

jamNjim

Here is the most ALARMING statistic concerning statins that this article left out. Statins do not increase your life span or improve your quality of life. When they did the statistics back in the 90's they followed more than 70,000+ American's that had been prescribed statins. Out of this 70,000+ people study, about 60% stayed the course and kept taking statins while the other 40% that were prescribed statins quit taking them due to the side effects of the drugs being too bad for some to deal with. Everyone in this study were heart attack victims with high cholesterol. The average life expectancy of both groups averaged the same, but they died from different diseases. Those who decided not to take statins mostly died from heart disease. Those who decided to stay the course and take meds died mostly of CANCER! That's the biggest reason anyone should AVOID statins! This little tid-bit never gets mentioned because all of the doctors and news channels were told to keep this information HUSH! You know the old saying..."loose lips sink ships"???? If this information were to get leaked from a legitimate source it would basically discredit the entire medical system. I got this research information from a credible source. He is a PHD Medical Research Scientist/MD who participated in this study. He will NOT prescribe statins to anyone PERIOD!

Posted On 01/28/2018

rrealrose

JamNJim - Wow!!! This all makes sense, doesn't it? Block one pathway like CoQ-10 production, and another pathway gets jammed, or becomes stagnant...and just think of the billions being made from the Cancer Treatment Industry. One big reason (other than the lack of ability to negotiate drug costs) that US health care costs are spiraling ever higher each year. The temptation to sink ships seems to get bigger the more one learns. Thanks for sharing!@#\$%^

Posted On 01/28/2018

Guillermou

As Dr. Mercola comments in his reports there are three essential factors in heart attacks: high insulin, systemic inflammation and hyperactivity of the sympathetic system. Calcium deposits is an essential factor in arteriosclerosis. This information is interesting:

Dr Okuyama, of Nagoya City University, Japan, said: "We have collected a wealth of information on cholesterol and statins from many published papers and find overwhelming evidence that these drugs accelerate hardening of the arteries and can cause, or worsen, heart failure. I cannot find any evidence to support people taking statins and patients who are on them should stop." "The epidemic of heart failure and atherosclerosis (hardening of the arteries) that plagues the modern world may paradoxically be aggravated by the pervasive use of statin drugs. We propose that current statin treatment guidelines be critically re-evaluated."

Dr Peter Langsjoen, a heart specialist based in Texas who is co-author of the study, said: "Statins are being used so aggressively and in such large numbers of people that the adverse effects are now becoming obvious. These drugs should never have been approved for use. The long-term effects are devastating." The researchers say the hypothesis that statins protect the heart by lowering cholesterol is flawed and that high cholesterol is not necessarily linked to heart disease. To consider the increase of calcium in the arteries due to vitamin K2 deficiency diminished by statins

They found: "The epidemic of heart failure and atherosclerosis (hardening of the arteries) that plagues the modern world may paradoxically be aggravated by the pervasive use of statin drugs. We propose that current statin treatment guidelines be critically re-evaluated." Statins CAN cause heart disease - Shock research warns drug risks hardened arteries www.express.co.uk/life-style/health/633160/Cholesterol-drug-statins-ca..

Posted On 01/28/2018

dude01

That's good info, Jim. Not sure how many participated in the study, but I'm surprised that there wasn't at least one whistleblower. Of course, we all know about the good intentions of people who go against the grain in the medical /pharma field and what sometimes happens to them (Dr. Nicholas Gonzales). It's good that your source at least shared his knowledge with you. Thank you for sharing it with all of us.

Posted On 01/28/2018

Guillermou

In this article there are several references that statins increase the risk of cancer. Statins Do Not Protect Against Cancer: Quite the Opposite. ascopubs.org/.../jco.2014.58.9564

For example. Matsuzaki et al, who administered simvastatin 5 to 10 mg per day in 47,000 patients. After 6 years, cancer mortality was 3 times higher in patients whose total cholesterol was <160 mg / dL compared to those whose cholesterol was normal or high. More than a dozen research groups have documented that lipoproteins, particularly LDL, participate in the immune system by binding and inactivating all types of microorganisms and their toxic products, preventing the development of different malignancies. A meta-analysis of 4 observational studies that included 1,528,215 participants showed a significantly higher risk of skin cancer among users of statins compared to non-users Statin use and non-melanoma skin cancer risk: a meta-analysis of randomized controlled trials and observational studies. europepmc.org/.../pmc5650431

Posted On 01/28/2018

RobertSniadach

rrealrose - Checking the PDR, the method of action of virtually all drugs is: Blocks, alters, obstructs, mediates, modulates, forces, deters, impedes, prevents, changes, modifies, counters, stops. Note the underlying premise? The medical/pharmaceutical premise is this: We Say That What The Body Is Doing Is WRONG. We must force a foreign and destructive chemical into the body in order to force the processes of the body to change or stop.

In the arena of chronic disease (i.e. nearly all disease), the medics are precisely, specifically and absolutely Wrong. They assume the body and its majestic operations are wrong; that the intelligence of the body is stupid, fallible, and must be scolded and told what to do. The arrogance is astounding; the self-importance disgusting. Whereas society COULD be re-educated in a generation or two about what health really is and how to regain it and maintain it, instead people are purposefully kept in ignorant and kept addicted to their superficial sensory hyperstimulation. Though repugnant and anti-life, this paradigm certainly has worked out well for those with no moral character.

Posted On 01/28/2018

rrealrose

Hi Roberto, Yes, seems the Rockefeller medicine "a little bit of toxin" paradigm is seriously flawed, whereas we have more than 3000 years of healing tonics and herbs from the east, that are formulated in the balance to reduce side effects...although they are taken for long time periods never meant to be "taken for life". Gotta wonder sometimes what side of the world we are born into.

Posted On 01/28/2018

ChrisK

Thanks jam. I've always wondered about the cancer connection with statins. My father passed a few years ago at 68 with pancreatic cancer and when I asked the cause (no one in family ever had this type of cancer), he said the Dr.'s said/hypothesized it was because of smoking...which he hadn't done in about 15 years save for a cigar every "blue moon". I don't know my father's statin dosage, but I know he was probably quite concerned/anxious/etc about heart disease as his mother passed at 58 from a heart attack. She WAS a heavy smoker and a spitfire from what I remember, which no doubt was not a good thing for the heart. Too late for any confirmation or analysis on him now, but it's not a far fetched connection, especially when many of the commercials for drugs nowadays mention cancer as a potential side effect.

Posted On 01/29/2018

Guillermou

STATINS AND GLYPHOSATE INTERACTION BY CYTOCHROME P450 ENZYMES. Glyphosate, the active ingredient in Roundup, is found in the main foods of the Western diet, such as sugar, corn, soybeans and wheat. The inhibition of glyphosate of cytochrome P450 (CYP) enzymes is a fundamental component for the increase of toxicity in mammals, since it plays a fundamental role in hepatic and intestinal detoxification, eliminating toxins, chemicals and drugs such as statins.

Statins simvastatin and atorvastatin, two drugs widely prescribed to reduce cholesterol, are metabolized by the cytochrome P450 3A4 isoenzyme (CYP3A4). The joint prescription of a CYP3A4 inhibitor can lead to an increase in the plasma concentration of any of the statins, which increases the risk of adverse effects such as myopathy and / or rhabdomyolysis and eventually chronic diseases due to intoxication, including the adverse actions reported by Dr. Mercola. The symptoms of myopathy include muscle pain, weakness and sensitivity. Statins and CYP Interactions.

www.medsafe.govt.nz/profs/PUArticles/March2014StatinsAndCYPInteraction..

Glyphosate is an inhibitor of the cytochrome enzymes is glyphosate, causes lipid peroxidation, decrease of glutathione peroxidase, oxidative stress, inflammation, interruption of the biosynthesis of aromatic amino acids by intestinal bacteria, as well as alteration in the transport of serum sulfate, the interaction with glycine. The consequences are most of the diseases and conditions associated with a Western diet, which include autoimmune disorders, obesity, diabetes, serious pathologies that impact on heart disease. IF WE ALSO ADD THE HAZARDS REPORTED BY DR. MERCOLA TO THE STATINS, WE HAVE THE PERFECT CRIME FOR CARDIVASCULAR HEALTH. Glyphosate's Suppression of Cytochrome P450 Enzymes and Amino Acid Biosynthesis by the Gut Microbiome: Pathways to Modern Diseases. Anthony Samsel y Stephanie Seneff.. www.mdpi.com/.../htm

Posted On 01/28/2018

seg

It really is amazing in this day and age humans are STILL having a deficiency in STATINS, high blood pressure meds, antipsychotic meds , Diabetes meds, psychiatric meds etc etc.. It must be something in the air, or water or food, or who the hell knows , just ask you favorite conventionally trained doctor and he'll point you in the right direction... It really is amazing how deep we have sunk into this dismal abyss of stupidity.. If there's any hope left then it most definitely be through divine intervention...

By the way do you know the original patent filed by Merck included COQ10..As a matter of fact in places like Canada today there's is a warning on the prescription that states STATINS do deplete COQ10, but in the good old USA they fought against the inclusion of this information and so it's not there.. Amazing ain't it..A blessed Sunday to all.. nutritionalconcepts.blogspot.ca/2010/11/merck-keeping-secret-from-stat..

Posted On 01/28/2018

Guillermou

Yes, SEG. It is evident that the big pharmaceutical corporations have corrupted the health system, taking people out of the way of true health. Holistic medicine is the great resource that the people of this planet must follow, respecting the potential for healing that people have, and looking for the causes that cause the disease. A great example of corruption is not advising Q10 in people who take statins,

Consider the serious cardiovascular hazards of farmers who use glyphosate. Millions of farmers suffer poisoning and death in developing countries, and occupational exposure and suicide make glyphosate toxicity a global concern. The determination of plasma is an essential prerequisite for the assessment of the risk of intoxication. Electrocardiography of the heart over a period of time was abnormal in the vast majority of cases after intoxication. A recent analysis of the Rotterdam prospective study found that prolongation of the QT interval corrected for heart rate (QTc) increased the risk of sudden cardiac death by 60%. Extensions of QTc and arrhythmias were observed together with first-degree atrioventricular block after glyphosa intoxication. Life-threatening arrhythmias are the cause of death in glyphosate poisoning.

Glyphosate-based herbicides potently affect cardiovascular system in mammals: review of the literature. www.ncbi.nlm.nih.gov/.../25245870.

QTc Prolongation and Risk of Sudden Cardiac Death. www.medscape.com/.../522879

Posted On 01/28/2018

PennyRoy

This is perfect timing. Awesome article. We have a friend, that we have just reacquainted with. We lost touch when we lived in Calgary. We've been doing a little catching up. He's 87, still works in the electronic field, fixing things. He still drives too. He is on a statin, low dose aspirin and a high blood pressure med. A couple days ago, I sent him an article from Dr. Mercola on each of the drugs he is taking and along with Dr. M's articles is also natural solutions to take charge of ones health. I will be forwarding this article as well. I ordered Fat For Fuel and should be receiving it today or tomorrow. I can hardly wait. Thanks Dr. Mercola for your outstanding work! Thanks to all the regular commenters here as well. I glean so much from all of you. Penny

Posted On 12/11/2017

Guillermou

Hi Penny, your friend, if he is like you, will surely thank you for all the great information sent. The natural solutions are what make us recover our health.

Posted On 01/28/2018

Epona777

Dear Hut, Please, please watch this video to get better informed. www.youtube.com/watch

Posted On 01/28/2018

hut

Thanks Epona 777, Love his Irish accent and the way he says his "haches" and "ting"...like our family on Cape Breton Island. He does a wonderful job in the explanation of the cholesterol-carry mechanism and a bit on the role of insulin in preventing fat metabolism and risk. Nice also the way he mentioned our failure to chemically increase HDL, and the soon to be used ApoB (LDL-P); why have docs waited sooo long! But he does slide on clot formation quite a bit. In fact the calcified plaque might even be in a safe form and some folk question how much K2 one should consume on account of this. Nice on the score of LDL too low and cancer risk - that's me problem. I would like to increase my LDL and need an "anti-statin". A lovely review. Thanks again.

P.S. "The American Diabetes Association (ADA) and the American College of Cardiology (ACC) jointly recommend using apo B, LDL-C, and non-HDL-C measurements to guide statin therapy in patients with obesity, insulin resistance, dyslipidemia, and/or other CVD risk factors.¹⁵ The Canadian Cardiovascular Society (CCS) states that apo B measurement is an acceptable alternative to a standard lipid profile for CVD risk assessment.¹⁶"

Posted On 01/28/2018

meehan2661

Unfortunately, it is very hard to find an objective MD that still takes health insurance at the practice. I watched my father who had a heart attack and bypass at age 52--follow the medical protocol and passed at 74. In the mean time yes his heart weakened to the point of needing a pacemaker. Yes diabetes developed--all the predictions read here. What a shame---he worked in a hospital and thought they could do no wrong.

I was also on Lipitor from 38 to 50 when muscle soreness started. I learned here that cholesterol does not cause heart disease. Read all the books--Dr. Sinatra--Cholesterol Clarity etc. I have been statin free for over six years. I only use my MD to get the bloodwork that I request. Yes he thinks I am a real piece of work. To top it off--two years ago I got a calcium score of 325 which is pretty significant.(yes I requested the scan) After two years I got it down to 275. The doc told me it couldn't be done--my progression can only be slowed with statins. You have to be proactive and seek out those link minded professionals if you have a problem.

Posted On 01/28/2018

grulla

I've had good BP up until the end of 2015 when it spiked. I suspect it was due to a long time of dairy/calcium abuse. Ultrasound showed 60+% carotid artery blockage which the vascular surgeon said did not need invasive "scraping" unless over 70%. Also, from 1984 to 2010, I spent a lot of time at my job around MW and VHF radio equipment, where Dr.M. has recently explained that EMFs can also cause arterial calcification issues, (voltage gated calcium channels-VGCCs) I always assumed MW and VHF/UHF radios (and other telecom equipment) like Lenkurt, Rockwell Collins, MDS, Granger, Motorola, Kenwood, and others were well shielded against RF EMFs, (and VGCCs), but now I'm not so sure??? I NOW cannot imagine that there wasn't at least some RF EMF leakage that may have created VGCCs, and it never occurred to me or anyone else to check the electronic facilities with a gauss meter as I/we always trusted the radio manufacturers and practiced safe RF equipment handling...or so we thought.

Last year, after being prescribed statins and aspirin, (which I quickly discarded in a week due to lower tummy pains), I started visiting an integrative MD PHD who has administered alphalipoic acid (ALA) IVs to me. I went every week all year long, for the ALA IVs and my BP is now back to normal. I still visit the IV clinic once a month and will probably continue the ALA IVs indefinitely. I also periodically donate blood to help keep my blood viscosity lower, and also keep close track of my hemoglobin count (averaging 15.0 in a normal window of 13.0 to 17.0+), and ferritin levels (31 in a normal window of 20-500) In spite of what appears to be a low "31" ferritin count in a window of 20-500, my doctor said it was proper.

www.healthline.com/.../ferritin , subtitle: "Understanding your ferritin blood test results"

jeffreydachmd.com/2013/04/donating-blood-prevents-heart-disease/

Posted On 01/28/2018

Guillermou

Hi GRULLA. To know approximately the viscosity of the blood, look at your hematrimetia the value of the hematocrit. The viscosity of the blood is determined by the viscosity of the plasma, the hematocrit (volume fraction of red blood cells, which make up 99.9% of the cellular elements) and the mechanical properties of the red blood cells. The red blood cells have a mechanical behavior, which can be analyzed under the terms of erythrocyte deformability and erythrocyte aggregation. However, the hematocrit has the greatest impact on the viscosity of whole blood. An increase of one unit in the hematocrit can cause up to 4% increase in blood viscosity Blood Rheology and Hemodynamics.

www.thieme-connect.de/.../DOI

Changes in Blood Viscosity, Hematocrit Value, and Fibrinogen Concentration in Subjects with Congestive Heart Failure. circ.ahajournals.org/.../686.full.pdf ..

In cardiovascular mortality, there is a positive association with ferritin levels in men, after adjustment for markers of inflammation and lifestyle parameters. Men without major chronic diseases who were in the highest ferritin quartile had a significantly increased risk of cardiovascular mortality. (2017) The association of ferritin with cardiovascular and all-cause mortality in community-dwellers: The English longitudinal study of ageing. www.ncbi.nlm.nih.gov/.../PMC5462410

Posted On 01/28/2018

sten

Diabetes 2 risk increase is quite high, 30% has been found in certain groups! Long-term that risk nullifies any gains found by the drug at least for me since most diabetes 2 usually die from heart disease-related complications, often 10 years earlier than others. Pfizer (Lipitor) is being sued as they knew about the risks but said nothing. Here an article about the increased

risks:www.medicalnewstoday.com/.../319832.php

That FDA permits the continued sales of these health damaging pills is unbelievable unless we believe that senior FDA officials are actually bought/bribed by big business, as repeatedly alleged. The way bribing takes place today is usually through well-paid jobs AFTER serving in a government or government agency like the FDA, making it a little harder to identify. None has yet been caught, but I think we will soon see the first. Beware you who send others to premature deaths for pure greed.

Posted On 01/28/2018

Guillermou

Indeed, STEN, the corruption of government agencies is backed by the support of large pharmaceutical corporations. The enormous power of the pharmaceutical industry is based on its large income from medicines. The financial muscle of Big Pharma allowed it to spend millions each year in political lobbying. Pharmaceutical companies can unduly influence national political systems often fund candidates who support their position on key issues. Funding can shape policy debates to favor the maximization of profits of a pharmaceutical company, affecting public health objectives. The money group also moves through the revolving doors. Corrupt tactics include paying doctors to participate in drug surveys that never really prescribed, and payments to clinical trial research without being contrasted by impartial academics, in addition to the millions of misleading advertisements that misinform people.. In relation to statins with diabetes also: Statins increase your risk of serious diseases including cancer, diabetes, neurodegenerative diseases, musculoskeletal disorders and cataracts

5 Great Reasons Why You Should Not Take Statins

articles.mercola.com/sites/articles/archive/2016/02/10/5-reasons-why-y..

Risk of Incident Diabetes With Intensive-Dose Compared With Moderate-Dose Statin TherapyA Meta-analysis. jamanetwork.com/.../646699

Posted On 01/28/2018

Randyfast

Any time I've gone to the clinic (you can not find a family doctor anymore); I look at the walls of the examination room and there is advertising for Lipitor and other nasty drugs: "If you're over 50 - take 'this' drug. If you're under 50 - take 'that' drug"...blah, blah, blah! As I said in a previous post - they are DRUG PUSHERS - first and foremost.

Posted On 01/28/2018

The FDA is a revolving door for Monsanto and other corporate executives. It used to be illegal, as they had to wait two years before jumping from the private sector to the public sector, but since we're owned and operated by corporations now, it's an instant revolving door. It also used to be illegal for Congress to take gifts and bribes, but it's so corrupt now that members of Congress actually own stock in the very corporations they vote to give OUR tax dollars to! Overturning Citizens United by forcing Congress to create a law forbidding money in politics needs to happen, but with so many members making their fortunes in Congress, I figure that'll happen right about the time pigs fly.

Bernie Sanders had a national town hall meeting on the subject of universal health care that over a million and a half people watched, bypassing the corporate media, which is also owned and operated by those in power. Our Revolution, Bernie's continuation of fighting for the same issues he ran on is a growing force against corporate ownership of the nation. We support corporate-free candidates at every level. Our local OR has endorsed Gayle McLaughlin of Richmond, California for Lt. Governor. She and her community took on Chevron, which has one of the largest refineries in the nation, and WON their city back and have transformed a great deal of it in the last 12 years. Our local OR also has action teams, including permaculture and regenerative agriculture, election reform, climate change, immigration, peace, and healthcare for all. I would encourage everyone to start at their local levels and hook up with Our Revolution and work together to overthrow big money by taking over local, state, and national seats and filling them with right-minded folks. (And by that, I guess I actually mean "left-minded." lol) We need real healthcare, not wealthcare!

Posted On 01/28/2018

jamNjim

Sten, I read a study that showed that women are much more susceptible to this. This study showed that it wasn't if a woman would become type-2 diabetic while taking statins but when! Most of the women in the study had high enough fasting glucose levels to be placed on insulin or glucose lowering meds in less than 12 months.

My wife has moderately high cholesterol (between 220 and 240) and she refuses to take statins. She is a medical research scientist PHD. She is smarter than the average bear. She witnessed all the FAT I eat and how good cholesterol levels are. Sometimes mine gets as low as 140 and I raise it by eating less fat/more grains. She was baffled by this and tried it herself. Her cholesterol dropped below 200! She didn't stick with the diet though. Being Asian means you culturally and habitually eat a high carb diet (lots of noodles and rice). It's hard for her to give that culture up even though statistics show that Asian people have the highest incidence of high cholesterol per capita of most cultures. There was a time, not that long ago, that anything under 240 was considered OK and under 220 was good.

Posted On 01/28/2018

rrealrose

JamNJim, Did you catch this article on women and statins?

www.medicalnewstoday.com/.../316409.php

It was posted below the link Sten provided, as a related article.

Posted On 01/28/2018

Maubie

Of course most people don't need statins. Why would you? We now know statins are only a money-making venture for Big Pharma. Eat REAL food, keep fit, be positive = prevent metabolic disorders!

Posted On 01/27/2018

Reality today

One comment on relative risk. It is probably the most abused statistic in medicine. In the example used, a 2% incidence becomes a 1.5% incidence and, presto, the drug works to reduce the risk of incidence by 25%. That is also often stated that without product X your risk is 33% greater (.5% divided by 1.5%). Even though the change in absolute risk was 0.5%. To me, an absolute change in risk of 1%, 2% or even 3%, in some cases, is just meaningless, simply because there are too many variables in the human body to be accounted for with that degree of accuracy. Then, when the study managers adjust for "known risks" that's just too easy to manipulate. To offer an absurd fictitious example -- a study might have 1000 participants, 10 dropped dead after taking the substance, but they all were overweight with high blood pressure. They will not be counted, but eliminated from the study. And they might never be reported because failed studies aren't submitted, just the ones that the sponsor wants. The next study might eliminate those with known overweight and high blood pressure conditions. At least, that's my understanding of the process.

Posted On 01/28/2018

dauidle

Liars often figure, but figures never lie.

Posted On 12/22/2018

dude01

What a timely article. Last night I couldn't sleep, so I resorted to enjoying some YouTubes. In the past, I would count sheep. YouTubes are so much more enjoyable. The one that intrigued me the most was an interview with Stephanie Seneff. Prior to watching the interesting interview which focused on the danger of statins, I was unfamiliar with Ms Steneff . Then I opened Dr. Mercolas article this morning and there she was once again talking about the same topic.

My mother-in-law is 94 and takes about seven prescription pharmaceuticals throughout the day. At least one (possibly two) of them is/are a statin(s). I realize that 94 is a nice milestone to get to. But I notice that she seems to have had major physical regression in the past year. Many seniors have such a strong belief in their doctors that they will do almost anything they are told to do. I will sit down with my wife this evening and share this fine article with her. Hopefully, I will get her to see the very possible dangers of these statins, and how they might well be contributing to the regression that I have noticed. Thank you, Dr. Mercola.

Posted On 01/28/2018

Guillermou

Hi DUDE. This article may also interest your mother-in-law Dr. Benjamin Han, of the University of New York, said: "The use of statins may be producing unfavorable effects on the function or health of older adults that could offset any possible cardiovascular benefit." "Statins can have an effect on the physical or mental functioning of older adults, and studies have shown that any negative effect on function places older adults at greater risk of functional impairment and death. risk of muscle problems induced by statins. Patients who took statins between 65 and 74 years old were 8 percent more likely to die from any cause in eight years. For patients over 75 years of age on first use, the risk of death was 34 percent higher. www.thesun.co.uk/living/3623048/starting-to-take-statins-in-old-age-in..

Posted On 01/28/2018

winlink

I am not much for conspiracies but this one may make sense. The big pharma companies have created these statins and 1 in 4 adults over 45 are taking them. It appears that they cause people to age faster. This is a win for the pharma companies in that they have a customer until death (and a lot of them...maybe 80 million people in the U.S.). The government wins because they have people dying earlier so this puts less using Medicare (particularly the large baby boomer population). The doctors win because they have a patient that they will be treating for life with statins plus a few other diseases like diabetes. So in sum, statins act sort of like population engineering to reduce the elderly population and big pharma makes money on their drugs that are taken every day until they kill the patient in some way (one or multiple chronic illnesses). I read that for the first time, the age of death is now declining and I would guess it is due to chronic illness created by big pharma in support with the government. Also think about all the immune suppressing drugs now out on the market by big pharma. Shut off your immune system for something like psoriasis but you will probably die of the common cold, cancer, more aggressive bacterial infections (thanks to our overuse of antibiotics), etc. In general, you gotta start thinking that big pharma is working with the government to put Americans into the grave earlier. Mercola mentioned it before and it is sounds more true every day. You gotta stay out of the hands of the medical industry altogether and the only way to do so is to keep yourself healthy. Big pharma wants to dig their claws in you and once they do, you are toast!

Posted On 01/28/2018

Santafe66

Robert makes a great point and it should be said that the same issue exists with current veterinary practice on our pet animals. More vaccines are not what we should be subjecting our pets with. The vaccine industry has a failed concept that injecting toxins into animals will prevent disease (same with humans though). Instead, vaccines often create disconnects in maturing dogs that plague them all their lives. An intermuscular injection is not a substitute for build natural immunity. Natural is always better, and longer lasting.

Posted On 02/01/2018

MrMarvellous

Great article, I was a Medical Sales Representative and from my training and experience can vouch for the authenticity of this information, also Statins may cause impotence and arthritic like symptoms. This industry is powerful and we had in Australia a top line TV personality sacked from her job because she dared to criticize Statins and the Pharmaceutical Industry.

Posted On 01/28/2018

dopfapfo

The sad thing about the medical industry is that they welcome the hideous side effects of pharmaceuticals because it just means more profit for their stockholders. The more illness our sickness care system creates, the more money the profiteers make.

Posted On 01/28/2018

Brian1

I hope that mainstream medicine will be more up to date very soon. There's too much conflicting information. It's true that we should prevent diseases in the first place and I hope that dangerous drugs are used only when preventative methods are exhausted without success.

Posted On 01/28/2018

dopfapfo

Dr. Mercola ran a video called, "How Big Oil Conquered the World," that explained how J.D. Rockefeller took over the medical schools and turned doctors into petrol-based, chemical pharmaceutical dispensers. Before that, natural medicine was the norm, but since you can't patent herbs and the like, no profit can be made, hence the profit-for-poison system we have now. Unless We the People take back our government, the status quo will remain. Dr. Mercola is a champion of health and well-being!

Posted On 01/28/2018

mkcolwell

Re folic acid vs folate, per Dr Walsh and Dr Mensah, OVERmethylators need the regular Unmethlyated form- folic acid. Methlylated folate is harmful for Overmethylators.

www.amazon.com/Nutrient-Power-Heal-Biochemistry-Brain/dp/1626361282/re..

Posted On 02/10/2018

Joannie83

My son was put on a statins. When he came to visit me he said his legs hurt so bad. My daughter told him he should not be on a stain, he got off and is better now. My daughter is an ICU nurse and knows more than my doctor. She is totally disabled by lupon. This drug removes your hormones was made for men look it up. Dr. Mercla wrote sometime ago it was s kiss of death.

Posted On 01/28/2018

rrealrose

Thank you Dr Mercola! I asked for another interview w Drs Seneff or Samsel, and I got it! And tying-the-knot between glyphosate and sulfur deficiency, then tyrosine, tryptophan, and other amino acid deficiencies bears mention. Listening to this aromatic amino acid deficiency discussion has nailed it for me! However, My liver found great relief in taurine (not taken by itself,) but then again, still not absorbing well. Went back to cycling on and off for the past 6 months...suspect my bile bile formation or conjugation, had gotten whacked out.

Meanwhile, so tired of remarking to people that statins are toxic. After all, everyone is taking these, right??? Wish there was a more effective way of getting this information into the psyche of mainstream, you know, those who still watch TV (unlike younger generations), those who listen to Big Pharma ads and follow their doctors' recommendations without questioning their own body's side effects!!

Posted On 01/28/2018

dude01

Hi Rose, did you see this interview? www.youtube.com/watch She mentions the connection to glyphosate in this one. Those Big Pharma ads are all over the place on late night TV. The quickly read side effects after each commercial are unbelievable.

Posted On 01/28/2018

rrealrose

Thanks Dude01 - I had not seen this interview...or many others Dr Seneff is often generous with her time, yes?

Posted On 01/28/2018

dwilbanks43

I believe the Triglyceride/HDL Ratio should ideally be less than 2 to 1, not "below 2 percent". Please clarify. Thank you! David Wilbanks

Posted On 01/28/2018

Jeffreyvia

Help, I need help, ive been on 80mg daily of statin for two years now since i hade two stents placed. Im a fit individual and have always been. My cardio docs have me riding this fence. Are there any cardio docs out there that will help me get off these things. Thanks

Posted On 01/28/2018

interestedone

if open minded in addition to reducing exposure to harmful technologies, using tao calligraphy tracing AS ANOTHER TOOL (not the only one) in the (possible) health toolkit has the potential in addition to all other ways to possibly help health. it is taught by MD and TCM dr. e.g drsha dot com/tao-calligraphy-beyond-art/

Posted On 01/28/2018
