

seg

Sure folks, a step in the right direction..Conventional foods might have lost 19 billion over the few years, but we have to look at how many Organic farms and Organic companies were bought out by Big Corporations..So what may seem as a loss, could very well be a gain, a big gain for these swines...Keep your eyes open, the deception runs VERY deep, bacteria when under attack can "morph" into something else, they ALWAYS do.. Gotta high tail it . CHEERS 🏃

Posted On 03/27/2018

Guillermou

Yes SEG, ...and the most serious thing is that the sale of numerous organic brands to large food corporations can have the consequence that many of those organic brands do not retain their true soul. The growth of the organic industry is necessary, but that does not happen with a product line. diluted, a change in the values of the organic company and decisions based solely on profits not people. There is a continuous pressure to weaken national organic standards to increase profits and large companies have more power to achieve this purpose.

Posted On 03/27/2018

rrealrose

Good comment seg, as we all know that the term "organic" has already been hijacked in the late 90's by corporate members taking seats in the decision meetings for organic standards. At the same time, changes are occurring in smaller farms being resurrected. Stay tuned as farmers markets start to eat away at supermarket distribution, at least during summer months. That's most likely the next arena for serious changes to occur.

Posted On 03/27/2018

Guillermou

Regenerative agriculture and the animal welfare movement want to end industrial agriculture, restore land and prevent climate change. It is a great fight against the industrial agriculture of synthetic fertilizers and pesticides, excessive tillage and high energy consumption have destroyed the biota of the soil. We are oxidizing large amounts of organic matter from the earth and generating large amounts of greenhouse gases. CAFO consume the majority of conventional soybeans and corn, producing enormous waste connected with industrial agriculture. More than half of the US agricultural land is dedicated to growing crops to feed animals, these crops are grown with synthetic fertilizers of coal and pesticides that destroy the biota of soil and wildlife. cms.splendidtable.org/sites/default/files/food%20versus%20fuel.jpg .

Almost a third of the excess carbon dioxide in the atmosphere comes from oxidized organic matter, deforestation and the drainage of marshes that are driven by industrial agriculture that destroys wildlife, depletes aquifers and creates large dead zones in the ocean. extension.

unctad.org/.../ditcted2012d3_en.pdf

Recently, Carbon Underground published a definition for regenerative agriculture that presents the following principles that fight for biodiversity and regenerative agriculture and climate change.

thecarbonunderground.org/wp-content/uploads/2017/02/Regen-Ag-Definitio.. .

1. Minimize the disturbance of the soil due to excessive tillage that affects the biota of this and oxidizes the MOT. "Conservation tillage" is acceptable, depending on the general holistic context of a regenerative farm.

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Guillermou

2. Synthetic fertilizers and pesticides alter soil biota and are the main contributor of greenhouse gases in industrial agriculture in addition to the sabotage of natural soil fertility. 3. Increase fertility, conserving surface soil, using compost, in addition to using crops that cover the soil and keep nitrogen with roots as deep as possible. 4. Carefully handle ruminants that graze on the crops, in a way that promotes the health of the soil and the grass, avoiding feeding by agricultural monocultures such as corn.

In addition, as Dr. Mercola reports in biodynamic agriculture, they must be self-sufficient. Dr. Bronner has embraced these principles and is fighting because crop farming can be propelled to its true regenerative potential. Bronner defines "regenerative" as the gold standard and as an incentive for the goal of true "organic regenerative" holistic agriculture without any chemical consumption. The regenerative goal must take a more holistic approach that also covers the well-being of farmers and animals. Bronner proposes to incorporate the existing animal welfare regulations and fair work standards for farmers, and formalize the criteria outlined by the regenerative definition of Carbon Underground, in a process moved and hosted by Rodale and IFOAM. In particular, a "regenerative organic" standard may require that grazing standards be met for chickens and pigs as well as ruminant livestock, as stated by the Global Animal Association or the Approved rules of Animal Welfare..globalanimalpartnership.org/5-step-animal-welfare-rating-program/ ..
animalwelfareapproved.us .

Dr. Bronner has extensive experience in regenerative organic agricultural projects in the tropics, from which we produce coconut and palm oils, as well as peppermint oil in India and wants to develop similar projects in the United States. www.drbronner.com/about/our-suppliers/projects-and-partnerships/

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seg

GUI I am ALL for Organic, regenerative and sustainable farming , but I am against the Big Corporations that are buying out the smaller farms and hijacking the system.. Anything they touch turns into garbage.. They will do anything, bribe whoever and buy out anyone they need to fulfill their agendas..And they already have the protection of Big Governments to protect them..Those who holds the chip weilds the power and they have it, this is how things are run these days.. It's like the Hydra, you cut off one head and two grows back and the Medussa, stare at them and you're toast, well stone.. 🤪

Posted On 03/27/2018

Jennycat24

Ben and Jerry's are owned by Unilever - any surprise that they are hypocritical?

Posted On 03/27/2018

stanleybecker

Jenny - Ben and Jerry were appropriated by Unilever precisely because they opened the door for Corporate piracy and dishonesty - Ben and Jerry represented the "belief" of the consumer that the ingredients were healthy - [if you regard 60% SUGAR as healthy] - Unilever immediately applied Corporate costing policy rendering their newly acquired ice cream product to have the shelf life necessary for corporate ideology while hoodwinking those that carry on believing in the virtues of original Ben and Jerry - ethics in corporate ideology is "bad for business"

Posted On 03/27/2018

Guillermou

The Association of Organic Consumers. In 2017, OCA sent samples of the best Ben and Jerry ice cream brands to an independent testing laboratory for analysis. Ten of 11 samples tested positive for Roundup. Not long after this complaint from OCA, we learned another story that validates the importance of finding glyphosate, even in low doses, in any food. According to Monsanto's internal documents, Monsanto concealed a long-term critical study, published for the first time in 2012, which shows very low doses of Monsanto's Roundup herbicide, lower than those detected in Ben & Jerry's ice cream, caused severe liver damage and kidney in rats

Posted On 03/27/2018

stanleybecker

Gui - do you mean we can use Ben and Jerry ice cream as a "rat poison" - an unforeseen benefit of the processed food industry

Posted On 03/27/2018

Almond

I take consumer surveys for remuneration. I recently completed a study that I found very interesting. It asked what I would cut back on if my expenses increased. As for gift-giving, most of our gifts are homemade. Hubby and I are esp. enjoying doing small practical carpentry projects as gifts. In some cases, we have planed lumber from our own trees. More gifts come from our garden, inc. packaging multiple packets of heirloom seeds for gardeners. I realized that I do not even purchase many of the items most people use discretionary spending for. I am already saving money by not buying them.

I have been esp. fortunate, once again, to get brand new never worn clothing for both my husband and myself free on Craigslist recently. We produce so much of our own food that groceries prices and quality are not a concern for us--not to say that I do not cheat occasionally. We went out to eat this week with friends, our first meal out in months, simply because we have been busy. We see movies so seldom that it is not a major expenditure--not many movies we want to see anyway. We do not have prescription drug expenses. No cable tv bills because we do not have a television.

The truth is that we do not have many places in our budget to cut because there are already so many things we do not buy. Yet, we feel like we have a very high standard of living and lack for nothing. We hardly feel deprived. For one thing, our everyday meals are fabulous--meals most people could not afford in a restaurant even if they could find similar quality. Over the next year, we expect to cut our spending even more drastically--by choice--because we will rearrange our financial situation and become more self-sufficient. We are finding pleasure in our work and it is our entertainment. We feel especially blessed to have what we need and be productive. Part of the solution to food problems is extricating yourself from supermarket dependency. You know what is in food you grow.

Posted On 03/27/2018

Sandi Lane

I continue to be angry with Ben and Jerry. They should have included a clause in the sales contract that their product, under Unilever, would continue to reflect their original values. Instead, they took the money and ran. The least they could do is to come out publicly and disavow Ben and Jerry's for double crossing the public who continue to buy the ice cream because they believe it's still Ben's and Jerry's.

Posted On 03/27/2018

stanleybecker

they signed a "confidentiality" clause - Unilever would not have purchased them without it - Ben and Jerry got the loot and Unilever got the SUCKERS who still get the SUGAR fix

Posted On 03/27/2018

Guillermou

Ben & Jerry. has marketed the idyllic image of a socially responsible company with the incorporation of healthy and natural ingredients and the promotion of commercial practices that respect the Earth and the environment, but the truth is that its ice cream is made with CAFO milk that is destroying the ecosystem and damaging the health of consumers, adding poisons to another poison the sugar.

articles.mercola.com/sites/articles/archive/2017/10/10/ben-and-jerrys-..

Posted On 03/27/2018

SimonSimple

Organic foods per volume are more expensive than processed foods. Granted. I would however argue organic foods are cheaper. They are an investment in the future. Of a future in good health. Add medical treatment costs to the costs of consuming processed food products. Which cause the need for medical treatments in the first instance. Organic foods which protect health then become the cheaper alternative. Add natural fats to the menu. Then only need to eat half as much compared to a restricted diet of processed foods. So the food bill is the same. No need for medical expenses if there are no ailments. Instead, save up for a long, enjoyable retirement in good health instead.

Posted On 03/27/2018

stanleybecker

your "cost analysis" is convincing, Simon

Posted On 03/27/2018

Guillermou

.....and the agriculture and industrial livestock also destroys the ecosystem and what is very important causes the climate change that can cause the destruction of the habitat of this planet.

Posted On 03/27/2018

Almond

Seeds and a garden spade are a good investment. Companies like Baker Creek give a generous amount per packages and a good germination rate. You do not save money on cheap seed if you don't get much and it will not sprout. If you raise heirloom seeds, you can save your seed from year-to-year and not be dependent on seed companies to buy new each year. So, you can consider good seed and investment and swap with other gardeners.

Many people put much more effort into every other aspect of their lives than obtaining a 10' x 10' starter garden plot. (Even intensive gardening on a patio or balcony. And windowsill.) Healthy food is realistically within reach of most people if they are willing to do some longer-term planning of their lives and prioritize--of course, it will not, and should not, taste like crackle-bloopies.. It was not until around 1900 that supermarkets even became an option... even then, not in all of the country. There were still communities in the country without good roads into them until well after WWII. People once did much more with much less. With good seed and good soil, you are investing in yourself, your health and your future.

I recall my mother-in-law's reply to someone's condescending comments about her not working. (She had 8 children!) She walked the person to her pantry, showed them all the jars of her canned goods and said, "This is my contribution. I feed my family." That was no small accomplishment with a large farm family. As SimonSimple points out, the benefits went far beyond food on the table. After accidents, children were told they would likely not have survived if their bones had not been so strong. Purchased "organic" foods may be very expensive if you consider that as many as 50% of them may not even be truly organic.

Posted On 03/27/2018

truthwillprevail

Short term vs long term thinking. Short term - buying cheap food is cheap and saves money, but in the long-term, the cheap crap food causes health problems for people and wrecks the environment, and in the long-term costs much more money plus loss of productivity and other things that are hard to pin a monetary value on. I think that is the essence of the problem facing humanity. Corporations are driven by the short-term - quarterly profits,etc.

Posted On 03/30/2018

carmoora

Bringing organic standards into the toxic unsafe to eat realm happened when Organic food was registered in Australia in the 1980s. Before then, any synthetic pesticide or additive like sodium silico fluoride added to food meant it was not permitted to be labelled "Organic". After registration, synthetic industrial fluoride waste was now permitted by government into labelled 'organic food'. I only realized how sneakily this had been done when my patients started getting sick with skin rashes and asthma after eating organic food that now had these industry waste fluoride products contaminating them.

Posted On 03/27/2018

Theplantdoctor

Here is a chart showing who owns organic food: www.cornucopia.org/wp-content/uploads/2016/01/Organic-chart-Jan-2016.p..

Posted On 03/27/2018

juststeve

Real food sitting next to fuel oil plastic belly fillers looks expensive because one has to imagine what the real savings are, being as a real side by side cost comparison isn't possible . It's the medicines' you don't buy, (& many do next to nothing & many others cause further problems.) The life and life energy you have from not being zombified. The mental clarity to be able to think and do more on your own. It's all those and more where you don't have to spend that makes real food a health money maker. Plastic fuel oil food is becoming a faster slow suicide.

Yes, Gui, it's also the social savings in taxes as well as personal expenses not spent on environmental cleanups, clean water that doesn't have to be processed, healthy soil and forest to feed our fellow life forms and it all is priceless.

Stan, one can not believe the relief from brain fog when you're able to push the poisons out of your system. (Just remember to use some chelators to collect up toxins released from the burning of your fat, or the damn stuff recycles and condenses in your system where it can.) Yup, processed food is our most common source for brain fog, but, some, (including me, have been exposed to toxic chemicals & heavy metals due to work, and we have a KV Line that throws off major EMR, it's all an uphill battle. Add on; Get a load of this, change may be possible, beer & wine have been tested for Roundup and found positive. Man don't mess with peoples booze!

Posted On 03/27/2018

Guillermou

Yes, JUSTS. People who eat processed food, in addition to GMO, need to develop a level of awareness and development of critical thinking opening the mind to the reality of the arguments of science not dominated by the corruption mafia of large industrial corporations and its allies of the pharmaceutical industry and government agents. They need to see reality contrasted with your own experiences and knowledge. Consumers have the right to know the content and form of production of food, so that based on clear, accurate and timely information we decide what to eat, protecting our health and that of our families, making sure that the food model also of healthy, be socially and environmentally fair.

Posted On 03/27/2018

stanleybecker

steve - as Dr Mercola has stated so many times - " processed food gives you BRAIN FOG "

Posted On 03/27/2018

dietcurious

There was an Infomercial sketch posted somewhere of the truly organic companies still trying to resist being forced to sell to Big Food, is there a current link? I remember that Dr. Bronner's, as well as "Traditional Medicinals" teas and "Natural Path" cereals were amongst the companies to support, but maybe that info is outdated. Like what happened with this "Kashi" cereal, started out like organic, but then was acquired by Big Food.

Posted On 03/27/2018

taddie

along this vein - the cidery Finnriver from washington www.finnriver.com is a fully biodynamic farm - their philosophy and practises are top of the line - they use ducks in their blueberry fields to eat the mold, they use pigs before planting a field to churn up the soil instead of machines - their farm is the wintering grounds for swans - they have won many awards for their business practises - yes there is a cost - I call their ciders the 'Rolls Royce' of ciders - expensive but so worth it - two families own this business - they are doing amazing work in the pacific northwest - these great farmers are out there people just need to source them out - yes it is alcohol - but if you want a pure, beverage occasionally totally worth it - and no I do not work for them :)

Posted On 03/27/2018

tobyguy

Hey tch, All I know is it`ll take more than man can do to fix this mess the soil , air we breath and the food and water we drink ..If allowed to go on much longer man could not continue to live. But the bible if I might add answers this big question for us ,Jeh. 10: 23 Mankind is not able to direct his own step:, that`s why God has to step in and he will for sure as the bible also say`s he will...and "He will bring to ruin those ruining the earth." so my friends this is our only hope in this very greedy self world . but until then we must try to do the best we can to live.

Posted On 03/31/2018

bia1548

Thank you so much for providing us with all this information Dr. Mercola! I've been reading your information for some years now and have greatly benefited from it. :)

Posted On 03/30/2018

johnnymars

Keep up the good work, Dr. M. Keep exposing these corporate and gummint jackals that put profit ahead of health.

The solution: grow your own organic food and buy only from local, trusted organic farmers, if possible. Learn permaculture: www.youtube.com/playlist?list=PLA302F7D0CEA4F65A&disable_polymer=t..

Posted On 03/28/2018

alejandra_marquez

I agree with Stanley switch dentists. Also thanks for the tip Stanley use Ben and Jerry ice cream in the sewers to kill off the rats. We ought to feed it to Monsanto and his minions too.

Posted On 03/27/2018

Mercury63

This is apparently a re-post from a couple years ago. No matter. FYI, the federal government cannot manage anything. Never have and never will. They have no bottom line and their only product is red tape and bureaucracy. Both parties are big government and the only reason to get to Washington is to make money for oneself and one's backers. Without a consumer advocate like Ralph Nader, the labeling of food is off the charts wild, wild west corrupt. "My choice early in life was either to be a piano player in a whorehouse or a politician. And to tell the truth, there's hardly any difference." Harry Truman

Posted On 03/27/2018

rjdriver

The good doctor reminds us that products with the Non GMO Project Verified label may still contain toxic chemicals. It's also worth noting that they will allow their seal on foods with ingredients sourced from GMO fed animals.

Posted On 03/27/2018

stanleybecker

"passing off" is a trademark law in Commonwealth countries like Australia, New Zealand, South Africa which prevents traders from making claims that imply goods are of a certain quality when they are clearly not of the "claimed" quality - the blurring of quality claims around the words "natural" and "organic" are infringements of the "passing off" common law - clearly, the law in the USA needs to be strengthened to reflect the fraudulent claims made by traders that allows the consumer to be hoodwinked in the manner described in this article - en.wikipedia.org/.../Passing_off

Posted On 03/27/2018
