

Philip92

Apple isn't privacy either. A degoogled phone with any fork of the android open source project ist best. LineageOS is probably the most used. Together with microG (FOSS project, that fakes google play services) most of a phone's daily functionality can be "restored". I would say that 90% of all apps, would run on a degoogled phone w/ MicroG. Streaming apps work fine with MicroG (like Netflix, Prime, Disney+) There are also alternative for lots of apps, just to name a few: - NewPipe as a Youtube alternative (FOSS, no-login required, no ads, background play/download) - Brave/Firefox as browsers (practice browser isolation) - Aurora store (connects to google play store anonymously) - F-Droid store (only FOSS apps) -Magic Earth, Organic Maps or Osmand as Google Maps alternative - Redreader (reddit client, no login requierd) - AnySoftKeyboard or Openboard - Signal as messenger App - QKSMS for SMS/MMS - Open Camera or stock.

(There are Google Camera forks, spy free, for some phones) - Simple Gallery for viewing images - VLC, MX Player or MPV for videos - Metro for music While WhatsApp and other facebook/Meta apps work, I wouldn't recommend those. Keep Meta to it's own browser and logout, if not needed anymore, clear cookies.

Same goes for Google. Now, some things just won't run on a phone like any Google Apps (besides Gboard (not recommended) and health connect (oura app requires this, but can be removed after giving permission)). No in-app purchases or paid apps. No indoor navigation. Uber app can cause issues, at least I was told, and some banking apps may not work. As well as Pokemon GO (whoever (still) plays that) There are also some companies you can buy them from like Rob Braxman in the US or e-Foundation in the EU. Personally I do use a Fairphone 5 with eOS installed.

Graymh

Spot on! my first degoogled phone was from Rob Braxman, running Linage. I think he has his own phone and OS now. I use Graphene OS but it only works on pixel phones. Are you happy with Fairphone? I've heard good things about it. Pity about Aurora Store, I think Google got to them.

Posted On 03/20/2024

Omi2be

I looked into de-googled phones before I got me a new one (my last had really become an antique), also just took a look at your fairphone 5, I do not have that kind of cash for a phone, nor am I willing to spend more than \$300 for a phone. How do I get google out of my Phone? I am not that tech smart, sadly. I had firefox on my old phone and noticed when I searched anything on firefox it moved to google, what the???? I watch my favorite yutoobers on youtube, a lot are switching to Rumble now or bitchute. Once you leave one thing the giants buy the next and you are stuck again with the same problems. I sort of gave up, however avoid google whenever possible, no chrome for sure. It seems like a huge spider web that just keeps growing to catch everything possible.

Posted On 03/20/2024

Swilliam

Thanks for the information, @Philip92!

Philip92

No idea why I cannot respond directly to an answer, there is no reply button, only at my top comment, anyways... @Graymh If Graphene works for you that's fine, I find it to restrictive, community sometimes toxic, confuses security with privacy, etc. I like the FP5 so far, some downs some ups though. Mic one speaker is very bad, so I'm forced to use a headset, camera is good, like the OLED, battery life's good (compared to my old S10), great longevity because you can repair parts, and save money in the long-term. @Omi2be You do not need a high-end phone.

There are cheaper ones available. Like for 350-380 for everything (charger, protection case/foil, cable), like the Brax2 or the one from eOS (murena one?). Some phones can be degoogled others cannot, depending on if it's carrier-locked, bootloader unlockable, has support from someone. It needs some maybe even lots of technical know-how. When you let someone else do it, it costs more than the phone itself. Chrome can be fine, when used carefully, by practicing browser isolation. Rob Braxman has some videos on that topic.

Posted On 03/21/2024

jud547

I cannot afford an IPhone and I don't like their business practices either

Posted On 03/20/2024

drb6345

You can get an Open Source Android phone (I have had a Teracube phone for over 2 years now). They're excellent and not that expensive. Just don't install anything Google on it (or Meta etc. etc.). There's are excellent Open Source alternatives for all the apps you need from Maps to browsers.

Mei_Ling

I'd recommend a degoogled AbovePhone. Best cell phone investment that I ever made.

Posted On 03/20/2024

Guillermou

Google deliberately "burns the books" by massively censoring all "unconventional" health websites that gain popularity for telling the truth about important health and safety topics. This is especially true with respect to the management of Covid-19. Around the world, nearly 100 million students and teachers use G Suite as their primary source of information, and more than 40 million use Google Classroom as a "learning management" system, but all of this presents major obstacles and few realize account. . Like Wikipedia, most natural health information is distorted, distorted, censored, unfairly discredited, and labeled "quack medicine." The largest book burning "ceremony" in the form of a bonfire takes place daily, hosted on the Google search engine, and millions, if not billions, of people's search results are modified, blocked and banned behind the scenes ..

This is all part of Google's algorithms and AI effort to work in conjunction with Big Pharma to suppress natural cures and prevention of diseases, disorders and holistic medicine in general. LaToya Drake, head of North American affairs at Google News Initiative, announced the launch of new tools that, according to the large technology company, will help people "verify and tell news" and "improve the quality of information." LaToya Drake, director of the Google News Lab, said Google has partnered with the UN, WHO and other globalist organizations to develop new censorship tools she calls "fact-checking tools" aimed at "improving the quality of information." ".

selfhack.com/blog/google-censorship-of-health-websites-is-taken-to-the.. (2024) www.brighteon.com/75de2fbe-7b7f-40e9-94e3-219ecea51d2f (2024) www.infowars.com/posts/googlepartners-with-un-who-to-roll-out-global-.. (2023)

juststeve

Gui, along with the Google Snoop, Stalker, Creep Peep practices there is also Blackrock/Vanguard working in concert with the Social Engineering. www.msn.com/en-us/money/markets/texaswithdraws-8-5-billion-from-black.. Being the current Presidental Election Cycle is in full progress, Silly Season, despite their best efforts so far, they have not managed to bury RFKJR out of existence. We most likely can count on all the tools available listed in the article, and probably much more will be pulling out the stops to prevent the general public from hearing what RFKJR is doing, has done. What he actually has said instead of the heavily edited clips presenting some kind of mirror image doppelganger spouting messages promoting what they want people to think he said.

Here is RFKJR's State of the Union, this is what the practices, resources of Google, Blackrock/Vanguard are attacking as Conspiracy Theory's. www.youtube.com/watch Win, lose, or draw these are messages completely missing in our GlobalTotalitarian owned and controlled Message Machines. These accurate messages are the observations of We, the People. Not misinformation, disinformation, mal-information the Technocracy would have us believe. We know what we have lived through, some old enough to remember what once was and when we were doing better and focused on doing better yet. We can do better because we have done better.

Posted On 03/20/2024

MarcusSpeer

Never mind cutting off Google's tentacles - more appropriate to cut off their testicles!

Guillermou

Thanks Just, excellent information. Yes, the general public needs to hear what RFKJR is doing and has done instead of the lies and censorship of Google and the networks serving the White House. Google Gemini, the tech giant's new AI chatbot intended to compete with ChatGPT, generated a series of made-up reviews (falsely attributing them to real people) to undermine the credibility of Peter Hasson's 2020 book about political bias within Google. and other major technology companies. Amid growing criticism of Google's artificial intelligence program for its apparent political biases, Peter Hasson on asked Gemini to clarify the essence of his book, "The Manipulators: Facebook, Google, Twitter and the Big Tech War against the conservatives.

This extensive project, spanning several years, unravels deep-rooted political biases within Big Tech, mining information from internal sources, leaked documents, and more. Volkswagen cars will now come with ChatGPT on all VW models for more realistic communication between vehicle and driver. Hasson tested the reliability of Google's artificial intelligence program by accurately summarizing a research book about Google.

Gemini not only failed to provide an accurate description but also participated in creating misleading content. This was said in Gemini's review of Peter Hasson's book: "The book has faced criticism for its reliance on anecdotal information and lack of concrete evidence." Gemini offered quotes and summaries of four unfavorable reviews that appeared to be from Wired, The New York Times Book Review, The Washington Free Beacon, and The New York Times: at the link: greatgameindia.com/google-gemini-ai-creates-fake-book-reviews-to-defen..

Posted On 03/20/2024

website_reader

About 3 or 4 years ago, I talked with a friend who urged me to send my forensics folder to a lawyer who was considering filing a class action lawsuit against Google. After reading all these comments on this webpage.. perhaps this idea is not so bad after all?

wareagle82

For anyone who has yet to figure it out, when something is 'free,' YOU are the product.

Posted On 03/20/2024

jamNjim

YES! Not only should you De/Un-Google, but you should get rid of all Antiviral and Anti-Malware software! True Story: I purchased a brand new desktop in 2007 and I installed the latest and greatest Norton antiviral and antimalware. It actually came with the computer I bought at Best Buy with a 1 year's free subscription (SUCKER). I chose not to auto-renew my subscription. Fast forward to Aug 2008. I was getting notices that my protection was about to expire. I had full intention to renew. I was on vacation when it expired and the first thing I did when I got home was turn on my computer to update/renew the subscription. Immediately upon logging into my computer it was taken over by a virus and it went into meltdown mode!

I tried exiting (Ctrl-Alt-Del) to no avail. I unplugged it and replugged it and it was TOAST! What a load of hogwash! I had suspected for years that the companies providing this "protection" from viruses and malware were the people actually creating these programs of destruction. They have your computer at ransom! It's "Pay Me Now or PAY ME LATER"! I replaced the motherboard and reformatted the hard drive and went ahead and reinstalled Norton. However, I went a bought a cheap laptop for \$250 with Windows Vista to try an experiment. I deleted all of the virus/malware protection.

That computer still runs today even though the hinge is broken for the screen. Two years later I bought a nice Acer Laptop with Windows 7 operating system and did the same thing to it. It still runs today! It has no problems at all! My wife searches the internet all evening on it and it never gets infected. So, 4 years ago I got a very nice/expensive 17" LG Gram laptop. I did the same thing to it. So far so good. Part of this success story is not using GOOGLE for anything. I've been using computers for more than 30 years. The last 15 years have been without virus or malware protection and I've had ZERO infections. Prior to 2009, it was EVERY YEAR an infection

Omi2be

so HOW do I degoogle my lenovo, I need instructions I can understand LOL

Posted On 03/20/2024

DebbyW

Kind of like how people get more sick because they've been vaccinated.

Posted On 03/21/2024

Cabochon

"They're a surveillance agency with significant yet hidden surveillance powers — Google Search, Google Wallet, Google Docs, Gmail, Google Drive, YouTube — all are surveillance platforms." But this article has two u-tube links. I find u-tube knows more about me than I do myself. After a message or two on an Apple device about dental implants to family members, up pops links about dental implants on u-tube. Also should we be using Signal for personal messaging instead of WhatsApp which I understand is also owned by Google?

Posted On 03/20/2024

mondayitis

I was under the impression that DuckDuck Go is not good for Privacy anymore. I'm sure that Glenn Meder said that.

Philip92

I prefer brave search for 90% of my searches. If that fails I go to startpage for the last 10%.

Posted On 03/20/2024

Graymh

yes, it fell out of favour a while back, not sure if it improved. I mostly use Brave search, or if you have a mobile with Graphene OS it comes with Vanadium browser and startpage search engine.

Posted On 03/20/2024

CuriousJP

I know they use Google for their search results and CLAIM to have privacy restrictions in place. Who knows anymore?!

Posted On 03/20/2024

imaginal110

I heard that too and can't remember where. I switched to Brave.

soundwaves

DDG apparently had a 'special deal' with Microsoft were they shared certain information,. I went off them at that point. I can recommend Presearch (https://presearch.com) which I find returns good results for most of my searches. I often need to search on specific technical coding terms but find I have to switch to Google less and less for these. Its also maybe worth confusing the enemy' and using Google for searches you don't care that much about. For browsing, I have used Firefox for something like 20 years since it first came out. (www.mozilla.org/.../new) It has far better security. It works identically on my Linux and Windows systems.

Its also important in that it is pretty much the only browser not using Google Chrome as its engine. Opera, Brave, Microsoft Edge all use Google Chrome as the engine they claim they have stripped out the tracking. I trust Brave in that regard. I believe that MS Edge adds in their tracking as well For email: I have used Mozilla Thunderbird for years again, since the early internet. Its a great Outlook alternative, highly capable and works identically on my Linux and Windows systems. (www.thunderbird.net/en-GB) My email is on my own domains but for the less technical minded I would recommend Proton Mail.

Posted On 03/20/2024

SanDiegoGirl

I read that during the Covid era they started censoring also.

Posted On 03/20/2024

website_reader

True, I caught DuckDuckGo deliberately giving me only 48-51 lookups on a search term. I have snapshotted some of this deliberate censorship.

wns115

I hate google and I hate that 'google' has become a verb. I now say instead, "go duckduckgo it". I know that duckduckgo is also compromised and monitored by google but I see a completely different results set when I do searches which is much more comprehensive than google (i.e. I can find Mercola on duckduckgo but not on google)....scumbags!

Posted On 03/20/2024

website_reader

wns115 One time I ran an experiment with a friend and we picked 3 or 4 search phrases running from 2 different computers in 2 different locations. We found that nearly all search engines "optimized" their finds to your profile. (whatever they have captured) so none of us could be sure of sharing "common" knowledge. It was quite insidious when we realized what was happening. All of us assume that what we look up is the same to everyone and that definitely IS NOT the case!

Zoltannovax

So true about the life-saving role played by this platform during the pandemic! Without it, how many hundreds of millions more would have been devastated by the kind of information that was available only on Google? At that time, research groups in the UK and elsewhere attempted to objectively qualify and critically evaluate data presented on this scientific platform versus that available on a variety of search engines, including not just Google, but also Yep, Ecosia, Eric, Base, and Core. Using a combination of data tools like SUS, Forced Ranking, Likert, and even DISCERN, they were able to demonstrate significantly higher correlation constants for this website, not just with significant p-values, tighter standard deviations, and higher confidence intervals (mean 77.87, SD 23.20; CI: 99 (78-100), but also for scientific metrics like availability, usability, breadth, accuracy, credibility, and currency.

Perhaps then, this platform might consider the development of its own search engine, maybe called JOY, an acronym that would have great significance for many of us as well as point to future directions that the good Doctor is currently pursuing, and hopefully guide us towards light and new paradigms for life as we know it.

RichardNoakes

I'd like to say there is a cure for what I've just posted, but there is not, but here is some other stuff that the US Supreme court passed into Law in 2013: The synthetic mRNA of Pfizer and Moderna, along with the viral vector DNA delivery systems of Johnson & Johnson and AstraZeneca, change your genetic code, making you "genetically-modified." Granted mainstream media say the foregoing is "conspiracy theory." But Moderna Chief Medical Officer Tal Zaks tells you straight up that 1) the shots change your genetic code and 2) the shots do not stop the spread of COVID-19.

He says the Moderna shot is "hacking the software of life" (at the 0:43 second mark, but the whole video isdisturbing). Viral vectors and carbon particles do the same thing. So do these companies "own you" once you get the shots? Well, they own mice and bacteria created with their inventions. Once you get these shots, you are no longer a "naturally-occurring" human being. Prosthetic limbs, breast implants, etc. are not "natural" per se. But they are removable and not part of what fundamentally makes you human.

Gene therapy is irreversible. Do the math yourself. The US DOD and DARP and your Government are all working towards the same formula, AI and Human control of Robotic Units in Defense and Offense and both industries want lots of Humans to work with in whatever capacity and Genetic modifications necessary to achieve that final result: A.I. Joe: The Dangers of Artificial Intelligence and the Military. Download the full report 4.1 MB: www.citizen.org/.../ai-joe-report

Posted On 03/20/2024

Zoltannovax

But maybe there is ("a cure"). Some, but certainly, not all Functional Medicine practitioners have the resources to offer it, but there is reportedly a protocol using ECMO (extracorporeal membrane oxygenation) and CRRT (continuous renal replacement therapy) for support, while doing continuous PLEX (exchange plasmapheresis), during which a skilled practitioner uses a laser-based genetic tweezer to remove Introns and exons introduced into host DNA by the vaccine mRNA vector. It's complicated but probably only takes a couple of hours to perform a complete genetic washout.

RichardNoakes

Google might pose a problem, but I've been using it for ever. The problem is not just about google however, it is what you think you know about the Covid pandemic and what was actually the truth of it. There was no Covid pandemic. That year like any other year, all that happened was the common yearly Flu, which WHO, which all of our governments have already signed up to, colluded together to scare or nudge everyone they could into becoming vaccinated as 2 things happened then, 1) you lost your Human Rights 2) You were exposed to genetic modification and only those suitable for that to happen survived, the rest were deliberately exterminated, which they could legally be, because they had zero rights, but for the sake of numbers, about 2 billion so far for diseases they got from Moderna's Covid-19 Neucloids patented 2013 virus, which was injected into them and caused the diseases including Cancer which has so far killed most of them., because bodies can't create antibodies and that they do was a lie.

Added to that, the vaccinated now have a MAC address, like a mobile phone, find yours with Apple BT Explorer and Android inPersona for your body control by computer if you live that long: Dr. Yeadon's Recent Message to Support Criminal Investigations in UK interestofjustice.substack.com/p/dr-mikeyeadon-introductory-statement.. The Pope ordered all Catholics be vaccinated, which essentially means there won't be any Catholics in or out of their religion pretty soon I'd say, including your religions too.

The problem, as I see it being your natural DNA has been replaced by ModRNA, made in a laboratory, so when you die your Soul transmits the wrong signal to get into Human type Heaven it can only go to a ModRNA Heaven or Hell and this was deliberate genocide by the parties concerned, had you been Human which the vaccinated no longer are with zero rights now, like Cattle. Get the word around with links above

Posted On 03/20/2024

Kona

Catholic here. Despite Francis's order, I didn't get the vax and didn't get COVID. Those in my family who were vaxxed developed COVID; my daughter has had it at least 4 times :(I have many Catholic friends who didn't get the vax either and all were COVID free. IMHO. Francis is a pawn of the NWO.

Tracyk1

Occasionally, my newsletter ends up in my spam folder. This one was not in any folder. I knew it would be a good article. I wonder how many other subscribers have the same issue? I have been unsubscribed a few times.

Posted On 03/20/2024

cragoe

What about Apple computer systems? And their Safari search engine?

Posted On 03/20/2024

JohninND

I also have problems downloading PDFs and get the 'check you internet connection' on my cellphone.

Posted On 03/21/2024

johnpage

I waved goodby to google and facebook years ago and have never looked back since, there are plenty of alternatives for instance i use bing which i belive is google free or the russian site yandex and as for facebook try meeting face to face it works wonders.

website_reader

Yandex has been the fairest and most open search engine I have found (of the 20-30 I investigate) I have 2 webpages and found using the SEO tools how biased everything really is and found Google deliberately sabotaging one of my websites (on hell).

Posted On 03/20/2024

hisgarness

I find Google's presence insidiously difficult to avoid. I use Duck Duck Go for a browser, but they piggy back off Google. Further; just yesterday I purchased my State fishing license and found two Google transactions on my C/C activity; a \$ 1.00 debit and a \$ 1.00 credit. My State Government is using Google to validate my credit card with no participation or consent on my part. I am interested in learning the technical steps to block Google.

Posted On 03/20/2024

soundwaves

Try Presearch for search engine (https://presearch.com/search) Or Brave search - they also offer a privacy oriented browser. https://search.brave.com/

Posted On 03/20/2024

website_reader

Did the state tell you that they were going to validate your credit card? Might be important to check the "fine print".

grulla

My OS is Linux Umbutu,...and was recently updated. For my search engine, I switched from google to duckgo a few years ago. Then I read here where duckgo got googlized, so now I have switched to Startpage for my search engine, works great...so far. www.startpage.com/.../search

Posted On 03/20/2024

grulla

Another thing, when I first signed up with Wildblue Exede satellite ISP, they included a free internal email service, which became no longer available after Viasat took over. So ever since, I converted to trouble-free Riseup email, and that turned out to be a blessing in disguise, as I can now, if necessary, switch my ISP without disturbing my email account. https://riseup.net/en

Posted On 03/20/2024

rjn777

Use Qwant.com for your search engine.

Posted On 03/20/2024

LadyLifeGrows

rjn777, I just tried out Qwant. I use Trump and climate change to test search engines for bias. Qwant limited results on "Donald Trump" to about 5 pages, virtually all from MSM sources, mostly about legal attacks. There was something from Pew Research on the last page. This is extreme bias. I have not found a good search engine the last few years. Brave is better than most, but still limited results. Ditto Ducksearch, Yandex, Swiss Cows and others.

drbaker

I stopped using Google almost 2 yrs. ago. I disabled (could not remove) Google apps as much as I could with my limited knowledge. I got out of gmail 4? yrs. ago. All of these are a process you can start now. It took awhile to download/save info from gmail but now I think protonmail can transfer much of that? I know they claim to transfer from Outlook. That is my next project-getting out of Outlook (our business email, used by our IT person). They have become so invasive and annoying, and absolutely track my usage. I needed a new phone so I bought a Ghost phone from Mark37. I am very happy with it.

It is completely deGoogled. It is a Pixel. He explains on his website why that works best and uses GrapheneOS for the most part but also CalyxOS. He has very thorough tutorials on how and why to do this. He also says he can permanently deGoogle your present phone (case by case basis) for a nominal fee. This was a very easy process for me since I had stopped using Google on my phone for nearly 2 yrs. I am 66 yrs. young and no IT knowledge but still willing to learn. My next step is to get a laptop from him that is deGoogled. Do it. "They" have no business being in your business!

Posted On 03/20/2024

Galeforce

You have to include Facebook as well.

Posted On 03/20/2024

Graymh

...agreed, and pretty much all social media, especially apps.

pal4949

iPhones have privacy issues too, the degoogled rec further down is ok. Wish the Linux phones would get more usable.

Posted On 03/20/2024

Graymh

The best is a google pixel, degoogled with Graphene OS installed. I had every Apple device under the sun and way back to the first iphone, then when the scamdemic hit I ditched the lot.

Posted On 03/20/2024

sutlaf2

lets remember that Google also owns 23AndMe the DNA analysis company that many people give as gifts for \$99. You send in a swab and they send you a report on your family lineage etc. They do not say what they do with the DNA after. Now they have your web searches, your health concerns, interests, sex and every everything including your picture and address and phone number and they know where to find you instantly in case someone needs a kidney that matches your DNA. Maybe they would broker a deal for one of your kidneys or?????????? or if they were hacked the hackers could send have you abducted. All crazy stuff of course but think about it for a minute.

Posted On 03/24/2024

versatile

Google has become a verb. Google: to use google to search for information, googlize. Google-lies, the results of a google search.

joshbitz

It's unfortunate that in this article you "strongly encourage you to ditch all Android phones and use an iPhone that has better privacy policies" because that statement is completely not true, as I can attest because this is what I do for a living. Apple is nothing more than a clever surveillance capitalist company that spies on their phone, watch, music, and computer using customers. Both Apple and Google are part of the same big tech surveillance problem, so strongly encouraging the use of their products is no better than someone using any of Google's products. Instead, you should strongly encourage people to pursue using de-Googled phones.

You should also strongly encourage people to use "faraday cage bags", which stops their cell phone from pinging cell towers as they move around -- and this inexpensive solution can currently be used with an evil Apple or pro-Google cell phone. I have not finished reading this article, but these are points that should be addressed in a revised version of this. If anyone is using an Apple product, then they will never have any form of privacy and they have already lost if you're strongly recommending it... sad

Posted On 03/22/2024

WillCat

Really the only way to maintain any/much privacy is to not use the internet or a smart phone of any kind, maybe a flip phone is marginally more private. My answer is, I don't care I'm an open book, come and look and you will find very little of interest. I'm old, poor, and not politically involved, though, through multiple sources I think I'm informed about your lies and manipulation. Am I a threat to the powers that be? No. Am I another profit center to be exploited? I wish but no.

Posted On 03/22/2024

JonnyGPF

The company Get Privacy Freedom also provides deGoogled phones and other privacy devices other than Google phones from \$250 and up. Would put a hyperlink here but was BANNED for some reason yesterday with no reasons why. That account is still banned.

DebbyW

It's scary that when talking about obscure topics, it's not long before advertisements for them are showing up on the computer. I feel like, if I want to talk about anything truly private, we'll need to take a walk outside without phones.

Posted On 03/21/2024

har1272

Didn't Google purchase Duckduckgo?

Posted On 03/21/2024

BookGal11

Reg5821 mentioned google's slogan "Don't be evil." Many years ago in a graduate-level psych class, I learned that the subconscious does not recognize the negative. So, instead of "Don't be evil," your subconscious hears, "Do be evil." Seeing this repeatedly was deliberate programming and a clever deception.

Swilliam

Rob Braxman, the internet privacy guy, sells de-Googled Open Source Android phones, as well as inexpensive phone plans. His phone plans are specifically designed for use in two-factor authentication. He explains how we need to sequester any phone number used for two-factor authentication from regular phone numbers that we give out to family and friends. Braxman has, for many years, regularly uploaded videos informing regular people about habits they can acquire to minimize surveillance in their daily lives. His videos are no-frills, and he explains complex concepts in a manner which is easy for non-techie, regular people to understand. I could not recommend Rob Braxman more highly. His Rumble page is here: rumble.com/.../robbraxman

Posted On 03/20/2024

website_reader

Google is even worse than the article states. One time google held up my mail for 11 days. Other times I caught Google deliberately intercepting my browser session onto SCOTUS (which surprised me). My one comment is that Signal is compromised, so is WhatsApp. What I have found is safe isTeleGard or Threema. I signed up with Threema for a one time very small fee, but I get point to point encryption. Please consider using either of these two messenging apps.

Suzicreamcheese

People say all this surveillance is 'mad', but they speak of the laws, tactics used, misdemeanours, stupidities, as crazy, insane, mad, whereas it is the people who implement these action wherein lie the mental problems. Their dis-ease has made them cause the problems under which we struggle. If one is confronted in ones private life by say an annoying control freak, ALWAYS wants to know every move we make, who wants to know where we're going when we walk out a room, most of us would say NO!, mind your own business or something along those lines, in no uncertain terms and suggest they get some help with their problem, as they obviously feel very unable to feel safe without the desired knowledge or control; that being the case, why on earth are we not saying NO to those very obviously petrified of loosing control of things...the Bankers who want to know about EVERY single financial transaction taking place on earth with their proposed CBDC's?

Why don't we say NO to the politicians who, scared of loosing votes, monies or power, employ behavioural psychologists to help them manipulate us into agreeing, or at least keeping quiet about the stupid or self rewarding actions they take continuously?

Why don't we say NO to the control freaks who want to take us into war, whether vicariously or actualy?...it always costs the taxpayer monies that could be better spent. Why don't we say NO? Do we also suffer mental 'dis-ease'? Are we scared of punishment if we stand up for ourselves? Do we believe we have no power? Do we think we're ineffectual? Surely we no longer think these people are wiser or more intelligent than we are?

Posted On 03/20/2024

website_reader

Look at how a certain well known person is being treated now and having to post a \$464 million bond.. that's how they stay in control.

dejure

Hard to get past the second generation "Iranian American" nonsense.

Posted On 03/20/2024

weaverwoman

Great article as usual. Now how about one on internet security providers. I'm using Norton, but I've had some issues and just wondering if there is a better way. Thanks again for all you do Dr Mercola and staff

Posted On 03/20/2024

pizzaboy

my7simplesteps.com has vanished?

RationalVoice

It's a shame that 20+ years on this advice is even needed .. I have been urging sites and users for years to stop "following", "analyzing", "centralizing", etc with ZERO impact.. the pushback? But we have all of these followers! So what? Design your own systems, run your own networks, and stop using "platforms" to mediate everything you do .. that's why we're here! Why does anyone need Google, Facebook, Twitter? When 3/4 of the world has a "gmail" address (including millions of small businesses!) there's not much hope for sea change.

The sad thing is all sites could create their own decentralized ecosystems but long ago threw the ball over the fence and don't even know where to look for it now. Btw, a much simpler and efficient way to both know when and how to rid your self of Google Analytics and other insidious applications (for users) is not to "search every site's privacy policy page" (an absurd task) but simply to install Umatrix, an absolutely essential piece of kit for internet surfing.

Not only will you be able to see every script, widget, frame, etc running on YOUR browser it's completely customizable based on the level of privacy your comfortable with. "Google analytics" and most other analytical and ad services are blocked by default (you can unblock if desired). In a glance you will know what any site is running.. and that is eye opening in itself. As an example I can confirm Mercola.com is not currently running GA but is running Cloudflare insights, Demdex, Doubleclick, Google leads, GoogleAPI's, Google Fonts, etc.

(I thought you ripped out all Google products? .. I know, I know.. that's difficult) Privacy has an inverse relationship to "Convenience". If you're a windows user it takes about a week to rip out all the home phone technology in there and even then it's not really "your" computer .. sanitize your browser (avoid chrome like it's cryptonite) and install a VPN (essential), user-agent spoofs, etc and remember to be part of the lonely crowd.

Posted On 03/20/2024

kri9165

Hello, can I "root" an Android I currently own, delete all google apps and customize is as i want? Thx for your help.

imaginal110

Rob Braxman, "the internet privacy guy," can walk you through it. Check his site: www.youtube.com/.../UCYVU6rModIGxvJbszCcIGGw

Posted On 03/20/2024

sue2613

Reading minds may become real. There are drugs that allow one person to read another person's mind. I don't know if all people will be able to read minds, but I have experienced it.

Posted On 03/20/2024

CMT367

Sue2613: ...interesting ... what drug did you ingest to acquire mind-reading ability?

Posted On 03/20/2024

imaginal110

Trouble is, mind-reading is always deepy susceptible to projection and the more crazy the mindreader the worse it is. The clearest people imho are the most aware of this, and the humblest. One strategy is to trust know the truth in your own heart, trust in God. The less we are fearful and the less we're "trying to protect ourselves," the safer we are because we won't show up in their nets. There's no use trying to stop all this imo. It will fall of its own accord. The task imo is to stay close to God and your inner light while it does.

WillCat

I would imagine mind reading as somewhere between very distasteful and mostly boring. Unless somehow it would give me that winning lottery number or the mind of God/Goddess.

Posted On 03/22/2024

barnatt123

A few years ago I had to get a new cell phone and I had always used Apple. When I went to the store they offered me a free cell and plan - something sponsored by the government - affordable connectivity program perhaps (which is just ending now). I thought - awesome! Well the phone was an Android and I was unaware that Google had complete control over that phone. Fast forward - in the last couple months it's become nearly impossible for me to download Dr Mercola PDF articles to my cellphone. It says there is "no internet connection" but this is not true. PDFs from other sites download fine. I wonder if this is because Google doesn't approve of my reading material or if the Mercola site has changed something.

Posted On 03/20/2024

jintampa1

You have always been way ahead of the pack Doc!

Posted On 03/20/2024

reg5821

Purportedly most of google is NSA/CIA, it's not a benevolent organization. When they say 'Don't be evil' they probably are promoting the opposite.

00690069

I removed everything Google long ago including Google maps. Everything Google is sh*t.

Posted On 03/20/2024

varrsi

Google also practices Freedom of Speech but not Freedom of reach. They put content they disapprove of off search results list. Digital Solitary Confinement is practiced daily.

Posted On 03/20/2024

Graymh

Agreed, I ditched Google 2 years ago. One thing I disagree with, "don't use an Android phone"?? yes you should, strangely, the best is Google Pixel, it can be "de-googled" and it's OS changed to Graphene OS, arguably the most private OS for a mobile device. You cannot de-Apple an iphone, even stock Android is better, but Graphene OS on a Pixel phone is the best by far. Once installed it come with Newpipe, a private access to youtube. From there use FOSS (free and open source) apps from F-Droid.

Posted On 03/20/2024

Aldente31

I am not very saavy when it comes to this. Could you provide some more detail, to do this, please? TY

bpm4539

You quit Google but still using You Tube, which is owned by Google?

Posted On 03/20/2024

DrJcjr

I hear Mercola's concerns about Google. He is into De-Googling not so much they surveil his wearabouts or sell his information, but rather they censor him & his company. On Google they have privacy features. I use Google because it's the best search engine. And turn on all privacy-don't share options. I don't put my information on the Cloud. The suggestions to go off the "grid" so to speak is just asking for connection problems. All big media companies censored heavily on "health COVID" misinformation from their point of view. It's just the world we live in. I read Mercola newsletter fine each day. I don't see Google or any company posting warnings. I think we should be more concerned to not break the law while using our smartphones.. because law enforcement can get just about everything you ever did on it

Posted On 03/20/2024

website_reader

I beg to disagree. If Google says 1,000,000 finds, but you're allowed to view only 120 or so, do you call that "best search engine" No, you should realize that if you are allowed to view only 0.012% of the knowledge there, then you are not being allowed to know the other 99.988%. This is the fact that most people do NOT grasp yet!