

RaajSingha

After using ground water for years, for the last 4 months I am using well water filtered through home installed RO (Reverse Osmosis), I hope that makes my water, otherwise crystal clear at the source, safe for consumption. Already thick into the monsoon here, rain water is being collected and used for all purpose now. Rainwater, I believed was the most pristine, beautiful, cleanest and the safest of all water (that is after the first few downpours) but now it is reported that rain water too may have its own disadvantages. There is a stream 4-5 feet wide that flows about ½ a mile away from where I live. It is a pleasure to behold the shimmering water. The water is so clean you can count the pebbles below. Since the water comes flowing down the hills a few miles away, I was sure it was the cleanest of all water, but now after reading the article today I recall there is a BSF (Border Security Force) base in between the hills and the green field through which the water flows. Is there any safe water left in the nature any where??

Posted On 05/24/2017

grulla

"Raaj", have your well tested by a lab that specializes in ground water testing, assume nothing. As for that stream, wild animals pee in it, and you are right about being suspicious of that BSF base, so be careful about drinking that, as good and pristine as that water may appear. And again, assume nothing. See my comments in yesterday's #2 fluoridated water article.

Posted On 05/24/2017

seg

Yup rainwater is good water, but today everything is polluted beyond belief, so even the rainwater has many undesirables in it..By far the best water on the planet to drink is from an "unpolluted" mountain stream, if you can find one..The taste/structure is awesome and chock full of the minerals we all are so desperately lacking today...

Posted On 05/24/2017

veritasoreventus

Raj- "Is there any safe water left in nature?" Best answer: Probably not, why blindly trust it when there may be better options. In the USA , for example, corexit is still being sprayed in the Gulf of Mexico to neutralize oil leaks from our oil drilling efforts and disasters. Corexit is known to evaporate and get into the rain clouds which then bathe the entire east coast. Think your rainwater is safe elsewhere? Guess again, grulla and seg have cautioned you:

www.livescience.com/18622-radioactive-rain-natural.html

seg- Waiting for Yam to weigh in with his take on the best water on the planet (structured water: www.dancingwithwater.com)

All the while knowing that sipping from the fountain of youth is also an essential:
www.youtube.com/watch

Posted On 05/24/2017

seg

vero yeah the yam meister is likely still in bed getting that much need rest..could also be from too much sipping,structuring or restructuring lol...

Posted On 05/24/2017

Pat 444

It was 5-6 years ago, I read an article about a home owner, being fined \$5000 for creating a special system to gather rain water in his courtyard.

Posted On 05/24/2017

seg

Yeah Pat that homeowner is Gary Harrington from Oregon, he got 30 days in jail and over \$1,500 in fines because he had three reservoirs on his property to collect and use rainwater. Careful when taking a piss in Oregon, the state owns it all... www.cnsnews.com/news/article/oregon-man-sentenced-30-days-jail-collect..

Posted On 05/24/2017

stoic

reign water...yet, how many have any interest in spitting the bit&reigns? ~ 2%. degenerate gambling (among other) addicts eventually beg the conclusion that they love to lose, so long as the illus(ion) of *possibly* winning (the lottery) "exists." human nature does not nurture progress; it fertilizes stasis.

Posted On 05/24/2017

steelj

As much as is practical, we gather natural spring water. The nearest spring is about 70 miles away, and we usually get about 18 gallons. It's fun and satisfying, you all should try it. Tastes great too. I've read that surface water can't be trusted because there's no telling how much it's been contaminated by microorganisms. A clear mountain stream is probably great as far as industrial pollutants go (assuming you have a idea of what's in the upstream watershed). But surface water is always going to have bacterial contamination. How much and how dangerous it is just depends, and varies in the same stream over time. Spring water has been protected from bacterial contamination, mostly but not totally. I was going to get ours tested, till I learned more. The labs around here only test for coliform and e.coli. Not for other pollutants. Our spring comes out of the ground into a tiny pool before it shoots out of a pipe where you fill your containers. That pool, as well as the ground contact as it nears the surface, is enough to ensure coliform presence, even though it has a total turnover every 30 seconds or less. And e.coli too if it contacts anything with some fecal material on it. So why test? It's going to show coliform for sure, and possibly e.coli, but is still probably the best water available to us. I hope this info helps somebody, and if anyone has a different take on this I'm listening.

BTW, for those interested, it's not coliform and e.coli that the tests detect that are necessarily dangerous (although some e.coli is). Those are simply easy to test for, and are used as indicators of presence of microorganisms in general (coliform) and fecal bacteria (e.coli). If they are detected, other organisms will be there too, which may, or may not, be dangerous. It's not possible to test for all dangerous pathogens specifically, unfortunately. BTW, we found our spring thanks to Dr. Mercola!

Posted On 05/24/2017

argonaut1

The air on the outside of most homes is so bad, I don't want to open the windows. We've got radiation coming from Hanford. Multiple chemicals being sprayed onto us as "chemtrails". The neighbors yards are being sprayed daily by fertilizer/,pesticides applications. You can't even go do a casual walk thru the neighborhood. These people getting these yard sprays are some sick people. I'd rather have a few weeds rather than an aquifer full of glyphosate and fertilizer. People are totally ignorant when it comes to the environment...

Posted On 05/24/2017

anmabu10

) Seg, ...toxic spouses... immediately made me smile but reflection quickly sobered my humor. (The following is not directed at Seg but for all to ponder) Toxic spouses generally come from/through toxic/tragic situations (too numerous to list)--the resulting wear and tear of emotional stress on self and others certainly challenges our immune systems (Google stress #1 health problem) making us even more susceptible negatively to the onslaught of external chemical and environmental toxins. A healthy, peaceful, joyful mind is a healthier body. Even as I have enjoyed reading comments here over the last 10 years I sense so much fear, frustration and anger; many times even a sense of powerlessness. What is happening to us, to our beautiful earth, can be overwhelming, but we control how we choose to filter mentally/emotionally these things that come into our lives via our eyes (the eyes are the window to the soul). Loving question--what is going on in your heart as you take in what is dished out? If peace has flown some sort of fear is probably present... and that which you find yourself meditating on rules you. Who/what is your master?

Posted On 05/24/2017

strangemagic

You got it going on! Great salient wisdoms

Posted On 05/24/2017

Suzubick

A toxic spouse usually has a toxic spouse...

Posted On 05/24/2017

seg

anmabu you touch on a very important issue - stress...Over the years i have found out, for me the best way to deal with excessive stress is to look at MY "attachment" to things, look at my WANTS and my NEEDS..Sure It would be nice to get EVERYTHING i WANT, but even then there is always going to be more and more things i would WANT and when i don't or can't get them it creates a whole lot more stress in my life....As an example, maybe not the best, but let's say i really want to be with a VERY HOT gal.. If i don't get her then it creates a lot of stress.. AND even if i do get her it still creates a lot of stress because now i am thinking every guy on the block wants to steal her away from me, it's like a loose, loose situation...

Stress can come from many angles, but i always try to ask myself do i really WANT these things, can i get ahead WITHOUT them and surprisingly I would find i can cross off a lot of things i think i WANT but don't really NEED... and lessen MY burden...In short , i always try to look at my WANTS, NEEDS and my ATTACHMENTS to things..Dialing back to our NEEDS can help to significantly lessen the burden and potentially avoid excess stress in one's lives - focus on your life and forget about the Jones' while we're at it..

Posted On 05/24/2017

Humblesage

Obviously the fewer toxins in ones life the better. Making cleaning products from vinegar and baking soda is a great way to go. My questions is how do people afford things like organic mattresses and reverse osmosis water filters? I barely have enough to live on. I cook healthfully from scratch and do not consume any junk. Any extra I have goes to herbal supplements that nurture my health. I've heard the "spend it now or spend it on the Dr. later" line so many times I could scream. Few people understand that those of us with limited means can't always make that choice. If it comes down to the latex mattress or the mortgage...the water filter or the electric bill, there is no debate.

Posted On 05/24/2017

veritasoreventus

This article is great information for everyone to follow in their daily living. A few more suggestions also come to mind (and I'm sure there are probably plenty of other good suggestions that might be added as Dr. Mercola readily indicates):

- 1- Avoid insecticides and treatments
- 2- Find a place to live with a very low or nonexistent radon reading in the ground below your dwelling
- 3- Live as far away from a nuclear power plant as possible (There is research indicating higher cancer incidences in bulls eye type patterns for approx. 25 miles surrounding most nuclear power plants according to a report read on air by Gary Null.)
- 4- Consider opening windows (ventilate residence) on opposite side from the prevailing winds for that particular day. (Check the daily weather report) Pollution and pollen are carried by those winds and airborne stuff (generally) will not reverse direction to enter a dwelling from the leeward side of the building. Cross ventilation is best after a rainfall and or when clean air conditions prevail. Ventilating during the heating season can be VERY problematic if temps dip to the level where people are heating their buildings. Leeward ventilation becomes a must if any air is being introduced to the indoor environment.
- 5- Avoid living near cell phone towers and high voltage power lines
- 6- DAILY DETOX - Always a must mention

Posted On 05/24/2017

seg

yup vero, always a mention, daily de-toxing needs utmost attention :)

Posted On 05/24/2017

maypoboy

I was just wondering. I'm about to replace my mattress and I was contemplating natural latex. I thought this was safe. They are made of talalay or Dunlop rubber I believe. Can anyone comment? Thank you.

Posted On 05/24/2017

jmiller739

The Spindle natural latex mattress looks like a good value. They recommend buying a natural latex pillow first if there are concerns about potential allergic reactions. The following video breaks down the materials & construction, comfort levels, temperature, motion isolation, edge support, price, etc...
www.youtube.com/watch

Posted On 05/24/2017

Kithara

I've been looking at this manufacturer who uses natural latex, and hope to get a hands-on introduction of their products in the near future: <https://savvyrest.com/>

I'm getting a lot of resistance from my spouse about getting a 'natural' non-toxic mattress, but this is an area that I won't compromise. In the meantime at least my cats have organic mattresses.

@Seg - I hear you. Thanks.

Posted On 05/24/2017

seg

kithara et al, don't forget some folks are allergic or sensitive to Latex....Getting that new natural non toxic mattress might be a tough one, resistance is a hindrance to the flow of charge lol...

Posted On 05/24/2017

quiltingmatilda

"Latex" balloons are mixed/contaminated with plastics. Is it the same for mattress materials? Try New World Manufacturing in Cloverdale CA for a nontoxic waterbed. I have had three since 1979, the last still going strong since 1999. Ask for Becky, the owner. I am just a loyal, satisfied customer that is very happy with my bed.

Posted On 05/25/2017

wariormom

Even as a young child I was aware of how the off-gassing in a new car would make me sick. Not to mention the fumes created at the gas pump! As an adult I have learned to only buy a car that is 2 years old and already aired out. I look for low miles and I install an air cleaner into the car. I keep my cars for many years for this reason. Many new model cars today have built in air cleaners. This helps with the addition of the option to keep the air out from outside, although sunroof open is fine in good weather. The leather seats are always a problem though. They use so many chemicals to treat them. Cars are toxic. Too bad someone doesn't change that and market it....I'd buy one!

Posted On 05/24/2017

A7

On my car you can see a film on the windshield from the off-gassing.

Posted On 05/24/2017

forbiddenhealing

Is a toxic world out there, unavoidably so since all the monopolies with their conniving little Poindexter scientists having created a techno-dependency on their counterfeit stuff; pretty well OWN us. One can get a hair analysis to see the metal fraction of his exposures and maybe even track the source....but in the end, the rate of excretion must exceed the rate of ingestion... Mega C/baking soda, chlorella, charcoal, polyphenols, sauna, etc. are now survival skills...

Check 2nd post; DETOX; www.forbiddenhealingforum.com/forum-comments

Posted On 05/24/2017

seg

To add, how about 5) Toxic foods/beverages, these are ingested directly, they have a huge impact on your overall health. 6) EMF'S/Dirty electricity..7) Stepping on egg shells here, in some cases how about toxic spouses..

Posted On 05/24/2017

RaajSingha

It has been more than 5 years now since I stopped using municipal water. No fluoride but some amount of alum and chlorine are added at the treatment and supply point here in India anywhere you go. Today the moment I smell bleaching powder I am reminded of the after school summer fun time at the swimming pool. Not only the water but our clothes too reeked of bleaching powder.

Posted On 05/24/2017

quiltingmatilda

It is misinformation that causes people to believe that bleach cleans. Bleach turns white fabrics gray, and if the white cotton is mixed with polyester, it will turn it yellow.

Posted On 05/25/2017

Krofter

It's interesting to note that many of the issues listed in the article have to do with life in the city or suburbia. Are conditions in the country perfect? No. But the small cob house I built, the farm from which I derive most of my simple needs and the well from which my water comes all come much closer to our ancestral lifestyle - a lifestyle that could be construed as much more befitting than the deadly pathway of modern syphilization. Many of us are striving to return to an ancestral diet. Why stop there? Shouldn't the next step be to mimic an ancestral lifestyle as closely as possible? I'm not talking about going back to living in caves, but there are many ways we can simplify our lives while reducing the toxic load on our bodies and on our Ma. erdakroft.com/.../Blogs.html - naturalhomes.org/natural-building-workshops.htm - www.harvestingrainwater.com -

Posted On 05/24/2017

strangemagic

I envy you just the peace and quiet of the rural landscapes, the most impactful thing i ever read as a 10 year old was the red pony by john steinbeck, your post always remind me of that., perhaps im a Gitano of sorts.

Posted On 05/24/2017

strangemagic

Ha ha , toxic spouses, well, i have had two of them. Now i have an absolute angel for 20 years. I look at the first two mistakes and appreciate their hormetic effects.

Posted On 05/24/2017

seg

LOL , and then there are some spouses you can't live WITH or WITHOUT..www.youtube.com/watch?v=XmSdTa9kaiQ&list=RDMMg0_FvK51wOQ&index..

Life's lesson learned, especially when you learn the "hard" way are seldom/never forgotten :)

Posted On 05/24/2017

strangemagic

One source of fumigant toxins that probably goes under the radar of consciousness is autos, yes we've all heard the saying " that new car smell" could any enclosed space have more toxins than a new car?think of that thing sitting in the sun and the temp reaching 140°F and all the paper, plastic, and resins offgassing

Oh yeah, warriormomma, i get that, i drive a 30 yr old nissan, pickup truck.

Posted On 05/24/2017

Pat 444

I am not sure if it is for security reasons or protecting the population from cold, most office buildings don't have windows at all in North America. You can see high-rise buildings, with glass walls all over the floors, and sometimes the ventilation inside does not work properly. When I was studying in the university, and my daughter afterwards, we were suffocating inside the class, waiting eagerly for a break to go take a deep breath outside. No windows to open.

You know the brain cells are the most vulnerable during lack of oxygen, then it's the heart turn to be affected, with myocardial dysfunction, and all the migraines that my sister had had in her former job environment that she had to quit. When I try to explain about lack of oxygen and pollution to a few co-workers, they don't want to understand that, and once I was told to have a Portable Oxygen Tank on my back wherever I go. The problem with them is: "They are afraid the good warm air from inside would fly away, and they would have to spend more energy related expenses for heat or air conditioning.

Posted On 05/24/2017

strangemagic

strangemagic has deleted the comment.

Suzubick

Ah, the problem of poverty that has exercised minds much greater than mine for millennia! In the Old Testament, there were a fair number of laws protecting the poor, for example allowing them to glean and regularly scheduling years of jubilee in which the debts of the poor were forgiven. Jesus suggested that the rich should sell everything, give the money to the poor, and follow him. This seems to be a very unpopular solution among wealthy Christians. To be fair, Jesus said that the poor would always be with us, so he had no longterm viable alternative. Communism tried to put all resources into a common pool, but the tragedy of the commons played out there just as inevitably as in Britain's flatout monarchist and then capitalist society. The Scandinavian countries use laws and regulations in a form of democratic socialism/social democracy to keep the wealth gap as narrow as possible, use tax money to provide free education and good health care for all, and privilege social welfare over The Economy - not that their economies are struggling. However, that requires a specific set of cultural norms that's not common in the western, eastern, or southern worlds. Do I have a solution? Nope. Do you?

Posted On 05/24/2017

Christian_brother

(AKJV) The Book of Daniel chapter 11:32 And such as do wickedly against the covenant shall he corrupt by flatteries: but the people that do know their GOD shall be strong, and do exploits. 33 And they that understand among the people shall instruct many: yet they shall fall by the sword, and by flame, by captivity, and by spoil, many days. 34 Now when they shall fall, they shall be holpen with a little help: but many shall cleave to them with flatteries. 35 And some of them of understanding shall fall, to try them, and to purge, and to make them white, even to the time of the end: because it is yet for a time appointed.

Posted On 05/24/2017

strangemagic

Ok fair enough, but you cannot deny if you truly beleive in your God that he created concious beings that he knew frkm the start that he would burn in hell eternally. He doesnt love thise he predestined to hell, sorry facts are facts no bs zone here!

Posted On 05/24/2017

Christian_brother,

I don't know if this is what you meant, but there is a lot of health advice in the bible.

Israel had to trust God, without scientific facts, that the commandments about food were for their good. Only later did researchers find out that heavy metals accumulate on the bottom of streams and lakes, and shell fish--being bottom feeders, accumulate these, and contribute to long term toxicity.

Did you know that rabbits eat their own feces? They happen to be on the unclean list. The other unclean animals have similar hazards.

Some Christians, though, take Mark 7:19 out of context and say that "all foods are declared clean", when it is really referring to one's spiritual health. You can eat these foods, without spiritual contamination--but is it wise to do it on a long term basis?

The rabbis would condemn a house if it had mold in it that could not be prevented from spreading. They had to destroy the house and start over! And here, finally... only in recent years have health officials recognized that black mold is so dangerous that in some cases they have to condemn the building. The spores which carry the mycotoxins spread everywhere. Google search about the health problems of Andrea Fabry's family.

Before Israel knew about germs, they were told not to touch dead bodies, and to put their excrement in a hole outside the camp---both known germ sources.

Deuteronomy 4:6 - "Keep therefore and do them (the law of Moses); for this is your wisdom and your understanding in the sight of the nations, which shall hear all these statutes, and say, Surely this great nation is a wise and understanding people." The Law doesn't justify us, faith in Jesus does, but the Law is still wisdom. This is only a sampling, theres more health wisdom in there.

Posted On 05/25/2017

Guillermou

Fortunately, you can improve your indoor air quality by adding some houseplants. Indoor pollutants that affect health include formaldehyde, volatile organic compounds (benzene and trichlorethylene or TCE), biological air pollutants, carbon monoxide and nitrogen oxides, pesticides and disinfectants (phenols), and radon. These pollutants contribute to 'sick building syndrome', which causes symptoms ranging from allergies, headaches, and fatigue to nervous system disorders and cancer. Through studies carried out by NASA, scientists have identified 50 houseplants that eliminate many of the pollutants and gases mentioned above, In the links 10 plants were selected and four plants especially recommended by scientists and NASA that will purify the indoor air of the household of benzene, formaldehyde, trichloroethylene ammonia and xylene.

Indoor air pollution is one of the top five health threats today. Airborne pollutants such as car exhaust and dust mite allergens can negatively affect health. These toxins can reach the bloodstream and then to all parts of the body through the nose and lungs. Many global studies have shown how air pollution affects everyone, from the fetus to the elderly.

Poor indoor air quality increases asthma symptoms and causes headaches, fatigue, nausea, allergic reactions, hormonal imbalances, and damage to the liver, kidneys, or central nervous system. Indoor air pollution has also been found to cause cancer. TOP TEN INDOOR PLANTS FOR REMOVING FORMALDEHYDE, BENZENE, AND CARBON MONOXIDE FROM THE AIR learn.eartheasy.com/articles/the-top-10-plants-for-removing-indoor-tox.. (2020) www.organicspamagazine.com/plants-to-purify-indoor-air (2017) allergycosmos.co.uk/.../why-is-clean-air-important

Posted On 04/09/2024

Erena5

Gui Can't thank you enough for the valuable links you posted and your input on highly offensive, dangerous allergens sources at home!! " Poor indoor air quality increases asthma symptoms and causes headaches, fatigue, nausea, allergic reactions, hormonal imbalances, and damage to the liver, kidneys, or central nervous system. Indoor air pollution has also been found to cause cancer. TOP TEN INDOOR PLANTS FOR REMOVING FORMALDEHYDE, BENZENE, AND CARBON MONOXIDE FROM THE AIR" allergycosmos.co.uk/.../why-is-clean-air-important Very common problem allergycosmos.co.uk/.../dust-mite-allergy learn.eartheasy.com/articles/the-top-10-plants-for-removing-indoor-tox.. www.organicspamagazine.com/plants-to-purify-indoor-air allergycosmos.co.uk/.../why-is-clean-air-important Also, I'm wondering, how credibly this device? uvlizer.us/pages/uvlizer-home-disinfection-device-youtube-prospecting-.. It sounds really good...

Posted On 04/09/2024

Guillermou

What a joy Erena to see your comment!! Great links. I have a Dyson air purifier (about 700 euros) that detects and eliminates particles of 2.5 and 10 microns, formaldehyde, volatile organic compounds and nitrogen dioxide and eliminates viruses. We bought it when Covid started. We have very pure air at home and on the Tablet we look at the cleaning curve. www.dyson.com/.../air-purifiers The best time to ventilate the house is to open the windows first thing in the morning, and close them after half an hour, because this is the time when air pollution due to traffic is less. Furthermore, after all night, the CO2 level inside is higher and also because tropospheric ozone is generated by the combination of nitrogen dioxide and sunlight, reaching a higher concentration in the central hours of the day.

In general, the thick part of PM10 is largely composed of primary particles emitted directly into the atmosphere both by natural phenomena and human activities (agricultural, construction, industrial, etc.). Fine particles or PM2.5, on the other hand, are usually composed mainly of secondary particles formed in the atmosphere from a gaseous precursor (NO, SO2, CO2, NH3, etc.). Private vehicles are responsible for almost 80% of total nitrogen oxide emissions and 60% of particle emissions.

The automobile is responsible for 83% of the CO2 emissions responsible for climate change.

Biological agents: bacteria, viruses, mold spores, fungi, adhere to suspended particles and in the respiratory tract cause allergic or sensitivity reactions (asthma, rhinitis), or infectious diseases (flu, common cold, tuberculosis, measles, chickenpox). Ultrafine particles are capable of causing more problems than larger particles and may carry a risk of death from ischemic heart disease or fatal arrhythmia, as these particles easily pass from inspired air into the blood.

Posted On 04/09/2024

Guillermou

There are particles with an aerodynamic diameter equal to or less than 10 m (PM10) that usually reach beyond the throat. Those with a diameter equal to or less than 2.5 m (PM2.5) can reach the lungs. Finally, ultrafine particles, with a diameter equal to or less than 0.1 m, which can pass from the lung alveoli into the blood. Suspended particles present in the air cause negative effects on health. This has been demonstrated with both fine and coarse particles. They especially affect the respiratory system and the cardiovascular system. It has been shown that long-term exposure to particles at relatively low concentrations, common in urban environments, can affect the lungs of both children and adults.

Ultrafine particles are capable of causing more problems than larger particles and may carry a risk of death from ischemic heart disease or fatal arrhythmia, as these particles easily pass from inspired air into the blood. It is also noted that the increase in PM2.5 concentration increases heart rate and causes a greater risk of arrhythmia. Today, scientists consider that suspended particles are the most severe environmental pollution problem, due to their serious effects on the respiratory tract and lungs. PM10 is behind numerous respiratory diseases, cardiovascular problems, and lung cancers.

On the other hand, studies on long-term effects have estimated that exposure to suspended particles can reduce life expectancy by several months to two years. According to a study by the European Commission, published at the beginning of 2005, the presence of these particles in the atmosphere causes 288,000 premature deaths each year. Another study by the World Health Organization (WHO) published in 2004 states that exposure to suspended particles is the cause of the premature death of 13,000 children between one and four years of age each year.

Posted On 04/09/2024

Guillermou

Pollen, dust, dust mites, animal hair, ash, etc. The smallest particles are the most harmful since they reach the lungs and, given their size, can reach the bronchioles, hence their impact on health.

Chemical pollution: Variety of chemical compounds: CO₂, CO, NO_x, SO₂, VOCs, formaldehyde, benzene... They come from the incomplete combustion of traffic, boilers or cigarettes, from human respiration, from paints and pesticides, from furniture and construction materials. They have short and long term effects. Biological agents: Bacteria, viruses, mold spores, fungi... They adhere to particles in suspension and in the respiratory tract cause allergic or sensitivity reactions (asthma, rhinitis), or infectious diseases (flu, common cold, tuberculosis, measles, chickenpox)

Posted On 04/09/2024

NanaBarbg

How do you know if the Ionizing air purifier is safe? I have read so many negative things about them I have been afraid to get one but my old house has so much dust I would love one that trapped it better than the three I have currently.

Posted On 04/09/2024

David48

Are there **particular types** of air purifiers (machines) that have a greater risk of generating unwanted Ozone levels? As compared to other types of air purifying machines, which have less of a risk of making unwanted Ozone? || Especially when operated (ran) in a "too small room", such as described by Dr. M.: "Ionizing air purifiers generate negative ions that attract and trap dust and allergens. Just make sure your system is suitable for the size of your space. Using too-powerful a system for a small space can lead to excessive ozone buildup." I have in mind a specific brand of Air Purifier, but the capacity of the machine exceeds the square footage in my bedroom.

I'm trying to figure out how much (approx.) I have to worry about **ozone** being generated, when using a "non-ionizing" (i.e., regular HEPA) air purifying machine in a relatively small, confined space -- approx. 1/3 the cubic air space of what the machine's capacity is. Thanks, if anyone knows anything about this :)

Posted On 04/09/2024

TheBearRuns

29 Best Air Purifying Plants from NASA Clean Air Study - www.mashrita.com/29-best-air-purifying-plants-nasa-clean-air-study/

Posted On 04/09/2024

CMT367

Don't let your cat lounge on upholstered patio chair cushions...they've all been treated with fungicide that causes hyper-thyroidism in cats. My cat was killed by patio furniture, I didn't recognize the symptoms. Surgery is possible, but you need to catch the problem early. Also have pet health insurance... Your clothing will also acquire the fungicide contamination ...

Posted On 04/09/2024
