

Guillermou

This special issue “Antioxidants in age-related diseases and anti-aging strategies,” which includes five research articles, four review reports, and a systematic review and meta-analysis, adds new contributions that describe the mechanisms by which oxidative stress and the factors Inflammatories cause the appearance or progression of age-related chronic diseases, as well as new strategies to treat or prevent these pathological conditions. In a review Ginkgo biloba (GB) has health benefits for memory and cognition, AD, Parkinson's disease (PD) and dementia, which are attributed to its antioxidant, anti-inflammatory and anti-apoptotic activities.

Additionally, GB may exert benefits in cardiovascular conditions, hypertension, insulin resistance, fasting serum glucose, glycated hemoglobin, and dyslipidemia. Additionally, it can improve cerebral blood flow supply, executive function, attention/concentration and non-verbal memory and decrease stress. Bioactive compounds, mainly polyphenols, flavonoids, terpenoids and organic acids, are responsible for the beneficial effects. www.mdpi.com/.../htm (2022)

Posted On 03/18/2024

juststeve

Gui, with ALS, Parkinson's disease and Alzheimer's disease, maybe Huntington's' Chorea makes the Gut wonder is there a common root cause to trigger all of them. Or, is there a common physical link to be triggered leading for individuals bodies to manifest any of each of the dis-eases depending on other individual characteristics?

Posted On 03/18/2024

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We can also associate that impairment of insulin signaling pathways, such as the PI3K/Akt/mTOR pathway, would lead to insulin resistance. It could induce the synthesis and deposition of advanced glycation end products (AGEs), reactive oxygen species and reactive nitrogen species, resulting in stress, protein misfolding, protein accumulation, mitochondrial dysfunction, reticulum function and dysregulation, inflammation and apoptosis of metabolic syndrome. . It plays a very important role in various neurodegenerative diseases such as Parkinson's disease, Alzheimer's disease, Huntington's disease and amyloid lateral sclerosis. In this review, link.springer.com/.../s11010-022-04587-x (2023) Highly reproducible epidemiological evidence shows that type 2 diabetes (T2D) increases the risk and rate of progression of Parkinson's disease (PD) and, more importantly, the repurposing of certain antidiabetic medications for the treatment of PD.

has shown promise in early clinical trials, suggesting that the effects of type 2 diabetes on PD pathogenesis may be modifiable. The high prevalence of type 2 diabetes means that a significant proportion of PD patients may benefit from personalized antidiabetic treatment approaches that also confer neuroprotective benefits.

movementdisorders.onlinelibrary.wiley.com/doi/abs/10.1002/mds.29298 (2023)

Posted On 03/18/2024

badboy2

Niacin Vitamin B3 in the blood at the time of the stroke, can help prevent the paralyzing side effects of a stroke.An early study suggested that vitamin B3 (niacin) may help improve neurological function after stroke. In rats with ischemic stroke, niacin led to the growth of new blood vessels and sprouting of nerve cells, resulting in better neurological outcomes.Niacin directly affects neuroplasticity, which plays a crucial role in stroke recovery. Additionally, it has been shown to improve "good" cholesterol levels, which are often low in stroke survivors.in summary, while niacin has potential benefits, it's essential to strike a balance and consult with a healthcare professional to determine the appropriate intake. As always, individual responses may vary, and personalized advice is crucial for stroke prevention and recovery.

Posted On 03/18/2024

Catryna

I have had 6 TIA in the past 45 years, five of them since 2008. Every single one of them has occurred as the result of pharmaceutical reaction or environmental poisoning.

Posted On 03/20/2024

Godlovesyou1

Dr. M, I know for a fact that after being forced to take anxiety drugs for 2-3 weeks, I ended up with a twitching head and hands at the hospital and at home. As soon as I got home, I took your Ginkgo capsules, and almost instantly the shakes went away. Some of your products I will need to take for the rest of my life as I know firsthand they work. Thank you. Hope to be able to meet you and thank you in person someday, Dr. M. - Rachel

Posted On 03/18/2024

brianjstiles

Exciting news that we can now access articles without restrictions...However the restrictions haven't been entirely lifted as of yet...I tried to access this one today on an "anti stroke lifestyle" (in blue) but when I clicked on it I was directed to a page where I was asked to pay a subscription and effectively denied free access...

Posted On 03/18/2024

kur1567

Of course big yes to Ginkgo-> tho adding as if its incontrovertible its 270million yrs old reveals a huge foolish speculation bolstering certainly a worldview thats not credible esp. for pushing such ridiculous numbers out of someones hat so nonchalantly as if "WE the People" buy into well WE don't...!

Posted On 03/18/2024
