their rigged system, along with how to pay the property taxes on an individual level. If these bad birds continue their march of total control to be able to pass out an allowance, dictate what, where, or how your digital allowance-controlled currency can or not spent, no one is likely to cover the Real Estate side of the system.

Posted On 02/03/2024

Lee1959

How true Gui. The Amish constantly ask, "Why do you English abort your babies and stick your elderly in nursing homes?" Collectively, most Americans have swallowed a great big, and I mean a GREAT big, lie. A famous conservative read a letter on his "man and woman" hour. A woman wrote in, in her mid-50's, saying how she owned 4 companies, she ran them well, was enormously successful. Made tons of money. And the letter ended very sadly. "I come home every night to an empty, lonely, soulless home. It isn't good. I am not wallowing in self pity, I just wished I would not have bought into the feminist lie."

Posted On 02/03/2024

juststeve

Also, Gui, often brought up by Vandana Shiva is the rigged system forces farmers, countries into debt in the name of saving them, us all from starvation. When what they are really doing is sneaking in their control by manipulating legal systems to claim ownership of properties and then - collect rent. All through the other side of it all as Unearned Income. We, the People chase Earned Income to cover the basics. The Professional Maintenance Structure is the carrot saying you can make it if you try hard enough. The reality for a large majority is Individuals or as a Family find themselves doing two, three or more jobs and still have a hard time meeting basic needs.

Far too many join the ranks of the homeless. We pay Income Tax, State Tax, Property Tax, Sales Tax, all kinds of permits, fees, licenses that are in the end actually what amount to as payments to the Federal Reserve to help pay for dollars they create out of thin air and pay interest on it all to boot. Sell T Bonds to help pay for it all, selling debt with a promise to pay interest on that also. The first dollar printed by the Fed is debt followed by more debt. By the way, as individuals taking out loans, is a way for the Central Banks to pull Paper Cash back out of circulation and create more debt for control.

Get you, coming or going. How does one pay off debt with more debt, you don't, it's part of the rigging of the systems. Insult to injury, the 1% generate their Power and Control with Unearned, Passive Income that little to no taxes are collected from. As mentioned in a reply to your morning posts, State Banks, especially if they are based on a value-based dollar and not structured to be a debt, slave system may afford a return to what the Colonies once had and was based on creating Real Wealth.

Posted On 02/03/2024

Guillermou

JUST and READ relevant references in your comments. Local outlet The Lancaster Patriot reports that the Pennsylvania Department of Agriculture recently served a search warrant on an all-natural Amish farm in southeastern Pennsylvania. The USDA has tried to bring Miller's farm into compliance with federal regulations, but Amos still has not cooperated with the feds and faces fines and jail time. With his sovereign citizen advocacy, Miller has sought to thwart the Federal Reserve's overreach to force him to comply with food safety regulations.

He sells all types of foods to more than 4,000 buyers, including organic eggs, raw milk, grass-fed meat and cheese, and fresh produce. He does not use electricity, chemical fertilizers, vaccines or petroleum products in agriculture. Amos The government requires Miller to obtain all necessary government LICENSES and certifications to continue as a farmer and seller. I've been down this road before. Many times. Official licenses versus contracts between private parties without government interference.

Under the rubric of PROTECT, the government can do whatever it wants. For example, it can launch, finance, support and insist on a lethal vaccine. And meanwhile, Big Pharma sells countless toxic drugs with full government approval, people die at a rate of at least 106,000 per year, and no one steps in to prosecute and send pharmaceutical staff to prison for the rest of their lives.

jonrappoport.substack.com/p/penn-dept-of-ag-raids-amish-organic-farmer.. email (01/16/2024)----

Posted On 02/03/2024

Guillermou

In January 2024, Amish farmers are still being raided and Bill Gates is still buying more farmland in the United States. Food plant fires and bird flu are cleverly disguised attacks, but they all have one goal... to take control of the food supply. However, in the COVID era it is not the first time this has happened. Far from there. In the 19th century, the United States government definitely played a role in shaping the destiny of Native Americans. How they did it? The government allowed the decimation of the buffalo herds on the Great Plains.

When the buffalo disappeared, it was easier to force Native Americans onto reservations. Because? Because their main source of food had disappeared. Fortunately, American conservation groups established a bison reserve in Yellowstone National Park, and numbers have since recovered. There are 55 million acres of land on Native American reservations, but only five percent of that land is privately owned. The federal government owns and operates the rest under the guise of the Bureau of Indian Affairs (BIA), part of the US Department of the Interior (DOI).

False promises made by governments have been repeated time and time again. King Charles and the Davos gang are taking steps to manage our "boiling planet" at the same time, stuffing their faces with sausages. It's akin to nagging ourselves for reducing our carbon footprint while flying carbon-intensive private jets to WEF meetings anywhere in the world.

drtenpenny.substack.com/p/controlling-the-food-supply?utm_source=post-.. (01/27/2023) .----

Posted On 02/03/2024

juststeve

Excellent Link Gui, drtenpenny controlling the food supply! The indigenous Native American, one of many histories' depopulation campaigns. A big if they'll do it with you, they will do it too you. In this case, time released so very few would likely notice the parallels.

Posted On 02/03/2024

Guillermou

Gracias Just, Also people outside the alternative health community are often confused by the lack of autism in the Amish people. The Amish do not experience autism, or most of the other learning disabilities that plague our technological society. They live in a society that consists of outdated technologies and ideals, at least by contemporary standards. Their diet consists of eating organic, fresh, locally-grown produce, and of course, they do not follow the established vaccination routines. To the dismay of the mainstream media and the medical establishment, this has resulted in a healthier people, who are void of all of our chronic diseases. fosteringwellness.net/the-amish-dont-get-autism-but-they-also-dont-vac..

Posted On 02/03/2024

juststeve

Oh oh Gui, shhh! Don't spread around Amish don't get autism or the vast library of 'modern Dis-Ease.' People might pay attention.

Posted On 02/03/2024

brianallen1

There are reports of food shortages looming. I understand meat, bread, rice? Can anyone expound on this?

Posted On 02/03/2024

Guillermou

Brian, as you know, a war has emerged against farmers that threatens to drive them off the land they have farmed for generations. As small and medium-sized farms close their doors, governments and corporate entities may be left with the land. French and Spanish farmers join German and Dutch farmers in blocking roads with tractors and dumping manure to stop the globalist agenda that aims to destroy farms. European farmers rise up against the destruction of farms. Those who control the land control the food supply and, with it, the people. Much of this threat is hidden under the 2030 Agenda, which includes 17 sustainable development goals with 169 specific targets to be imposed around the world, in each country, by 2030.

The urge to eat insects and synthetic meat is part of this plan; healthy and sustainable." All based on "climate science" and the destruction of the family farm. In recent events, farmers are literally being bought off. The false CO2 climate agenda is behind this insidious project. A thriving agricultural economy is being destabilized. It is a deliberate process of designed destruction of agriculture. President Joe Biden's economic agenda, called "Bidenomy," is once again putting too much pressure on inflation and food production.

Megan Hageman warned that five popular food products expected to have supply problems are rice, pasta , chocolate, salmon and flour.

allnewspipeline.com/Food_Shortages_And_Price_Hikes_Are_Back.php .-----The global rice supply has been devastated since the Western world blocked Russian rice exports since the beginning of the Russian special military operation in Ukraine. Bad weather in major rice-producing countries such as China and Pakistan has also affected global supply.

Posted On 02/03/2024

Guillermou

In Europe, food prices are registering record increases, driven by rising costs and smaller harvests. Supply shortages are taking an alarming turn that threatens a lack of critical ingredients for the world's nutrition. The shortage is now shaking the vegetable market, making availability difficult throughout the world. In the midst of farmers' protests in several European countries, the European Commission this Thursday began a strategic dialogue on the future of agriculture in the community club. The consequences of Russia's aggression against Ukraine, droughts, including droughts, forest fires and floods, and new obligations such as the Green Deal are having an increasing impact on farmers' work and income.

This also has a precedent with Russia's military operations, the blockade of Black Sea ports and attacks on transport infrastructure and crops in Ukraine have hampered the export of Ukrainian agricultural products and caused prices to reach record levels, which has seriously endangered the food supply of millions of people. Globally, Russia and Ukraine supply more than a quarter of the wheat traded, and almost 30 percent of the barley, as well as 15 percent of the corn. With respect to sunflower oil, the figure increases to 75 percent.

The ongoing conflict in Ukraine is directly disrupting physical, logistical and market dynamics in the Black Sea region, a key route for wheat, feed grains and sunflower products to global markets, especially to the Middle East and North regions. from Africa. Part of the solution could now come from other producing countries capable of feeding the rest of the world, but the truth is that up to 23 countries declared severe restrictions on food exports at the time, even going as far as absolute prohibitions, due to the drought phenomena and the fear of internal shortages.

Posted On 02/03/2024

Martix

Edgar Cayce predicted that, in one of his (lectures) We will returne to the land, like it or not !!!!!!!

Posted On 02/03/2024

plastické

gui" "To the dismay of the mainstream media and the medical establishment, this has resulted in a healthier people, who are void of all of our chronic diseases." AHA! We have a "control' group for vax studies, after all! This one will really make the 'safe and effective' mantra fall apart.

Posted On 02/03/2024

Almond

I think the "ideal" of what many people believe about the Amish is not exactly the reality. Based on some of their recipes, I know a large number of the women depend on store bought ingredients. (-And disposable diapers, etc.) I cannot use many of their recipes because they are not in my budget or use unhealthy processed ingredients. All it takes to understand is looking into their shopping carts. Many young people lose their teeth due to diet (sugar) and lack of dental hygiene. They may not have been instructed in such things or consider it a priority. If people see doctors less frequently, they are less likely to be diagnosed with certain conditions.

This does not mean health conditions are not just as prevalent, maybe more f some and less of others. Also, one cannot generalize as not all Amish communities believe and practice exactly the same. They are people just like everyone else and the community experiences many of the same family problems as the "English". In no way do I intend to infer that they are not good people, but all people have their struggles. I am not trying to disparage the Amish, but just pointing out that it is not wise to believe all the stereotypes about any group of people. The data does not always adequately reflect the lack of data.

Posted On 02/03/2024

bee70578

True, but the general principal is good and we on these pages are especially well-equipped to know the pitfalls that you've observed them ;-)

Posted On 02/03/2024

bowgirl

You are right. I live in the Pa Dutch Country. Many many Amish do not farm, they have regular jobs and no time for extensive gardens. Hauling Amish is big business. They do lead a simpler life. They have cell phones and solar to charge them and run small businesses in the barn. LED lights are a boon for them requiring much less battery storage. They do indeed buy all the convenience foods at the grocery. I had some very enlightening conversations during COVID with woman while shopping. They wore no masks, I took mine off. The mask police did not show up. The women craved info about the lock downs and restrictions the government was placing on folks.

Not too long ago at the phone store, an Amish businessman was thinking twice about not having his land line any more. When he learned I still had mine, it is simpler and more secure for me, he was amazed and wondered about getting his back. Amish are buying up rental property in significant numbers. Several less than ethical English property management companies have popped up, causing trouble with many tenants. There is always a trade off. For us the clop clop of hooves out front is normal. I live on the main street of town....

Posted On 02/03/2024

Lee1959

True. The Amish are always breaking away into splinter groups. One group of Amish advocated for slow moving vehicle signs on their buggies because their horse drawn carts got hit (by cars) at night, and the other group thought that was too worldly. So the group that was for the slow moving vehicle sign broke away from the anti slow moving vehicle sign!

Posted On 02/03/2024

juststeve

Lee, you've got it, there is no Monolithic hammered in stone all Amish follow other than the Ten Commandments. When things come up they cannot find a way to compromise on, they can splitter off into a new Church/Community. As you point out with the warning sign for travel on the buggy's, some are dead set against it as to showy, others not a problem. They make every effort to focus on the things they agree on and don't let outside forces tear them apart with the few things they don't. Such splinters can exist side by side and they can continue to enter act in concert with the things they still agree on.

Posted On 02/03/2024

Lee1959

I had to laugh, Almond. There is one youngish woman who goes to our tiny church where our cabin is near. Ex-Amish (now Mennonite). Very attractive until she smiles then all you see is rotten chards and one front tooth.

Posted On 02/03/2024

brianallen1

Thank you, Almond. I agree with most of what you write. The Amish have increasingly been indoctrinated into this evil system of control. There are not many pure Amish remaining. You are also correct when you write if people see doctors less frequently, they are less likely to be diagnosed with certain conditions = people who don't own a television will never catch Covid. The last time I had a doctor was 1968. I've really missed out on being diagnosed with sicknesses and I will continue to miss out. God gave my body the ability to tell me if something is wrong.

Posted On 02/03/2024

FloridaGirl321

Are you sure you are talking about Amish? They rarely shop at stores and certainly do NOT use disposable diapers. They use cloth. They don't even use buttons on their clothing. They use pins. The Menonites, and offshoot of the Amish, on the other hand, do shop and actually drive cars, , use disposable diapers, use buttons on their clothing and a few other things that the amish do not do. Also I wouldn't totally lift them up, because there is also a lot of abuse in those communities. So there is a dark side. But for the most part, they are good people.

Posted On 02/03/2024

JKolbus

I live in Indiana and have several Amish friends. We have been getting our grass fed beef and milk from the Amish and we cherish their friendships! But.... what you say is so true, they LOVE their sugar and processed food. If you want a peek into the Amish life this is a blog written by an Amish woman in MI. www.lovinasamishkitchen.com/keeping-warm-in-a-cold-spell A funny story, they are very innovative about getting around the rules of technology. You can't have phone or electricity in the house but you can have it in the barn. A family we know put a 50' extension cord on the radio so it could be plugged in the barn and be used in the house.

Posted On 02/03/2024

sunflowerjanis

Absolutely. Though i admire the fact that they are off-grid and are so very independent; there are some things that the Amish do, and have in their history that are not good. For example, i have read that they are very bad about running puppy mills for profit. Being an animal lover; and wanting the best for our furry friends; i do not condone this at all. From what i understand; they do not view animals the same way that we "English" do. And i'm sure that a lot of folks are aware of the bad things that a lot of the young women have come out with that is hard to mention....history of abuse. All in all, it would be nice to be less dependent on our grid and these big corporations. Director Wray (FBI head) has expressed concerns about the CCP attacking our grid. i've seen news where a cyber attack from the CCP was curtailed here recently.

Posted On 02/03/2024

Segstar

Very good and stimulating posts..Yes it is always pleasing to see things from ALL angles and you guys have outdone yourselves...What is prominent today is that the younger generation, especially those within communities that never "mingled " with the rest of the population does not reflect the lifestyle of their parents,grand parents elders etc...They have been programmed by the best of the wickedness that currently runs the show...For the few that have managed to escape the shiet show, congratulations...Good stimulating post Almond..

Posted On 02/03/2024

plasticekkie

Thanx Almond. Very good observations. I am "Pennsylvania Dutch"; so I have grown up among Amish and Mennonites. I recently looked up a recipe for "Shoe Fly Pie". It was supposed to be "authentic", but included corn syrup! Surely they meant "Black Strap Molasses". While many do adhere strictly, others are more lax. Mother used to say, "It takes all kinds", (although to do what, I was never sure). Many still live 3 generations in a household, with old taking care of the young, and vice-versa. With few exceptions, they are a warm, wonderful, and kind hearted people. Our local Amish store closes regularly for things like weddings and even some days to prepare hearts before church activities.

I once knew of a garage nearby where an Amish teen kept a car. He would drive the horse there, trade the horse for the car for a few hours, then, later, return swap again, and ride the horse home. Eventually, the lad sold the car. I still pass "phone booths" on the edges of some properties. Neighbors will sometimes install a phone outside the home at the very edge of the property. Frequently it is shared by two or three neighbors. And at nights, the dim flickering in the windows of the house doesn't come from electric bulbs nor TVs. But, if you pass at 6am milking time, you might see electric bulbs in the barn! It's a wonderful mixed up world.

Posted On 02/03/2024

Palazzolo

My wife purchased a handwritten book (pamphlet) of Amish baking recipes from a ten year old Amish child in Lancaster, PA in 1980. Every recipe called for vegetable oils, margarine, and/or Crisco shortening. What? Needless to say, the wife never baked a thing of it.

Posted On 02/03/2024

jhy7142

For those who have never been to the Miller farm they do have electricity in there main building and have a walk in freezer box to store meats . For the most part most work the land with a team of horses similar in size as a Clysdale . In that part of Bird in Hand Pa. it must be up to the individual families whether or not they use electricity . We see a lot of the children out playing or mostly working in the summer months and have not seen any sickly or dental problems . This crooked Government will also destroy these peoples way of life and will not stop until they get their results . Almond is right about some of the ingredients they use to cook with are not that good but for the most part are way ahead of 90% of the regular population of the U S .

Posted On 02/03/2024

Dordee

It is the basic intent that is important! My grandparents grew up basically as the Amish have, could not afford to "buy" food at stores, grew their own. Therefore grandma at 93 was still scrubbing the kitchen floor on hands and knees "because you cannot get them clean with those new fangled mops." Even some Amish have been lured away from truth. I never had cavities until we moved away from the old way, to cities, had more cndy, cakes, etc. Back in my growing up years, sugar was expensive, you had less therefore less cavities. But then we got dentist, could fix them so eat lots of candy! Gaining wealth has been our downfall in many ways!

Posted On 02/04/2024

pipblanc

This is the most uplifting article on here in a while thank you. My husband thought I was bonkers a few years ago when I told him about conspiracy and Covid. He only thinks I am slightly less bonkers now but at least he is inclined to listen, as in not being vaccinated, and many of things I predicted have come true. I got some of the information from here, and some from my own research and deduction. One thing is for sure there are dark days ahead. The question will be how we deal with them. I am making sure that I have plenty of real books as if the internet is unavailable I shall be very bored!!! Kidding aside, I have made some preparations but being short of money, and a still sceptical husband is cramping my style. Thank you Dr. Mercola, for your continued efforts to keep us informed.

Posted On 02/02/2024

Guillermou

Yes PIP, the Great Reset, unlike the Amish organization, requires a population indebted to the government and no one else. As the central planners pursue their agenda to get there, this is sure to be filled with an awakening and a lot of angst. The "benefits" of the famine they have designed. Agroecology, sustainable agriculture that works with nature, rather than depleting it, is the urgently needed answer to address world hunger and poverty, according to Vandana Shiva, Ph.D. Shiva told Robert F. Kennedy, Jr.: "Asset management companies come to a company in debt and say, 'Give us your forest and your mountains, and here's the money to pay your debt.' "Because we are in a debt crisis, this kind of new slavery will increase unless we stand up and say, 'Nature is not for sale.'" "Bill Gates launched Gates Ag One," said Shiva, which promotes "one agriculture for the world" and serves as a platform to manifest two of Gates' "favorite dystopian visions" of "agriculture without farmers," through the robotization of agriculture, and "farm-free food," through the manufacturing of "fake food." 200 Organizations Ask Gates Foundation to Stop Funding 'Failed' Green Revolution.

childrenshealthdefense.org/defender/vandana-shiva-agroecology-sustaina..

Posted On 02/03/2024

Mercgal

Ive lost many friends who thought I was "bonkers" as well...and literally seen many of them die and/or had strokes or other delightful "side effects" fro the poison.

Posted On 02/03/2024

Bigfletch

Often wondered who the debt is to and what would happen if it wasnt paid back. Who would come to collect and where did they get the trillions from in the first place. Just another part of the great deception to add to the others. We were all brought up on fairy stories. Its clear why !

Posted On 02/03/2024

jhy7142

pip if your husband cant see what is coming ask if he would like an appointment with your local optometrist . Kidding aside just tell him you would feel a litter safer if he would prepare in case you are right . My wife was like that 10 years ago but now sees all their bull crap .

Posted On 02/03/2024

Squirrelie

I grew up without indoor plumbing, we carried our water form a flowing well. We had an out house, used it even in the winter, use old catalogs for toilet paper. My mom cooked on an old comfort stove, (wood and coal), our heat was from a pot belly stove. We did have electric lights. Little did I know many of my classmates grew up the same way. We farmed, had milking cows, pigs, and chickens. My mom had a huge garden. We spent lots of time out doors, in the barn or in the fields. Life was good, GOD IS GOOD.

Posted On 02/03/2024

brianallen1

God is great and God is awesome! What a wonderful upbringing you had.

Posted On 02/03/2024

kirsten1231

Catalogs for toilet paper ?

Posted On 02/03/2024

Segstar

Yup, old timers used to say "better days ahead." I guess it gave them comfort and hope that all is not lost and they just have to rally on, and rally on they did...Today young uns are completely lost, living totally in the dark, programmed to the Max..My oh my how deep into the quagmire we have sunk...I believe our best and likely only hope is through divine intervention...Man by himself has become much to corrupt and useless... Perhaps better days are long gone...Bless up to the max...

Posted On 02/03/2024

plastictekkie

I had a very similar upbringing; although we did have cold running water at the kitchen sink. Our cook stove was a "Majestic". Mother would get up earlier than us kids, and have the fire going again on cold mornings. We boys would come down from the cold upstairs and huddle around the stove to get dressed. I have one brother who has a scar on his butt. It reads "c i t", the last three letters of "Majestic" spelled backwards, from when he got a little too close when the stove was a little too hot.

Posted On 02/03/2024

jhy7142

Squirrelie sounds like when my Mom and Dad grew up in the late 30s and early 40s . If we get through this nightmare they want to bring onto this world I believe this is how life will be once again , at least in the beginning . Bigfletch you are correct about the debt . That debt is at the Federal level and has nothing to do with we the people . Like you say just a scare tactic and a fake reason to go digital . I hear people say all the time how bad the debt is so when the fake government says they will wipe the debt clean and have to go all digital . The 34 trillion is what has been stolen from the tax payers over the last 111 years .

Posted On 02/03/2024

Dordee

Amen! Old catalogs and soft, fuzzy mullein leaves! Got electric when bagnell Dam was built ans even later because could not afford to pay for it. We never realized how good we had it!

Posted On 02/04/2024

bar8027

I grew up on a farm, my Grandparents also had a dairy farm. Then I moved to the city, went to college, and never looked back. When the pandemic descended upon the planet, I could finally see what the cabal had in store for humanity. I thank God my early years taught me to think critically. It's really just common sense. If you let the cows out, and then leave the gate open, they won't be there when milking time comes again! When several family members were in danger of losing their jobs because of their unvaccinated status, many decided to make life changes. I was already retired, so less affected by my choice, but others from air traffic controller, banking management, and HR manager decided their health was more important.

Two sons that each owned their own "essential" business were basically unaffected. One daughter, a 20 year therapeutic massage therapist, walked away and started her own business, and clients joyfully followed. The one that gladdened my heart the most was my Granddaughter and her husband and 4 children moved 3 hours from Indianapolis to a rural home with 2 acres. They are not only surviving, but are joyfully thriving in their new community. The Mom of 4 gets to stay home, is home schooling, have their own chickens, and gets to learn many homemaking and life skills that she says, the IU school of business never touched upon! What a joy to know I somehow taught all my children the basic life lessons of common sense.

Posted On 02/03/2024

sunflowerjanis

Thank you for this bar!! Your news is uplifting; gives me hope. Yes, you did a great job of instilling common sense and life skills to your family. I grew up on Air Force bases; and only got into gardening as an adult. Even so, I have a tiny space to garden. There are options for me though.

Posted On 02/03/2024

jhy7142

bar8027 you did a good job with your kids critical thinking skills which translates to common sense most of the times.

Posted On 02/03/2024

Dordee

COMMON SENSE AND THINKING FOR YOURSELF! Where have they gone to?

Posted On 02/04/2024

JGW1950

If you live in the Chicago or southern Michigan area, please consider buying your food from an Amish food cooperative called Family Farms Coop. Dr. Mercola originally set it up, and it is struggling to survive after being harassed by the Michigan state government and getting kicked out of their commercial distribution points by new owners who were afraid. They offer high-quality raw cow and goat milk, pasteurized beef, humanely raised chickens, organic and fermented fresh vegetables, and many more delicious foods to sustain you. It is a legal private buying club with pickup points throughout the area, and they kept us fed during the lockdown. You can contact them at familyfarmscooperative@gmail.com

Posted On 02/03/2024

Dordee

My milk lady gave up selling butter, they kept harrassing her because she did not have a license to "manufacture it" I can make butter from whole, raw milk, do not need license to do it.

Posted On 02/04/2024

ms.libby

Interesting that technology has taken us away from true socialization and communication skills. The supposed "enhanced communication devices" have only made us less about to communicate face to face. I find this in my real estate business, having been a realtor some 40 years now, and beginning my career before computers were used in the business, there were no cell phones yet, no internet, no social "platforms" for self-promotion. Yet my business still thrives now with limited use of all of the above, due to the fact that I reach out to my clients and SEE THEM PERSONALLY on a regular basis.

So the agents who "court" them online don't have a chance against me being involved in their lives. I have clients now on a 3rd generation basis, ie helping children and grandchildren to buy/sell homes and of course extended family/friends of the same group being referred to me. Other realtors ask me why I don't have a Facebook page, and my reply is that I don't need one. And yes, I've been top agent in my office many times over the years, despite the competition utilizing various social networks to generate business. My phone rings with client's calls, and that's the "sound of money" to my ears.

Oh and yes, I still do open houses, which people flock to, proving the old way of doing business - face to face - works beautifully. Meanwhile younger agents "text and text and text" - it's the first thing they do and I find it so impersonal and trite. Also communication lacks greatly. So I refuse to do negotiations via text, and on my listings state "NO TEXTING" to communicate with me. Some people are shocked. But it works best to guard my client's interests and allows me to do what I do strongly, and that is negotiating verbally.

Posted On 02/03/2024

juststeve

Hear, hear, thank you for your vigilance. If Globalist engage in what their stated goals are this nearly total loss of the ability of individuals having Socialization and Communication Skills, (& I would add the loss of the ability to write, whether printed or cursive,) will fuel Chaos.

Posted On 02/04/2024

eve8519

Good article! However, they, too, are being targeted by government in an attempt to take their lands, trumping up a conspiracy that their meats are causing illness in people. Rubbish!! I shop from the Amish in my community as often as I can.

Posted On 02/03/2024

DebLew

Do we purchase Mennonite and Amish products we certainly do we want to support our local, farmers and farmers from around the region we like their products, but the Amish have some serious issues with their own people having mental health issues and have their own methods and tactics for dealing with them. There is much incest in the cult. There are numerous books and articles written about this from people who have left the order so this is a human problem not just something as associated with Mennonites and Amish. We know this happens in all walks of life, and with other organized religion. I'm just sharing this, because people think that they have reached some kind of higher echelon of character. They are sinners just like everybody else again, I commend them for their simple lifestyle, and have lived very similar to Mennonite lifestyle myself with my family, including conservative dress.

Posted On 02/03/2024

juststeve

You are correct to bring up there are factions within the best of communities, whether they are Amish or whatnot. They have problems just like the rest of us. Most appear to be handled within themselves with caring families and the extended communities. There are also problems from a narrow gene pool, and bad actors within their community. Attitudes and behaviors can differ greatly between the many different, yet still Amish. With a need for solutions, for some their lifestyle may afford a higher echelon character while some individuals or orders may not. Just as a personal opinion, I believe they would be served well to adapt the Biodynamic, Regenerative, Sustainable, Organic No Till methods, as most I've witnessed use the plow to much.

Posted On 02/03/2024

deanna125

Levi Yoder has a YouTube channel about his life as an Amish and why he left. He interviews many, many people who left. He and many others literally had to escape with the clothes on their back. The Amish are certainly no one to look up to. They are without a doubt a cult. They hide many crimes behind their image. www.youtube.com/@eliyoder491

Posted On 02/03/2024

caws

I too have read about too much inbreeding, birth defects, and domestic violence. They have trouble bringing in new members to expand gene pool. Definitely patriarchal society; but then what else is new? The self sufficient lifestyle is a good model to follow though; just gets harder when you are older and infirm.

Posted On 02/03/2024

sunflowerjanis

You've stated what i was afraid to in my reply to someone else here about the incest problem. Yes, they are human just like the rest of us. The other issue i do not like about them is that they are known to run puppy mills for profit at least here in Ohio. i do fully admire their simple off-the-grid lifestyle; wish i could get off the grid myself. Thus far, the only thing i've managed to do is to stop the use of a cellphone and use my digital landline, run my computer hard-wired, NO wi-fi. But, this is still using a computer. ATT has advise me that they are looking to do completely away with the true landlines.

Posted On 02/03/2024

plastické

Sunflowerjanis, around here, Frontier is still laying fiber optic cable. I have been thinking of connecting my internet to them, but then somebody told me that they will not run cable to your home. Instead, he said they are putting little boxes on their poles, and beaming 5G into your home. I do not know if this is true or not. Just keep it in mind.

Posted On 02/03/2024

Horsea

Re the Amish and their low rate of asthma. This could be related to their low rate of caesarean births.

"Every generation of mothers hands over its microbiome to the next, as the baby is coated with beneficial germs while being squeezed through the birth canal—but this doesn't happen for babies born through C-section," said co-author Martin Blaser, director of the Center for Advanced Biotechnology and Medicine at Rutgers. "It takes a while for babies born through C-section to develop a normal microbiome. And during that time, while the immune system is also developing, they become more at risk for later developing certain diseases like asthma. This study provides a mechanism for the known link between C-section birth and heightened risk of asthma." from: medicalxpress.com/news/2020-11-hidden-children-born-c-section-asthma.h..

Posted On 02/03/2024

LSquare

Good point, Horsea, but I thought that a very simple and common way to minimize asthma in your children is to have dogs, cats, and other animals, which the Amish have in spades. What do they say, too, that too clean of a house is problematic?

Posted On 02/03/2024

Horsea

@LSquare. Thanks for responding! I am not familiar with the idea that living with animals somehow strengthens your body. But I have heard that excessive cleanliness - probably obtained by heavy use of chemical cleaning products in the home - will most certainly set you up for a lifetime of miserable health.

Posted On 02/03/2024

LSquare

The chemicals, possibly, but it seems that the earlier that one starts socializing' with relatively benign irritants such as dust, dander, and various, nontoxic bacteria, molds, and yeasts, the more well-protected and immune to them one is, and quite possibly to more dangerous ones in the future.

Posted On 02/03/2024

In recent years the Amish have spread into the Southern Tier of Western New York and the Finger Lakes. They are very hard working and prosperous in their own way. They take over played-out farms with dilapidated buildings and fix everything up. The first thing they do when they start a new community is open a sawmill. They have also opened a number of produce auctions so that their excess food can be sold to the public and corporate buyers. The biggest one is in Penn Yan, but there are smaller ones popping up throughout the region. Just like in colonial times, they tend to have very large families.

(They have to do something to entertain themselves!) Having 10 or more children is not unusual. I have done business with a lot of my Amish neighbors and they are very good and friendly people. One fellow I know keeps a land line phone in his shop, but is only available to be called for 1/2 hour every morning, except Sundays of course when they do no business. They do rely on non-Amish neighbors to drive them around for business or vacation trips and are not against using electric or even gas-powered tools to do construction work. Because they live outside the control grid they are more and more becoming the target of government harassment.

Pennsylvania farmer Amos Miller was recently raided by the state Ag Department for selling raw milk. Another Amish farmer, Rueben King, was prosecuted by the feds for his sideline business of selling guns. Luckily he escaped a prison term, but was fined \$35,000. Check out the Internet channels of VivaBarnes for more information on the legal front. Attorney Robert Barnes has been representing some of them. It's disgusting what the government is doing to these "simple" people!

Posted On 02/03/2024

Lee1959

About a year ago my husband insisted we get rid of our landline. Then I started working in an adult disabled foster care and guess what? This home is required (by law) to have a landline for emergency purposes (which was why I did not want to get rid of our landline in the first place). Now I am constantly wandering around my home wondering where my smart phone is. I don't like it. What if a fire starts or my husband collapses and I cannot find my phone? (It is more likely I will do the collapsing since I am somewhat older and my husband ALWAYS knows where his cell phone is) Also BTW, the Amish have always been targeted, either by the Catholic Church, the fact that they are conscientious objectors, or that they are self-sufficient. Or the fact that they are looked at as very strange aliens for not participating in society (as we see it). Read "Martyrs Mirror". Pretty horrific what they have gone through.

Posted On 02/03/2024

jhy7142

cstrong01 We were on vacation on Senaca Lake this summer and happened to go thru the town of Penn Yan while winery hopping . Met some nice people at the winery that overlooks Cayuga Lake and happened to see a group of Amish loggers working near by . I am sure Amos has more money than most people think. I have been there many times and always has pallets of food ready for shipping . Labels on them to states like Florida and farther. On a side note when I was driving around thru Penn Yan while my wife and her sister were doing that rail line thing where you propel a small cart down some tracks thru fields I stopped and asked someone in town if the name was from the boat named Penn Yan and was told yes it was . Love it up there, way better than N J .

Posted On 02/03/2024

mettalaw

Loved this! So much wisdom to take in here! The idea of "rumspringa" is especially valuable. It reminds me of Australian "walkabout" pilgrimages, or even the British tradition, now gone, of a walking holiday close to nature to help young men find themselves. Any pilgrimage seems a wonderfully useful installation in young adulthood, the best kind of rite of passage. A small community like mine could usefully adopt many Amish practices, with or without the God parts, to improve community life and make us all safer.

Posted On 02/03/2024

Mercgal

Of all the different age groups I am seeing the MOST confusion in young males. They are confronted with the stereo types shown on TV; gangster rap artists who treat females like a piece of trash, gangbang lifestyles, TOTAL disrespect for any authority figures and the dumbing down of males. Watch ANY commercial, almost all treat the (usually effeminate looking) male as if he has the IQ of a doorknob. The women are rude to the guy and even the KIDS are disrespectful of their fathers on TV. Listen to today's music, ridiculing cops, profanity strewn, horrid messages being sent. I was brought up with the likes of The Rifleman, a calm and masculine force who was loving and protective, that you did NOT talk down to. Who can the young men males model themselves after now???

Posted On 02/03/2024

fiosrach

Rumspringa sets the kids up to fail and offers the illusion of choice, but what 16yo can really support themselves without family to lean on and with an eight-grade education? They get lonely and desperate and return to the Amish lifestyle most of the time. A hundred years ago, a rumspringa at 16 was probably "fairer," but it's designed to fail these days.

Posted On 02/04/2024

frankathleen

Because I live in Pennsylvania and meet the Amish on a personal level, it is not an Utopia. Eldest daughter who watches the many siblings may have a different opinion of freedom. The young child who is hired out to the neighbor who does not have enough children to run his farm or business may want a voice. The young daughter who is a victim of incest may never know it is wrong. The six year old who was killed by a horse while plowing the land will never have a voice. ALL societies have their good and their bad. One must weigh what is really independence and at what price.

Posted On 02/03/2024

wareagle82

Let's take this with a grain of salt. Having solar panels is not exactly like emulating the Indians. Who had those in the 1700s and how useful are they in certain months in Ohio? Seems the more accurate claim is they live an analog life rather than a digital one, and that's fine but they're not even in the Life Below Zero level of Alaska based reality shows. The Amish are more modern than this makes out. Not having internet sounds like the 1970s, not the 1770s. We have a community nearby and I am happy to purchase their delicious produce and other items, but let's not act as if theirs is a caveman experience.

Posted On 02/03/2024

Liz5063

2 thoughts: 1. Try being a senior (or anyone really) living in FL without AC in the summer 2. The good doctor M wouldn't be earning his spectacular income without technology. Just sayin'....

Posted On 02/03/2024

Bouncedancer

And what's your point? This article is not anti-technology.

Posted On 02/03/2024

roderics

My mother moved us from Mi to Fla in 1954. She said the only AC was in private hospital rooms. Not in stores, churches or schools. In the eighties (maybe), a contestant for Miss Florida was asked if she had the power to do one thing to improve Florida what would she do? Her answer. Ban AC. After 70 years I still live without AC in my apartment.

Posted On 02/03/2024

Lee1959

Hmmm Liz. My husband earned a "spectacular" salary, \$250,000 annually. I begged him to walk away because his company was mandating the you-know-whatzee's shot. He did; he walked away. Now we make less than \$30,000 annually between the both of us and I had to go back to work. A spectacular income well-earned is not the enemy here. The spectacular incomes that are paid to our "PALaticians" are not earned at all. Don't begrudge the good doc for making some great money. He works for it! Just sayin'

Posted On 02/04/2024

airsurfer

There are many means for passive heat shielding requiring zero electricity and same for heating. On the other hand, if you live somewhere where you cannot deal with the conditions, you shouldn't be there in the first place, unless you want your life to depend on the control grid. You realize that by using AC you actually make your surroundings hotter? (as you mention 'anyone really' so everybody makes it hotter and then claim it's too hot) 3. without tech we would not post messages neither read this site. Without this site many (me included) would not escape the traps. I couldn't care less if the M team makes lots of money or not as I doubt that's their reason to do it in the first place. Doing evil and poisoning people is a LOT more lucrative.

Posted On 02/04/2024

Anicopia

"This future is one led by a powerful global cartel eager to gain control over society and, ultimately, humanity." THIS is our collective threat as a species. The self-reliant Amish way of life works pretty well for them in their insular society, but their system contains one possibly fatal flaw – the Evil manifesting by the Globalist Cartel is NOT going to reciprocate the separatist philosophy and LEAVE THEM OUT of their tyrannical Great Reset dystopian future. In fact, they will be utterly unprepared to in any way thwart or resist the takeover/mass extermination campaign. It will be up to those most skilled in the ways of the modern world ONLY who will be able to save humanity from the Psychopathic Exterminists who are trying to destroy all of us!

Posted On 02/03/2024

brianallen1

Anicopia, you may want to reconsider and rethink your idea of successful survival. The ones who have the self defense implements who do not participate and do not comply will be victorious.

Posted On 02/03/2024

caws

Our 2nd amendment in the USA have slowed them down but a shotgun or even AR15 is no match for electromagnetic weapons, drones and weather control by the military. We need the tech nerds countermeasures for that and to vote for those who will actually preserve our rights like RFK Jr. for president in 2024. Trump wants to be a vengeful dictator and Biden has been in the pocket of the banksters [read Globalists] since the beginning of his career. Plus they are both too old to serve. BTW has anybody noticed you cannot say anything relating to this stuff or especially about Bobby Kennedy on Yahoo comments? They are now blocking everything I say no matter how benign

Posted On 02/03/2024

epi-cure

caws, censorship is a game everyone can play. Going by circumstantial evidence because no reason was ever given, a recent innocuous comment here stating a certain media figure is a vulgar scionist (go with the phonics, here) shill got me banned.

Posted On 02/03/2024

Bouncedancer

caws, where did you get the idea that Trump wants to be a vengeful dictator? Now I wish he would be - he has the moral right and I would LOVE to see some accountability! But the only place you would get that idea is from the government-sponsored media which kept pushing and pushing for Trump to say he'd be a dictator, and finally he relented and said he'd be a dictator on his first day only. Hmmm, sounds like you need to expand your news offerings....

Posted On 02/03/2024

Segstar

Very good observation epi and bounce dancer...TDS is a very real dis ease , much more contagious than all of the greatest killers put together..

Posted On 02/03/2024

Lee1959

sorry ms.libby, we sold our old house without a realtor. I believe realtors are overpaid for what they do. We sold our old house within a weekend of having an open house and had a lawyer close on it for \$300, with us lowering the asking price about \$7,000 (which would have gone to a realtor and sold it within 36 hours). And if we had to sell our present house with 20 acres I would go to realtor school and sell it myself. At the time we sold our old house we went to the library and pulled all the paperwork. It worked great. Nope. Realtors are the middleman. And I don't want that. I would rather take the risk of being ripped off than supporting realtors. No offense.

Posted On 02/03/2024

jhy7142

Anicopia you got the Psychopathic part right and yes it will take great will and a returned force to counter whats coming .

Posted On 02/03/2024

DebLew

Yes, there are admirable qualities about the Amish and Mennonites. We have a huge Mennonite community herein my county in East Tennessee, and it has grown the Amish and the Mennonites have moved into Tennessee and into Kentucky because of the lack of land available for a reasonable price. Their families have expanded and the Mennonite have created very nice businesses and industry here in our county with multiple stores that do probably end the millions every year they're very much in demand for their services and their products. Their stores carry much Amish products and Mennonites from around the Amish and Mennonite communities, and I commend them for that.

I am all about small business and supporting our local farmers but again I referred to their puppy mill tactics. The Pennsylvania Department of agriculture had on their website previously before they changed the names and addresses of the breeders, and they paid more of a licensing fee for breeding if they had more than 100 breeding females on the property and their warehouse in Lancaster county they had 450 licensed dog breeders. Pennsylvania is the puppy capital of the east again creating dogs with inferior genetics and settling these dogs with lifetime of health issues. I know people personally that have adopted and also rescued many dogs from these puppy mill people with a lot of health issues.

I know of dogs that were rescued this past week from the puppy mill Amish people they are cruel, harsh, and hateful towards their animals unless they are making them money so don't fool yourself about that folks there's a side to the Amish in the Mennonites that is not so nice they will not put a damn dime into their animals They will go shoot them in the field and leave them there They will have auctions or go to auctions to get rid of their breeding stock only to bring in more. These dogs are at the auctions in terrible condition absolutely terrified. Never been to a vet.

Posted On 02/03/2024

Tsider

You are correct. I've heard many times about Amish puppy mills. They are horrendous and should be outlawed

Posted On 02/03/2024

LSquare

Hi DebLew: having lived in Pennsylvania areas with large Amish populations, I was often taught a high respect and reverence for them. The bloom came off of that rose 2 years ago when we got our last dog. She was an Amish puppy mill rescue who was ripped from her mom and siblings way too soon, and had at least 5 different homes within her sad, first two months of life before we got her, with one of her last homes being a kill shelter. I love my little Cavachon, but I still get sad when I think about her first 8 weeks of life. I was always led to believe that animal husbandry was one of their greatest attributes; I was very naive. Also, as mentioned elsewhere within the comments, the community is rife with loopholes and workarounds, just as other religions and cultures have found workarounds for doing things on the Sabbath, or making and taking out loans. There's following the law, and there's following the spirit of the law, and sometimes the two don't meet.

Posted On 02/03/2024

sunflowerjanis

Yep, i mentioned their puppy mill problems twice to other commenters here. They are known here in Ohio to run them and from what i understand; they do not treat their furry creatures well at all. They do not view them like we "English" do. This and the incest problem.

Posted On 02/03/2024

flamepointboys

They (many of them) also treat their plow and buggy horses the same way. They work them to the very last bit of everything they can get out of them and then send them to auction in appalling condition. Never vetted, rested or given loving attention. Many of them are blind in one eye when sent to auction, who knows why. Except for the fortunate few that are pulled out of these auctions by reputable rescues and individuals, they are sent to Canada or Mexico to be slaughtered for food. Absolutely shameful. I get that this article is pointing out that their lifestyle of doing without a lot of modern day conveniences is much healthier but it's very hard to respect them when they treat other sentient creatures so horribly.

Posted On 02/03/2024

DebLew

I commend the article and the information regarding the Amish & the simple lifestyle I have actually visited a friends home where he has been shunned. He was old order Amish and he needed a ride to Ohio from Tennessee and we drove him there. his family wouldn't even acknowledge him as he walked into the room. No hug, no handshake, pretty cold. they paid more attention to us while they were respectful and caring people towards us their own son that was not the case, they don't wanna be tainted by somebody who has left the order and he still dressed and looked completely Amish, and with a old order stayed in our home and did work for us, but don't fool yourself they want cash they need cash to function and their puppy mills that they produce and all the backyard breeding with some of them making upwards of \$250,000 a year breeding puppies.

Their puppy milk tactics have created dogs of inferior and genetic issues. Chronic health issues that are out of control. They do absolutely no vetting for these dogs these dogs come to unaware consumers full of parasites and people think oh I'm just gonna rescue this puppy because this is a really bad situation. They will put pictures online so don't think they don't use the Internet in the computer they do they'll just sign it to one person to do it.

I have taken in German shepherds from the puppy Miller's and I took in a male German shepherd that they were going to kill because he was starving to death. They were not feeding him very much food and he was a lovely fella. However, they would've killed him because he nipped at a kid who picked up a chicken as he was chasing the chicken. Let me tell you I would kill a chicken too if I was at skeletal and needed food, but they thought it perfectly fine to feed their dog food They do not respect their animals, but give them the bear necessities As long as they can produce for them, whether it's offspring, food or work them to death

Posted On 02/03/2024

vic7794

You are so right. People see their lifestyle and long for that simplicity, but beneath that lurks an ugly side. I to have witnessed first hand the puppy mill business of the Amish and it's ugly. Not all Amish do this, but enough to tarnish their idyllic way of life. Also, they are notorious for dumping their old used up draft horses and carriage horses at kill pens. Every week I see draft horses that have worked hard their whole lives or carriage horses that have pulled their buggies faithfully dumped at kill pens often with horrible injuries only to be sold for slaughter and shipped to Mexico or Canada. To the Amish, animals are nothing more than a utilitarian object. When its usefulness is over, they throw it away. No longer do I look at them the same way. And while it is not all of them, it is enough to turn me off from their way of life!

Posted On 02/03/2024

fiosrach

It's because they believe their god gave them dominion over all the animals. I don't trust anyone who isn't compassionate to the suffering of others, including other species.

Posted On 02/04/2024

oxygen

Guillermou's posts are critical to understand the immensity and pervasiveness of government control we all are up against. It is a world war for information freedom against the weaponization of propaganda through staggering economic control of the established media by the powerful.

Posted On 02/03/2024

Arizonahealth

You're flipping kidding me right? What are you thinking Dr. Mercola allowing articles like this to be published? The sexual and physical abuse of women and children in Amish, Mennonite and other "plain people" communities borders on pathologically epidemic levels. My father-in-law was a psychologist and treated many Amish survivors in Minnesota and the abuse is beyond horrific to the point that the survivors sometimes develop DID's. The states and communities that tolerate this are complicit. People who advocate for a return to pre-technological lifestyles may simply be naive or they also may be arguing to return to patriarchal systems where only men have legal rights so y'all be careful what you wish for. If a non-technological lifestyle is appealing then YOU disconnect your smart phone and unplug YOUR computer and raise YOUR own food. Goal achieved.

Posted On 02/03/2024

Erena5

Actually you are right, I'd be careful about idolizing Amish life values, what's good about it, they do live of the grid, supposedly. However, I still think, it is possible to build of grid communities, build on moral values and being civilized, it might take an effort. of course, but possible.

Posted On 02/03/2024

jca652041

I understand the basic point of the article and agree with most of it. Definitely getting off these electronic slaves and living more simply are good for anyone. However, they're not living off the grid. A generator is providing electricity and needs gas. That gas has to come from a refinery and a station that sells ethanol free gas. How's that e-bike being charged? A current bush? They heat with wood so how's that forest holding up? Amish are also well known for their puppy mills and poor treatment of their animals. These communities shouldn't be portrayed as the ultimate answer. Living near one we experienced let's say less than perfect behavior.

Posted On 02/03/2024

hisgarness

Definite merits to the Amish life style. I'm not positive, but I believe they reject injections and blood transfusions. I see the Amish as the potential gold standard for drug studies. Rather than compare the newest, latest, greatest chemically concocted drug to a similar drug compare those injected with that drug to the never injected. That would yield true results. The double blind standard could not be used because the Amish wisely would not be subject to an injection of anything. Imagine 1,000 study participants with their initial double COVID "vaccine" injection and call it three boosters. In one or two year's time simply compare the health of the injected to the health of 1,000 Amish. Is there any doubt which group would demonstrate better health ?

Posted On 02/03/2024

LilyPip

I love reading these articles.I will not be without these information that come into my inbox

Posted On 02/03/2024

fanofjesus

I love the whole idea, and my husband and I have been practicing that lifestyle for almost 40 years, but we're now in our 70's, and it's getting harder and harder to do all the work required to raise food and meat. I can't help wondering if we're going to have to sell the place someday and downsize to a regular house and a small yard.

Posted On 02/03/2024

airsurfer

And that's the result of us all being divided by the powers that be and money, instead of living in caring communities. Ideally, you'd find likeminded people and invest together to buy land. Also ideally, you'd live more from gathering food, than raising it through agri practices as the former will always provide. But I know it's not easy at all, just like finding a life partner, there's a bit of luck involved.

Posted On 02/04/2024

pkaminski

Dr. Mercola, have you at all studied the role of women in the Amish society? Until you address that elephant in the room, your article is incomplete.

Posted On 02/03/2024

Lee1959

Unfortunately, women are vulnerable across the board. In all societies. That is why good men are needed to protect them. Emphasis "Good."

Posted On 02/04/2024

fiosrach

And the role of children and animals.

Posted On 02/04/2024

airsurfer

I'm not saying there aren't differences between cultures regarding the role and position of either gender. But I doubt there would be one culture than can inflict suffering on one gender only. Usually everyone suffers in one way or another, while often being blind for the suffering of the other, or of the possibilities of the role of the other. People protect what they love. If the women (or any other subdivision of any society) are kind (again, in any expression differing amongst cultures), they will be protected.

And that is nearly assuming they cannot protect themselves proactively. There will always be abuses in any society, by children (I love children but they're not born adult neither wise), idiots, PMS, drugs, psychopaths, brainwashed etc. But there is more social control and involvement in smaller communities and because of that, the dangerous individuals for the group are kept more in check, by the group. Instead of an anonymous society where everyone is left to his own demises with the law.

Organizing life according to biological predispositions is caring, but restricting freedom based on generalities instead of personal qualities is no good. We need to be careful when alternative ways of living (or just other cultures) are being criticized by the money society. Because that money society will scare you of anything that they can't control through money. They hate happiness, true believers (because those can't be bought or corrupted), individuals who take control of their own life etc.

Posted On 02/04/2024

chrisphillips

birth control issues, humane animal care and organic/restorative technologies availed of, etc, nothing biblically literal or patriarchal. otherwise romantically appealing in many ways to this nature loving, natural rhythms old girl...just love to dance! and wear what i want!

Posted On 02/03/2024

Erena5

I'm sure, this is possible to build communities with personal freedoms based on moral values. Middle ground

Posted On 02/03/2024

pecanroll

The Mennonites are closely the same. My son is in love with a Mennonite who while growing up plowed their family farm with horse and plow. She sews, cans, gardens you name it she can do it and also has a degree in accounting. They meet in private when in town. My son has to give up the world not realizing how much he will gain. I have taught him well, but this might be the part he might be able to bend on and it's something as stupid as not giving up watching college football. I garden an enormous spot and forage for berries in the summer. We are self sufficient to the extent possible in case of a sudden change of life. Ah to go back to landline, hard line phones would be a dream come true.

Posted On 02/03/2024

Lee1959

YES! Amen.

Posted On 02/04/2024

chinook1ptd.net

I agree with this article I do have a cell however there are days I do not even turn it on. I do not do social media & I fear for the small amount of savings in the bank [a larger amount was loaned to my daughter who has not paid it back] we need it now as we just found out our heat pump [14 yrs old] is dying. cost us \$400 yesterday for freezone to be added as my electric bill was &765 . We are now in our 80's no chance of getting a little job to help us over the hump. God help us & God bless the USA.

Posted On 02/03/2024

fiosrach

I think they have the right idea, but I could never be part of a community that condones, or at least turns a blind eye toward, child physical and sexual abuse. If a child can get an elder to believe them, the most punishment the perpetrator will face is six weeks of shunning, and then the victim is forced to forgive them. Often, the cycle repeats over and over. More often, the other adults in the community ignore what's going on. The Amish are also terribly abusive of animals and are the biggest offenders when it comes to having puppy mills. So, take a page from the way they live, technology-free, without admiring them too much. They have a dark side. Not every one of them, but enough that these horrible things are allowed to continue unchecked, for the most part.

Posted On 02/04/2024

HilltopJPJ

There are Amish also living in upstate NY, and I will be traveling over next weekend to pick up my Amish built wood fired sauna. There is an "English" guy who has contracted with the local Amish community to build these to custom specifications. I know it will be well built and I'm happy to help provide income to them in the winter months when they likely have some free openings in the usually busy farming schedules. They do have a gas or diesel fired sawmill for cutting the necessary lumber, I saw it when I went to view the saunas before making a deposit.

Posted On 02/03/2024

Horsea

I am relieved to hear that there are some comments here describing the imperfections in the Old Order Amish way of life. Another thing: they are generally successful because their way of life is made possible by their cohesiveness, which is based on a common religion and ethnicity. You can't just take a bunch of nonAmish who want to live more independent of The System, and buy a farm and make a go of it. These communal or semi communal setups will collapse in no time because of the differing personalities, backgrounds and cultural beliefs involved. This was shown during the 1960s and 1970s "back to nature" attempted collective way of life. They just couldn't "get along" in spite of an interest in living more in tune with the natural world. You need more: common blood and religion. The Amish have these.

Posted On 02/03/2024

Otorongo

Horsea: I could not have said it better. it is a great model that is presented by the Amish, raising a barn in a day takes a community of like minded people with the same moral and cultural beliefs. And although some are saying the older daughter doesn't have a choice in the previous post by Frankathleen: The older daughter may not see it that way. We only see it through the lens of a feminist view. Amish/Mennonite on the other hand see it as their way of life and a position in the family that is needed and respected. Children should have that. And in families with many children, that is how they survive. Just because we live a different life doesn't mean theirs is wrong. It may not be perfect but who of any us are.

Posted On 02/03/2024

Horsea

@Otorongo. Many thanks for replying to what I said and your added info. With the Amish, if the kids don't like the living conditions they are free to live AFAIK; no one is chaining them down. They don't want anyone hanging around who is going to constantly complain and drag the entire community down. Everyone in this world, and I mean everyone, especially here, has to get away from the idea that social (or political) systems can be perfected. I think that history has shown us clearly what happens when powerful people try to impose their idea of a Garden of Eden on the entire population. "You will own nothing and you will be happy". Right...

Posted On 02/03/2024

markgreenhousebed.com

How do the Amish avoid paying social security? It was stated here that they do.

Posted On 02/03/2024

brianallen1

SS payments are only collected from employees who contract via the W-4 form.

Posted On 02/03/2024

otis101

Most Amish are self-employed. They pay both sides of SS on their tax return. In other words self-employed pay both an employee share and the employer share. Brian is way off base and wrong with his answer.

Posted On 02/04/2024

stuckinamoment

I have no experience with Amish, worked alongside a lot of Mennonites. Good people, their farms were lovely. An inordinate amount of concern about money though. Not much talk of Christ or salvation either. Just your average American without the TV.

Posted On 02/03/2024

Horsea

Re Mennonites. They are divided into old style and modern. The so-called "old" style have huge factory farms. For only one example, an acquaintance of mine went on a visit with her group to see a Mennonite farm in Canada. She was horrified by the thousands of chickens all piled up in cages. Yes, they may wear modest clothing and not have television, etc. but in some ways they are no better than the rest of us. They also do chemical-based farming on huge tracts of land, giant tractors, the whole ball of wax. Etc.

Posted On 02/03/2024

sunflowerjanis

Interesting point. Horsea, not good in regards to all those poor chickens. This NO better than the factory farming that's mainstream. They aren't practicing true regenerative organic farming. I suppose this falls in line with how they think and feel in regards to animals: inhumane and they could care less about these poor creatures well-being. Well, I suppose I'm going to go back to getting my eggs from the wonderful regenerative farm which is about an hour away from me. But, they do work with some local chain/corp grocery stores to stock their eggs. They are wonderful! Copia Farms near Utica, Ohio.

Posted On 02/03/2024

Horsea

@Sunflower Janis. I looked up Copia Farms and it sounds like a wonderful place. I wonder if it's anywhere near Jungle Jim's in Fairfield. If it grows or draws breath, it's at Jungle Jim's!

Posted On 02/03/2024

cows123

I have known (all I have known are now deceased) Mennonites who had TVs. The only thing that might set them off observationally, and I've stayed with 2 people I've known among others, around ten times total, were that they always wore long, covering dresses. Having gone to Pennsylvania Dutch 22 times, and just walked around the farm area for days, I have seen, and when there is a reason beyond just saying 'hello', spoken with Amish people. The Amish in the movie are much more liberal than the ones I've seen and spoken to, in many ways. They are more like the old order Mennonites I've seen or met.

Posted On 02/04/2024

cows123

Having been to the Pennsylvania Dutch area 22 times. And, except for the first time when I was there with people in a car, not being a driver, just walked through the farmland for days communing with everything there. There's lots I can say based on my observations. But, my first observation, their shirts, and based on continuing observations when watching the video, the Amish in the video are much more liberal than the Amish I am used to. They seem similar to the old order Mennonites I've seen or had a reason to speak with, beyond just saying 'hello'.

Posted On 02/04/2024

grulla

I'll repeat this Lew Rockwell article link from yesterday, about globalists trying to control growing your own food in the name of carbon control. www.lewrockwell.com/2024/02/brandon-smith/globalists-will-use-carbon-c..

Posted On 02/04/2024

Macskak

I 100 % believe that "convenience" is what and what would kill us.

Posted On 02/03/2024

GoldCoaster

Living in an Amish community may appear to be very healthy in many respects, but, in part due to their isolation, it is an extremely patriarchal society at its worst. Women are controlled with little rites, as in centuries ago. It is not a loving and kind community as it is portrayed to the outside world, but a predator's paradise. ... There's a shocking 2022 2 part series called Sins Of the Amish that I watched on TV (can look it up on-line), that examines the plague of generational sexual abuse in the Amish community and the broken criminal justice system that has failed to protect the victims. 1 in 6 females are raped. One victim's abuse started with her being raped by her father when she was 5.

One church senior was a perpetrator. Incest and rape is not reported to police, and girls are told something along the lines of, keep quiet about it if it happens to you, and reporting it is a sin. One victim was raped continuously by her brother, but nothing done by her parents to protect her. He even ripped a door off its hinges in a room, where she tried to run away from him one day, then he raped her. She ran away eventually and reported him to authorities. During the court cases, the community all turned up in buses to support the perpetrator, not her.

Posted On 02/03/2024

pillroller

That lifestyle is wonderful for the men, not so much for the women and children.

Posted On 02/03/2024

Erena5

That idea Amish community sounds great in theory, however, we, who already living in the opposite side, We Can build our off grid community(s), including some of the civilized parts of the present. I'm sure, that's possible :)

Posted On 02/03/2024

kwik54

Absolutely awesome! I love the Amish and their way of life! Visited the Amish country in Lancaster County, PA when we took our daughter to a college summer camp for bright kids at Moravian University in Bethlehem, PA. It was beautiful out there and was like stepping back in time, to a better time! Most of their lifestyle appeals to me and I really admire and respect them!!!

Posted On 02/03/2024

agapegrl

This is a good article from Dr. Mercola, but my husband and I noticed significant differences from our experiences of being "Aunt & Uncle" with our 40-something Amish parents and their children. We DO know what we are talking about, evidenced by being invited to stay in their home for several overnights MANY times, whenever we drive down to visit them ever since they moved near Knox, PA. What we know is that without enough fuel, the Amish would have a hard time living the way they do. They use gasoline, kerosene and gas-driven pumps to get the water from their well up into the attic. That water flows into their faucets via gravity feed. That is how they have water to wash laundry, dishes, to cook with, to bathe and water their many close-to-the-house plants, etc.

We have also seen them frequently use large batteries to operate electric fencing for livestock. Not allowed for frivolities!! They do not allow cell phones inside their home, but on the porch is fine. Upon an infrequent, urgent occasion, our Amish friends may even accept the cell phone from us so they can speak to the person we have just called for them. We do find it quite frustrating, though, to be unable to call them, because that means you MUST call a neighbor who does not live by their rules and have the person find the time to stop by their home..

This can be very difficult & delayed. Another thing is that though Amish do not own nor operate cars, they are pretty dependent upon drivers who will drive them where they need to go for money. I used to be one of the drivers for "our Amish Family" (for free) back when they still lived in our area. I still buy a lot of bulk groceries for them and drive them down to them in PA when we go visit, ex.: 25# bags of Redmond Real Salt. (cannot buy in their countryfied area and 2x the price via order!). We are also in awe of much of the children's skills & abilities from a young age. Amazing! 2 of the 3 kids just shot their first deer! MEAT 4 winter! Yay!!

Posted On 02/03/2024

job9420

0:44 'Demonstrators at Monday's rally say one group often overlooked in child abuse cases, are the Amish and Mennonite communities. I think that most people romanticize the Amish and Mennonites more than anything else. And so it's really changing the narrative. They have a higher abuse rate than almost any other church because they are so insular.' youtu.be/1frNP1Acs90

Posted On 02/03/2024

epi-cure

I had an aunt who was part of a church mission in Africa. She said that despite the dire poverty and ongoing food insecurity that people there, especially the children, were joyful. It was an example in what they and perhaps we too might be able to do without. Life without modern conveniences would take some getting used to. For example, the shipping charges on Mercola nutraceuticals will be greater and delivery slower. Pony express delivery will be several days and carrier pigeon capacity will be closer to by the unit than a months supply or greater. Might just be reason enough to move closer to the source to shrink those transportation fees. Imagine caravans of wagon trains moving to warmer climates.

Would the population of Florida double, even triple? (but a silver lining is that many luddites living off the land could finally solve that states python population explosion especially if Texans tired of their border crisis relocate bringing their barbeque culture). Photos of yesteryear are decidedly different than those contemporary dentistry centerfolds. Was it those 14-hour workdays that made folks smile less? Hence a proverb for Klaus contrarians might be, 'at least you'll own something but you won't look happy'. Here's a projection of Doc M. & concubine should that day arrive: www.artic.edu/.../american-gothic

Posted On 02/03/2024

Naxossa

Ontario has a growing Amish community. We get all our firewood from an Amish saw mill. An Amish saw mill? Yes !. they use a generator to drive the mill.

Posted On 02/03/2024

jca652041

How's that generator powered?

Posted On 02/03/2024

Naxossa

Powered by Diesel fuel

Posted On 02/03/2024

SOS Mom

In the event of a solar flare that scientists say could happen in 2025 they will also be best off.

Posted On 02/03/2024

airsurfer

hi, there is nothing scientists (especially those on tv on the terror show called 'the news') can do about a solar flare, assuming it exists. Gullible people will only get more scared of the sun, shunning it, living a more miserable life, goal achieved (or even demanding a 'solar shield'). They can only put you in fear, which puts them in charge. Same m.o. as always.

Posted On 02/04/2024

kirsten1231

I want Dr.Mercola to go live with the Amish for a year.lol

Posted On 02/03/2024

gracefulheart

Yes a lot of benefits to living life without the harmful technology and fast paced ideology of current Society. However, it must be brought to peoples attention that a lot of puppy mills are on Amish territory such as in Lancaster, PA. This side business of some Amish is exploitative of dogs and really a bad way to create money which is what they are doing it for.

Posted On 02/03/2024

vic7794

I used to think the Amish were these gentle people (and in some ways they certainly are). I also wondered what it would be like to live such a simple life. Not anymore. One thing that the Amish keep very well hidden is that many run puppy mills. These animals live in squalor conditions. I have personally witnessed it. How can they be so good when they treat their animals so poorly? They also routinely dump their work and carriage horses in kill pens. Animals to a lot of the Amish are nothing more than utilitarian. When they have served their purpose, they simply throw them away.

Not all, but a lot! When I became educated about this, my attitude changed dramatically towards the Amish. I don't see them or their way of life as some grand notion unless of course you don't value all life which I do. No dog deserves to live as an object and no horse deserves to be worked its entire life, even when it should be retired and then when it becomes inconvenient, is dumped at a kill pen to be shipped to Canada or Mexico for slaughter. No, the Amish aren't the be all end all for sure!

Posted On 02/03/2024

eileensimon

Do the Amish take medications? Are they harassed to take pills for blood pressure? Or are they allowed to just say NO?

Posted On 02/03/2024

brianallen1

They are able to just say NO just as you are. Seeing a doctor and being drugged is simply a personal choice.

Posted On 02/03/2024

Sanbruno69

CUT THE CORD I've never seen a commercial pushing the clot shots. Advertising pharmaceuticals on TV, newsprint or radio are illegal in Mexico! Viva Yucatan!!!! Avoid all American Healthcare. De Nada

Posted On 02/03/2024

brianallen1

Sanbruno, you'd better watch it or I might move next door to you. Que lastima!

Posted On 02/03/2024

Horsea

Where adults are concerned - no problem in refusing to take any pills of any kind. However, I am not so sure where their children are concerned. Take any child to a doctor, try to refuse the drug oriented treatment, and you will find out what Trouble is.

Posted On 02/03/2024

brianallen1

Because the Corporation owns the child via the CERTIFICATE OF LIVE BIRTH.

Posted On 02/03/2024

Mercgal

I found this very interesting....the fact is not many Americans could manage to live this lifestyle. The obesity rate is hovering around 68% (last time I checked) and the majority of people simply could not work as hard as the Amish Do. Also, what about those of us who have no family? Im in great physical shape, can work a 10 hour day easily, but only have one family member, my 35 year old son. It would be hard to manage acreage and livestock with only 2 people, and Im fairly sure the Amish would not take us under their wing (perhaps I am wrong)....? I currently live in AZ and growing anything here is almost impossible with the lack (and price of) water.

Im contemplating moving elsewhere and going off the grid as I already never watch the television and am quite capable of working hard....BUT....what happens if I break my leg? How would my son run things without me? He also is a hard worker and at 35 in the prime of his life....but I dont see how 2 humans can make it alone! Thoughts are welcome. We did not fall for the Pandemic BS. I retired from my 30 year career in healthcare as I refused to be poisoned. (I can also bring health care and emergency services to the table).....I can see true evil afoot in the world now.

Posted On 02/03/2024

kirsten1231

Thank you for everything.We should not be forced to live like the Amish.If you study their vommunity the leaders control the community and you can be shunned for not following the rules-like drinking alcohol.Its cultish.Its great not to be addicted to your phone or computer,but I want this technology in my life.A lot of us rent and cant get generators .A lot of us live in spaces where you cant plant your own food or have animals.I understand the jist of your article is based on the false flags the globalists will pull.Wished I lived on a small farm,but not with the cultish,controlling Amish.

Posted On 02/03/2024

John_Ragan

I considered myself fortunate to have lived in an Amish house in the Missouri Ozarks for a few weeks before we had to retreat back to the world. The Amish do have good skills, but they are just as reliant on the supply chain as we are - and will be just as screwed when the grid goes down. I saw the EMP Commission report in 2008, which made me realize the only way to survive was in an off the supply chain community. During Reagan's second term, I was an Air Force officer working in the basement of the Pentagon as a developer on the Nuclear Planning System.

Not once during my time at the Pentagon did I hear about EMP. If you haven't read the EMP Commission report, please do so that you may understand what we're up against. It was shortly after that report came out that I discovered the sun could cause that same outage. Read about the Carrington event to understand that. I started watching Ben Davidson's SuspiciousObservers channel on YT in 2012 to keep an eye on the sun. We're reaching the end of the ~12,000 year galactic current sheet cycle, meaning you not only need the skills and community, but also need the right location.

If you would like to write a book or do a video series on what is needed to survive the grid down situation, I'd be happy to work with you on that. Many of the needed skills take years to master and trying to form a community is as easy as herding cats. My work is mostly mental planning - it would take a full year off the supply chain - without cheating - to fully understand what skills are needed.

I've given up trying to survive. My wife lost her thyroid in 2021. I asked her doctor what would happen without her thyroid pill and the answer was she'd die miserably within a few months. Without water we'll die within a week. Without food within a couple of months of the end of your supplies. The fatality rate in the EMP report is too optimistic. Based on just the carrying capacity of the land, that fatality rate is at least 99.5%.

Posted On 02/03/2024

All nature does is inbreeding. All the elites do is inbreeding. They put it in our heads that it's a source of disease, while it's not, it breeds out what is too weak before being born in the 1st place. But if you want, you could argue that it makes a wider range of physical fitness from weak to strong. I am not comfortable with the idea of incest in my own family because that's how I was programmed, but that doesn't make it naturally correct. Shunning others out of implanted fear is never a good plan.

In doubt, observe nature. Also, why would there be any more violence in a community where you have more humane interaction with other humans? That's nonsense, it's promoting the idea that we need electronic buffers to 'protect' us from ourselves. Then why has nature created us like we are? Ask yourself: is it better to have short physical 'violence' like animals, or is it better to hold a grudge for days with people you live with? A natural (=self regulating) hierarchy makes things a lot easier and a lot less stressful.

Also, would you rather have a short physical fight with a relative, or an impossible fight against a system? One gives a quick outcome, the other gives years ('justice' system) of misery. Can't you see the works? There is no such thing as life with zero suffering. But there is productive natural suffering, and there is parasitic nonproductive unnatural suffering. Nature doesn't create moneyladen overlords. The food in your mouth is directly proportional to your effort and is limited by laws of life.

Never has there been a human 50 times bigger and stronger because he ate 50x more than the others. While in the money system 50 is a joke, more like 50thousand/million times richer than you. The system is made to disconnect you from life and to harvest your misery (sell it to entities who feed on it). The control grid is to make sure you cannot escape the misery farm. Whether the thing feeding on misery is necessary for life is up for debate.

Posted On 02/04/2024

airsurfer

I can't remember their name but there is a community of amish-ish people of german-ish origin (blonde hair) living in the south and known for congenital health problems. Well, there you could argue that inbreeding is cause of problems. But the real problem is blonde hair and fair skin and living in a very sunny region. That is not their native environment and thus not ideal for health. That is the root cause of the problems. In that particular case, crossbreeding would help as it would alter the gene pool to more sunny-region genes. If crossbreeding would really be the key to health, then by now we'd all look like those 'universal people' the globalists propose: all slightly tanned (it has to fit into the cultural view of the moment), all average height etc.

It's not at all like that because nature doesn't live in a pipe dream. Organisms are specialized, inbred to their native environment. In case you stay in your native environment, the cross breeding (with an outsider) makes you WEAKER (less adapted). It's like crossing a camel with a seal expecting to create the perfect creature capable of cold and hot and wet and dry. It's a globalist pipe dream and biological nonsense.

Posted On 02/04/2024

InsultingConsulting

The e-bike could be a very dangerous source of EMR. I don't recommend those! Wayne Keith gets about 5200 miles/cord in his Dodge Dakota light pickups (and that's with slash from his farm). Rocket mass heaters emit 1/1000th of smoke of wood stoves and use 1/4th to 1/10th the fuel and a system of codes and permits has been set up for their use in Portland, OR. Ernie and Erica Wisner are the recommended teachers to teach contractors how it's done. G-d willing after the music video comes out, I should write a book called *The Big Boycott: End of the Wireless Age* and this should address the global scale repentance necessary to stop the wireless sector and should address the reasons why most people who know better haven't given up their cell phones despite the great wealth of information in the riveting but encyclopedic book *The Invisible Rainbow* (with ~140 pages of fine-print references at the end).

Hint: the reasons for not giving up cell phones are emotional/subconscious, not something to do with any conscious reasoning process. Thank G-d, I got rid of mine about 7 or 8 years ago. But sadly, this was years after I knew I had to get rid of it! It's a huge relief to ditch the cell phone. In the Mercola-relevant realm of generally preserving health and encouraging independence, readers might also like to consider my recent free report *Abortion and Gun Control: Cause and Effect* (promotional poster also free at the site).

As it turns out, gun control is very bad for human health (probably the worst of all murderous policies with about 170 million disarmed people killed by their governments in 20th century) and abortion is proposed in the report as one of the root causes of gun control (in the Heavenly Court) rather than there being merely a geographic connection between gun control and abortion/a mere natural phenomenon of what some might have probably tried to call 'liberal voters voting for liberal causes,' etc. A Noahide, John

Posted On 02/03/2024
