

Debbie_53

I used to like Breyers ice cream back thirty or so years ago, when it was made only with milk, cream, sugar, and whatever else needed to create the different flavors. Then they were bought out by one of the big corporations and changed their recipe. I tried Ben & Jerry's once, because I had a coupon, but it was way too heavy and sweet for my taste. They may have started out with a good product and good intentions, but as others have posted, the company belongs to Unilever now.

A good part of the problem is caused by government meddling. Too often, they reward CAFOs and large agribusiness with subsidies and regulate the little people who try to do things the right way out of business. When the small farmers can no longer compete, they have to choose between closing their doors or selling out. Additionally, too many Americans are so used to eating cheap, processed junk that they are unwilling to pay the actual price of real food. The issue with Ben & Jerry's is just a small part of a much larger problem.

Posted On 08/08/2017

Krofter

As a small farmer I have to say that I agree with you about the subsidies. However, it was the K Street lobbies for Big Food that ramrodded regulations through congress, knowing that the regs' they were pushing would force many of their smaller competition out of business. Granted, Big Brother obliged them, but mostly because the American public wanted stricter regulations on food. Every time a case of food poisoning occurs the American public gets up in arms and demands stricter regs - which Big Food loves 'cause they can afford to implement new regs but small farmers cannot. It all works to Big Foods advantage.

Posted On 08/08/2017

stanleybecker

am I missing something here? - isn't ice cream 60 % SUGAR? - even if the other 40% is from organic sources ice cream is still a JUNK FOOD - the usual combination of fat and sugar that comprises Junk Food - as far as I know toxic sugar [ice cream's main ingredient is essential to the ice cream making process - without the sugar the fat won't granulate] - Junk Food alchemy is not possible without sugar - ice cream is a leading cause of all Junk Food diseases like diabetes/ cancer/ heart failure and cannot ever be healthy

Posted On 08/08/2017

Alldogsgotoheaven

I love ice cream but I do not eat it for the exact reasons that you state.

Posted On 08/08/2017

Krofter

stan - Good point. However, the fat in cream is very effective at slowing the uptake of sugar, which is why many who have blood sugar issues do well with dairy products. Of course everyone would be better off making their own ice cream with fresh, local, raw cream (see my post) using stevia or some other less problematic sweetener. I've made ice cream with no sweetener at all. A little fruit puree can go a long way.

Posted On 08/08/2017

bawa77

Good bye, Ben and Jerry's. Posted to FB.

Posted On 08/02/2017

otis101

Yes, good bye, Ben and Jerry's and hello "Three Twins Organic" ice cream If you have to have ice cream. According to their web site, "Whenever you purchase a pint of our ice cream, you're protecting 6 square feet of rainforests, sensitive habitats and other significant spaces. The purchase of a quart saves even more." <http://threetwinsicecream.com>

edit: @Country_Me, I don't know why they put eggs in Three Twins ice cream. I'm not a big fan of ice cream or eggs for that matter.

Posted On 08/08/2017

Country_Me

Why do they (Three Twins) have to put egg yolks in their ice cream??? Harris Teeter is the only one I've found that makes organic Ice Cream without eggs in it. Maybe some people can't tell the difference but I don't like the taste of ice cream with eggs in it.

Posted On 08/08/2017

marablu

I know how real icecream should taste like, i live in Europe, and when i was in US i have tried Ben and Jerry. Horrible! It went directly to the trash can. Same for Ghirardelli. How you guys can eat that crap is beyond me. To eat good food in US costs a lot since the stuff you find in supermarkets is not food. I could not find decent milk or bread but i believe it is linked with what are you used to eat and drink. If you know real food, living in US is a nightmare.

Posted On 08/08/2017

MDG

To be fair, there is plenty of real food in the US, you just have to go look for it. Every supermarket in my area has a large selection of organic produce (expensive, but in winter I don't have a lot of choice) and there are several farmers markets where the majority of the vendors are completely organic. Also CSA's, where you pay a fee to get fresh fruits and veggies every week or couple of weeks during the growing season (again, completely organic). There is also raw dairy in abundance where I live, though I realize there are many states where this isn't the case. Consumers here though, are voting with their wallets and organic and small farms have grown substantially here in just the past 20 years. The problem is, most Americans don't give much if any thought to the food they put in their bodies. This is changing, however slowly.

Posted On 08/08/2017

braveheart51

CAWS, Will you please share your recipe? If not openly, maybe in a message? Thanks! Sounds deliciously healthy! Bobby

Posted On 08/08/2017

grulla

"davidle", hang on to your hat, who does Breyer's belong to? You guessed it, the same parent corporation as B&J's...Unilever. :-)

en.wikipedia.org/.../Breyers

en.wikipedia.org/.../Ben_%26_Jerry%27s

Posted On 08/08/2017

njlady

I have been to Europe twice, and to be fair, there was a lot of nasty food there also. Eating Ben and Jerry ice cream here is like eating at a Wimpy's in England! The best ice cream was from the street vendors selling gelato in Italy. There are so many brands of ALL products in the US that you cannot possibly taste them all in a visit. Believe me, there is plenty of good food here. Next time, try a local health food store. You will find some delicious, clean and healthy food there, including organic ice cream.

Posted On 08/08/2017

Krofter

Magnum, the best selling ice cream company in Europe is owned by.... Unilever, the same corporate crooks who own Ben and Jerry's. Where is Unilever's headquarters? In Europe. Raw milk is illegal in much of the EU while here in Arizona where I live it has never been illegal.

Posted On 08/08/2017

jamNjim

MDG, What you call real food is exactly what marablu is complaining about! That so called "organic" fruit and vegetable in the organic produce section of the grocery store is anything but real food! It was picked WAY to soon and placed in a chilled gas chamber for weeks before it was brought out and put on display. By the time you get to buy and eat the produce it has lost all flavor.

I can relate to marablu's comments because I grew up eating real food. We were poor and lived in the country. Between my parents, grandparents, aunts, and uncles we had at least 8 different VERY large gardens going. My grandparents had 5 acres they grew! By the time I was in my mid-20's I had 2 acres and I planted about an acre of it every year. We fed half the neighborhood with our road-side fruit stands. All the food we grew was picked and ate fresh when in season and then canned or frozen for later use in the off season. The only chemicals we ever used was 7- dust (we liquefied it) we sprayed at the base of the stalks to kill aphids. Later when I had to eat food outside of my family network of farms/gardens I could NOT STAND IT! It was horrible! That was 25 years ago. Today's food is 100 times worse (less flavorful) than it was even 25 years ago.

Posted On 08/08/2017

cneash

Not only this, but they use carrageenan, a 'natural' seaweed additive used as a thickener. This was used in pharmaceutical research to cause arthritis in rats, when looking for anti arthritic drugs (I did this years ago). Thanks to Dr Mercola - he reminded me of this. When I read the labels and took carrageenan out of my diet, the lump of arthritis in my finger disappeared. This took several months. During this time, I had Ben and Jerry's ice cream once (I couldn't help myself - it was Chubby Hubby). The next day my finger ached. This was the last time I ate carrageenan - a couple of years ago. The arthritis still hasn't returned. Ice cream isn't a health food, but it still should not contain toxins like glyphosate and carrageenan.

Posted On 08/08/2017

caws

I agree. Carrageenan may be made from algae but after chemical processing no longer resembles it in any way. It will mess up your gut bad & that of your animals. I have noticed it being added to more & more products including dairy[sour cream,ice cream,whipping cream], meats and pet foods. I also avoid the polysorbate 80,60,& 20 in nearly all your comfort foods especially baking mixes, frostings & also ice cream.

My homemade ice cream has five ingredients: organic cream,organic sugar,organic vanilla, my own free range eggs,and home grown organic blackberries, strawberries or blueberries. When I found out that insanely priced organic fruit is often sprayed with antibiotics to prevent blight [OG standards allow] I was even more grateful for my garden.

Posted On 08/08/2017

MDG

Yep, carrageenan is bad stuff. It took me a long time to even be aware of it and once I eliminated it from my diet many of my digestive issues cleared up. Of course, as you mention there are many other additives that can cause digestive issues (and much more serious issues, for that matter) so you have to read labels carefully. Or better yet, avoid processed food altogether.

Posted On 08/08/2017

njlady

Trader Joes loves their carrageenan, even in their organic products...always read their labels!

Posted On 08/08/2017

19beets

Researcher Dr. Joann Tobacman (Univ. of Iowa) has been warning about carrageenan for a couple of decades. Read her studies re: its deleterious effects on the intestines. Xanthan gum is equally bad, especially for those who have intestinal issues. Guar gum is the safest I've found.

Posted On 08/08/2017

Garlicmeister

American food products will continue to be of poor quality as long as the average American's intelligence is low enough to buy them. The dumbing down of America is complete. The rich and powerful continue to dupe the dummies because there's big money in it for them. It's not something that can be blamed solely on the soulless corrupt big businesses but also on the dupes who accept it without ever questioning anything and eagerly give them their money, firmly believing they are doing the best thing and never once doubting. I believe it was Mark Twain who once said "It is easier to fool people than to convince them that they have been fooled"

Yes, it is corrupt big business and the corrupt, bribed, congress that is behind what American has become but they couldn't have done it without the willing and eager cooperation of the herd of dummies they are shepherding around. Or, as Pogo once said "I have met the enemy and it is us." I don't know the answer but Dr. Mercola and his followers are trying to spread the truth to an uncaring general public who are not willing to turn off the TV and loud music on the radio to listen. Still have to keep trying, though. Maybe when some will be able to connect their health problems to the crap they are being fed and the corrupt "health care" industrial complex that pretends to treat them, they might begin to listen. /rant - Where's my coffee? I need my coffee.

Posted On 08/08/2017

dchand

Those two muppets sold out to the greed ridden corporation Unilever years ago. They are just couple of rich guys dossing around doing diddly squat living off their old but lost ideals. Good for them wish them well. However their ideals are no longer valid and should no longer be part of that ice creams promotional material especially now that nice Monsanto poison has been discovered in their not so healthy product. Lets see that GM label on the product where it should be then watch the sales plummet along with every other crap product that should be printing the GM poison label on its products..... thanks to this and previous Governments weak no action stance to allowing GM labelling as they all follow the Corporate lobbying wallets.

Posted On 08/08/2017

ahh9413

Time for Ben and Jerry to do the right thing? Not likely, time to shut it down!

Posted On 08/08/2017

glosgal

Do they change the ingredients when they ship to the UK if we don't allow that pesticide? It's put me off their ice cream now. Where I live the cows wander around the fields which is lovely. I hate intensive rearing...it's cruel.

Posted On 08/08/2017

hellbent

If they say yes they change the ingredients, would you even believe them?! Best buy some raw milk, raw cream and raw unsalted butter and make ice cream yourself. If you don't mind a denser mix, then a cheap ice cream maker does the job. Fresh mint is great to add, and mashed blackcurrants if you don't want to go to the trouble of making a syrup or you don't want to add sugar. A good stevia adds sweetness if you want it. The raw cream I buy is 1pt for £2 at www.realrawmilk.com. If you just mixed total cream with your chosen flavouring, that still makes it way cheaper and way more healthful than the industrial slop in supermarkets.

It's important to remember that it won't make even the tiniest dent in the industrial food maker's business if you don't buy their ice cream. However your small purchase of unvandalized dairy can make all the difference to a small milk farmer. A few new customers can mean the difference between them having a viable way of earning a living, or going under.

Posted On 08/08/2017

braveheart51

Hellbent, thank you for your comment. Especially about helping the small milk farmer. Great idea about making our own! I haven't purchased a B&J product since the rumor (truth?) about them supporting the cop killer. May have been in Philadelphia, PA, USA.

Posted On 08/08/2017

queenoftheworld

Thanks for the tip to make ice cream with stevia. The amount of sugar in ice cream recipes keeps me from using my ice cream maker very often. I often look longingly at the icce cream with flavors & fruits but won't buy bc of all the ingredients. I have a 20 foot wall of ripe blackberries, I can't wait to use them in home made ice cream.

Posted On 08/08/2017

Krofter

I spent many hours of my youth (50's - 60's) turning a hand cranked ice cream freezer. The ice cream was made with fresh cream from local pastured cows. Chocolate, vanilla, strawberry (fresh berries from the garden)... just thinking about it takes me back... eating that ice cream was heaven on earth. I've tasted nothing like it since. It's nice to see raw milk making a comeback. Raw milk means raw cream, the best kind for making icecream. Boycott corporate ice cream - check out your local farmers market for some raw milk or cream and make your own.

Posted On 08/08/2017

ragus

I make my own ice cream by blending frozen bananas and coconut milk, it's yummy! Add berries, chocolate powder or licorice for flavor.

Posted On 08/08/2017

kitandspot

4 Ingredient strawberry banana ice cream: 2 bananas, sliced and frozen ½ cup strawberries, frozen 2 tablespoons heavy cream ½ teaspoon vanilla Place all of the ingredients in a food processor and blend until smooth. The consistency should be like soft serve ice cream. Transfer to a freezer-safe container large enough to hold 2 cups, and freeze for at least 3 hours. Scoop with an ice cream scoop and serve cold.

Posted On 08/08/2017

braveheart51

Thank you, Kitandspot!! May try this today!!!

Posted On 08/08/2017

bahmi0

Huge numbers of scientific articles in peer reviewed journals underscore this terrible problem with chemical taint. What to do? Americans don't care one lick about US imperialism directed at sovereign nations, they are going to rise up against Ben and Jerry? Let's face it, production agriculture uses huge amounts of synthetic chemicals, many of which are lethal to living creatures. Legitimate scientists trying to encourage reduced usage of these chemicals are being sued by chemical manufacturers for damaging their bottom lines. Farm chemical salespeople make their livings selling these chemicals and they don't want to know the real truth about what they sell. They are bought and paid for, plain and simple. This apathy is what allows chemicals to be sold worldwide. Powerful corporations can afford powerful lawyers to fight against those trying to reduce chemical usage, it's the law of the jungle.

Dr. Mercola deserves kudos for including the harsh truths about farm chemicals in his article. It's going to be a long, uphill slog to banish chemicals and questionable pharmaceuticals from our habitual usage of same. But, make no mistake about it- the battle is joined.

Posted On 08/08/2017

MDG

Not sure why you got down votes here, though I suspect it's this sentence: " Americans don't care one lick about US imperialism directed at sovereign nations". Which is completely true, though I think a substantial minority (like myself) are very aware and against when our nation's government and military do to other countries as a matter of course. Most Americans don't know about it because you have to look to foreign media to even get a glimpse of the long standing US imperialism and it's negative effects on countless nations. This has been the "American way" for more than a century now, but most Americans want to believe that our nation is essentially good and has the best interests of other nations at heart. This is simply not true and probably never has been. The rest of your comment is spot on.

Posted On 08/08/2017

davbor32

I'm not a big ice cream eater anyhow but if i was, another reason I would not eat this ice cream is because the co-owners are liberals who supported bernie sanders.....so them lying to the public all these years isn't a surprise

Posted On 08/08/2017

dauidle

Exactly my thoughts. They donate heavily to liberal Democrats and well as I disagree with them on other liberal social issues. Have never eaten their ice cream and don't intend to.

Posted On 08/08/2017

Country_Me

This is exactly why it is so hard to make the changes we need in our country to regain our freedoms and for the working people in this country. Too many people are blaming one party or the other instead of waking up to all the politicians in both parties that are doing the bidding of those with the most money. You do know Bernie Sanders is very popular in his state with Republicans, too? You do know the politicians in both parties that are for gmos and taking our freedoms away? Or do you think liberals are the only ones that lie to the public?

Posted On 08/08/2017

samsel

ALL ice cream in the USA is contaminated with glyphosate if not made from organic milk products. In order to be fair to Ben & Jerry's, again all ice cream in the USA contains glyphosate, except for truly organic products. The milk of ALL mammals eating a diet containing glyphosate residues is contaminated and there are absolutely no exceptions. Human breast milk is contaminated just as cow and goats milk. Monsanto and Washington State University claims of human breast milk not a concern for contamination is false. A botched German study of zero glyphosate in human breastmilk used the same testing protocol. Both studies were deceptive and showed FALSE results. Earlier studies by both Monsanto and DUPONT showed all milk of lactating animals is contaminated by glyphosate if they are fed glyphosate in the diet.

Posted On 08/08/2017

nuclearfusionfarmer

Boycott them and get the word out. Thats the only language they understand. Buy your dairy from real organic sources. By the way Organic valley (the biggest Organic dairy processor and distributor) is no longer taking on new farmers since they can not sell all their products. So it is ludicrous to imagine that Ben and Jerrys would be so stupid as to get into the real organic dairy market. The consumers have spoken, they are not willing to pay for real Organic dairy products.

Posted On 08/08/2017

remitrom

Stuff like this is one of the reasons why my in-laws are raising a few cows that produce a2 milk. However, with that said, their cows are super spoiled (my adopted brother in law massages them!) and make the best milk ... just enough for family and perhaps a few close friends. We have made butter, kefir and also ice cream. It was the richest, "cleanest" tasting ice cream I ever remember having. I am not a big ice cream eater (perhaps 3-4 times a year) but I wanted to eat it all day long! They also have a few goats as well and we have made ice cream from their milk too and have been experimenting with making cheese. I credit raw goat's milk with helping heal my gut after my hospitalization with ulcerative colitis.

Posted On 08/08/2017

dude01

Ben and Jerry's used to carry that Ma and Pa image.....the little old Vermont Ice Cream maker. I remember reading about how nice they were to their employees. Frequently, employees were given pints as thank you perks. The employees would then use the pints within their community as a form of barter. Need a haircut? No problem. the local barber would take cash or pints in exchange for the haircut. Ben and Jerry's took us back into time - the way things used to be - at least so we thought. The only difference is that today's ice cream has the extra added ingredient glyphosate. It's kind of like getting free fluoride in your tooth paste.

Posted On 08/08/2017

Country_Me

While not surprising, this sure is disappointing about Ben and Jerry's! I won't be buying any of their ice cream.

Posted On 08/08/2017

kitandspot

I have had B & J ice cream as a treat. It always tasted "odd" to me. I would think that I should love this stuff but it always put me off plus the cost of it...ridiculous.

Posted On 08/08/2017

Try try again

Maybe it will go the way of "Cherry Garcia" of the Grateful Dead. I'm not surprised by all this. CEOs yearn to be BILLIONAIRES. Millionaires just don't do it for them any more--and scr## the public on the way.

Posted On 08/08/2017

dev5922

Ya. I'd say that is exactly what happened to B & J.

Posted On 08/12/2017

On 3 November, 2000, 20-20 ran a story on DIOXINS in Ben & Jerry's ice cream.

From now on, when I see an attempt by the media to alter truth, I will refer to it as a "stosselism." Any reporter who attempts to become a corporate shill will be referred to as a "stosselist." A lie will be called a "stossel." Conjugate the verb. I stossel, you stossel, she stossels, they stossel...we all stossel.

Here is a partial transcript of last night's show. I begin with the ending. After the reporter stossed, Barbara Walters said:

"They won't like you."

John Stossel's response:

"The ice cream's safe. There are low levels of dioxins in all kinds of food. I have Ben & Jerry's in my freezer. My kids eat it. It's high in fat, but it's safe. It's this feel-good environmentalism that galls me."

Earlier in the four minute segment, Stossel explained:

"Dioxin...it's absorbed in animal fat, and that's how most of it gets to us...EPA considers dioxin a cancer risk...there is dioxin in the ice cream...there are 13 pats of butter in a cup of Ben & Jerry's ice cream. Do you think people know that?"

Stossel had cited Steve Milloy's junkscience.com website.

Milloy tested Ben and Jerry's vanilla ice cream, and found it to contain 200 times the safe level of dioxin.

The Department of Environmental Protection repeated the tests, and found consumers eating ice cream containing 2,200 times the safe level of dioxin.

Stossel intentionally failed to reveal the actual levels of unsafe dioxins. His report revealed only their presense. His logic? DEP calls it a "cancer risk," but he serves it to his kids because "feel-good environmentalists" gall him.

The name of Stossel's editorial segment is:

"GIVE ME A BREAK!"

I'd like to ask ABC to do the same. I've been stossed more than I care to admit, and this is the last stossel.

Posted On 08/10/2017

maxxon

Ben & Jerry's lost it's way a long time ago just like Whole Foods. Both companies have been scamming the public for decades. Haven't supported either company for over a dozen years and won't change that now.

Posted On 08/08/2017

tra8834

Carrageenan: Food and other domestic uses Desserts, ice cream, cream, milkshakes, yogurts, salad dressings, sweetened condensed milks Sauces: to increase viscosity Beer: clarifier to remove haze-causing proteins Pâtés and processed meats (e.g., ham): substitute for fat, increase water retention, increase volume, or improve slicing Toothpaste: stabilizer to prevent constituents separating Fruit Gushers: ingredient in the encapsulated gel Fire fighting foam: thickener to cause foam to become sticky Shampoo and cosmetic creams: thickener Air freshener gels Marbling: the ancient art of paper and fabric marbling uses a carrageenan mixture on which to float paints or inks; the paper or fabric is then laid on it, absorbing the colours Shoe polish: to increase viscosity Biotechnology: to immobilize cells and enzymes Pharmaceuticals: used as an inactive excipient in pills and tablets Soy milk and other plant milks: to thicken, in an attempt to emulate the consistency of whole milk Diet sodas: to enhance texture and suspend flavours Pet food Personal lubricants Vegetarian hot dogs

Posted On 08/08/2017

gtriber

tra88, good start, but add to list: Carrageenan-induced arthritis in lab rat.

www.ncbi.nlm.nih.gov/.../10718116

gastrointestinal effects of carrageenan in animal experiments.

www.ncbi.nlm.nih.gov/.../PMC1242073

inflammation-inducing effects on lab animals too! plenty of links out there....

Posted On 08/09/2017

hariom128

Unilever bought out Ben & Jerry's 17 years ago. Large corporation, England I think.

Posted On 08/08/2017

cakesjean

Founded in the UK, but now Dutch-British. B & J is a subsidiary.

Posted On 08/08/2017

Darzoum

Ben & Jerry's--and its ilk--is the "feed" in another CAFO that doesn't get mentioned as such--its the CAFO intended to feed all of us. Our entire society is one big CAFO and the herd is fattening up nicely.

Posted On 08/08/2017

maxjohnson

Sorry, I'm not signing any petition. I'll just not buy their products. Ice cream isn't healthy anyway unless you make your own and not add all the sugar. PS. Dislike all you want, signing a petition isn't going to help or change the mind of the shareholders. They will just continue to sell and take in the profit. If you want a real change you have to hurt their pocket book. But the better way to is make your own healthy foods or support a better food producer who isn't a giant corp, such as local companies and farmers.

Posted On 08/08/2017

jrfrancis1

No more Ben & Jerry for me. Guess I'll have to make my own cherry Garcia. You can't even trust food labels anymore.

Posted On 08/08/2017

MDG

Actually, if you read the label on Ben & Jerry's ice cream it's pretty plain that it's very bad for you (just the sugar alone is a health destroyer). If it isn't certified organic (which B&J's has never been) and isn't certified GMO free (which B&J's never has been), why would you ever eat it in the first place? To be fair, I used to eat it some 20 years ago or more, but back then I had no idea about what constituted healthy and safe food. It's only gotten worse since then.

Posted On 08/08/2017

dude01

MDG, I'll bet the label on the Ben and Jerry's from 20 years ago read differently than today's label. Yes, I'm with you. No Ben and Jerry's for me, as well.

Posted On 08/08/2017

melissawl

I don't eat B&J's, thankfully. Has anyone tried Julie's Organic ice cream sandwiches? They are still junk, but (IMO) they are MUCH better than the non-organics in the store as a choice for a once in awhile treat or something. There are added sugars, but for me "better" than the non-organic ones with the HFCS and carrageenan and regular sugar, and all of the colors/chemicals/additives.

Posted On 08/08/2017

chel4554

yes...very good organic ice cream!

Posted On 08/08/2017

stephenf999

When I buy ice cream, which is rarely, I tend towards Breyers brand. Any comments on their quality? A few years ago they stopped using milk from rBST treated cows, which attracted me to them, but they are not organic. From your interview with Dr. Gundry, Jeni's ice cream uses cows that produce A2 casein protein, so I suppose that is the best choice for this guilty pleasure, and at \$12 per pint, most of us won't be eating too much of it.

Posted On 08/08/2017

caws

Breyers may have ditched the hormone milk but they added back in corn syrup[gmo] and TARA gum which is another indigestible product used to stabilize[preserve] and thicken processed foods. Most of the big five gums are also allowed in organic foods as they are classified as G R A S S [generally recognized as safe]. They are NOT safe. They cause severe GI distress and Xanthan gum has even caused infant deaths. Go to www.naturalsociety.com/5indigestible-gum-ingredients-processed-foods/ for more info.

Posted On 08/08/2017

dauidle

\$12 a pint? I sure hope it's good.

Posted On 08/08/2017

queenoftheworld

Re Breyers ice cream: Breyers natural vanilla is one of the only brands I buy. It has always been only milk, cream, sugar, vanilla. But, I just checked the ingredients now and they've added tara gum and "natural flavors." There is some kind of vanilla growing crisis and vanilla prices have truly skyrocketed. The other Breyer vanillas have a lot of other ingredients that you don't want, as do all the other flavors of Breyers.

Posted On 08/08/2017

CocoaCin

I like a couple of the Breyers Original Ice Creams: Natural Vanilla, Vanilla & Chocolate. These have low total ingredients and they state no GMO's. www.breyers.com/.../non-gmo

But further into the Vanilla Chocolate product description they state that it does have GMO's. "GMO Disclosure This product includes ingredients sourced from genetically engineered (GE) crops, commonly known as GMO's." smartlabel.breyers.com/.../gmo

The same results were found for the Natural Vanilla. Confusing information doesn't make me a better customer.

Posted On 08/08/2017

goddessmorticia

Ben and Jerry's is owned by Unilever, purveyors of poison. They really don't own the company and haven't for a long time, thus, they don't have the ultimate say.

Posted On 08/08/2017

cakesjean

Thank goodness someone has posted this. Unilever is such an evil company, that alone should make us stay away from B & J

Posted On 08/08/2017

jan6970

Unilever bought out Ben ^ Jerry's in 2000; what can you expect? Time to put your money in someone else's pocket, people!

Posted On 08/08/2017

maxxon

That is when I stopped buying any B&J product. They still try to continue the scam that they are a small company with a CEO. They are part of a massive conglomerate all of which are in business for only one reason and that reason IS NOT TO BE OF BENEFIT TO THE CONSUMER. Making your own home made ice cream is not only very easy but you then know exactly what it's made from. And you do not need one of those fancy an expensive machines.

Posted On 08/08/2017

millerm

Just to mention that Ben and Jerry's is a folksy Vermont business in name only. Ben Cohen and his partner Jerry sold the company to Unilever in 2000. Before then, the company had some real integrity. Than seems to have been lost.

Posted On 08/08/2017

mourningwarbler

We live in Florida. We cannot seem to get an endocrinologists to go up to bat for us when our city & county commissioners are inflicting hydrofluorosilicic acid on us through the water supplies; but what is worse, the phosphate industry advertises on the radio about how they are looking out for the environment by reclaiming land, which I think they are legally compelled to do anyway. They use us human beings as their toxic waste dump. It is heartening to see that more and more people realize the "environmental" electric car power is fossil fuel sourced.

There are the phone calls from solar panel salesmen, claiming our federal gov't is giving us a grant to buy their panels; they apparently do not get there is no free lunch: it's from our taxes, cost of living increases, or national debt: not free; and their solar panels contain pretty darn toxic cadmium. REAL SOLAR POWER: I met someone about 15 years ago who had installed and was still using solar panels on his roof years previous, and they are cadmium free. Recently got a book from a thrift store that tells how he did it, though I doubt he used it as he was doing it before this particular book was published: HOME GUIDE TO SOLAR HEATING AND COOLING by Jackson Hand, a POPULAR SCIENCE SKILL BOOK published in 1978.

The pictures in the Ben & Jerry's commercial of wind power is another problem: kills birds. Birds eat the pests. They take us by another rout to silent spring. :(And by the way, when they brought in the European starlings, there was a terrible decline in the bluebirds. Such a delicate balance; even when we are trying to do the right thing, it can be a disaster! We need to pray to the Creator for wisdom, because we're without hope otherwise. I am amazed at the faith many people have that our presently decaying world began as a result of randomness. Lying and deceiving and misleading, such as this article discusses, seem to be pretty much the way it is today. It's called sin.

Posted On 08/08/2017

dev5922

I hear you mourning! I also live in Florida. We have well water. The city, in all it's infinite wisdom has decided we all need to be on a city system. And are charging every family 20,000\$ for the privilege of the recycled, contaminated slurry they call drinking water. I've read the analysis of the water that is piped into homes. It's on the city's website. Extremely frightening. (But all within acceptable limits of course). It's why bottled water sales are so high. Vacationers never drink it. It's undrinkable. And the recycled sewer water that waters the land. I don't need to expound any further on that subject. Luckily, we live far out in the NW quadrant of Cape Coral so the shitty, er, I mean city isn't rushing to give us pipes. Burns my toast I'll tell you.

Posted On 08/12/2017

cp066458

It is disgusting on many levels. I used buy it regularly but when I got wind of this a few years ago I immediately stopped. Boycotting is the least I can do besides I avoid glyphosate whenever possible.

Posted On 08/18/2017

Iseeber

I've never given them 1 penny.. won't.

Posted On 08/16/2017

Lester628

Something is wrong. If dairy farmers lose \$125,000 per year, then how do they stay in business?

The answer can only be through government subsidies.

This means that the taxpayer is paying for Ben & Jerry's profits

They are also paying for animal cruelty.

How does this happen? The politicians are being paid off.

This is why we need to "Drain the Swamp," not just in Washington, but also in Vermont and many other places.

Posted On 08/10/2017

IDPam

Sugar and chemicals. B&J ice cream is not particularly good and surely not worth the high price - financial as well as with your health. Make your own ice cream with raw cream, organic fruit and Stevia or some other healthy sweetener. Coconut milk ice cream is wonderful if you are avoiding dairy. But even more important is that we stop supporting all of the large companies who are lying to us and covering up their destructive practices or inhumane treatment of animals. Even if the end product happens to taste good, which in this case is not a factor. We don't need it. Knowledge is power. Thank you Dr. Mercola for throwing the light on this dark deception.

Posted On 08/08/2017

zenLokee

I've been eating their product since it first appeared and I feel cheated after reading about their deceitful tactics. So don't just sign the petition, leave a message for the company on their website. Let those dastardly hippies know you're tired of lies.

Posted On 08/08/2017

shumanada

I'd be careful with any brands sold in retail stores. They are for profits. Being in this business using only certified organic , local products, I know you have to make a choice . I have made the choice not to go to retail stores and only do consumer direct because I will not put profits before quality. Three twins I know well as many others and they all had to lower their quality tremendously to be able to go to retail stores and still make profits. Read the fine print, read the ingredient list !

Revival ice cream in Monterey is what you should visit. You are welcome to see into the kitchen - glass window into production...always honest. www.revivalicecream.com is I am afraid one of very very few if not only one that is truly made for people. Yes it's a desert but if you are going to have a desert at least be it organic, and pure with low amount of organic sugar. Taste the love ❤️

Posted On 08/08/2017

maxxon

Same for Whole Foods. They have been scamming the public as "organic" ever since they opened. Then they bought out all the smaller Mom & Pop health food stores to totally kill competition. Trader Joe's sells more organic products than Whole Foods ever did. And you still need to be wary at Joes'.

Posted On 08/08/2017

RobertSniadach

So let's state the simple fact of the matter clearly: Ben Cohen and Jerry Greenfield love and care more about money than they love and care about the quality of their product and the health of their customers. Money is Top Priority over Everything Else. Yes, the love of money. Salespeople, advertisers, marketers, gamblers, conmen and women, are all especially prone to this disease... addicted to this drug.

How insidious is this type of love/craving? How deeply does it get into the minds of people, such that it seems to warp and undermine everything held dear and sacred? In the very final analysis, why do people do this? Since the answer is always some type of fear... then, What, exactly, are they afraid of? What is their Root Insecurity that they believe more money will pacify?

Posted On 08/08/2017

grulla

I have often posted in the past of making my own home made, sugar free, fullfat, berry/fruit frozen yogurt, but since having been ultrasound diagnosed with calcified carotid (and perhaps elsewhere) arteries, I have ceased consuming most all dairy, at least until such time as I can get to the bottom of this health issue with various decalcifying medical and supplemental procedures that I am currently going through.

Admittedly, I have a lifelong history of dairy/calcium abuse , and it's only in the past year or two that I have finally wised up, thanks in great part to all these Mercola health articles, and as a result, have curtailed the consumption of good dairy, (along with any and all of the bad dairy), at least until such time as I can sort out all these dietary, calcification health issues. I am still opened to the idea of making my own home made frozen yogurt on occasion, but certainly not having it every day as I was doing for the past 6-7 years. I'll have to rely on my pro-biotics from other sources.

As a result, in the meanwhile, I have discovered a very simple substitute for any sugar free fruit ice cream, frozen berry/fruity yogurt, or sherberts, and that is simply non-dairy finger food; munching on organic frozen black, straw, or raspberries, etc.,right out of the freezer bag, with organic, bulk purchased almonds or cashews, and certain baking chocolate chips. PS: I just made a note to remind myself to check for organic, sugar free, chocolate chip availability in the co-p's bulk dispensers, as opposed to the packaged bag versions.

lilyssweets.com/baking-chips www.woodstock-foods.com/.../woodstock-products

Posted On 08/08/2017

dev5922

Hello!! What decalcifying and supplemental procedures are you using to undo the damage? I would truly like to know this. Have you ever read "The Calcium Lie II by Dr. Robert Thompson? Fascinating, educational, eye opening and life changing as far as I'm concerned. It again, shows how the American people have been duped by Big Pharma and are paying it by dropping dead of heart attacks at the age of 50. It's now a given that one will develop dementia. It doesn't have to be. It's again, caused by Big Pharma. If the AMA actually listened to this science, it would change medicine as we know it. It would cost BILLIONS & BILLIONS to restructure our medical system and schooling. And Big Pharma would lose TRILLIONS of \$\$\$. So needless to say, it isn't going to happen. But one can take control of their own health. Now. The same with magnesium. The 2 work together. One can't work properly without the other. The HAVE to be in balance. So really grula, it isn't your high dairy intake that has caused your calcifications, it's most likely a magnesium deficiency. At least that is what all the reading I've done leads me to believe. And the science is there to back it up. So, if you haven't read read his book as well as anything about magnesium, I really suggest it. You could be saving your life. And if you could post your to regimen, I'd really appreciate it. Thanks!

Posted On 08/11/2017

veritasoreventus

In a way I believe that the expose of the Ben & Jerry's product line did not go far enough. Yes it did show how the ice cream company has become more of a mainstream purveyor of toxic "treats" than a leader in the green revolution. But I believe that the ball has been dropped on an excellent opportunity to expose most other brands at the same time for using similar toxic ingredients. By educating the public to the problems within the entire industry, everyone would then be getting a truer picture of how widespread the problems have become. As it stands now some may move away from Ben & Jerrys for specific reasons. Others may move away because they have heard or have a foggy understanding that "something is wrong." The problem then still remains that other corporate giants will pick up the sales and the industry as a whole will not change. Toxic laden ice cream "treats" will continue to be sold by the surviving companies.

Posted On 08/08/2017

RayHahn

What I find interesting is that Ben & Jerry's managed to get themselves certified as a B Corp.; see: www.bcorporation.net/.../ben-and-jerrys

Posted On 08/08/2017

maxxon

Who does the certifying? If it has anything to do with the US government it is a sham. Even many of the companies claiming to be qualified to do it are corrupt outfits. For the most part if you don't make it yourself or personally know the people to make organic products it's a "crap shoot". In my state we have been trying to get "raw milk" available to the public for decades with no luck. If you are lucky enough to have a farmer friend willing to sell it to you that is your only hope. I have met with a written my governor and legislators and they all smile and listen and make believe they will do something but they don't. They are just all too tied to big business money.

Posted On 08/08/2017

mammywitch

Best Ice Cream?--Make your own from organic ingredients. Sure it takes a little time--but which would you rather eat? Organic with good stuff--Commercial with crap--I rest my case! I don't eat ice cream. But I remember what used to be called Ice Milk--lighter on the cream than regular ice cream. I make that now by using milk, sweetener, vanilla (and/or fresh fruit) and ice in the Vita Mix. Makes it like a soft serve ice milk--delicious! Can even make one that tastes like pumpkin pie with just a scoop of pumpkin and a little pumpkin pie spice! :-P

Posted On 08/08/2017

mar6915

I had been buying Humboldt organic ice cream at the wally store. (only 2 grocery stores in my town "Wally" has better selection of food. I am not a big dairy eater, but this was very nice. However wally world stopped selling it at my local store. I will NOT buy anything with carrageenan in , as most dairy products are putting that in now. I also skip the corn syrup. No I stopped buying Ben & Jerry years ago, did not like the ingredients, just the names of the varieties are catchy. I think I bought their product once in my life .

Posted On 08/08/2017

dorothyjcline

Wow - who knew a bunch of liberals would lie? I'm shocked!

Posted On 08/08/2017

pgoltz

Ben & Jerry's supports abortion. Therefore, they hate women. Sometimes it pays to look at a company's political policies. If they hate women, what makes you think you can get them to care about cows? I won't touch their ice cream. Saved myself a peck of trouble, I did.

Posted On 08/08/2017

AHH

Abortionists "hate women" is kind of a leap. Seems that before hating women, they hate babies and children ... and ultimately, themselves.

Posted On 08/08/2017

warriormom

Many, many years ago I read an article (probably in original Prevention magazine) about the ingredients in ice cream and never touched the stuff again. I have even stood in the grocery aisle and read the ingredients to my husband who didn't believe me! All chemicals! PEG being the main culprit! I have had homemade on occasion and there's no comparison. To me, B&G looked like two hippie guys trying to make political statements about the wealthy all the while making themselves rich. Glad to see this exposed for what it is.

Posted On 03/27/2024

Swilliam

Behind the scenes, Ben & Jerry's sounds like the classic "buy cheap and sell dear" Usurer Operation. -----
--- ----- Ever alert to a publicity opportunity, Ben & Jerry's made a point of donating ice cream (?) to
Seattle's embarrassing Capitol Hill Autonomous Zone (CHAZ)/Capitol Hill Organized Protest (CHOP). -----
---- ----- I knew a "wake and bake" ski bum who swore by Ben & Jerry's ice cream and whose best friend
(with similar predilections) used to literally lie around all day depressed, waiting for his grandmother to die
so he could inherit her money. ----- ----- Laziness, GREED, Appearances, Hypocrisy, and Weed, all part
of the "caring" Libtard Way.

Posted On 03/27/2024

Cabochon

Good post thanks, Swilliam. Don't agree with his "vegan, sustainability" b.s., but the heir to the Baskin-Robbins ice cream dynasty rejected his huge inheritance and followed a different path. Maybe he just wanted to get back at them for saddling him with a ridiculous name. His school days must have been torture. www.livekindly.com/why-ocean-robbins-walked-away-from-baskin-robbins-f..

Posted On 03/27/2024

tra7551

thanks for going after Ben and Jerry - I'm so sick of their virtue signaling all the time.

Posted On 03/27/2024

MannaFood

I agree. I won't give them a penny of my money. I haven't bought anything from them in over 25 years.

Posted On 03/27/2024

juststeve

Greenwashing, High Jacking. The preferred method to bury those things that work just fine while encouraging minds to believe they are getting the Real Deal when they are anything but. To promote look here, see how 'we' are making progress in 'Saving Whatever.' RFKJR on American farming <https://.../watch> and it isn't just the farms, RFK Corporate Capture the biggest threat to American Democracy; www.youtube.com/watch Win, Lose or Draw, RFKJR has slowly but surely forcing the Wall of Silence to have cracks and holes so the many issues, nearly all of them discussed here for years, too begin to be heard. The more these messages are heard and understood properly, the more the Power Structure has to give ground. If strong enough, the 'Two Sides' have to earn a voters - vote.

Posted On 03/27/2024

Guillermou

Yes Just, support those who defend health and freedom. The industrial breeding of animals, deprived of their freedom, subjected to antibiotics and fattening hormones and mistreated until death, is an environmental, professional ethics and consumer health disaster. Large corporations are in charge of setting the laws, of keeping industrial agriculture and livestock farming unpunished, with misleading advertising and without a clear label of origin of genetically modified foods and intensive livestock farming. The Earth could become uninhabitable, because many limits are being crossed: climate change, loss of biodiversity, deforestation, nitrogen disruption due to agricultural and industrial processes, which threaten aquatic life, antibiotic-resistant genes in waters, etc.

Who is to blame? First of all, the entities in charge of regulating the use of antibiotics, USDA and the FDA, which authorize, for example, Sanderson to use antibiotics at will, ignorant consumers, and the Sanderson company that deceives consumers. with these statements from Mike Cockrell, the company's financial director: "Roughly 20% of the population could care less about antibiotics," he said.

"All [consumers] are interested in is quality and value, and they are going to look at the grocery store meat case and find the least expensive protein source for supper." In addition to running a television and radio advertising campaign called "Old MacGimmick," he "tells the truth" that accuses his competitors of "marketing tricks designed to mislead consumers and sell products at a higher price." www.fooddive.com/news/sanderson-farms-doubles-down-on-its-truth-tellin..

Posted On 03/27/2024

wareagle82

What a shock to learn that Ben and Jerry do not walk their talk. And how further shocking to see that they are just as profit-driven as the stereotypical Wall St bankster.

Posted On 03/27/2024

gin9762

Ben and Jerry are typical liberals. Do as I say, not as I do. They'll demand for themselves what they won't for you.

Posted On 03/27/2024

Almond

I do not purchase or consume B&J ice cream. Long ago, I detected their hypocrisy and did not endorse their political activism. I would observe the brainwashed yuppies in tourist trap towns and resorts, buying and eating a whole pint of B&J ice cream at a time. I thought that, alone, was weird. And, it was very expensive. I don't know how to classify myself anymore. Not sure I am a health nut or just tight with a dollar--maybe some of both and also something else. I like real food. Most supermarket food is unfit for human consumption anymore.

We used to stop at a local place that made their own artisan ice cream, but they raised their prices and reduced scoops to 1/2 cup. Then, they would weigh it to the exact fraction of an ounce, which I found exasperating. -So we quit buying ice cream. I am prob better off without the commercial product. I realized it is cheap to make our own delicious ice cream. It is not difficult or time consuming with a Donvier (ice-less) ice cream maker.

Easy clean up, too. I make up my own flavors. My favorite is coffee-choc chip. Also, wild blackberry-cheesecake, peach-rum (with coconut cream) and maple syrup-black walnut. My husband likes chocolate-cherry. We make more ice cream in summer and it often depends on what kind of fruit is in season. I think we can continue to see inflation and shortages of dairy products, but there are many good substitutes, inc. yogo cheese, almond milk and coconut cream. When I was first married, we would save our pennies.

On a very hot day, without air conditioning, I would sometimes meet my husband after work and hand him and ice cream cone from the stand next door to his office. On days I wanted the truck, I had to take my husband to work and pick him up. In those days, cones came in small-medium-large. The small cone was bigger than most large cones today. The "large" cone required a balancing act and would be at least 5 scoops tall. You had to start eating them immediately or risk losing your ice cream

Posted On 03/27/2024

kchagnard

I have never purchased their ice cream because I can't stand them as humans.

Posted On 03/27/2024

Dar6416

Never liked them or their politics! Haagan Das for me!

Posted On 03/27/2024

lpmcewanprotonmail.com

An Alternative To Commercial Ice Cream - Make Your Own I love ice cream. Too much. Fortunately, I have transitioned to making my own. I highly recommend Dr. William Davis book "Super Gut". As a result of this book, I now make my own yogurt. Takes 36 hours to ferment. The bacterial counts are huge compared to the "organic" commercial products(they normally only ferment for about 6 hours). It is hugely simple to get set up. Timers and precise temperature control of the currently available water bath(my recommendation) type yogurt makers make it simple.

Best yogurt I have ever had. The money I have save in the last three months has more than paid for my investment(yogurt maker and starter around \$200). You can do it for less. Timing and precision temperature control is essential. The difference I have noticed since I have been eating this yogurt is amazing. Be advised you may go through some Herxheimer's reaction depending on the condition of your biome. I then use this yogurt along with some organic whole cream, fruit(whatever you like), as well has organic chocolate powder to make whatever your taste buds like.

Posted On 03/27/2024

SanDiegoGirl

Why is it my responsibility to try and change the policies of Ben and Jerry's? The best way to get them to change is simply stop buying their product and put them out of business!

Posted On 03/28/2024

jef9075

Here's the real deal. www.youtube.com/watch

Posted On 03/27/2024

deb7266

I'm a Pauls Saldino follower/fan as well!

Posted On 03/29/2024

dannecker

I have not eaten Ben and Jerry ice cream in about 25 years. I always felt it was way over priced and really not at all tasty. We now buy Tillamook ice cream and cheese products and you can tell in the flavor of all their products a much better natural flavor. We are about 85% organic and support local organic farms as well as smaller regenerative truck farms for most of what we eat. We are 74 & 76 and feel great. Plus, I lived in Vermont for a short time and I could see right through them. B & J were the typical New Yorkers who moved to VT to be wannabe Vermonters but they were still New Yorkers and real Vermonters could see right through them. The flatlanders are not ever accepted especially when they try to push their views on the natives, phonies can't make the cut.

Posted On 03/27/2024

UFOalienabduction

Make your own ice cream with the ingredients you want. You can get an ice cream maker that churns it for you in a frozen vessel. Better yet... add frozen berries to your homemade raw milk-super gut yogurt and stir it up for a quick soft serve treat.

Posted On 03/29/2024

JudyCharl

I quit eating Ben & Jerry's over their political stance decades and decades ago. Not a drop of B&J has passed these lips since the early 1980's and now we see what ultimate hypocrites they actually were!

Posted On 03/27/2024

cvanfoson2yahoo.com

After having spent the past 2 summers at an RV resort on the shore of Lake Champlain in Vermont, this article is spot on with the problems with farm runoff. If you have never been there, the lake is extremely high in nitrates and the state of Vermont is aware of the problem. Plant material growing in the lake is out of control due to the high nitrates. People who fish, catch and release because of the pollution. Most of the municipalities along the lake use this source for domestic use. The locals I have been in contact with over these 2 years won't drink the treated water because they don't trust the source. They purchase bottled water, same as we did not. The original Ben and Jerry's in Waterbury, VT is not large enough to produce the volume necessary to supply the retail channels, so as a result, Unilever produces the ice cream in their other facilities around the country (maximize profit) and put the B and J label on the container.

Posted On 03/27/2024

2wo3453

I boycotted them over ten years ago because their actions weren't socially responsible. Liars as far as I was concerned. Good concept, poor follow through. Now hopefully more will know. I'll share the details and the petition with people I know. Organic regenerative farming would be a way for them to make up the damage they've caused and profited from. (Also don't they know what an environmental disaster Teslas are!?!?) Their overpriced ice-cream doesn't stand out as anything more than generic.

Posted On 03/27/2024

sco3869

Thank you for exposing this. We can encourage them most, by buying them least.

Posted On 03/27/2024
