

References

1. [Barnes & Noble, Pure, White, and Deadly: How Sugar Is Killing Us and What We Can Do to Stop It](#)
2. [Dairy Industries, 2016](#)
3. [Pure Water Gazette, February 29, 2012 \(Archived\)](#)
4. [Stat News, April 12, 2016](#)
5. [BMJ, 05 February 2013;346:e8707](#)
6. [JAMA Intern Med. 2016;176\(11\):1680-1685](#)
7. [NPR, September 13, 2016](#)
8. [J Eval Clin Pract. 2012 February; 18\(1\): 159–168](#)
9. [Circulation, 1 September 1992](#)
10. [International Journal of Epidemiology, October 2015 Volume 44, Issue 5](#)
11. [Openheart, February 01, 2015, Volume 2, Issue 1](#)
12. [Cardiovascular medicine, June 2016 - Volume 6 - Issue 6](#)
13. [Expert Review of Clinical Pharmacology, 2018, Volume 11 - Issue 10](#)
14. [The Lancet, October 18, 1997, Volume 350, Issue 9085 p1119-1123](#)
15. [Saudi Pharm J. 2023 Jun; 31\(6\): 795–800](#)
16. [Dr. Malcolm Kendrick, Accessed September 2024](#)
17. [\(CTT\) Collaboration, Accessed September 2024](#)
18. [Dr. Malcolm Kendrick, Accessed September 2024](#)
19. [Dr. Malcolm Kendrick, Accessed September 2024](#)
20. [BMJ, Accessed September 2024](#)
21. [Cardiovascular medicine, September 2015 - Volume 5 - Issue 9](#)
22. [Circulation. 1997 December 16;96\(12\):4211-8](#)
23. [N Engl J Med. 2020 December 10: NEJMoa2034577](#)
24. [Amazon, Doctoring Data: How to sort out medical advice from medical nonsense](#)
25. [Dr. Malcolm Kendrick, Accessed September 2024](#)
26. [ti.ubc.ca, 18 Oct 2010](#)
27. [The Forgotten Side of Medicine, April 16, 2022](#)
28. [American College of Cardiology, Accessed September 2024](#)
29. [Epic, June 13, 2016](#)
30. [Healthline, June 6, 2024](#)
31. [Wastewater Digest, Source BBC, August 2, 2004](#)
32. [JAMA Netw Open. 2021;4\(11\):e2135371](#)
33. [The Atlantic, June 27, 2023](#)
34. [BMJ, November 6, 2018;363:k4700](#)
35. [BMJ, November 6, 2018;363:k4700](#)
36. [PLoS One. 2019; 14\(1\): e0205138](#)
37. [Am J Cardiovasc Drugs. 2008; 8\(6\): 373–418](#)
38. [Pharmazie. 2014 Jun;69\(6\):448-54](#)
39. [Curr Cardiol Rep. 2014 Mar;16\(3\):461. doi: 10.1007/s11886-013-0461-4](#)

40. [J Formos Med Assoc. 2014 Dec;113\(12\):892-8](#)
41. [Am J Physiol Cell Physiol. 2006 Dec;291\(6\):C1208-12](#)
42. [Clin Pharmacol Ther. 2008 Mar;83\(3\):498-500](#)
43. [Pharmacotherapy. 2010 Jun; 30\(6\): 541–553](#)
44. [PLoS One. 2012; 7\(8\): e42866](#)
45. [SA Pharmaceutical Journal, 2016](#)
46. [Physical therapy, 2005](#)
47. [Br J Clin Pharmacol. 2004 Apr; 57\(4\): 525–528](#)
48. [Atherosclerosis. 2017 Jan; 256: 100–104](#)
49. [Cardiovasc Drugs Ther. 2005 Dec;19\(6\):403-14](#)
50. [UCSD Statin Study, 2009](#)
51. [Br J Clin Pharmacol. 2005 May; 59\(5\): 606–607.](#)
52. [Arch Intern Med. 2012 Aug 13; 172\(15\): 1180–1182](#)
53. [PLoS One, January 17, 2019](#)
54. [Pathology. 2016 Dec;48\(7\):747-750](#)
55. [Clin Rheumatol. 2018 Feb;37\(2\):543-547](#)
56. [J Clin Rheumatol. 2017 Apr;23\(3\):149-154](#)
57. [PLoS One, January 17, 2019](#)
58. [N Engl J Med. 2016 Feb 18;374\(7\):664-9](#)
59. [Circulation, 26 November 2013](#)
60. [Ann Pharmacother. 2006 Oct;40\(10\):1880-3](#)
61. [PLoS One, January 17, 2019](#)
62. [Am J Geriatr Pharmacother. 2012 Oct;10\(5\):296-302](#)
63. [Pharmacotherapy. 2009 Jul;29\(7\):800-11](#)
64. [PLoS One. 2015; 10\(7\): e0124451](#)
65. [Drug Saf. 2007;30\(3\):195-201](#)
66. [CNS Drugs. 2014 Mar;28\(3\):249-72](#)
67. [JAMA Intern Med. 2015 Aug; 175\(8\): 1399–1405](#)
68. [QJM. 2004 Apr;97\(4\):229-35](#)
69. [PLoS One. 2015; 10\(7\): e0124451](#)
70. [PLoS One. 2012; 7\(8\): e42866](#)
71. [JAMA Intern Med. 2013 Jul 22;173\(14\):1-10](#)
72. [Otolaryngol Head Neck Surg. 2015 Feb;152\(2\):319-25](#)
73. [J Clin Lipidol. 2016 Jul-Aug;10\(4\):870-879.e3](#)
74. [J Clin Lipidol. 2016 Jul-Aug;10\(4\):870-879.e3](#)
75. [Curr Cardiol Rep. 2014 Mar;16\(3\):461](#)
76. [J Gen Intern Med. 2015 Nov; 30\(11\): 1599–1610](#)
77. [J Sci Med Sport. 2017 Jul;20\(7\):627-632](#)
78. [Curr Opin Cardiol. 2011 Jul; 26\(4\): 342–347](#)
79. [Diabetes Care. 2013 Jul; 36\(7\): e100–e101](#)
80. [Circulation. 2010 Mar 9;121\(9\):1069-77](#)
81. [Arch Intern Med. 2012 Jan 23;172\(2\):144-52](#)

82. [Lancet. 2002 Nov 23;360\(9346\):1623-30](#)
83. [J Clin Oncol. 2015 Mar 1;33\(7\):810-1](#)
84. [Cancer Epidemiol Biomarkers Prev. 2013 Sep; 22\(9\): 1529–1537](#)
85. [N Engl J Med. 2008 Sep 25;359\(13\):1343-56](#)
86. [Pharmacotherapy. 2008 Sep;28\(9\):1188-93](#)
87. [Liver Int. 2017 Feb;37\(2\):173-178](#)
88. [JAMA Ophthalmol. 2013 Nov;131\(11\):1427-34](#)
89. [Drug Saf. 2013 Oct;36\(10\):1017-24](#)
90. [Drug Saf. 2009;32\(8\):649-61](#)
91. [Mov Disord. 2017 Jun;32\(6\):807-809](#)
92. [Mov Disord. 2017 Jun;32\(6\):913-917](#)
93. [Parkinsonism Relat Disord. 2016 Apr;25:97-9](#)
94. [Drug Saf. 2018 Apr;41\(4\):403-413](#)
95. [Semin Arthritis Rheum. 2011 Dec;41\(3\):373-81](#)
96. [PLoS One. 2018; 13\(6\): e0198263](#)
97. [Eur J Clin Microbiol Infect Dis. 2015 Jul;34\(7\):1451-8](#)
98. [Clin Infect Dis. 2014 Feb 1; 58\(3\): 350–356](#)
99. [Urol Int. 2015;95\(2\):227-32. doi: 10.1159/000431185. Epub 2015 Jul 16](#)
100. [PLoS One. 2012; 7\(7\): e41289](#)
101. [Urol Int. 2015;95\(2\):227-32](#)
102. [BMJ. 2013 Mar 18;346:f880](#)
103. [Pharmacoepidemiol Drug Saf. 2013 Jun;22\(6\):583-92](#)
104. [Google Patents, 1989](#)
105. [FDA, October 1, 2024](#)
106. [FDA, December 7, 2023](#)
107. [The Forgotten Side of Medicine, June 30, 2024](#)
108. [Google Patents, 1989](#)
109. [FDA, October 1, 2024](#)