

Guillermou

Environmental toxins such as plastics, vaccines and electromagnetic fields, ultra-processed food, resistance to antibiotics, all of this is contributing to lower fertility and chronic and degenerative diseases. As Dr. Mercola reports, throughout the 20th century, male reproductive health has suffered substantial decline, as evidenced by declines in sperm count and testosterone levels and increases in reproductive pathologies. Infertility is a global health problem that affects 48 million couples and 186 million people worldwide.

Infertility creates a significant economic and social burden for couples wishing to conceive and has been associated with suboptimal lifestyle factors, including poor diet and fitness, and inactivity. At the same time, the prevalence of chronic diseases such as obesity, diabetes, and metabolic syndrome has increased dramatically. Metabolic and reproductive health are highly interconnected, suggesting that their respective trends are intertwined and, given the time frame of such trends, environmental and non-genetic factors are more likely to be the primary causes.

Industrialization, which began in Europe in the mid-18th century, has resulted in profound changes in our diet, lifestyle, and environment, many of which are causal factors in the rise of chronic diseases. Industrialization results in a nutritional transition from an unprocessed diet to a modern processed one, incorporating increases in sugar, vegetable oils, ultra-processed foods, linoleic acid, trans fats, and

Posted On 05/25/2024

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This change in diet has had numerous adverse effects on metabolic and reproductive health, characterized by chronic inflammation, oxidative stress, and insulin resistance. Furthermore, these effects appear to multiply throughout subsequent generations through epigenetic inheritance. Men's fertility is notably affected by obesity and diabetes, and an increase in total energy through processed food intake is arguably the key factor driving the obesity pandemic. A key mechanism described in the literature is related to adverse effects effects of inflammation on fertility, which could contribute to irregular menstrual cycles and other negative reproductive sequelae.

Dietary interventions that act to reduce inflammation may improve fertility outcomes. In 2030, one in six people in the world will be 60 years old or older. By that time, the population group aged 60 and older will have risen from 1 billion in 2020 to 1.4 billion. By 2050, the global population of people aged 60 and over will have doubled to 2.1 billion. The number of people aged 80 and over is expected to triple between 2020 and 2050, reaching 426 million. Jennifer D. Sciubba explains that, as a result of low birth rates, the world's human population is becoming smaller and older.

Thinking traditionally, the above would inevitably bring about a future characterized by labor shortages, bankrupt social security systems, and general economic collapse. Sciuba explains how to manage this "new normal" through, among others, ideas regarding the future of the employment situation and migration. www.mdpi.com/.../3914 (2022) link.springer.com/.../s42000-023-00431-z (2023) www.ted.com/talks/hannah_ritchie_are_we_the_last_generation_or_the_fir.. (2023).--

Posted On 05/25/2024

juststeve

Professor more Fear Porn, Scream Meme's where any kernel of truth once a possible concern has long since passed. It all smells more of Control the Population & Population Control. With one offender after another in nearly every layer of Civilized Society a prescription for misery, Dis-ease or early death.

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Yes Just above all awareness of reality. Keep in mind that billion-dollar profits are the driving force behind this diabolical agenda. . Killing is good for business. What we are witnessing is a crime against humanity on an unprecedented scale, affecting the lives of the entire population of our planet. . And as a significant example, we have the upward trend in excess mortality related to the Covid-19 vaccine. 19 is widely documented. A highly profitable multi-million dollar operation that relies on increased levels of vaccine-related mortality and morbidity.

Posted On 05/25/2024

Alan845

"Mission accomplished", say all the eugenists including WEF, WHO and Gates.

Posted On 05/25/2024

Guillermou

Yes. This is the perfect path to boost the profits of pharmaceutical multinationals, while the planned genocide that the globalist elite has imposed on humanity continues. Recent developments suggest that "depopulation" is an integral part of so-called Covid mandates, including lockdown policies and the mRNA "vaccine." According to the Wall Street Journal: "Billionaires are trying to reduce the world's population." A few months later, Bill Gates in his TED presentation (February 2010) regarding vaccination, confirmed the following: "And if we do a great job on new vaccines, health care, reproductive health services, we could reduce that [the world population] by 10 or 15 percent." www.globalresearch.ca/secret-may-2009-meeting-of-the-good-club-billion.. (2022).----- In all of this, the WHO is also working in the center of attention, the pandemic industry has been growing for more than a decade and its expansion is accelerating without ceasing.

Other major players such as the World Bank, the coalitions of rich nations in the G7 and G20, and their corporate partners are working in a world less subject to transparency; a world where the rules are more relaxed and a conflict of interest receives less scrutiny. The link is very descriptive: childrenshealthdefense.org/defender/covid-pandemic-bureaucracy-funding.. (09/12/2022)

Posted On 05/25/2024

juststeve

Hear, hear! And here we are nearly the end of May and as far as Legacy Media is concerned where is the discussion on the WHO Treaty, an affront, attack on what has been left of the Hollowed-Out US? Is there much doubt such agendas will be ramped up and even more severe? Another Wall of Silence not even Crickets chirping.

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organicconsumers.org/organic-bytes-newsletter-851-wholly-guacamole-sto..

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In addition to WHO Treaty concerns is this. If the WHO Treaty Stands who here would have concerns this could be a tool to be used for it? Also, if the WHO Treaty falls who here would have concerns it will be used anyway. Likely used as a tool to harass, shutdown everything independent from Grandma's Independence Gardens, Small Farms, Biodynamic Healing efforts? Covid 19 Tech Is Being Deployed By Big Insurance To Spy On Homeowners www.youtube.com/watch (The foul action taken against Doc and his banking is mentioned in passing as Kim expresses, she could not believe such a vicious action could be taken against someone sharing natural healing methods.)

Posted On 05/25/2024

sue2613

The elite plan to replace humans with robots, but who will build them? It certainly won't be the elite. And who will pay for and build their superyachts? Who will pay for and watch movies? Who will buy all their manufactured goods? They will end up fighting each other. I'm glad I won't be there. Going to another planet won't help.

Posted On 05/25/2024

DebbyW

Very true. The "elites" allow all these chemicals in our food and air so that it either kills us or makes us sterile. They don't care about the environment or they'd get these chemicals banned. They just pretend they care, while they push us all into little boxes to control us.

Posted On 05/25/2024

sue2613

What will the children be like, whether from natural conception or invitro? I can't imagine they will be healthy since these chemicals are passed down to through the generations.

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juststeve

Apologies but once again, where is the It's My Body, It's My Choice? Others apparently have decided our bodies our choices are not in our rights to have concerns. Our wonderful, complex, intricate bodies short circuited from developing properly, in healthy ways. Our fundamental sexual functions stopped, warped, distorted, incomplete to be made sterile, infertile - inbetweeners, not quite male, not quite female. It doesn't stop there. How can all the other body functions perform properly? How can our emotional, mental bodies functions perform properly?

How all this is affecting our most basic food sources, plant or animal in similar ways. All of this a source of all kinds of Social Disruption and very likely an undercurrent driving many to madness and violence. Seems like maybe a lot of the wrong things are being protested. More of just look at this not that, look at the Symptoms, dampen the Symptoms, but never really come close to addressing the actual Sources. An actual "Cure." Again apologies, but this seems to fit.

Posted On 05/25/2024

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Yes Just, our mind is wonderful and directs our habits to maintain health. Our mind is the manager of the functioning of all our internal mechanisms, that is, the functioning of our organs, even the most automatic and instinctive ones. Therefore, if the ability to direct, manage, coordinate and make our entire body function resides in it, it has a lot to do for our health. From our minds, we have the ability to generate well-being or discomfort, even if we are not aware that we are doing it. Health is a state in which we will feel good, both physically and psychologically. And feeling good depends on how our mind manages and faces life and the circumstances it offers us, in the most effective way possible.

To generate a change, it is necessary to “reprogram our mind”, or in other words, discover the path so that it generates attitudes, symptoms, evolution, thoughts and sensations of well-being. If the mind has the power to direct the functioning of our body, it is obvious that it can do it correctly and generate health, if we learn to do it. To do this, it is important to discover where the subconscious generates emotional blockages and unblock them to allow healing emotions, attitudes and thoughts to flow.

Posted On 05/25/2024

juststeve

What you are describing Gui is the territory of 'we create our own reality's' is true. If our whole being is being blocked from functioning properly what chance is there to fulfill our complete potential? Each and every function distorted, incomplete outright shutdown affects all the other functions at the same time. The accumulating affects making us shells of what we should or could be.

Posted On 05/25/2024

desert_lady7

I have to admit I don't think infertility and reducing the population is a such a terrible thing. If the world population were reduced, we might not have most of the third world coming across our Southern Border to live at our expense. Maybe all these toxic plastics make people believe they can successfully change their gender, which also reduces the population. Let's not forget the huge depopulation event caused by the COVID vax. So far, I am not seeing the downside of fewer people.

Posted On 05/25/2024

LoriJean

Excellent video on E. M. F.`s. We are so VERY, VERY happy to "NOT" own a "smart" phone. The cell we do use is rarely used, is 3G not 5G and no doubt does radiate some E. M. F.`s, but, as I have said our Doro cell phone is rarely used.

Posted On 05/25/2024

Kat3040

Just ship these countries some of the ILLEGAL aliens.

Posted On 05/25/2024

Almond

Many nations have decreasing populations. It is not only due to environmental factors. Take Russia for example. "In March 2023, The Economist reported that "Over the past three years the country has lost around 2 million more people than it would ordinarily have done, as a result of war [Ukraine], disease and exodus." " Globally, many more nations at war. There is also the psychological desire to avoid pregnancy during times of social unrest and uncertainty. Many people realize they cannot afford children when they struggle to feed themselves.

The-thing-in-the-arm will prob lead to many more premature deaths as will alcoholism and drug abuse. The social isolation precipitated by covid will have long-term health consequences and a lower standard of living (lower life expectancy) due to inferior education and poor socialization during this time. Food shortages, inflation, denatured and toxic foodstuffs will harm many future generations, not just those living at this time.

The effect is carried down thru future generations. It is no longer an issue or option whether you want to be a hobby gardener. It is absolutely crucial that you extricate yourself from exposure to much of modern lifestyles and produce as much of your own food as you can. Frequently, I hear people complaining about all their aches and pains along with trips to their doctor for various prescription drugs--and, then, more drugs to treat the side effects. many choose a pill over a lifestyle change.

When all that is needed is a truly organic traditional diet, good water and good clean living. By good water, I mean well-mineralized with "earth energy", no pollutants and nothing added (chlorine, fluoride). MDs should learn from veterinarians. The first thing done when an animal is sick for no easily identifiable cause it to put them on clean pasture. Care is taken with environment and feed. Yet, how often does a pediatrician ask to see a picture of little Johnny's bedroom or ask what he ate for breakfast?

Posted On 05/25/2024

Islabonita222

Yep mission accomplished Alan845

Posted On 05/25/2024

desert_lady7

I just saw that posting a comment means the comment needs to be "approved" before it is posted. I truly hate censorship on a webpage that was asking for comments on an article. Why ask for comments when you censor replies?

Posted On 05/25/2024

fromseatoshiningsea

Here are some interesting recent vital statistics for Macau....supersally.substack.com/.../updating-macau-vital-statistics-for

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