

stanleybecker

Alma is named after Alma Mahler [I presume] - her father is genetically wired for both word language and music language - yes, music is one of the Esperanto languages available to all humans - Alma's gene vat is steeped in the chemistry of the musical coloring of the human psyche - having had a completely different pre-pubescent experience - my parents believed that musical education was for females only - my sisters were given instruction in music and music related experience like dance but I was not - being left alone as a child and bonding with my huge female dog that accompanied me everywhere to the extent that I shunned interaction with other fellow humans - I was referred to as the "boy with the dog" - with this unfocused childhood my first induction into the language of life was not music but AWE - in our adventures in the mountains together - alone with my Lion Hunter that until the age of 6 was much taller than I was - together we encountered nature: - plants/ snakes/ Hyraxes/ birds/ butterflies - this brought me to a certain state of mind - "AWE" -

I have always wondered about the impetus to create music as a language in the very young prodigies - so many of the classical musicians were child prodigies - Mozart/ Mendelsohn/ Chopin/ Liszt/ Schumann/ Mahler and on and on - most of them [as far as I know] came from musical families - they were genetically prepared for a career in music - "ontogeny recapitulates phylogeny", as Darwin and Freud pointed out - in my mind these child prodigies are born with the ancestral mind already conscious at the beginning of their lives - while Nature was pressing on my mind in the mountains with my dog and demanding AWE - these language prodigies were responding to the "call of music" as against the "call of the wild" - this is my explanation for these PRECOCIOUS activities - these young STARS are born with an intuitive connection to the Music of the Spheres as Pythagoras stated - the channel of connected Cosmic Awareness

Posted On 11/25/2017

here is a link to child prodigies -

en.wikipedia.org/wiki/List_of_child_music_prodigies#Piano_and_organ

Posted On 11/25/2017

Guillermou

Indeed, Stan, music is a universal language. When, on one occasion, the genius of Bonn, Ludwig Van Beethoven, was asked what music was, he replied: "Music is a higher revelation than science or Philosophy". Centuries before, Plato, the great Greek philosopher, said that: "Music is an educational art par excellence, it is inserted in the soul and the form in virtue". That is, there are many and different concepts that are held about music, but it is known that this wonderful art was submitted to a constant philosophical reflection by great thinkers; what allows us to deduce that musical expression is linked to Philosophy from its beginnings, since it is an art that man associated with the origin of the Universe.

Order, proportion and measure are the fundamental parts that make up harmony. If all the bodies have these elements, that is, the numbers, all things are in harmony, hence the famous Pythagorean conception of the "harmony of the spheres", in which there are infinity of celestial bodies moving in harmony, and they can be represented by numbers.

The relationship between intelligence-creativity and genetics is complex: creativity, in terms of its hereditary character, has a double aspect; On the one hand, being or being part of intelligence and, on the other, the concrete subject matter of creativity, such as music. It can be understood that creativity is a subset of intelligence, understanding it as a set of basic or elementary relational functions, associated with a high degree of reliability; that is, a subset of the particular case of conditional intelligence. This subset will be formed by those functions that facilitate the creation, design, invention, imagination, etc. of new concepts or ideas. Our star prodigy Alma, seems to gather in her mind a great creative capacity, in her words there is humility, reflection and an imaginative imposition, all these gifts, grant wisdom, which she has expressed wonderfully with the music.

Posted On 11/25/2017

stanleybecker

morning Gui - one of the most influential experiences I have had in my life was my visit to Beethoven's house in Vienna and then the retracing of Ludwig's daily walk path - fantastic - there is a certain solemnity about the sparseness of his abode - I always thought of his deafness as the ultimate mysterious spiritual affinity that Beethoven sought as an antidote to the silence of his world - what a statement about the Human Condition that the greatest Classical composer was deaf - genetically I think of Beethoven as possessing Pythagorean genetic material - these men were driven by internal connections to Cosmic Threads

Posted On 11/25/2017

Bigfletch

Hi Stan, good to see you are still part of the choir...Guillermo, puts an interesting twist on vitamin A B C D E and F 🤔🤔🤔.As an aside, I have studied Pythagorean numerology for many years.I like to call it the math of the human spirit.I'm still astounded by its accuracy in all areas.

Posted On 11/25/2017

Guillermou

Yes, Stan. Robert Fludd, an important physicist, musician, alchemist and English astronomer, based on the Pythagorean theories about the origin of music, said that this was not an invention of men, but of the Creator of the world, who made the celestial orbs turn in harmony, establishing the so-called "Harmony of the Spheres". I understand that the mind of a great musician, can come to concur the genetic material pitagorico and the phylogenetic, be in harmony with the universe, and the musical projection occurred over centuries, in which man has used music to communicate.

Another prodigious example may be the pianist Matteo Giuliani, who at eight started his idyll with the piano. He can boast of having filled rooms with thousands of people when he was barely a child. He says "my goal is to get the emotion I feel when playing to the public." A pianist before playing should listen to recordings, understand the work and know the best way to transmit it to the viewer ". "I'm a fighter, until I get something I do not give up. Until I get a ticket I do not stop and if I see that I find it difficult I park it and minutes later I take it back. In the end everything ends up coming out. Concert number 5 "Emperor" .- Beethoven (Piano, Matteo Giuliani) https://youtu.be/WeFQwXsLg_Q

We appreciate this talent, because music therapy has many positive effects: It evokes intense emotional responses. It reduces pain, stress, anxiety and depression. It produces changes in blood pressure and heart rate. In addition to a reduction of cortisol. Rehabilitation treatment (brain functions after stroke or stroke, and motor functions, language, cognition, sensory processes and emotional disorders). Promotes and stimulates attention and memory.

Posted On 11/25/2017

stanleybecker

Fletch - I have noted your Pythagorean interest before - we miss your individualistic posts - please post more often - regards

thank you Gui - the Emperor's Concerto - [The Piano Concerto No. 5 in E \flat major, Op. 73,] was beautifully accomplished by the child prodigy Matteo - thank you for the link Gui

Posted On 11/25/2017

nao3425

What ever it is Stanley, it is amazing... Dr. Klinghardt speaks of both Nietzsche and Mozart and the health problems(syphilis) they faced. He also mentions examples of that are some of the carriers of spirochete illness in the past starting with Nietzsche, Mozart also contracted syphilis and was treated with high doses of mercury in the late stage of his life because he had contracted syphilis and died of mercury poisoning. mercola.fileburst.com/PDF/ExpertInterviewTranscripts/InterviewDietrich..

Posted On 11/25/2017

stanleybecker

hi there nao - poor young Amadeus - here's an amusing clip [as I remember} from the movie - Amadeus and the Emperor meet - enjoy - www.youtube.com/watch

Posted On 11/25/2017

Randyfast

That was such a wonderful video! Being somewhat of a musician myself (on a much lower level), I can fully appreciate just how talented this young girl is. She is definitely 'one of a kind'! With all the evil currently going on in the world, this young talent shines through. For me; I'm not sure that "awe" is a strong enough descriptor. I'm not sure if I've seen anything this amazing heretofore. When I was a child; I had music in my head from the moment I awoke. Music was my life and I really yearned to play an instrument and learn more. With the "parents" that I was stuck with - it wasn't going to happen. I was the only one in my family who was even slightly musical. Today, I play a number of instruments, with the latest addition being the alto sax. I will never be great (especially at my age); although, I hope to be able to learn to play the sax with some proficiency. I can play quite well now; at the same time, realizing that I have a long way to go. Although the young girl in the video is light years beyond me; she is a total inspiration and she motivates me to continue with my music! BTW: I know very little music theory and I can't read notes well enough to read off of sheet music. That's okay; as the music just goes from my head to the horn (and other instruments). ;) Thank you Dr. Mercola, for a little light, in this dark world!

Posted On 11/25/2017

Darzoum

There's nothing wrong with "awe" out in nature... the same ratios that govern music are found in the compounds that make up nature; Kepler found musical ratios in the angular velocities of the planets. When we consider that mathematics is supposedly the pure abstract product of mentation, it's astounding that we find numbers governing not only musical harmonies, but nature itself, a clue to the mysterious bridge between "inner" and "outer," between consciousness and nature. Alma, Beethoven or anyone else begin to enter into philosophy not just with the execution of their wondrous musical feats, but with the conscious contemplation of such mysteries behind those feats. Pythagoras, the first to call himself a "philosopher" ("lover of wisdom") laid out a blueprint for this, later to become the Quadrivium of Number, Geometry, Music & Astronomy in the real Liberal Arts Education.

Posted On 11/25/2017

stanleybecker

Randy - to be inspired is the healthiest human emotion possible

Darzoum - the Pythagorean number theory was Man's first scientific investigation - the Gnostics carried it through into the Kabbalah which employs "gematria" a number theory that encompasses all language

Posted On 11/25/2017

Darzoum

stanleybecker, on gematria, it's extraordinary to consider that in antiquity alphabetical characters also represented number values, and that seminal texts encoded these parallel domains--word meaning and number meaning--simultaneously. You might find David Fedeler's "Jesus Christ, Sun of God" interesting on this topic. Also, more in keeping with the article's music theme, Ernest G. McClain's various writings delineate a thesis that Plato's number symbolism in the Republic and elsewhere was actually based on the number foundations of music harmony, a theme he finds repeated in many of the world's sacred texts East and West.

Posted On 11/25/2017

Owllady

Your posts are a joy to read. I wonder how many of us despair of a childhood lived & lost, never having had the chance to grow into what we might have become. My mom made me learn the accordion & piano, but I was already a teenager, & ended up hating the accordion (she let me switch to the piano, but other interests got precedence). I regret not pushing on, but the music is still in me, but only in listening. I love classical music, loved the movie Amadeus, & one about Beethoven's life. Mom was an accomplished accordion player & teacher, & I wonder if I was just intimidated by her talent, & felt I could never measure up. My dad gave me the gift of the love of nature & appreciating fine things. We didn't have much money, & I had no siblings or many friends, so my cat(s) have given me all the love I've known. We each have different gifts, & need to find & embrace what we have, & not be too envious of others' gifts. I find it difficult to be growing old, & feeling unfulfilled, my intelligence "wasted" & gifts still unused. ACE's leave their mark, & recovery is hard.

Posted On 12/16/2017

Almond

This is an incredibly talented child. It is refreshing to see that she is also thoughtful and humble. I think both virtues are immensely important in using the gifts we are given without letting the negative features of our personalities destroy our talents. Here is love of music and she nurtures it. It is good that it sounds like she has a normal home life and stable environment. Try as I might, I have never been able to read music or play a single instrument. The same with drawing and painting. So, I stand in awe of people who can do these things. However, as a friend recently reminded me, we are all given different skills and talents. While one cannot do everything, together we can accomplish much.

It does appear she is channeling great musicians, not necessarily renowned ones. -But as if many are supporting, teaching and encouraging her. This is an example of why we must each find our own path. The universe is vast and this is one of it's mysteries that we lack the ability to comprehend. Sometimes, it is enough just to appreciate the beauty in our lives. It is the gift of a benevolent Creator. Beauty has no intrinsic value in creation. It only exists to enhance our lives and experiences. In spite of the descent of our civilization into chaos, violence and ignorance, it is very uplifting to see examples like this. It seems more and more of these prodigy children--wise old souls--are being born into these troubled times. I believe they are called "Indigo Children". It is important to filter out all the misinformation about Indigo Children.

Posted On 11/25/2017

Richard288

Almond: I will add to your observation that Alma appears to be channeling great musicians. But first I want to echo the crucial importance of genetics, home environment, and culture. These all have to be optimized to plumb the capacity of musical talent.

But there is also a source beyond the material and mind domains, that of spirit. Our Creator doesn't just give us life and leave us to work it out the best we can—good luck and my job is over. No. Because he is a loving Father as well as Creator, he arranged the equivalent of angelic tutors to encourage our talents and arrange circumstances in which they can be maximized.

In addition, we each are gifted with a fragment of infinity, an actual entity which lodges in our minds and directs our steps into a career path he planned for us (which we cooperate with or not). Without going into detail about the fascinating process, these beings have acquired experience with various talents, music being one of them. The addition of such an indwelling spirit does much to explain prodigies.

Posted On 11/25/2017

badboy2

This only shows how important it is to expand and use the brain as early as possible. Waiting until kindergarten or first grade to start teaching children, (by others), seem liked a waste of lots of things. For one, this is a child's learning years, and do we know that more parts of the brain may be in use and elevated and expand a child ability to learn more easily. Most humans only use a very small part of their brain all their lives. Dose a prodigy use more of their brain all of their lives?

Posted On 11/25/2017

iamblessediam

Think about it - music is a "form" of meditation - music "distracts" what's been often called that "chattering monkey" in our mind - music can take us off our self's into the realm of non-self - music can help a person experience the "mystical" - which Einstein said was the source of all true art and science. If Einstein is correct then Alma Deutscher has a wide open door into that "mystical space" quantum physics describes as pure potential. The beauty of it all to me is first - Alma is very "comfortable" exploring that space - and second - her parents "recognized" and "nurtured" Alma's potential - without which - Alma's exploration of her personal potential - that mystical space - her imagination - may not have been as rapid. GOOD on her parents for doing so! Hopefully Alma will have a long life creating sweet musical sounds.

Music is sound - sound is about frequency(s) and frequencies organizes "matter" in all natural life forms - the emerging field of cymatics validates that - a short fascinating video: [www.youtube.com/watch].

Sound is the new frontier healing modality: [www.cymatronsoundhealing.com/science-of-cymatics.html] and: [www.youtube.com/watch]. Brigham and Women's Hospital Boston is using MRI and Ultrasound to perform tumor thermal ablation techniques:

[www.brighamandwomens.org/Departments_and_Services/radiology/Research/t..] and:

[www.brighamandwomens.org/Departments_and_Services/neurosurgery/Neuros..]. Ultrasound is now being researched for it's applications in treating Alzheimer's: [www.worldhealth.net/news/ultrasound-therapy-shows-great-promise-preven..].

Anyone can be an "Alma" in their own lives daily by employing the OM or YAM mantras - OR - for the Christian folk disinclined - hum your favorite tune for vagus nerve stimulation - your body will thank you! Be well! Love, blessings and peace!

Posted On 11/25/2017

Guillermou

IAM, Excellent post. Indeed, music also has quantum properties, and given this great relationship, it is not surprising, that physicists like Einstein who played the violin, which was the only thing capable of distracting him from his exciting work in physics, and Heisenberg, Nobel Prize in Physics, for developing the foundations of quantum mechanics, could not live without playing the piano. Albert Einstein "thought in terms of musical architectures." Einstein was an enthusiastic amateur violinist and an early architect of quantum mechanics.

Gerardo García Naumis, researcher at the Institute of Physics of the UNAM, has taken this idea to the classroom for about five years, and has proven that the affinity of music with quantum physics. "From the Greeks, to our times, two basic ideas have remained valid, about the nature of music, and that they have to do with physics, in the first place, the fact that sound is transmitted in waves, and in secondly, that each object has a natural frequency of vibration ".

We can identify a musical instrument, by a group of sound frequencies, that are natural to it, product of the materials, and the way it is made, it is also possible to identify an atom, by the frequency of light that it emits, when it is excited by an external stimulus. In both cases, what we perceive is the product of a series of vibrations, and each object can only vibrate with certain frequencies.

In Japan an experiment was made, water was looked at under different stimuli, some with harmonious music, words of love, but also with words of hatred and noise, the scientists verified that the water had responded with beautiful formations, when it was subjected to emotions positive and, on the contrary, total chaos, when it was the opposite

www.nuvo.net/arts/classical_music/quantum-theory-and-classical-music/a..

www.pbs.org/wgbh/nova/blogs/physics/2014/09/quantum-harmonies-modern-p..

Posted On 11/25/2017

iamblessediam

Hola Prof. G. -- Excellent summary on how sound effects all natural forms. I'm current watching a multi-part YouTube series on Ancient Knowledge that employed both geometry and the Fibonacci code - both forms of math - to explain sound in visual context. The series also led me to watch "Sonic Magic: The Wonder and Science of Sound" on Gaia.com. Quantum physicists now know that the so-called 99.9% "empty space" in atoms contains phonons that represent sound information. It seems that Alma Deutscher has a "unique" ability to tune into that sound information in ways most of use can't do so.

One "entertainer" I like that can articulate - blend - "sound" between music and comedy is *** Van ***. *** Van *** has had a storied career in creating "sound" with spoken word and song and dance. While he hasn't written a symphony, *** Van *** has filled people's heart's with laughter - and laughter is the best medicine - laughter is a "sound" most everyone responds very well to! May *** Van *** continue bringing joy and peace for all to benefit from. Here's a short read on *** Van ***'s career: [www.officialdickvandyke.com/biography]. Being well involves all forms of sound - I like laughter sound the best! LBP!

Posted On 11/25/2017

iamblessediam

Hi doubly.blessed -- GOOD to read your comment - LOVE the heart quote from Self-knowledge XVII by Khalil Gibran: [inspiringartworks.weebly.com/poem.html].

About impressive "sound" via voice and music - have you heard Ani Choying Drolma perform mantras - if not - check out her voice - this is from Inner Peace: [www.youtube.com/watch]. Be well! LBP!

Posted On 11/25/2017

Luvvy

Hi Guys! What the *** were you writing there IAM? Lol. Music is very healing and most parents have heard about the positive Mozart Effect, for their youngun's minds. Children like Alma are showing us that we are truly limitless beings. Thank goodness she was born, that her parent's love received her, believing that there was room for her on earth or .. as many on this forum seem to think, on this hopeless, overcrowded ***-wheel of a planet. The *** Van ***'s and Alma's are showing us that creativity is alive and well, and exist without ego.

Posted On 11/25/2017

Guillermou

Luvvy, your words are very precise and appreciated. If any composer deserves the name of revolutionary that is Beethoven. He accomplished what was probably the greatest revolution in modern music and changed the way music was composed and appreciated. Theirs is music that does not calm, but shocks and disturbs. Alan Woods describes how the world in which Beethoven was born was a troubled world, a world in transition, a world of wars, revolution and counterrevolution: a world like our own world. It changed the way the music was composed and appreciated. Until the end, he never stopped pushing music to its limits

"Beethoven, that plebeian genius, who proudly despised emperors, princes and magnates, this is the Beethoven we love: for his unwavering optimism, his manly sadness, for the inspired passion of his struggle and for his iron will that allowed him grab the fate by the throat. "- Igor Stravinski. The best composers of classical music: listverse.com/2009/12/17/top-15-greatest-composers-of-all-time/

Posted On 11/25/2017

Luvvvy

Hi again Maestro's!! I thoroughly believe that Alma is one of the 'new children', as are so many of today's young. They are sent here to share their vast and exceptional embodiments ' of our divinity and the example of our potential'. We have much to learn ... goldenageofgaia.com/ascension-as-of-2012/indigo-and-crystal-children/d..

Posted On 11/25/2017

iamblessediam

Yo Luvvvy...I don't know what the "bleep" happened that garnered all those asterisks - I didn't keyboard any cuss words - AND - I know you'd NEVER do so either - go figure;-)))! Anywho...nice " link" on a "subject" few associate with creativity. I'm just soooooo GLAD Alma's Father isn't *** Van *** - otherwise her name would look like this - Alma Van ***. Being well includes a whole lot of HUMOR! LBP!

Posted On 11/25/2017

Islander

IAM, you know that the site is programmed to asterisk words that may be naughty, off-color, impolite. The word "k-r-a-u-t," for instance, is not only a vegetable but also a slang term for a German, so it's always bleeped here. In your case, look at the first and last names of the Van person you're alluding to. Can you see now that each word is an example of naughty slang? The site will automatically do the same to Mr. Cheney's and Mr. Nixon's abbreviated first names too.

Posted On 11/27/2017

What absolute enjoyment you have caused this morning Dr. M ! This little old spirit generates as much dopamine as Amila von Willenhagen ! So early in the morning ? It is going to be a very pleasant day, today. Thank you. But you are onto a very serious subject. The subject actually being "emotional freedom" I think. One thinks this way when you reason that there is not something like the mystical "Talent" but that talent is IQ + emotional disposition. In other words, the brain has the neurological ability and that ability is driven /eased/motivated by its emotions. In essence,by, "Of all things"(Cor. 13") LOVE. The girls father is a musician ! The human is much more than just the end sum of the process of evolution. In some instance (as with this little girl) it seems as tho we are the physical confirmation of our Creators existence. What on earth would otherwise have induced beauty as such an important element in our beings ? There is no real evolutionary survival requirement for it ?

And then, no other sociological/socio-psychological system than Christianity, creates better mental space for "emotional freedom" than it, that I know of. Creativity is the mother of invention ? I notice someone has already mentioned awareness/ consciousness, the uninhibited freedom of neurological energy in the complex mass within the skull ? But o dear, this hominid based emtionallity of ours. What exactly is the "Arts" about ? It has been practiced in the most elementary societies from around 70,000 years ago. The visual section being all we have left to set us off thinking. Why are some artistical results so healing, so dopamine effecting? Even cows milk better while classical music is playing! They say whether looking, buying or practicing the visual arts, dopamine levels escalate. I have noticed that where one finds practice of either music or the visual arts, the other one is almost always present in a family. Is this just a specially wired brain ? I doubt it

Posted On 11/25/2017

Guillermou

ACS, good morning, Yes, I think Alma Deutscher mind is above all creative, but very well represents also the legacy left by the evolution of man, and the inspiration of the great philosophers. Aristotle teaches that "music imitates directly, that is, represents the passions or states of the soul: gentleness, anger, courage, temperance, and other qualities, therefore, when listening to music, which mimics a certain passion, is imbued with the same passion. "

Pythagoras, Plato, Aristotle, Saint Augustine, who with their achievements and ideas laid the foundations of music in philosophy. "Philosophy is nothing more than the human spirit's attempt to establish a rational conception of the universe through self-reflection on its own evaluative, theoretical and practical functions." Music is philosophy, because it helps to externalize the feelings of the soul, well Nietzsche said it, when he affirms that "music is the art that appears in each culture as the last of all its flowers, like the song of a swan on the verge of die". Musical expression is linked to Philosophy since its inception, since it is an art that man associated with the origin of the Universe. Pythagoras, developed a musical conception that led him to understand the musical scale as a structural element of the Cosmos, giving this art a category at once scientific and metaphysical. Robert Fludd, an important physicist, musician, alchemist and English astronomer, based on Pythagorean theories about the origin of music, said that this was not an invention of men, but of the Creator of the world, who made celestial orbs turn in harmony, establishing the so-called "Harmony of the Spheres". I understand that the Alma mind, is in harmony with the universe, and the musical projection happened during centuries, in which the man has used the music to communicate.

Posted On 11/25/2017

Bigfletch

Almond...Absolutely...The paradox of such synchronicity becomes clear when you recognise that discomfort and pain are the best motivators of man. The Indigo and Crystal's amongst a few others, are in fact, catalysts for such shift in vibrations. My favorite analogy being that the alarm clock gets louder and louder until the individual wakes up....that "noise" then becomes sweet music...

Posted On 11/25/2017

janetr

How delightful. Thank you so much for this wonderful, interesting article.

Posted On 11/24/2017

truthwillprevail

This doesn't stun me at all. Because I know a little of what is happening here. This child has psychic ability that gives her access to other higher intelligent, creative consciousnesses, which give her the material for her music. Because this child has a loving, supportive environment and loving parents, her gift has blossomed and manifested. There are many more like this child, born with abilities, except they never get the love and support these gifts need to grow. Instead, they grow up in an unloving, unsupportive environment, maybe even abusive environment which creates blocks on all levels of the person's being, with the most insidious being psychic-spiritual. End result is mental problems, drug addiction, psyche ward stays and probably medication, which makes the blocks worse; instead of a gifted talented human being contributing in their special way to the evolution of our species. I am glad for this child, but I am sad for the countless others like her who had the deck stacked against them in their birth circumstances.

Posted On 11/25/2017

Krofter

In the late 60's my cousin wrote a symphony at about the same age. It was performed by his cities orchestra. He was given a standing ovation. He then got into more popular forms of music and went on to play bass guitar for the rest of his life. Sadly, there are lots of talented kids out there that never get any notice. To bad society doesn't place as much value on classical or other forms of music as it does on culturally hip forms. Frank Zappa bemoaned this very topic in his music.

Posted On 11/25/2017

dude01

Good morning Krofter, you are so right in that there a lot of talented kids out there who didn't get any notice. Nor, are they given much opportunity. If you have ever been involved in the teaching field, or if you know anybody in that field, more than likely they will be able to tell you that when school budgeting cuts are made, often times the music and art programs are the first to go. It's doubtful that an ROTC program would be cut before any music or art programs.

There are very few cities that offer institutions or programs where young people have a reasonably easy access to learn about the arts. Fortunately, those that do have some sponsorship from people who believe in the arts. Two cities that have unique programs which offer an opportunity for young people to explore the arts are NOCCA www.nocca.com/about-nocca in New Orleans, and MERIT in Chicago <http://meritmusic.org> These are wonderful programs. More of them are needed. Maybe somebody can persuade our fearless leaders to take a small chunk of the (no-limit) Pentagon Budget and use it to expand and encourage programs for the arts.

Posted On 11/25/2017

Guillermou

Austria is a must stop for lovers of classical music, opera, jazz or electronic festivals ... Up to 15,000 concerts a year. The city has on its billboard daily functions in three theaters of operas, various orchestras of excellence, such as philharmonics or symphonies, the famous New Year's Concert, numerous museums and musical foundations for visitors.

In addition, hundreds of students from all over the world, move year after year to the Austrian capital to learn and perfect themselves in their demanding universities and musical academies. The origins of this centuries-old musical tradition lie in the Habsburg Austrian Royal House, which, in an effort to attract the most famous composers of the continent, consolidated its imperial capital as a cultural center of reference.

Musikverein Vienna. A temple for classical music. The Musikverein concert hall has hosted the stars of classical music for 146 years. Its sound enjoys an excellent reputation with musicians and audiences around the world. www.austria.info/us/activities/culture-traditions/music-in-austria/mus..

Posted On 11/25/2017

Bigfletch

The ancients (and a few "currents") have told us that, at our core, we consist of light and sound. The oldest yoga is Surat Shabda yoga....the yoga of light and sound. This is why both are now being developed as scientifically based therapies. Science is always playing "catchup"....as we each do as individuals. We create "from" consciousness, which is why we see spontaneous remissions and the like.

The course at this UniverseCity is long, and individuals like Alma are wonderful examples of the different states of consciousness achievable. She can "transpose" the music (just as Mozart did), just as we are ALL transposing our inner realities to the outer world. Repeat after me...we sow, we reap we move on ...we so we reap and move on he he he..THATS LIFE...

Posted On 11/24/2017

Guillermou

Effectively, Bigfletch. Light and sound. Light made life and music possible, made possible the communication, the development of man's imagination, his creative spirit. We know that in prehistory music appears in hunting rituals and in parties where, around the fire, it was danced to exhaustion. Music is based mainly on rhythms and movements that imitate animals. Primitive man found music in nature and in his own voice. He also learned to use rudimentary objects such as bones, reeds, trunks, shells. To produce new sounds.

In relation to the yoga of light and sound, the first positive news of a musical practice comes from China. Tradition says that three thousand years before Jesus Christ the more primitive musical system called Ling-Luen had been structured. It was "Huan-Ti", one of the mythical emperors of China, who wanted to establish the relationship between music and cosmic laws. For this he entrusted the wise "Ling-Lun" with the work of finding the authentic "Tone" (sound). According to the same legend, it was Ling-Lun, a great philosopher and music theorist who lived 2,500 YEARS before Christ, who established as a basis of Chinese music, a system of "five sounds" that constituted the so-called "Penta-tonic Scale". For this, Ling-Lun cut a hollow bamboo cane, and cut it out to create the base sounds "FA, SOL, LA, DO and RE". Our star Alma, seems to have inherited the sounds of our ancestors, of the great cultures and to project it with a great creative impulse that only the privileged minds have,

Posted On 11/25/2017

dpm39560

I too saw this Alma interview on 60 Minutes. I was surprised to see it featured here on the Mercola website, wondering, "How in the world is he going to connect it to health issues?" But he did. And all his points are indeed valid. I am a musician as well (as you might deduce from my image), and can attest to the numerous benefits of music, both psychological and physical. In my adult concert band, there are literally dozens of people who have told me some variation on "This band helps me stay sane," or "This is the only time I have all week to just be myself."

School athletes scoff at band members and other musicians, but rare is the high school or college football player who has the gumption and stamina to do what is needed to take part in a marching field performance. I have known two. A number of studies have been done by collegiate medical schools evaluating the amount of energy expended during a marching performance. I saw a TV interview several years ago with one of these researchers (I think from the U of Wisconsin Medical School) who evaluated the energy expenditure (of a quad-tom player) during a rehearsal for a world championship competition. His conclusion? "These marchers expend as much energy during a show as any Olympic athlete."

Finally, take a look at people my age and up (I'm currently in my 70's). All those people who were "athletes" when they were young - what are they doing today? Then look at all those people who were musicians when they were young - they are STILL musicians, still enjoying it, and still mostly quite good at it. So if any of you have ever scoffed at musicians, people like Alma in this article, you might want to think again.

Posted On 11/21/2017

Bigfletch

dpm (deeply personal Music?)...This is a great example of the different levels of consciousness within the human species. The athlete is akin to the warrior class (usually short and explosive)..and the musician is the keeper of the lore, and becomes inspiring elders of the tribe. The beauty of this age, is we each can benefit from both.You don't have to be an accomplished musician to resonate with the sublime musical experiences, or a high grade warrior to benefit from the qualities that come with physical fitness. I never thought of marching bands in that way...perhaps our wonderful orchestra musicians should have such activities as part of their regimen.As Dr M often points out, excessive sitting often accelerates physical deterioration and we need them to look after themselves physically.

Posted On 11/24/2017

Erena5

Music is the language of the angels :) www.thoughtco.com/how-angels-communicate-through-music-123829

Posted On 11/25/2017

Guillermou

Hi Erena. A nice and historic link , “Ancient people often used trumpets to draw people’s attention to important announcements, and since angels are God’s messengers, trumpets have come to be associated with angels”. Music is a universal language, however the influence of culture influences the reaction it causes in people. .

Researchers at the University of Montreal, Canada, and a group of experts from the University of Technische, Germany, conducted an experiment, which consisted of two groups of people listening to a type of music for the first time. Two groups of very different musicians participated in the study: professionals from Canada and singers from the pigmy tribe of Mbenzélé, from the Congo. The Canadians and Congolese were made to listen to songs of the Mbenzélé, a tribe that lives in isolation, and also several Western themes of high popularity, wanting to know if they generated the same reaction.

When asked to consciously indicate what kind of feelings each Western song provoked, the Canadians reported very different feelings, while the Congolese did not report anything negative, either in their own music or in the one they did not know, because the Tribe Mbenzélé uses music with joy and fun as its sole purpose, seeking to bring good spirits and dance. We can conclude that, biologically, music transmits the same feeling, but when it comes to describing it with words, or interpreting what music provokes in our brains, the cultural factor is fundamental, decisive for a conscious interpretation.

Posted On 11/25/2017

ChrisColes

Another example of the power of that amazing thing we all possess; the imagination. It is our imaginations that drive humanity. On the one hand it drives the most violent; on the other, as here, it drives to create the most wonderful music. Thank you Dr Mercola.

Posted On 11/25/2017

Try try again

BigFletch: So, you think orchestral musicians should march around with their instruments? I'm still shaking my head over that one. With the exception of the violinist on "Dancing with the Stars," that would be quite impossible. I used to get plenty of exercise carrying my violin to school and home, and always stood when I practiced. Also, picture a pianist carrying his/her piano around. My dear mother lived to 102 (sitting at the piano) teaching and giving numerous recitals. She taught until she was 90 years old. By the way, this avatar is of her, not me. It is a painting I did of her years ago.

Posted On 11/25/2017

Guillermou

Hi Try. My congratulations for a great musical heritage and sense of humor, that your centenarian mother left to you. In addition, the portrait you made of your mother is very beautiful. I wish you to continue playing the violin for many years, you are accompanied by the genes inherited from your mother, and surely, the good diet recommended by Dr. Mercola. "A poet is a man who puts up a ladder to a star and climbs it while playing a violin". - Edmond de Goncourt

Posted On 11/25/2017

Bigfletch

Have you watched that Incredible Irish Sylph dancing and playing her violin on Celtics Women? Just the thought of that group raises my vibrations. Your mother was (is) a great example of how ultimately we are each a law unto ourself, and passion and enthusiasm trumps all rules of the group consciousness.

Posted On 11/25/2017

mandibular

At the risk of being labeled a "buzz-kill", I suggest the girl's parents watch her LIKE A HAWK. there are a myriad of Weinsteins, Polanskis, Epsteins, etc. slithering 'round "entertainment" looking to sign her for exploiting. Keep your eyes out of the clouds and directly on your child.

Posted On 11/25/2017

dude01

There is a young prodigy, close in age to this young lady, who is taking the (jazz) world by storm right now. Wynton Marsalis and other established musical veterans have proclaimed that young Joey Alexander is a rare genius. Check out his genius and the pretty sounds he is gifting us with

<http://joeyalexandermusic.com>

Posted On 11/25/2017

iamblessediam

dude...more prodigies - the young lady featured in this video has never had a professional voice lesson: [www.youtube.com/watch] and a group of young folks from across the music and arts: [www.youtube.com/watch]. Be well! LBP!

Posted On 11/25/2017

dude01

iamblessediam, those were beautiful - absolutely amazing! Thank you

Posted On 11/25/2017

Guillermou

Dude and IAM. Links to enter Nirvana. Another child prodigy may be the pianist Matteo Giuliani who at eight started his idyll with the piano. He can boast of having filled rooms with thousands of people when he was barely a child. He says "my goal is to get the emotion I feel when playing to the public." A pianist before playing should listen to recordings, understand the work and know the best way to transmit it to the viewer.

Concert number 5 "Emperor" .- Beethoven (Piano, Matteo Giuliani). https://youtu.be/WeFQwXsLg_Q

Posted On 11/25/2017

dude01

Hello Gui, your link is another beautiful example of what young minds can do when given the opportunity and the needed mentoring to nurture their inner-creativity. Thank you

Posted On 11/25/2017

Randyfast

That kid is good! I wish more people were involved in and loved music. I suspect that the world would be a much better place!

Posted On 11/25/2017

mimulus

I would love to hear more about Alma's mother. In any event her parents raised a wonderful feminist. Her version of Cinderella was so empowering, a wonderful message for both girls and boys to learn early on.

Posted On 11/25/2017

Ereedl

Thank you very much for introducing me to Alma.

David Lukens

Posted On 12/09/2017

Islander

A thousand thanks to Dr. Mercola for bringing this talented prodigy to our attention! Music is indeed a universal language. How colorless our lives would be without beautiful music.

Posted On 11/27/2017

dreampie

Thank you for posting about Alma. To follow a musical phenomena like this from childhood, and to live to see her life unfold is pretty special. Absolutely incredible. On another note, reading about the health benefits of music, I wonder if some heavy metal, aggressive rock noise has an adverse effect on the human mind. I know it does on me.

Posted On 11/26/2017

ddim116600

THANK YOU FOR SHARING THE PURITY, JOYFULNESS AND GOODNESS IN LIFE.

ALMA IS A UNIVERSAL SPIRIT....NO OTHER WORDS NEEDED :)

Posted On 11/26/2017

bchristine

Great article on music and the brain, and lovely video of an incredibly talented little girl!

Music has always been an important part of my life; I need it like air and sunshine. I can't imagine life without it :)

Posted On 11/26/2017

levans28

Dr. Mercola, Thank you for posting this wonderful article/story about Alma. Very inspiring! And for the extra time and thought/research you put into the benefits of music. Every morning I wake up at 4:00 or 5:00 a.m. and listen to classical music from my local public radio station until 10:00 a.m. when I start my day. As you wrote, while I am listening I plan my day or week, do some research on the computer, write letters, etc. Things that require my full attention and inspiration. After that I sit in my sauna for about 20 minutes, then read for awhile - whatever book I'm reading at the time and/or meditate/pray. All to the wonderful sounds of classical music. Those 5 or 6 hours are so important to me. Now I realize part of the reason is the benefit of the soothing music. I also recently bought a spinet piano in order to reteach myself to play, since I learned to read music and play when in elementary school. That activity also brings me much joy, and I'm sure helps me maintain the excellent health I have at 68. Thanks again for taking your time to research all that you do, and share it with others.

Posted On 11/26/2017

SadieKay

This little girl has an amazing gift!

In our family we have musical people. I play piano, and two of my brothers play guitar. Mom taught me the piano, even though she never had an interest in playing personally (which I found strange). On my mother's side, I have two uncles who play guitar. Also, a third uncle plays guitar AND violin. Interestingly, this phenomenon occurred only on my mom's side. No one in my father's lineage were musically inclined. Now, I have songs come into my head at night -- and I have to sing them into my voice recorder on the spot -- in order to remember them until I can write them down. Sometimes just music. Sometimes music and words.

Posted On 11/25/2017

Adamsson

Seems like any topic taps into evolutionary imaginations of otherwise intelligent people. It's more logical (and scientific) that this ability to create music out of "nothing" came from innate ability from the very beginning of man's creation by the Intelligent Creator, which ability has degenerated from more frequent manifestation as originally Designed, along with our genetic entropy over the past thousands of years. Genetic entropy is a devastating problem for evolutionary belief, as it goes in the opposite direction.

Posted On 11/25/2017

dividingcricker

Its a diseaseAMA says people who create music should all be on Prozac....

Posted On 11/25/2017

tmac13

If you are more into jazz I can highly suggest you check out Joey Alexander. Magic, just pure magic these kids are.

Posted On 11/25/2017

dude01

tmac13, as soon as I posted this, I saw your similar post. Glad to hear that you are aware of young Joey Alexander. Keep enjoying!

Posted On 11/25/2017

davidle

I saw the piece on 60 Minutes. She is a beautiful young lady both inside and out. She has a God given talent that few will ever have.

Posted On 11/25/2017

Solunas

I love this kid! Great video and story.

Posted On 11/25/2017

Blimeylimey

Wow, what a talented young lady!

Posted On 11/25/2017

Knowledgeseeker7

For anyone interested in finding out more about how and why talent like this manifests look no further than the following web address www.occult-mysteries.org/talents.html

Posted On 11/24/2017

19beets

Thank you for sharing this inspirational genius... In this time of disillusion and drugs and violence and greed and the dumbing down of our children, this beautiful girl gives us hope that the human race may actually avoid an ugly demise.

Posted On 11/25/2017

19beets

I also appreciate Dr. Mercola's stress on the benefits of music. I cannot go a day without listening to music in one form or another... And, because I work out of the home on the computer, I literally listen to it all day long. While working, I listen to ambient music with no lyrics. If I want to connect with my past and feel nostalgia, I listen to oldies. If I want to learn what's new, I listen to contemporary pop. If I want to connect with Americana, I listen to folk or bluegrass. If I just want to get groovy, snap my fingers and move my body, I listen to jazz or R&B. If I want to be mentally inspired, I listen to classical. And, if I want to cry, I listen to Al Green.

Posted On 11/25/2017

Almond

As much as I would love to play a musical instrument, I have given up on attempting to do so and being an appreciative audience for others. Perhaps the reason I cannot read music has to do with certain visual perception problems. While my visual problems have been corrected well enough to perform most routine daily functions, I find that reading music is just too complex and frustrating. Nor do I have an ear for music to play-by-ear. For example, I am fluent in several languages, but there are others beyond my comprehension. -Esp. languages where a word can have many different meanings based on intonation.

It could be that I am just clumsy--I even struggle with cell phones, just to hit the right numbers, so I gave up in frustration. (I consider them an annoyance and they make my head hurt. I avoid them as much as possible, which is most of the time, short of needing to borrow a phone in an emergency. I might as well be Old Order Amish.) It would prob be too much of a coincidence to assume all my music teachers were bad. I have tried the piano, flute, guitar and harmonica--all to no avail. I just chalk it up to individual uniqueness. Some of us can do some things others cannot do and vice-versa.

Posted On 03/09/2024

Segstar

Like you almond , I love music very much but for the life of me I just can't grasp the language..Did 2 years in school and to this day don't remember one note..The teacher was another story what a hoot...And yes not everyone can can excel in everything, I think it's all part of being human:)

Posted On 03/09/2024

Otorongo

Hello Almond, always love your comments. You are a well rounded person. What I read from your comments shows how many other skills you have, including common sense, which is sorely needed in this world. Regarding your music abilities: We are each born with a unique gift that no other person has. That means being a jack of all trades or a master of one. Whatever that one is, no one can do it like you. And, one thing was given to all of us to do something special in the world that no one else can do. So it would be prudent to figure out what our gift/gifts are, so that we can use it/them to make the world a better place. Because no one else can do what we're put here to do. Dr M has sure found his gift. That being said, it doesn't hurt to be a life long learner. If we think we're done because school is over, well, I don't know what to say about that except we're missing out on a lot.

Posted On 03/09/2024

plastickékie

you can always hummmm. While you may not have a way with music, you sure do have a way with words. Thanx for all your insights.

Posted On 03/10/2024

juststeve

We already had a Mozart so we don't need a copycat. Now we are blessed with Alma, an original. It is so nice to have such so as to experience Gratitude for such joyous creativity.

Posted On 03/09/2024

Luvvy

Hi Just, i agree. In a pessimistic world, people speak of copies and not originals. Let this young genius Alma inspire people to realize that this world is seeing many exciting, new expressions of our Creator! I am reminded of this magical painter, Akiane, who started very young too and has absolutely blossomed, to the glory of God!! .. <https://akiane.com/>

Posted On 03/09/2024

juststeve

Wow, Luvvy, what an amazing individual. As a young boy he already possessed talent a gifted teenager would aspire to. Thank you for sharing such a wonderful gift! : -)

Posted On 03/10/2024

SanDiegoGirl

Quantum physics says that everything actually exists at the same time, that we put it on a time line--past, present, future--for easier understanding. Perhaps in actuality Alma is the one influencing Mozart!

Posted On 03/10/2024

Cabochon

In defiance of malevolent forces that would deny it, the purpose of mankind, in common with all other earthly species, is procreation. But every so often, the divine speaks to us through the universal language of music, if only we would listen. Who could doubt this while listening to Mozart's Requiem in D? We are reminded too that procreation requires two genders to achieve our earthly purpose. "Instead of cleaning and keeping quiet, Cinderella composes music" says child genius Alma, a reminder that the divine speaks to us through both parts of nature's creation. <https://youtu.be/Dp2SjN4UiE4>

Posted On 03/09/2024

Katy69

You summarise that neatly, Cabochon. "If music be the food of love, play on" to quote Shakespeare. The duality of mankind's existence can be interpreted through music, dance, art, creativity of all kinds. While we cannot deny the physicality of procreation, there is another dimension - the soul of each individual allows us to create beauty and express ourselves through divine inspiration. Music of all kinds nurtures not only the soul but the brain. Like our muscle strength, we must use it or lose it.

Posted On 03/09/2024

Katy69

pubmed.ncbi.nlm.nih.gov/36530760

Posted On 03/09/2024

Ingab51

Alma D is truly an old soul. As a lifelong believer in the concept of reincarnation (I wrote an assessed essay on this very topic for my degree in theology many years ago - 1974), I hope that this young lady will bring much-needed hope for harmony into our seriously divided world. Thank you, Dr Mercola, for bringing her to us..

Posted On 03/11/2024

htlaeh

How lovely, Dr. Mercola, that you chose to showcase the incredible Alma Deutscher in your email. I would not have known of her but for you. Her music is sweet and so is she. May she live long and well and continue to delight us all with her gift. Thank you for bringing her to our attention. She lifted my spirits!

Posted On 03/10/2024

gdu1346

Thank you for bringing this to our attention. Wonderful.

Posted On 03/09/2024

bchristine

Incredibly talented girl! I appreciate the "music-focus" in today's newsletter articles ~ so uplifting when we have to navigate through these troubled times ...

Posted On 03/09/2024

F22JetJock

Thus the reason we know that prodigy gifts derive from the human spirit and/or soul spirit instead of from shared physical cerebral neurons, which all humans possess. Blessed are her parents for introducing her to music otherwise no one would ever know she had the gift of music creation..

Posted On 03/09/2024

oxygen

Thank you for sharing this wonderful article and videos.

Posted On 03/09/2024

natloz

and where is she today ???

Posted On 03/09/2024

Cabochon

www.almadeutscher.com/news

Posted On 03/09/2024

rhelvy

Continuing her composition career. She had a Carnegie concert, where she unveiled several new waltzes. Search YouTube for Alma Deutscher

Posted On 03/09/2024

pecanroll

My nephew is just like this, and my sibling posts his creations. We have a strong history of musical giftedness in our family. A cousin of ours is known nationally and has been featured on TLC for his talents with high school choir productions.

Posted On 03/09/2024

PeterA.

Alma has a nice YouTube channel! www.youtube.com/.../videos Here she is conducting Cinderella: www.youtube.com/watch

Posted On 03/09/2024

Mr.AK

Gives me more compelling evidence for the idea of REINCARNATION. She brought this gift from a past lifetime in some other time and place. She seems to have the same gift as Mozart. There have been many other similar examples of this phenomenon, and they offer no better or more likely explanation than that. The work of Michael Newton and Rob Schwartz have left no doubt that reincarnation is real. And the University of Virginia School of Medicine: med.virginia.edu/perceptual-studies/our-research/children-who-report-m..

Posted On 03/09/2024

Mr.AK

This has all the earmarks of a soul reincarnated into another lifetime. Here is an excerpt from the book, "The Boy Who Knew Too Much": At the tender age of two, baseball prodigy Christian Haupt began sharing vivid memories of being a baseball player in the 1920s and '30s. From riding cross-country on trains, to his fierce rivalry with Babe Ruth, Christian described historical facts about the life of American hero and baseball legend Lou Gehrig that he could not have possibly known at the time. Distraught by her son's uncanny revelations, Christian's mother, Cathy, embarked on a sacred journey of discovery that would shake her beliefs to the core and forever change her views on life and death.

Posted On 03/09/2024
