

IsobelChaveh

Every organic chemist knows that the human body is capable of metabolizing but only certain ingested inorganic compounds. What cannot be utilized or expelled is stored (heavy metal poisoning)

www.uspurewater.com/minerals-in-water.html

It seems to me that Hitler's regime was no more than a progenitor of things to come en.m.wikipedia.org/.../Nazi_human_experimentation

Our government is violating not only its own Constitution, but also the Universal Declaration of Human Rights which it signed & ratified in 1948, three years after that war had ended www.un.org/.../universal-declaration-human-rights

The Universal Declaration reaffirms the rights of our own Constitution, specifically: the right to liberty legal-dictionary.thefreedictionary.com/liberty (Article 3); freedom from arbitrary interference (Article 12); the will of the people [not the bribery of the lobbyists] prevails (Article 21), all (meaning individual) are equal before the law (Article 7) - note that Corporations, as "personhoods", have extremely limited rights en.m.wikipedia.org/.../Corporate_personhood

The United States is one of only SIX countries who have signed but refuse to ratify the International Covenant on Economic, Social and Cultural Rights en.m.wikipedia.org/wiki/International_Covenant_on_Economic,_Social_and.. , a similar charter that expounds upon the Universal Declaration of Human Rights, specifically guaranteeing the right (among other unalienable rights) to good health. Article 12 of the International Covenant specifically states this right of the individual to be granted "the enjoyment of the highest attainable standard of physical and mental health ...the right to control one's own health and body"

Posted On 02/22/2017

IsobelChaveh

-cont. The American Government refuses to acknowledge this standard of health for its own citizens, a standard of existence already granted in the Declaration of Independence

en.m.wikipedia.org/wiki/United_States_Declaration_of_Independence , which grants "unalienable* rights" (i.e., rights that cannot be repealed or restrained by man-made laws) to its citizens.

The Universal Declaration of Human Rights and the International Covenant on Economic, Social and Cultural Rights are covenants that codify some of these unalienable rights

en.m.wikipedia.org/.../Natural_and_legal_rights , which our elected officials - the President & Congress have sworn to protect and defend.

en.m.wikipedia.org/wiki/Oath_of_office_of_the_President_of_the_United_..

www.google.com/amp/s/wtpotus.wordpress.com/2009/08/15/the-congressiona..

*God-given, Universal Law, Law of Nature, Right of Survival

www.americassurvivalguide.com/unalienable-rights.php

Posted On 02/22/2017

iamblessediam

Hi IsobelChavel -- Well stated! However, no amount of "signed documents" mean a darn thing IF people don't respect the Earth - Mother Gaia - FIRST in their lives - at least in my book. I firmly believe a persons "health picture" is a direct reflection of how they "view" their relationship with the Earth they stand on. If a person can't make mindful conscientious choices/decisions about sustaining the "life cycles" of the Earth - Mother Gaia - how can they make "mindful conscientious choices/decisions" about their own health or the health of others? People living without that "mindful conscientious" connection to the Earth - Mother Gaia - always defer to their own greed need(s) first - often to their own and others health detriment. If the current POTUS-pending Executive Orders regarding the EPA is any indication, DON'T expect anything different then the "same old same old" disrespect for the environment we all share. One bright note, though, is this: [www.treehugger.com/ocean-conservation/hawaii-wants-ban-chemical-sunscr..]. Love, blessings and peace!

Posted On 02/22/2017

IsobelChaveh

I am, you made a great point - our elected governing officials - corrupt, greedy, uncompassionate - are not suitable leaders. Perhaps we need to have them pass a lab test first to see if they vibrate any heart & breast chakra energies before they are allowed to run for office.

Posted On 02/22/2017

Randyfast

Numerous drugs and supplements contain this toxin; along with talc, microcrystalline cellulose, stearic acid and other questionable ingredients. When you buy supplements; always read the "non-medicinal" ingredients! I find that capsules are generally cleaner than tablets. P.S. ...and for this recent post; I've already lost 2 points! Some things never change!

Posted On 02/22/2017

holdfasthope

yes Randy, tablets are best avoided because in order to create a tablet of very solid and compressed ingredients, there ALWAYS has to be a binder involved. .the binder is usually a type of glue or synthetic adhesive that helps all the minerals/nutrients stick together, thus giving you a tablet. capsules can also contain these fillers and binders, you just need to know what you're looking for. in capsules, the only non medicinal ingredient should be the vegetable based clear capsule, nothing else.

of course the goal is to try to get all your minerals/nutrients from whole/powerhouse foods like eggs, bee pollen, grass-fed red meat, avocados, low glycemic fruits like green apples and lemons (vitamin C) among many others. .the first three foods alone work like multivitamins as they are packed with a broad spectrum of nutrients a human body needs. .this is something I'm striving for myself and trying to wean off of supplements

Posted On 02/22/2017

Randyfast

I just remembered...silicon dioxide is another 'name' that kind of scares me! Holdfast: An example of my supplement's non-medicinal ingredients; my Q10 also contains, "rice bran oil, softgel (gelatin, glycerin, purified water, carob), vitamin E". I've noticed that the suspect ingredients are increasing. I eat well; although, there are so many foods that I simply can't chew with my "less than perfect" dentures! I'm just about to dive into 4 organic eggs, kale and tomato. At least, I can get through the 'meal'. ;)

Posted On 02/22/2017

femalion

It seems to be the case today, that EVERYTHING seems to pose a threat to human life. Everything we put in our bodies (or even on them, with the exception of coconut oil of course lol) is said to poison us. Maybe we should all just give up now? 😬 The more i read the more i despair!!

Posted On 02/22/2017

Rochelle07

Thank you so much! Titanium dioxide is dangerous to our health and unfortunately it's everywhere, we just need to read labels and we find it.

Posted On 02/22/2017

monamon

Another important ingredient to avoid specially in supplements is Magnesium Stearate. Most low quality supplements contain this non medicinal ingredient as lubricant which prevent proper absorption of nutrients in your digestive tract and harm our body in long term.

articles.mercola.com/sites/articles/archive/2012/06/23/whole-food-supp..

Posted On 02/22/2017

deannalee67

Just threw out all my Bare Minerals products!

Posted On 02/22/2017

katguy

www.organicmakeup.ca/.../titaniumdioxide.asp

More important to make sure they don't use nano-particles.

I use Larenim because they don't use talc. Talc clogs me up.

Posted On 02/24/2017

grulla

I hope that this titanium dioxide problem doesn't somehow include the three titanium tooth implant pins in my jaw bone, :-)

Posted On 02/22/2017

Joanne111

I am not in the least bit surprised that E171 is found to cause health problems. Here in the UK, we have far too many of these inactive ingredients and fillers in food and medicines. We can easily avoid them in our food but what about medicines? As someone who suffers from a heart condition I am on several medicines which I must take daily, I personally have no choice. In the beginning I didn't realise how ill my Meds were making me feel but after a while and sadly no enlightenment from GPs I did my own research and discovered one of my tablets had E133 as a colorant in the capsule now this E no is banned in six European Countries and I had a job finding a chemist to change the brand I was on but after three months of trial and error I was able to eliminate it then I had to track down drugs without E172 and now I am left with E171 which seems to be in them all. Even if you occasionally eat food products with health damaging E numbers it cannot be as bad as I alone with millions of patients consuming them 24/7. What is worse is the fact that DRS and Chemists know the problems these chemicals are causing and ignore it instead of lobbying the drug companies to clear up their act....There again it is all about profit not people at the end of the day

Posted On 02/22/2017

monamon

Joanne, I'm sorry you suffer from heart condition. But you have choice! Find a reliable Naturopathic physician in your area to help you get rid of those medications. A Good doctor should be trying to get you OFF medications not put you ON! Unfortunately I lost my father for the same reason, and at that time I had no idea that we can not rely on main stream doctors and pharmaceuticals.

Posted On 02/22/2017

badboy2

Supporting the chemical industry in the US, (good or bad products), seems to be the norm. It's too bad that humans do not get this kind of support when it comes to their well being.

Posted On 02/22/2017

gyro2222

I've tried to avoid all the sunscreens EWB rates poorly; combinations of Titanium and zinc oxides reate highly. What other choices are there?

Posted On 02/22/2017

iamblessediam

Research red raspberry seed oil: [livingprettynaturally.com/natural-oil-sunscreens-what-you-need-to-know..]. Hope this helps! Love, blessings and peace!

Posted On 02/22/2017

Guillermou

In 2021, EFSA re-evaluated titanium dioxide to consider the impacts of its nanoparticle. After considering further studies, EFSA concluded that nanoparticle-sized titanium dioxide can accumulate in the body, break DNA strands and cause chromosomal damage. European food safety regulators have since labeled titanium dioxide as unsafe for human consumption, due to its potential toxicity. Animal studies show that titanium dioxide exposure is linked to immunotoxicity, inflammation, and neurotoxicity. A European ban on titanium dioxide in food went into effect in 2022, but its use remains legal in the US.

www.ewg.org/.../what-titanium-dioxide (2023).--- Titanium dioxide (TiO₂) is present in many different food products such as the food additive E171, which is currently being analyzed due to its possible adverse effects, including stimulation of tumor formation in the gastrointestinal tract.

Whole-genome mRNA analysis revealed modulation of genes in pathways involved in the regulation of gene expression, cell cycle, post-translational modification, nuclear receptor signaling, and circadian rhythm. The processes associated with these genes could be involved in enhanced tumor formation and suggest that E171 may contribute to tumor formation and progression by modulating events related to inflammation, activation of immune responses, cell cycle and signaling. of cancer.

www.mdpi.com/.../1256 (2022)

Posted On 05/07/2024

Guillermou

Exposure of humans to nanoparticles (NPs) is inevitable. Several studies revealed that after inhalation or oral exposure, NPs accumulate in, among other places, the lungs, gastrointestinal tract, liver, heart, spleen, kidneys, and cardiac muscle. Furthermore, they alter glucose and lipid homeostasis in mice and rats. In a large group of nanoparticles currently used on an industrial scale, titanium dioxide nanoparticles (TiO₂ NP) are particularly popular. Scientific databases report that TiO₂ NPs can induce inflammation due to oxidative stress. They can also have a genotoxic effect that causes, among others, apoptosis or chromosomal instability; it can affect the intestinal mucosa, the brain, the heart and other internal organs.

A distribution experiment revealed that TiO₂ pigment particles were mainly found in the tissues of the spleen, liver, lungs and kidneys, so it may lead to an increased risk of developing many diseases, tumors or the progression of cancer. existing cancerous processes, affect blood coagulation in their pulmonary vascular system- In addition, TiO₂ exposure was related to edema in the renal glomerulus and interstitial pneumonia related bone marrow cells, increased the production of inflammatory cytokines and the proliferation of TCD4+ cells.

Maternal exposure to TiO₂ can also affect the baby's health; The main toxicities of nano-TiO₂ are reproductive and neurotoxicity. Researchers have found that exposure to nano-TiO₂ can affect food crops. Nanoparticles can be physically or chemically adsorbed on the surface of soil particles, which can decrease or increase their toxicity and bioavailability, link.springer.com/.../s12011-019-01706-6 (2019) link.springer.com/.../s12951-018-0376-8 (2018) www.sciencedirect.com/.../S2666911023000114 (2023).--

Posted On 05/07/2024

Hollie123

After reading this article, I can't help but wonder about the impact of titanium on the body in the form of titanium implants in the mouth/gums and titanium rods in other parts of the body.

Posted On 05/07/2024

Opalite

Good question. I have three titanium "markers" in my breast after having breast cancer (to mark the area where cancer was found). Now I am wondering if those markers are a problem.

Posted On 05/07/2024

billstri

Titanium and "nano particles made of titanium dioxide" are totally different and the risks should not be compared. I believe Titanium is a metal, a conductor of electricity. Because our nervous system works by electrical communication with the brain, Titanium could alter the natural flow of that electricity. Also, electricity flowing through wires and motors in our modern environment which creates electric and magnetic fields. Those magnetic fields when cut by a conductor like a Titanium implant will generate electrical flow of electricity in the Titanium which is a lot stronger than what happens to the iron in our blood when we get close to wires with high electrical currents flowing through them.

Ideally, implants put in a person's body would be ceramic based that does not conduct any electricity. Most medical and dental professionals don't think the electricity flow in metal implants is harmful in any way, but lots of naturopathic professionals disagree. Any kind of implant has unknown risks, but if they improve quality of life, you often need to accept the possibility of risks, considering the alternatives of doing without. Titanium is a poor conductor of electricity, so it is not as bad as steel, iron, mercury, silver, gold, or copper.

Posted On 05/07/2024

wla9379

I saw a paper years ago by Robin D P Watson," Nanoblenders". It's on Academia, but here www.naturalblaze.com/.../nano-blenders-thesis.html

Posted On 05/08/2024

pal4949

It's also in makeup unfortunately, I was surprised to find it in my bare minerals foundation, but I guess that's how it has SPF

Posted On 05/08/2024

jncdvc

I've read food processors add it to skim milk because skim milk has a bluish tint when fat is removed. I used to buy unhomogenized full-fat milk from Whole Foods but did not notice a bluish tint in the milk where the fat had separated to float to the top.

Posted On 05/07/2024

RonaldHL

Regarding specifically this part: "... without ... necessity in your products" It's a people problem. Industry produces what sells. People have been improving very slowly as I see red dye #40 has been replaced in some otherwise healthful foods with color from vegetables. Still, foods generally recognized as unhealthful, yet still consumed by a significant segment of the market, like "red soda," (red isn't a flavor) those people don't care or even ridicule those who find red dye objectionable. Strangely it is an example of without necessity as most drink it directly out of the can and never see the color.

Posted On 05/07/2024
