

melissawl

Thank you for the video ... the one thing it didn't show though was what bed bugs look like when inside the seams of the linens, cracks in furniture, ETC ... the video shows what the sheets might look like on top, ie the blood stains, but what would it visually look like when looking for them in the seams of linens or cracks in furniture, ETC? What would you SEE to know if you have bed bugs or not?

Posted On 10/11/2017

stanleybecker

melissa - when you see a certain pattern of blood on your sheets and have corresponding bites - then you KNOW that you have bedbugs

Posted On 10/11/2017

melissawl

Hi Stan ... I completely agree with you on that. I guess I was asking more in terms of, for example, if you went to a hotel and were checking the CREASES/SEAMS in the linens to see if there are any bed bugs, the sheets will be washed and wouldn't have the blood stains on top them (or assume they don't for this question) ... how would you know if they were in the CREASES in the linens ... what would you look for ... black dots or something like that? Or would there be blood stains in the creases?

Posted On 10/11/2017

MSRNNCSN

The mainstream media and local health authorities tell you they do not spread disease, but look at the research...and you will see that they can. I believe there were 2 research studies done that show disease transmission.

Posted On 10/11/2017

Jennycat24

[SHUDDER!!!] Thanks for that very informative video, Dr M! I am reminded of the practice of mindfulness, and am giving thanks that with all my nine hundred other problems (including weevils that arrived in cat treats, moths that arrived in rice, and clothes moths that flew in through the window and which I don't seem to be able to eradicate no matter how I wash things) I don't have those - but I do now know how to check each week to make sure. My animals have caught fleas twice in my lifetime, and I thought it was bad enough to have the blighters through the house, and it was, but these things are a whole other story! Thanks for telling us where to look - and to look on the bed itself (as presumably freshly laundered sheets wouldn't be likely to have them) and in the structure of the bed such as vents, and on carpets and seating.... and very definitely thanks for the non-chemical cures!

Posted On 10/11/2017

sta46475

I have admired Dr mercola for years and am beyond grateful for his vast knowledge that my family has always benefited from but I feel compelled to gently share that since mosquitos,ticks pass serious diseases because they seek blood meals and pick them up from their victims as well as pass what they harbour im sorry that the many reports that also link bedbugs to infections in our bodieswas overlooked here after all they are lying in wait going from body to body which makes the symptoms stayed in the article a lot more likely due to the infections the person is picking up however distasteful knowing you've had an infestation is surely a list of symptoms cited in the article can't All come from being upset about it I've never heard of anyone psychologically traumatised by being eaten up by mosquitos around the campfire. I would focus on what diseases they were passing that caused the symptoms

Posted On 10/15/2017

caws

Hate to create more fear but ANY bug that takes a blood meal can spread disease. Turns out entomologists are finding LYME & Coinfections in not only deer ticks but all ticks, AND some fleas, mosquitoes,lice ,bed bugs and even a few green head flies. I know of a whole family that got Lyme when their daughter [who had not been diagnosed yet] went to camp & came home with head lice.

When I stay in hotels [rarely] I also pull the fake headboards off the wall & look behind it. Anointing yourself with Three Thieves essential oil can also work to protect you in questionable environments. Like underwear ; I never buy used mattresses either though most states have laws requiring they be sterilized before sale.

Posted On 10/12/2017

halcyon

Well, I guess that bedbugs are just like the news media then! :) "Kick 'em when they're up, kick 'em when they're down . . ." Actually, I think bedbugs would make better anchors than many of those currently on TV. LOL.

Posted On 10/11/2017

mourningwarbler

Several years ago we picked up some bedbugs from a hotel, and I was dismayed to see this. I put the mattresses in vinyl zipper covers after powdering the mattresses with diatomaceous earth. Washed the bedding and anything else that seemed to have come into contact. Haven't had a problem since. (Swimming pool DE is super heated which melts the pointy edges, rendering the stuff useless. So buy the other DE stuff.) I hate sleeping in hotels and motels

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Posted On 10/11/2017

dstraycat

I've been having a hell of a time, getting rid of the little buggers... I'm using DE as well as a spray poison but, I also run a pair of Ozone (O3) Generators, with fans attached. I have the bugs confined to my bed, as I spray the floor with DE. I also filled a few tobacco can lids with DE and placed them under the legs of my bed. If the critters try running away from the bed, they'll have to swim through a lake of DE. Then, of course, I sprayed DE all over the bedroom carpets...

Lastly, I'll be spraying the box spring and mattress again with liquid poison, today and fire up the O3 again, for a week. I've been sleeping on a camp cot, in the living room, as I seal off the bedroom while the O3 is running. The carpets also get a coating of DE. Once this week is done, I'll spray the box spring and mattress with DE. Hopefully, that will do it for the bugs... Oh! I'm going to buy some new White sheets and pillow cases... If they show up again, I'll know it...

Posted On 10/11/2017

Hightails

I'd like specific info on how high a temp for how long will kill the bedbugs? Also, I know that specially trained dogs are available and used by hotel chains to clear rooms of bedbugs. They are detected by scent. I don't know how available their services are to private residences, but especially if you live near hotel/motel complexes it might be worth inquiring about.

Posted On 10/11/2017

Lester628

The article does not address the question: How long can a bed bug survive without feeding. The answer is for over a year. So you can not leave the house for a two week vacation and hope they will have starved. Their only food source is human or animal blood. So they can also live outside down to 25 degrees. Bed bugs can move about 4 feet a minute and can crawl up from the floor. So if you wash your sheets and they touch the floor, you have them right back. You can also get a mattress cover to keep them from hiding there. You can buy bed bug traps and interceptors to stop them from climbing from the floor on your bed. If you have a problem, Google "bedbugs." You will find a wealth of information that should apply to your specific situation Remember the old axiom: "Good night and don't let the bed bugs bite."

Posted On 10/11/2017

grulla

I know Dr.M frowns on the use of dryer sheets for their intended use in the laundry, articles.mercola.com/sites/articles/archive/2017/02/01/safe-solution-f.. , but if you can apply these sheets safely where you won't breathe the fumes, then perhaps these dryer sheets could be used safely and effectively to kill bed bugs. In my own personal situation, my mattress lies on top of a draw cabinet with a solid sheet of plywood in between, with no box spring, so I am inclined to believe that just a couple dryer sheets in between the contained area of the mattress and the plywood deck should be a safe place for those dryer sheets.

www.houstontrashjunkguys.com/Houston_Junk_Removal_Trash_Pickup_Dumpste..

PS: Also, the article says you can kill bedbugs with a 91% alcohol sprayer. Just one more reason to use my handy alcohol atomizer which I already use to kill house flies, and also as an underarm deodorizer.

Posted On 10/11/2017

Guillermou

Bed bugs are tiny insects that feed on the blood of humans and animals.¹ They tend to be active at night, and they're adept at hiding in dark, soft places and crevices. This makes the mattress an ideal spot for them to settle, hence the name "bed bug." They're hard to spot with the naked eye because they're so tiny (about the size of a grain of rice), but if you've got them wandering around your house and munching on you and your family members, you'll be sure to know it. Their bites, although harmless, are itchy and uncomfortable. Mix a small spoonful of bicarbonate in a container with vinegar. Spray the mixture with an atomizer in places where bed bugs may be.

Repeat several times a day, as the vinegar evaporates quickly. The mixture is harmful to these insects. Peppermint oil also has applications for these circumstances. It acts as a homemade repellent for small insects, since its smell is very annoying to them. You can sprinkle a few drops on the mattress and you will see the results soon. As with mint, cloves are a spice with a strong aroma that repels a multitude of insects. In these cases it can also be used, spraying an infusion made with it or putting some nails for a few days directly on the mattress. More in the link. 25 NATURAL HOME REMEDIES FOR BED BUGS www.sleepadvisor.org/home-remedies-for-bed-bugs (2024).--

Posted On 08/02/2024

ICONOCLAST

I've read that putting sheets and bed covers in a deep freezer kills dust mites and their eggs so would this also work for bed bugs? It looks like it can but the temperature and time exposed needs to be sufficient. search.brave.com/search?q=does+freezing+sheets+kill+bedbugs&source..

Posted On 08/02/2024

grandmax4ever

I had to smile when reading this article. Not a proponent of bedbugs, but it does appear every creature no matter how big or small has its usefulness. The "sleeping prophet" Edgar Cayce's famous remedies include "bedbug juice" for dropsy (edema). Since this is a natural remedy, Big Pharma won't be willing to fund studies so we'd have to rely on the anecdotal evidence.

Posted On 08/02/2024

Almond

Iconoclast... If you live in a part of the country where weather is cold enough, you can also leave sheets and clothing outside during a very cold spell. Covered porch dry area. However, this only treats what is placed in the cold. bedbugs tend to end up in other places in the home.

Posted On 08/02/2024

Guillermou

Thanks ICONOCLAST your hypothesis has credibility. Thanks ALMOND

Posted On 08/02/2024

Guillermou

Dear grandmax4ever', smiling fills life. He did not know the famous history of Edgar Cayce. A great American medium who claimed to have the ability to answer questions about healing, reincarnation, immortality, spirituality, and future events while in a trance state. Cayce made notable predictions that included such momentous events as World War II and the dramatic collapse of the Wall Street stock market in 1929. Although some have interpreted with astonishment the accuracy with which some of these forecasts have materialized, others remain expectant before those that have not yet found their manifestation.

Among the pending predictions, one emerges involving Japan and the United States, suggesting an event of relevance between both nations. Considered the father of holistic medicine, he is considered one of the most important and documented psychics of the 20th century. The Association for Research and Illumination (ARE) maintains 14,000 readings. These are focused on the following topics. 1) Health. He provided diagnoses and treatments for a wide variety of illnesses. His recommendations were based on a holistic approach that considered mind, body and spirit.-- 2) Reincarnation.

He claimed that he could access the memories of people's past lives.-- 3) Spirituality. He offered recommendations on spiritual matters.-- 4) Prophecies. I make predictions about future events, some of which have come true-- www.udemy.com/user/edgar-cayces-are/?utm_source=adwords&utm_medium.. www.cronista.com/mexico/actualidad-mx/la-escalofriante-prediccion-del-.. www.researchgate.net/.../380574988_Edgar_Cayce

Posted On 08/02/2024

grulla

Spreading drier sheets under the mattress may repel bed bugs. www.debugyourbed.com/do-dryer-sheets-repel-bed-bugs

Posted On 08/02/2024
