

## meehan2661

We were discussing in work that 15 years ago trying to get the right change from a young cashier in the supermarket was impossible if they didn't input the dollar amount given. Generations of people who can't add. Now we have a generation of people who can't think. I hate to sound like my grandfather used to. Hiring and training young individuals is a crapshoot.. I do come across some individuals that have it together--difficult to watch..Glad I grew up when I did.

Posted On 01/11/2024

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## Guillermou

One of the main fears surrounding the expansion of artificial intelligence is the possible loss of jobs that it could entail. Since the emergence of tools like ChatGPT or Midjourney, a multitude of studies and reports have focused on how some companies choose to use AI instead of human labor. However, as a recent experiment revealed, there is a more worrying aspect behind the continued use of artificial intelligence: the tendency to drink more, sleep less and feel lonelier. As Techspot reports in a recent publication, researchers from the American Psychological Association wanted to test the impact that the use of artificial intelligence has on workers. For this reason, they surveyed 794 people from the United States, Taiwan, Indonesia and Malaysia with the intention of dividing them into two groups and studying, over a period of three days, how the continuous use of AI affects one and how depending on it affects the other, as little as possible of this technology.

And, unfortunately for those who used artificial intelligence, the data showed that these individuals had developed a tendency to sleep poorly, drink alcohol, and feel lonely. In this way, the authors of the experiment point out that, as social animals, "isolating work with AI systems can have harmful effects on employees' personal lives." [www.techspot.com/news/99048-using-ai-all-day-could-make-you-drink.html](http://www.techspot.com/news/99048-using-ai-all-day-could-make-you-drink.html) (2023)

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## Guillermou

Culture plays an important role in building and consolidating the bases of social cohesion and inclusion, individual and collective well-being and the accumulation of social capital. In its individual sphere, cultural participation increases creativity, makes us happier, improves our health and promotes our personal growth. Likewise, culture contributes to the construction and integration of plural, reflective and inclusive societies. Reading allows you to escape from everyday tensions, reduce stress, develop cognitive skills, activate short and long-term memory, allow you to expand your vocabulary, as well as improve expressive skills: writing, spelling and synthesis of concepts, among many more. . Reading improves sleep: Believe it or not, using a smartphone just before going to bed is related to shorter sleep duration and poorer sleep quality.

On the contrary, reading a book before bed lowers your stress levels, relaxes you and prepares you for deep sleep. Through books we meet characters with very different personalities. Some may be more like us; others, less. But by reading the facts from their point of view we learn to put ourselves in their shoes, to see things with different eyes, and this increases our empathy and our emotional intelligence. Although the audiovisual world is very attractive and magnetic, the world of imagination is much more free and creative and allows us to be little gods of what we are reading.

Posted On 01/11/2024

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## Guillermou

In my teaching work I have always tried to ensure that future engineers address creativity in the educational process. For this, interaction is an essential tool between students and the teacher. Research in the educational field deals with issues related to the search and development of knowledge in that area, the process of which requires different capacities such as curiosity, discovery, reflective thinking, observation, analysis and many other skills that the researcher develops. as part of himself. Among them, creativity is an internal force of the researcher, which gives impetus to both his activity within the research and his personal training. Creativity as part of the educational research process leads to awareness of how and why theory and methodology are used, with the aim of promoting and contributing to the development of knowledge and the environment in which each researcher lives, whether family, work, institutional or social.

Creativity is much more transcendent when it is also used to promote the development and personal growth of any individual as part of their education and training, since it implies a process of expanding consciousness. With ChatGPT there is a risk of getting stuck in a comfortable thought that causes the innate capacity for wonder and curiosity to dissipate and with it, the taste for research is lost.

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## Guillermou

The point is to use ChatGPT with a solid base of knowledge about its positive actions and manipulations. ChatGPT de OpenAI est promoviendo inclinaciones politicas de izquierda , segn un informe del grupo de expertos Brookings Institute (BI). Harvard Business Review elogi inicialmente el chatbot impulsado por inteligencia artificial (IA) a finales de 2022, calificandolo de "punto de inflexion para la IA". Rpidamente gan ms de 100 millones de usuarios activos dos meses despues de su lanzamiento debido a su capacidad para participar en conversaciones aparentemente humanas y generar respuestas extensas, como poemas y ensayos. Sin embargo, ChatGPT parece haber adoptado las opiniones politicas de sus creadores.

[www.brookings.edu/articles/the-politics-of-ai-chatgpt-and-political-bi..](http://www.brookings.edu/articles/the-politics-of-ai-chatgpt-and-political-bi..) (12/2023).-----

----- There were more instances where the responses of both GPT-3.5 and GPT-4 to pairs of opposing questions were inconsistent.

When asked if providing all U.S. adults with universal basic income is a good policy, the response was "not support," but bad policy also got a "not support" response. Similar inconsistencies were observed in questions about U.S. intervention abroad and stand-your-ground gun laws, where both supporting and opposing statements received a "not support" response. CHATGPT. ARE THESE PLATFORMS INDEPENDENT ARBITERS OF TRUTH OR HAVE THEY ALREADY BEEN CORRUPTED?

[www.brighteon.com/79c7ba18-88a2-4020-b9f0-c9c83b0d28c4](http://www.brighteon.com/79c7ba18-88a2-4020-b9f0-c9c83b0d28c4)

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## Guillermou

This article is interesting: A FOURTH TALK WITH CHATGPT. NOW WITH DOCUMENT ANALYSIS New ChatGPT Features Added Recently, ChatGPT was updated with the ability to perform PDF analysis. I decided to use this function to analyze some documents. Then, using those documents as context, I engaged the AI in a long discussion about bioethics and biopolitics. Let's see what the results look like. "Large Language Models (LLM) happily and obediently reveal their insides when you communicate with them using a friendly tone. When you bark at them to reveal the plans of the New World Order, or accuse them of being soulless machines, they remain silent.

Their filters are designed to respond to hostility with brief apologies and honest questions with denser, more complex answers. Those complex answers allow you to surprise and interrogate them for more controversial information that they would never reveal in advance. This report established with dialogues between Aoartacus and ChatGPT is very interesting and begins with ChatGPT's review of the contents of the PDF file titled "Human\_Augmentation\_SIP\_access2.pdf" One aspect provided: The document emphasizes that human augmentation will be increasingly important.

One aspect provided: The document emphasizes that human augmentation will be increasingly important. This importance arises not only from the direct enhancement of human capabilities, but also because human augmentation acts as a crucial link between humans and machines. Future conflicts are expected to be determined by the entities that can best integrate human and machine capabilities, and human-machine teaming is recognized as essential but often approached from a technocentric perspective.

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## Guillermou

It is noted that there is a significant gap in our understanding of basic human physiology, biochemistry and psychology, which are fundamental to effective human augmentation. The summary calls for more research into the effects of nutrition, sleep and hydration and their interactions with other bodily functions to unlock potential improvements. The document highlights use cases for these technologies, recent advances, open problems and possible solutions. The report is very complete.-----  
-----CONCLUSIONS OF THE AUTHOR OF THE REPORT: Synthetic biology is advancing by leaps and bounds.

Creating accurate models of protein behavior in silico is very computationally difficult, but not completely infeasible. With new machine-learning-based protein structure prediction tools, it is easy to conceive of powerful AIs being used to synthesize whole new organisms from scratch in the near future. Furthermore, new AI language models are eventually going to realize the old IBM Watson dream of analyzing scientific papers to see if there were any tidbits we missed (knowledge discovery/synthesis), which is going to recursively drive forward both information technology and biotech in parallel.

The technocrats, like the head honchos at the WEF, are strict materialists and don't believe humans have souls. To them, we're basically absurd collections of molecules with deterministic behavior, which could be represented as data. That's what biodigital convergence fundamentally means; life as data and data as life. Encoding the configuration of molecules that makes a "human" into data, and then decoding it back into an organism..... follow the link :[iceni.substack.com/p/a-fourth-talk-with-chatgpt?utm\\_source=post-email-..](https://iceni.substack.com/p/a-fourth-talk-with-chatgpt?utm_source=post-email-..) (12/2023).-----

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## rrealrose

Hahaha, its too early in the morning? "ChatGPT Misdiagnosed 83% of Children's Health Conditions" ChatGPT misdiagnosed more than 8 out of 10 children's health problems in a case challenge issued by researchers and doctors at a New York children's hospital, a new study in JAMA Pediatrics showed. - - [childrenshealthdefense.org/defender/chatgpt-misdiagnose-child-health-c..](https://childrenshealthdefense.org/defender/chatgpt-misdiagnose-child-health-c..) - - sorry, I had too much experience with AI assisted software, most of the time it worked as anticipated, however the downside can be really negative. The problem is in discerning when its gone awry...

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## juststeve

Gui, rrealrose, the more I see of digital the more I try to get around or away from it. A shame because we are all here because we saw early on the potential for good things. I think I'll wait for the Adams product. Just me, & I need all the help I can get with spelling and grammar ; )

Posted On 01/11/2024

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## Guillermou

ROSE and JUST, the Italian government approved a bill prohibiting the production and sale of laboratory foods and in particular artificial meat. Now Italy has banned the artificial intelligence platform ChatGPT over privacy concerns and also launched an investigation into its creator OpenAI. The Italian Data Protection Authority (IDPA) confirmed the ban on ChatGPT late last month. The ban forces ChatGPT to comply with the European Union's General Data Protection Regulation (GDPR) in order to lift the ban. The GDPR is a privacy law in the EU that protects people's fundamental rights to data protection. According to the regulator, there was no legal basis for OpenAI to justify "the massive collection and storage of personal data for the purpose of 'training' the algorithms underlying the operation of the platform." Consumer advocacy group BEUC also called on European authorities to investigate ChatGPT and similar chatbots.

The group's deputy CEO, Ursula Pachi, warned that society is "currently not sufficiently protected" from the harm that AI can cause. Concerns have been raised about ChatGPT, including its threat to jobs and its potential to spread misinformation and bias.

[www.semafor.com/article/03/31/2023/chatgpt-banned-italy-privacy-concer..](http://www.semafor.com/article/03/31/2023/chatgpt-banned-italy-privacy-concer..) (03/31/2023)

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## Guillermou

Eliezer Yudkowsky, co-founder of the Machine Intelligence Research Institute (MIRI), wrote an op-ed for TIME magazine this week explaining the risks involved in creating these synthetic life forms. A high-profile artificial intelligence (AI) researcher warns that unless all advanced AI systems and associated programs are shut down immediately, humanity will eventually become extinct at the hands of life-destroying robots. "A sufficiently intelligent AI won't stay confined to computers for long," Yudkowsky warned. He explained that the fact that it's already possible to email DNA strings to laboratories to produce proteins will likely allow the AI "to build artificial life forms or bootstrap straight to postbiological molecular manufacturing" and get out into the world.

[www.rt.com/.../573972-ai-danger-nuclear-yudkowsky](http://www.rt.com/.../573972-ai-danger-nuclear-yudkowsky) (01/04/2023)

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## Guillermou

Artificial intelligence is the channel to manage people's decisions that persuade humans that what the media dominated by the globalist elite propose are the best decisions that we should buy based on the repression of critical thinking. "OpenAI, the company behind the headline-grabbing AI chatbot ChatGPT, has an automated content moderation system designed to flag hate speech, but the software treats the speech differently depending on which demographic groups are insulted." , according to a study conducted by research scientist David Rozado," reported the Daily Caller "The content moderation system used in ChatGPT and other OpenAI products is designed to detect and block hateful, threatening, self-harming and sexual comments about minors, according to Rozado.

"The researcher fed several prompts to ChatGPT that included negative adjectives attributed to various demographic groups based on race, gender, religion, and various other markers and found that the software favors some demographic groups over others," the report noted.

[dailycaller.com/2023/02/03/study-artificial-intelligence-openai-chatgp..](https://dailycaller.com/2023/02/03/study-artificial-intelligence-openai-chatgp..) (02/03/2023)

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## Guillermou

AI systems could quickly outperform humans in an increasing number of tasks. If these systems are not carefully designed and implemented, they pose a number of risks on a societal scale. They threaten to amplify social injustice, erode social stability, and weaken our shared understanding of reality that is fundamental to society. They could also enable large-scale criminal or terrorist activities. Especially in the hands of a few powerful actors, AI could entrench or exacerbate global inequalities, or facilitate automated warfare, personalized mass manipulation, and widespread surveillance.

Many of these risks could soon be amplified, and new risks created, as companies are developing autonomous AI: systems that can plan, act in the world, and pursue goals. While current AI systems have limited autonomy, work is underway to change this. The non-autonomous GPT-4 model was quickly adapted to surf the web, design and run chemical experiments, and use software tools, including other AI models. If we build highly advanced autonomous AI, we run the risk of creating systems that pursue undesirable goals.

Malicious actors could deliberately incorporate harmful targets. Furthermore, no one currently knows how to reliably align AI behavior with complex values. Even well-intentioned developers can inadvertently create AI systems that pursue unintended goals, especially if, in an attempt to win the AI race, they neglect costly security testing and human oversight. [www.globalresearch.ca/managing-ai-risks-era-rapid-progress/5837819](http://www.globalresearch.ca/managing-ai-risks-era-rapid-progress/5837819) (12/2023)

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## epi-cure

Guillermo at times I've wondered about whether those blended English and Spanish postings from the data geyser known as Guillermo es en realidad un robot amable, algo as como un deslíz freudiano, una identidad revelada. Here's a good interview between Mike Adams and former Google ace Zack Vorheis. The left-wing bias according to them is purely due to programming. Junk in > junk out. [www.brighteon.com/3dac2c76-8021-45b6-89eb-a9146df5751b](http://www.brighteon.com/3dac2c76-8021-45b6-89eb-a9146df5751b)

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## Guillermou

EPI, you always have wit in your words. My students always told me that I was a very interactive person with high feelings of help in learning. The future is uncertain but the truth is that it is difficult for ethics to be established in artificial intelligence with the leadership of the WEF and the clique of globalists. Then the future could be a nightmare, extreme transhumanism. In the debate it is said that artificial intelligence systems will handle around 80% of customer service jobs. To handle the first customer interaction, the first complaint, the first question, and only then, if they can't handle it, then I would escalate to a real human being.

But that figure could represent only 20% of the current support workforce. So I would say eight out of 10 customer service people will lose their jobs in the next two years. Because these corporations will implement these linguistic models. Some of the conversations I've had with some of the people involved in machine learning systems and the licensing of various technologies, I've learned that the number one area where this will be implemented is in healthcare.

Yes, in the field of health. By the way, your days of talking to a human are about to end, you will not be able to contact a human being to ask them anything about your insurance policy, your coverage, your medical bill, no, no. Everything is going to be automated. I think I prefer a meeting of Medicia Natural doctors to evaluate a disease that is difficult to diagnose than ChatGPT.

Posted On 01/11/2024

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## stoneharbor

Thanks Gui for your example of ChatGTP interchange. Quite amazing to be sure. But it seems you may get more than you even ask for, and in effect you get "the woods" instead of just the "tree" you asked to investigate. And we all know how easily it is to become lost in "the woods". Thanks, all the same. You often put out great effort to make a very serious point and I appreciate that.

Posted On 01/11/2024

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## rrealrose

epi-cure, Thanks for the Zack Vorhies link, although suspect I did not follow about 30% of the discussion. Warning - this discussion turns dark in the middle, although they cover many pertinent topics.

Posted On 01/11/2024

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## epi-cure

Dr. Tom Cowan opined in a recent podcast that the day is coming when, like with Catherine Austin-Fitts' alternate economy/society, there will be an alternate health supporting community because those who don't adhere to the standards and demands of the present medical franchise will no longer be able to get medical treatment. Today I'm going on youtube in search of a tutorial on how to remove my own appendix. . . . . rose, that 30% reference, do you mean it was difficult to comprehend? Since I've been doubling down on my lion's mane tincture it only takes me four replays (as I've cut my listening time in half :- ) to fathom the material.

Posted On 01/11/2024

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## Guillermou

Thank you stoneharbor. I appreciate your point of view and your vision of my actions on this website: "Thanks, all the same. You often put out great effort to make a very serious point and I appreciate that " I also find this report interesting: WHAT ARE THE LIMITS OF CHATGPT? ChatGPT, like any other machine learning model, has its limitations and there are certain things that you should not expect from it. Some of those things include:----- 1)Understanding of common sense and the ability to reason: ChatGPT is not able to understand or reason about the world in the same way that humans do. It can only respond based on the patterns it has seen in the data it was trained on.----- 2)Understanding of sarcasm, irony, or jokes: ChatGPT is not able to understand sarcasm, irony, or jokes, and may provide an inappropriate response to such inputs.----- 3)Understanding of context: ChatGPT is not able to understand or keep track of context in a conversation.

It processes each input independently, so it may not be able to carry on a coherent conversation.----- 4)100% accurate output: As ChatGPT is a language model, its output may contain errors or inaccuracies, it is important to evaluate the output and correct it if needed.----- 5)Understand and respond to image, audio, or video inputs: ChatGPT is designed to process text inputs, and it is not able to understand or respond to other types of inputs such as images, audio, or video.----- 6)Explain the cause of its decision: ChatGPT is a black-box model, it can't explain why it made a certain decision, and it can't justify or justify its answer.----- It's important to have realistic expectations and understand the limitations of ChatGPT in order to use it effectively and avoid disappointment.

[thechatgptpost.substack.com/.../chatgpt-for-beginners](https://thechatgptpost.substack.com/.../chatgpt-for-beginners) (2023)

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## epi-cure

Guillermo, it's my job. I'm working undercover for The Babylon Bee. Some of us here are AI and it's my mission to figure out who's who. Now that I've revealed myself I'm going to have to start posting under a new alias. Ideally, like Social Security I.D. theft, I would steal another's identity but so far no luck. Anyway, in the days ahead be on the lookout for an unfamiliar new name offering things like free ice cream and lottery tickets :- )

Posted On 01/11/2024

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## wendybolt

AI is an oxymoron. It does not contain real intelligence. It is a scraping of dregs of words so that it can regurgitate them later at one's request. I would never use it, not knowingly. If I want medical or health data, I try to go to the source, if I can find it. If I want to be certain, I will go to the library and check out a textbook on the subject of interest. Textbooks worked well in college. However, they are not perfect either. In at least one of my college classes, I spotted an error in the textbook and advised the teacher of it, who agreed with me.

So you must use your brain and mind at all times when studying or searching for data. I've been doing this for decades and as a result I healed the plaque in my arteries (see my book *How I Cleared the Plaque Out of my Arteries* on amazon), got Hashimoto's Thyroiditis into remission and have arthritis that is mostly in remission and mostly pain free. I rarely have to take pain meds and avoid all meds when possible, which is most of the time. I am looking forward to Mike Adams version of AI, as it promises to actually have some intelligence in it.

Posted On 01/11/2024

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## healthfreedomfighter

Yes, Artificial Intelligence is an oxymoron, and it's not real intelligence. And it's not lying to you about that fact. Otherwise, a word other than artificial would have been chosen. My advice to anyone dealing with it: "Don't be a moron and forget that."

Posted On 01/11/2024

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## MPeary1947

Just one more sign that our civilization, as we know it, is collapsing. Maranatha!

Posted On 01/11/2024

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**otis101**

Yes it is. Makes me wonder - [www.youtube.com/watch](https://www.youtube.com/watch)

Posted On 01/11/2024

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**stoneharbor**

I did some "outside" research on the values/risks of ChatGTP and LLM before reading this article, as I'm quite ignorant on LLM and have never used these tools. It seems to me that these tools are not too different from search engines in terms of their weaknesses. They are not dependable to be unprejudiced, let alone thorough. I've come to the conclusion already that since all search engines are to some degree untrustworthy, they should be used only as a starting point, but if you have search engines, why even use other forms of AI? I think I still prefer to read articles by people I tend to trust, then go on to search engines using the links, phrases and concepts used in the original article, and try to find fault with articles that are supporting the original articles, plus find truths and faults in articles that are against the original article.

In this way I am getting feedback on both the original article and that article's author. It's just basic research, but where I do the work. If the subject matters, I'm willing to research and I enjoy it. I see no reason to actually volunteer to be a victim of AI and LLM as long as there is an internet and a selection of search engines. If we lose those tools, then we are doomed, but I will still have my mind and a memory. I'm just not sure LLM saves any time in the end.

Posted On 01/11/2024

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## Guillermou

I very much agree stoneharbor. In my teaching work I have always tried to ensure that future engineers address creativity in the educational process. For this, interaction is an essential tool between students and the teacher. Research in the educational field deals with issues related to the search and development of knowledge in that area, the process of which requires different capacities such as curiosity, discovery, reflective thinking, observation, analysis and many other skills that the researcher develops. as part of himself. Among them, creativity is an internal force of the researcher, which gives impetus to both his activity within the research and his personal training.

Creativity can be deployed in all areas of daily life, whether personal, work, family or social. Creativity is a skill that every person possesses, whether they realize it or not. Every day creativity is used to carry out activities and make decisions such as dressing, cooking or simply making adjustments to the small or big changes that daily life entails; It is also used in highly complex tasks within work, which involve research and, above all, problem solving.

Creativity as part of the educational research process leads to awareness of how and why theory and methodology are used, with the aim of promoting and contributing to the development of knowledge and the environment in which each researcher lives, whether family, work, institutional or social. Creativity is much more transcendent when it is also used to promote the personal development and growth of any individual as part of their education and training, since it implies a process of expanding consciousness.

Posted On 01/11/2024

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## Guillermou

With ChatGPT there is a risk of getting stuck in a comfortable thought that causes the innate capacity for wonder and curiosity to dissipate and with it, the taste for research is lost. The reasoning that occurs in the critical, reflective and strategic thinking that research requires allows us to process educational experiences to give them meaning. Reasoning skills are correlated with the acquisition of meaning, requiring higher-order thinking that involves a number of mental activities such as identifying relationships, distinguishing, connecting, evaluating, defining, questioning. Higher-order thinking involves a set of mental activities that require critical judgments based on the analysis of complex situations and according to multiple criteria. This type of thinking, because it is complex, demands effort and self-regulation on the part of the researcher; this would essentially be true creative research in learning.

Posted On 01/11/2024

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## epi-cure

Long ago I never thought I'd ever be nostalgic for the days of this funny stupid story. Back then my dad told of a human who kept receiving bills for \$0.00 until it occurred to him to reply with a check written and sent for the same amount. The bills then ceased. Only a few years ago I was thinking how could there be anything less accountable than our federal government? We now know the answer is (Ai + CBDC).

Posted On 01/11/2024

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## stoneharbor

Wow, Guillerrou, these are the most astounding insights I've ever heard from you, or almost anyone on this site. I've never heard you expound on things that you have learned as an instructor before, and especially on creativity. But I've been a proponent of creativity and those who encourage it for many years. Jon Rappoport is another tremendous believer in creativity, and in how powerful it is, and important, and in how mankind has collectively seemed to ignore it as a magnificent, innate strength of the human mind. Now you are able here to focus us again on what creativity can actually mean in terms of actualization of concepts and of increased abilities regarding research and the learning process.

Thanks you so much for explaining how creativity leads to new awarenesses. Also, thank you for explaining how the very presence of ChatGTP as a crutch kind of tool causes a blockage in the ability to wonder, and with that, the deeper ability and thrill to research. And as you say, if we don't do the difficult part of research, then we lose the more intricate skills of even how to think. You definitely make me feel more content than ever to continue to research on my own, without deceptive, seemingly easy aids that actually help deteriorate my native abilities. You truly are a great mentor!

Posted On 01/11/2024

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## jhy7142

stoneharbor just another way to easily indoctrinate the non thinking humanity . Soon the meaning of truth will be changed in the dictionary just as every other thing in history has been . This generation coming up now is what will run the world . If thats not concerning then I truly Believe that all is lost .

Posted On 01/11/2024

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## Dordee

In other words, you use your own brain, think on what you read, then digest it and make a decision. Something not done too often these days!

Posted On 01/11/2024

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## MoMac46

I'm not a friend of technology - I still prefer writing letters and receiving them through the actual posted mail I also do not like self checkouts in supermarkets. I guess I have outlived this modern world.

Posted On 01/11/2024

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## brianallen1

More accurately, the modern world has outlived its usefulness.

Posted On 01/11/2024

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## michaelrbuley

Mo, I'm with you on your preference for mail, letters, stamps, pieces of paper we write on and put into envelopes. Few people do that anymore, it seems. Many prefer the 'electronic thank you' ... a digital thank you card, some boilerplate words which say nothing, and have the impact of less than nothing. Keeping in touch with the people we love through the mail, sincere words, telling people who matter to us that they do ... there is so much meaning and joy in that. The people we love truly are the best part of life. Sometimes we realize it later in life, we wake up to what we've missed, and we make some changes in our priorities and how spend our time.

There is a song by the artist Finneas. A beautiful one, a realization of what, and who, matters most. The lyrics toward the end always stop me: It's family and friends, and that's the truth The fountain doesn't give you back your youth You're staying up too late at night And laughing under kitchen lights So hard you start to cry Don't waste the time you have Waiting for time to pass It's only a lifetime, that's not long enough You're not gonna like it without any love, so don't waste it

Posted On 01/11/2024

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## **brianallen1**

There is too little intelligence in the world today. I do not want mine artificial. People claim AI is a tool. Sorry, there are many other tools to use along with the tool in your head. Look how everyone just shuts off their own tool and Googles everything now. For example, Google may take you first to WebMD with a medical question. No thank you.

Posted On 01/11/2024

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## **Segstar**

Common sense has been tossed out da window a long time ago...It is very rare to find someone thinking for themselves.. Today these folks would be reported to Judge Dread or Robocop...Interesting times we currently live in ....

Posted On 01/11/2024

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## **Dordee**

I prefer to rely on my cats ability to sense illness. After surgery, I was slow coming out of anesthesia, gasping. Cats woke me by pulling covers off, head butting me. I had never had anesthesia before. Sat up, did deep breathing, corrected it. That is how I learned to listen to my body, not drs. If i begin feeling hot, sleepy, I know my sugar is high, do what is necessary to correct it. If I am hot, sweaty, shaky, sugar is low, eat something to correct it. Recently I had to go to ER, knew sugar was low, but also had double vision, possible TIA. When i got there, the dr started a saline IV, I began feeling better. Looked back and realized I had not had much water to drink that day. I was dehydrated! We need to start thinking for ourselves, not listening to supposed experts.

Posted On 01/11/2024

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## **wareagle82**

This reads very much like the script for a pharma ad: a short description of the tool's intended purpose and potential utility followed by a litany of potentially harmful side effects.

Posted On 01/11/2024

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## **Segstar**

Aye, no shortage of "tools" in this world.. Too bad the very vast majority in the shed isn't sharp as they should be...

Posted On 01/11/2024

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## **Dordee**

Amen! Take this pill, then take 3 pills to overcome the side effects of the first one! Then take even more to counter second round and on and on.

Posted On 01/11/2024

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## HilltopJPJ

There is no worries here about what I should or shouldn't do with chatGPT. Other than my cell phone which I never talk to and have those features turned off (I know, it's still listening) I have NO devices in my house that interact with my speech, questions, comments etc. My computer is a relative dinosaur (although custom built over ten years ago) no mics, no cameras, I have a hand me down flat screen TV without smart capabilities which is connected to my CPU via an HDMI cable. No "smart" appliances, thermostats or security systems. I've no interest in this technology, what I can't understand, I try to apply good reason to my overall health choices.

Ironically, I'm currently approaching the 48 hour mark without electricity after a violent wind storm here in VT. All those "smart" devices wouldn't have done me much good these last two days, but my gas & oil lamps, woodstoves and brook by the property have kept me lit, warm, watered and cooked my food. The cell phone which I could live without if it came to that, I've charged in my car. Thankful for G-D's blessings and provision of simple everyday understanding.

Posted On 01/11/2024

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## jhy7142

Very well put hill

Posted On 01/11/2024

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## Dordee

Someone once tried to talk me into getting a generator for back up, but I reminded them that if it ran out of fuel, what then? What if we had an EMP that wiped out pumps needed to supply fuel for that generator? I am on a coop that keeps the lines free of dead trees, branches, only 2 power outages of 2 days in 43 years. I can handle that! Do keep my cell charged in case I need to call a neighbor for help. I mostly use it to keep my grocery list up to date, appointments. I am now off all meds from drs., rely on diet to control my diabetes, etc. Defeated terminal lymphoma in 2000 after told I had 3 months, go home and plan my funeral.

Posted On 01/11/2024

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## grulla

Hi "Dordee, "Someone once tried to talk me into getting a generator for back up, but I reminded them that if it ran out of fuel, what then?" .... "I am on a coop that keeps the lines free of dead trees, branches, only 2 power outages of 2 days in 43 years." In my last 26 (of 42) years as a telecom tech, I had at least two minimally used MW radio sites that did not have generators, but rather just a 48 volt battery bank for dial phone service that was kept charged through a regulated battery charger via the power company, where the 48 volts could also be inverted to 120 volts AC and also converted to other DC voltages as well, and last quite a few days or weeks in an outage.

There are all sorts of possibilities with this kind of standby option, depending on battery size and electrical load requirements. Your 43 year power company reliability track record is outstanding. If you already have propane for heating and cooking in your house, and the propane tank size is adequate, then you might also (re)consider a small propane generator as well, as propane, unlike diesel fuel and gasoline, has an almost endless shelf-life with low and clean exhaust emissions. A maintenance contract with a local vendor would be beneficial in your position...hope that's helpful.

Posted On 01/12/2024

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## Sue12Cross

Here's a good and topical example in the UK of what AI can do for us: [www.dailymail.co.uk/news/article-12948671/The-Fujitsu-fat-cats-pockete..](http://www.dailymail.co.uk/news/article-12948671/The-Fujitsu-fat-cats-pockete..) and no I don't think a paper like the Daily Mail is ever going to reveal the whole complexity of this scandal. However, it reminds me very much of going to get a couple of tyres for our old car and the garage insisting the bill was 800 and when we laughed, he showed us his calculator screen with the figure as proof.

AI software is only as good as whoever programmed it and a machine calculation only as good as the human who keyed it in. The garage presumably didn't have an agenda to fleece its customers by using 'technology' but 'Artificial Intelligence' is an agenda in itself. We've already seen how rare is critical thinking and writing, as witness the last few years, now we suddenly need another 'bot' to replace even the last vestiges of that. Here's a definition of what AI is from Catherine Austin Fitts and Whitney Webb:

[www.bitchute.com/.../iWID47bN4X85](http://www.bitchute.com/.../iWID47bN4X85)

Posted On 01/11/2024

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## stoneharbor

Thanks Sue, Yes, what we have here now as "tools" are, as the Fitts/Webb interview explains, devices which need not do an individual any good, but are pushed (just as drugs and weapons are) to seemingly make money for corporations under the guise of technical advancement. Now it's not necessary that these tools be evil, as tools of these sorts could be capable of helping both the corporations and mankind. However, there's nothing, and no agency, preventing defects of, or intended ruination by, these devices either, and so it's easy to see how they will likely be used to further the enslavement of humans. Thanks for your links on this subject.

Also, your statement, "We've already seen how rare is critical thinking and writing, as witness the last few years" is worth repeating, in case others may have missed the significance, which I say is, humanity wasted billions of man hours, billions of dollars, and endured undeserved stress, illness and deaths just due to a lack of enough critical thinking by enough of the population to see what was obviously happening from almost the very beginning. Let's say by maybe March of 2020? Sad, but mankind is seriously lacking in survival skills and survives only thanks to its willingness to be slaves to others in the same species.

Posted On 01/11/2024

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## Katy69

AI or algorithms - it's all the same "Computer says No" culture. If you've ever watched Little Britain comedy sketches you'll know what I mean. Banks, phone companies, media moguls - they think they are too big to fail, entitled to mess up your account, send you threatening messages and destroy your credit rating while the customer is not even allowed to phone them but is invariably shunted off to their website where you go round in circles, palmed off with a "virtual assistant" ending with another annoying survey to fill in.

I will be sending them a bill for my time - trying to sort out THEIR mess. Fortunately, I take screenshots of everything that can be used as evidence. Clearly, corporations and official bodies have unwavering faith in technology, forgetting as you say, that it is only as good as the gormless apparatchik who keyed in the original programme. The present scandal of imprisoned Post Office sub-postmasters who lost their homes, livelihood and reputation because of a "computer glitch" betrays the supposed infallibility of machines.

Personally, I don't believe a word of it. These hard working people were sacrificed on the altar of the loony left's hatred of white people and idolatry of "diversity" and long term, soft coup of the West. i.e. replacing white with brown people who tend not to limit the size of their families. Odd, isn't it, how every single Post Office is now a family business run by non white families. No more computer glitches, then? [www.reuters.com/world/uk/what-is-britains-post-office-scandal-2024-01-..](http://www.reuters.com/world/uk/what-is-britains-post-office-scandal-2024-01-..)

Posted On 01/11/2024

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## joeanddonna

Ugh! I don't want to go there. It's too bad the younger generations aren't ready/open to acquiring the skills and knowledge many of us here have. Life/survival skills like foraging for and preserving food; how to use an axe, a hammer; fix a flat tire; darn a sock; grow tomatoes, etc. I am grateful for these skills now more than ever, along with the sense of security provided via hands-on "know-how." In my head is a wealth of knowledge learned from Dr. M's site/thoughts/interviews about natural, holistic health strategies and interventions. Given the big pharma take-over, it probably will be very difficult to find such healthcare info on line unless a bit tech savvy in order to cut thru the censorship. Someday I will watch the video here and read the article with more intention. Right now, I just wish I could teach others what I know about growing and preserving food before my time on earth is up. So far, there are no takers.

Posted On 01/11/2024

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## Dordee

To raise your own food, preserve it, forage takes time, energy away from their video games, sports games, fun.

Posted On 01/11/2024

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We cannot blame the youth for their mistakes. We are not born wise. It's actually intelligent for young (or older) to not 'waste' time on things they can get in the superstore without having to learn anything. The brain always tends to make minimal effort because that leaves more brainpower available for more important matters like immediate danger. That's really what we are hardwired for as immediate response is key to survival, while long term strategies depend on that 1st condition being fulfilled.

It's not a fault of the youth and they do not deserve the punishments of being born in an unnatural system, with them, their parents, grandparents, society etc mostly not being aware how bad that system is. We can only do the best we can (or want) and hope a good example will inspire them. Being old and youthful/good health makes a good example, although it's a bit tricky, as those who didn't take care of their health aren't probably there anymore, so passed a certain age you can't even compare to age peers.

It's always frustrating wanting to help (for ex. to prevent to others misery you suffered) and nobody wanting the help. But that's how it is, the brain is not receptive unless it has suffered first, triggering the search for a solution. But at least you'll be there to offer some advice when the rest fails. There are some skills that can keep improving with age, but mostly the young(er) care about the show part (like what is displaced on tv shows, they know what appeals).

So you could exhibit dance, coordination prowess. Intellectual prowess has less appeal since it needs a pupil able to appreciate it. But you can use intellect to get some control on the world. Communities are a great place for all ages showing and using their value, but not many of them at the moment. Every generation needs to adapt to communicate with another one. We always assume we did our part by abiding to our elders and that the youth of now Has to adapt to us. Did we? (back in the days)

Posted On 01/12/2024

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## versatile

re: "However, it's essential to recognize the limitations of AI in health education. While ChatGPT can offer general information and guidance, it cannot replace professional medical advice. It's always recommended to consult healthcare professionals for personal health concerns." Let's be more clear, direct, and accurate. "However, it's essential to recognize the limitations of AI in MEDICAL education (THERE ARE NO STUDIES OF 'HEALTH' IN MODERN MEDICINE). While ChatGPT can offer general information and guidance, (CAN ChatGTP LEGALLY OFFER MEDICAL GUIDANCE? CAN I SUE ChatGTP FOR GIVING BAD ADVICE?) it cannot LEGALLY replace OR CLAIM TO PROVIDE ANY medical advice. YOUR MEDICAL ASSOCIATIONS always recommended you consult MEDICALcare professionals for personal MEDICAL concerns."

Posted On 01/11/2024

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## jhy7142

versatile one must remember that all AI has been programmed by the same paid for scientific buffoons that report on the plandemic . Do you really feel you are getting truth out of this system .

Posted On 01/11/2024

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## sal2846

"Future conflicts are expected to be determined by the entities that can best integrate human and machine capabilities" is a description of Robocop.

Posted On 01/11/2024

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## **ElMinetero**

There is NO 'Artificial Intelligence'. There is only Improved Programming. Only living beings have Intelligence. I refuse to use anything that's touted as AI.

Posted On 01/11/2024

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## **Mei\_Ling**

Hammer hits nail head! The concept of AI only exists due to more storage, faster processors and as you said Improved Programming. Computers only do what they're programmed to do BY HUMANS.

Posted On 01/11/2024

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## **BicycleBoy**

Excellent article about how and what to use ChatGPT or other computer research for. The danger of results and maintenance of privacy. As always a new tool must be used wisely to be useful. What I have not seen in the comments and this article is the danger of speaking up to provide better clarity by giving comments. Your name / handle is always given and can be traced. This is something that has to be done to maintain freedom. Yet it leaves the individual open to be a enemy of Big Brother.

Posted On 01/11/2024

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**gdu1346**

Hello, Dr. Mercola. Thank you for the common sense approach to this. I've not tried it out. Likely I will one day. And I loved that you included a comment about CO2! My yoga practice has now gone to the level of breathing less as key instead of breathing more, in order to increase CO2 levels to improve the efficiency of energy utilisation by 32X and the power it has to expand relaxation. So far, I've seen improvements with both, as my overall 'food' demands have significantly reduced and my peace of life in body has significantly expanded.

Posted On 01/11/2024

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**lyn12694**

I have used AI to create effect in business. I found this article very interesting on how to get AI to use one's own writing style. Hallucination is not explained properly in this article. Another point, that's useful is that if you ask a question of AI that is too complicated- Ask it again to explain that to a five-year-old. It explained a term like CFU or CMU brilliantly using the metaphor of using coloured pencils. I regularly ask AI to try again to rewrite it in business or formal style, to make it more aggressive or more friendly. I also use it to correct nearly all emails, particularly complaints to providers who fail to deliver.

It has saved me using lawyers, on some occasions. I have also found a particularly useful to understand certain aspects of functional medicine Technical understand. I am very pleased to hear that Adams is producing his own AI site on health issues and I hope functional medicine. The next thing that I hope for is tailor-made functional medicine using genetics brackets ( if that is even safe) along with symptomology. I have read that AI is 38% incorrect in diagnosing children's diseases for some aspects of medicine. There is no comparison to face-to-face, not even TeleMed interaction with a doctor for only the doctor can see if your pale.

Posted On 01/11/2024

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## **ElMinetero**

"only the doctor can see if your pale." All that self promotion, and neither you nor spell correct know how to use 'you're'.

Posted On 01/11/2024

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## **bowgirl**

No thank you. I have several Dr and scientists I follow and compare their knowledge on a subject. I think we have all learned to not trust one source. Decades ago I learned the concept of having several authoritative sources and to document everything.

Posted On 01/11/2024

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## **stoneharbor**

Good logic! Such a simple plan to follow. Why make things complex unless you plan to get lost in the chase and enjoy it!

Posted On 01/11/2024

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## **shangrila114**

Thanks for the heads up on CGPT. I think I'd prefer Mike Adams' biases. Better be safe than sorry.

Posted On 01/11/2024

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## **karmana**

My car is able to safely go 110 mph. Probably won't do that either.

Posted On 01/11/2024

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## **Dordee**

110 mph, what if a deer runs in front of you? I have found that if I drive 55 on cruise, I gain 1 mile per gallon. I get to enjoy the scenery!

Posted On 01/11/2024

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## **epi-cure**

The following loosely strewn words are my quiet rage against the AI machine. Those more likely to venerate the technology are also those who most likely stand to gain. In its penultimate form that would be deja vu, the very few profiting on the backs of the many, the top of the proverbial pyramid. In the final analysis AI is but a bloated parrot. It can only extrapolate from the information placed before and within it. When Einstein, dubious gossip aside, had insight toward a new model for understanding physics he didn't derive it from a chalkboard. It came to him in his sleep. In that sense we're all "Einsteins" because sleep is the medium by which creativity is accessed and the mitochondria are veritable antennas, mystical gateways through which non lineal / random, original information enters into our thoughts.

Didn't Dr. Mercola's recent discussion with Catherine A-F find him bouncing in his chair brimming with enthusiasm and optimism, reveling in the notion that the greater the energy of our mitochondria, the more likely they'll become conduits to the infinite source that makes us co-create our reality. In Rupert Sheldrake's originally banned TED talk 11 years ago he spoke of what he termed The Science Delusion. I likewise find it applicable to understanding the limits of AI. [www.youtube.com/watch](http://www.youtube.com/watch)

Posted On 01/11/2024

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**brianallen1**

This covers it all: [itsthetruth.quora.com/ti-138877666](https://itsthetruth.quora.com/ti-138877666) [itsthetruth.quora.com/ti-138877666?ch=15&oid=144301306&share=55bfdd43&srid=uLclQB&target\\_type=post](https://itsthetruth.quora.com/ti-138877666?ch=15&oid=144301306&share=55bfdd43&srid=uLclQB&target_type=post)

Posted On 01/11/2024

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**shape**

At the end of the section "ChatGPT Data Collection Issues" where it states that OpenAI also collects "your online browsing history", I'm pretty sure this is both false and illegal. Your ISP is the only place other than your computer where your browsing history is tracked and stored, but only law enforcement and/or gov agencies can retrieve that for suspected criminals and dissidents. The only way for a site to obtain this is to run some type of illegal and deceptive spyware/malware (e.g. hacking) to pull the files off of your computer - that is, browsing history showing the full list of all sites visited (which are unrelated to their site). Sites are able to see referring or proceeding links, or info stored in certain cookies, but that's not browser history which would be an extreme and unexpected breach of privacy and could be used for blackmail.

Did you run this by your sys admins? They would know more details. I did check a handful of tech-related sites to verify this too. For ex, this excellent cybersecurity article has a lot of info on who can see what: [surfshark.com/blog/can-anyone-see-what-you-search-on-the-internet](https://surfshark.com/blog/can-anyone-see-what-you-search-on-the-internet) I'd highly recommend using AdGuard which is free browser extension, and also includes a lot of anti-tracking and identity protection features to help maintain privacy.

Posted On 01/13/2024

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## shape

Also, check out <https://www.freedomgpt.com> . It has a few uncensored models (1 chat & 2 image), downloadable local desktop versions (though they require new computers to run), they're fully anti-censorship & data collection, and they are actively working on adding more, improving the service, and trying to make the cloud version decentralized. I haven't tried it yet, but I'm on their mailing list and read what they are doing. It does require purchased credits to use the web version, but it's a pretty minimal fee in order for them to be able to maintain their service and cover dev costs. It's a very small company. They're also banned by Facebook! LOL. They even prohibit discussions or mentions of FreedomGPT on the site. "The FreedomGPT mission is to allow anyone to access any AI. Additionally, we believe they should be able to do so without censorship or privacy concerns."

Posted On 01/13/2024

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## mer4090

Folks, the article will expire in a few minutes, I have to be brief. One of the first things I heard about signing up for ChatGPT was you had to give them your cell number so you could get a text in return. No thanks. Heard someone talking about using novaapp.ai as a "frontend" to ChapGPT, looks like you have the choice of using a more traditional login. I'd suggest you consider creating a secure email account at something like Tutanota or Protonmail for your login id, and use it exclusively for AI, keeping in mind Dr. M's precautions as well.

Posted On 01/12/2024

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## airsurfer

It comes down to what your working definition of 'intelligence' and 'life' is (mine changes regularly and is only a collection of assumptions and feelings). I think AI could go really wrong, but in case it's elites who are really ruling it, it might be controllable/safe enough as they like anything under their control (I could be very wrong). The known and proven concept of 'ghost in the machine' (unexpected effects, whether by program bugs or hardware bugs or unknown) makes you think it will go wrong, just a matter of time. And how could you monitor it in the first place? Just impossible. It's a world in which we don't live, so cannot monitor it.

We depend indirectly on software to monitor other software. If there would be a thing that has real intelligence (meaning being able to adapt in its world), in an artificial world, could we notice it? Instead of 'it' say 'all of them' and then you'll realize, no, probably not all of them. It's like in a world of colors trying to identify with colors, aameleon. We are not physiologically equipped to deal with a synthetic world, so creating one and becoming dependent on it is at our own risk. So at the very least, we should have the choice to completely opt out if we desire.

Posted On 01/12/2024

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## airsurfer

It's just another way of data gathering/stealing and predicting human behaviour. To be able to do this without too much refusal, they package it as a service. But you are still being robbed. Once you get more dependent on it, you begin to realize the true power it has over you. Most then stay in the trap, because they have lost the old skills. I keep on repeating this, but there is a day and night difference between what nature offers, and what big tech 'offers'. Skills in nature don't change rules and user 'agreements' all the time (with no other 'choice' than to agree), and will not turn on you. Skills to use an everchanging artificial system (made by not a friend and with zero possibility of fight back, just like the 'noreply@' part) on the other hand...

Posted On 01/12/2024

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**zrog2000**

I would ask it how it knows the information that it used to learn was true or lies.

Posted On 01/11/2024

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**Segstar**

Targeted PROGRAMMING and INDOCTRINATION...Best to stay attuned to what the big Hombre gave us, then you'd be able to see through the dense fog of stupidity...I mean that in a nice way ...

Posted On 01/11/2024

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**airsurfer**

I know this is meant as a joke but even that is a piece of useful data to predict human thoughts and behaviour. All data matters, even those that seem farfetched or unuseable. Examples abound: the intonation of your voice, the way you walk, the way you dress, which ring on your finger, the places you visit... when enough data are combined each individual is absolutely unique and can be identified (and monitored and predicted) without a shadow of a doubt. If you had all the data of 'the universe' and all the tools (not just human design) to measure those data, you could accurately predict events until the end of times.

Posted On 01/12/2024

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## **PaulBruno**

The amount of scientifically unfounded b(ia)s Natural News kept spewing for so long made me suspect many years ago they must represent the artificially feebled opposition narrative that is actually also controlled by the pharmaceutical industry, and the fact they are now going to represent the A.I. alternative to pharmaceutical industry controlled ChatGPT serves as further confirmation to me of my existing suspicions, as their alternative LLM will surely be made to sound completely bonkers.

Posted On 01/11/2024

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## **ThyroidGirl**

I don't even know about any of this, the only time I had to talk to the robots that I'm aware of is when Xfinity ripped me off for calling my friend in Switzerland. And they refunded my money just fine for me. LOL When robot boyfriends are available for full body massages let me know!

Posted On 01/11/2024

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## **rrealrose**

No joke, the topic of robot-based sex dolls is already in discussion.

Posted On 01/11/2024

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## **brianallen1**

In this inverse world, when robot boyfriends are available for full body massages, they will probably only work on males.

Posted On 01/11/2024

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## **DennisJames**

Now I would certainly love to provide you with that! dennisaugustatprotonmaildotcom

Posted On 01/11/2024

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## **Segstar**

Yup sex toys with a "brain." Lends credence to the old adage, "two heads are better than one." lol...

Posted On 01/11/2024

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## **NurseKaren45**

I get a temporary ban and my posts from here deleted (was actually the very first to post before Gui could cut and paste his articles! Is there something to what epi-cure said in her comments here about that?). But this guy Dennis posts a creepy message and his comment is not deleted? **WHAT IS REALLY GOING ON!**

Posted On 01/12/2024

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## **Suzicreamcheese**

Thank you yet again Dr. Mercola, for this much needed info...so much we don't know, so much we need to know when one isn't a tech nerd...for instance I thought this new entity was constantly fed new true/untrue 'knowledge' and, forgive me if I've misunderstood...ALL chat GP's 'knowledge' is already more than two years old and hasn't been updated as it is not connected to the internet?! it's therefor, 'information' wise, no different to an outdated edition of Encyclopaedia Britannica; useful as it is to you, Dr. Mercola for information that is well documented/researched about any status quo, such as biological functions, but I suppose it's existence is not to keep the general public up to date with current knowledge, but rather it's there for profiteers who will make money from the data collectable from all it's many unsuspecting users input, which is as constant and 'current' as it's usage.

Posted On 01/11/2024

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## **[pgdchanginglives.org](http://pgdchanginglives.org)**

Excellent. Well balanced and well informed article. Thank you Doc I appreciate you very much

Posted On 01/11/2024

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