

ros52531

I learned about doing this fifteen years ago from an employee in our health food store. Since I was seventeen years old, I got pneumonia at least twice a year. As I became older, it became much more difficult to breathe when I got it. After learning how to use the hydrogen peroxide in a nebulizer, I used it at the first sign of pneumonia. It was gone within a day of using the nebulizer. After doing this for a couple of years, I have never gotten pneumonia again. I'm so glad you printed this about using it for COVID-19. I have my nebulizer and hydrogen peroxide ready if needed.

Posted On 08/30/2020

the1ed

Hello Dr Mercola My wife came home sick from work last week. After reading your article on hydrogen peroxide a few weeks ago, I purchased the Traveler Compressor and food grade hydrogen peroxide putting it in the closet trying to be proactive. (Retired Firefighter). Following your instructions I made the saline solution and added the peroxide. Woke my wife up from bed and started treatment. We did four treatments, she went back to work the next morning, feeling 100%. Don't know what she had for sure, but she was very sick. Thank you for all that you do!

Posted On 08/30/2020

bobbi10

How did you purchase without a prescription? Every site I go to requires it. Do you think an infuser could work if you can put your head over it with a towel?

Posted On 08/30/2020

Ido5111

bobbi10 - Are you talking about needing a prescription for the nebulizer? If so, there are many places that don't ask for a prescription (although I did see some that did say one was needed - strange...). I found it less expensive than on Amazon at a web site called healthproductsforyou.com. I bought the Pari Trek S Compressor Aerosol System referenced by Dr. Mercola.

Posted On 08/30/2020

caws

Bobbi 10 , Here's a clue. All the pharmacies I went to pretended they had no idea what I was talking about & said they did not carry it. The local health food store does though or you can buy it online if they are not out of stock.

Posted On 08/31/2020

Shasha

Amazon has food grade hydrogen peroxide, but you have to dilute it properly or it may greatly hurt.

Posted On 09/01/2020

pie2634

John Titus from the site Best Evidence calls USA a MAFIACRACY. He is a guy from Chicago. He should know indeed who runs USA. I consider today sadly USA a threat to humanity and our western values. I did not say all Americans. I specify. US ruling classes are as corrupt and evil as those ruling the Roman Empire and they are truly the root cause of all our problems. That includes a lot of scientists and doctors working for big pharma, the FDA, the CDC, the USDA, the EPA etc.....

Posted On 08/30/2020

Guillermou

Yes, PIE, it is also the great economic criminals of this mafiacracy who have led us to this situation of authoritarian and corrupt rule, where we can consider the alleged COVID-19 pandemic. The capitalist minority organized as a huge network of financial crime, continues happily filling their pockets at the expense of the work and taxes of the majority. Lord Acton's aphorism is still valid: "power corrupts and absolute power corrupts absolutely." In a high deinstitutionalization, if one is facing semi-authoritarian situations, which can coexist with an elected government, a congress, and up to certain high degrees of "freedom of expression" in general, there is also a "kleptocraia" or "mafiacracy". A group that has a certain legality to act at the head of the state and in some cases also legitimacy collectively and personally benefits from those controls.

The response against natural solutions, of the Pharmaceutical Mafia, to face the supposed COVID-19 pandemic, puts this mafiacracy in evidence. International agencies, governments, foundations, the pharmaceutical industry, leaders of major medical institutions, focus only on the vaccine. A vaccine that will serve to further fill the pockets of a mafiacracy imposed by the oligarchic elites. The indoctrination of the pharmaceutical mafia begins in the universities, develops among the medical class, bribed for their attention and alignment to their doctrines, and is strengthened by the billions of propaganda of BigPharma. Indoctrinated people are conditioned in the prevailing system to be a good repeater. The system is not designed so that people think for themselves, they must follow orders without questioning anything, of their freedom. In the end we realize that the corrupt elites develop a mafiacracy, they program our life from the cradle to the grave. Our critical thinking is the only salvation from the networks of corruption.

Posted On 08/30/2020

Guillermou

In the fight against the mafiacracy, praise Robert F. Kennedy, Jr, Robert F. Kennedy, Jr. who yesterday spoke with hundreds of thousands of people on the streets of Berlin, FOR FREEDOM AND PEACE. "With Großer Stern Square and the Siegesäule Monument as a backdrop, Mr. Kennedy talked about government control by fear and spoke out against totalitarianism. He said the government and those with the greatest wealth and control have done a terrible job on public health and will shift us all to 5G and a cashless society. He said that 5G is being pushed on us as a good thing but it will be used for surveillance and data harvesting. Mr. Kennedy added that the COVID 19 pandemic is a crisis of convenience that is destroying the middle class, impoverishing us all, and it is making the powerful elite even more powerful. He closed with the message that we must protect our fellow man, our vulnerable children and our freedoms and democracy!" [childrenshealthdefense.org/news/robert-f-kennedy-jr-speaks-at-berlin-r.](https://childrenshealthdefense.org/news/robert-f-kennedy-jr-speaks-at-berlin-r/) (August 29, 2020)

Posted On 08/30/2020

caws

Yes Guillermo, We love Bobby Kennedy Jr. Between Waterkeepers and the Children's Health Defense Fund [protecting us from unsafe vaccines] and now the 5g battle; he is one of my heros. Please donate to keep up the wins. He was also involved in the Monsanto Roundup case and 100s of other wins fighting for us. Obama made a huge mistake not making Bobby head of EPA and Biden has GE industry guys pegged for next USDA & EPA heads. Trump had Bobby lined up to oversee what has been going on with the vaccines [to appease those who voted for him for THIS reason only]; but after Bill gates got a hold of Trump; Bobby was dropped.

Still Bobby Kennedy Jr has been very effective in the courts and is now involved in getting Gates investigated for conflicts of interest & fraud from appearing to be a philanthropist by donating billions to vaccine research and taking tax write offs when these are companies he [and Fauci] hold large stocks in and will benefit handsomely. This is why Moderna is at the head of the list with Remdisivir instead of the cheap effective hydroxychloroquine that all of America is being denied for Covid. India has been supplying it to over 50 other countries and can't keep up with production.

Posted On 08/31/2020

Dordee

We the American people are also to blame because we allowed it to happen just as German people allowed Hitler to gain power. he deceived them into thinking he would make life better for them and they believed him. we must be on guard at all times. every society that starts out saying they are doing for the people are not to be trusted! right now, i do not trust republican or democrat. they are shaking our hand, speaking lovingly while stabbing us in the back. there are as many democrat millionaires as republican.

Posted On 09/13/2020

ICONOCLAST

Colonel Kernel . Who will crack the nuts? Great posts. I call the mediocre mediocracy of half wit thinking part of a corruptocracy. But I didn't coin the term..

Posted On 09/13/2020

forbiddenhealing

In a pinch, a nasal spray bottle w 3% grocery store H2O2 works...Via mouth, aim at back of throat/spray/huff w deep inhalation 3-4Xs every few hrs.....Good article on nebulizers where as with humidifiers/gargles a saline mist moistens mucous membranes preventing bacteria from multiplying on dried out tissues...and iodine, colloidal silver, glutathione or baking soda can be added. Vitamin C electrons power phages to produce H2O2 while Mega C orally to bowel tolerance generates H2O2 through out..H2O2 can be drunk in water starting with 1 drop/raising slowly to 15 drops over a week of 35% food grade...see Dr. William Campbell Douglas ebook educate-yourself.org/cn/Hydrogen-Peroxide-Medical-Miracle-2003-Dr-Will..

A lg calibrated syringe is easy and accurate for dilutions, 35% H2O2 is dangerous/burns... And since leaky blood vessels/clotting have been identified covid killers; Megadose C is a must along with lysine/proline or lots of bone broths to restore vasculature and other critically important connective tissues. Doctors/individuals using Brownstein's proven protocol should include collagen rich soups. When one learns to self treat common problems, fear and helplessness disappear so parasympathetic healing happens.

Posted On 08/30/2020

Guillermou

Thanks RANDALL. Gargling is an essential part of hygiene measures in some countries, especially in Japan and other parts of East Asia. The national government of Japan promotes gargling to its citizens along with other standard hygiene measures such as washing the hands, during regular cold and flu season. German laboratory study that discovered the povidone-iodine solution could eliminate 99% of coronaviruses that caused SARS and MERS, which were close cousins of the new coronavirus, SARS-CoV-2, that causes COVID-19 www.ncbi.nlm.nih.gov/.../PMC5986684 . (2018) There was also a Japanese laboratory study previously done, which shows that povidone-iodine was better at eliminating harmful viruses like influenza, rhinovirus, rotavirus, coxsackie, and adenovirus compared to other gargling solutions. www.techtimes.com/articles/248443/20200330/coronavirus-tip-japan-promo.. (2020)

Posted On 08/30/2020

RMackayss

Is it true that the PCR test, besides being 80%+ unreliable, is actually testing for a specific genetic sequence and that, according to the WHO published protocols on this test, this genetic sequence is actually the human chromosome #8? If this is so, then does it not follow that all humans would potentially test positive? Could it be that those who get a negative result are simply demonstrating the unreliability of the test? If the test is in fact testing for our chromosome #8 then maybe this should be shouted from the rooftops?

Posted On 08/30/2020

rrealrose

Poking around on Amazon (looking for a bike carrier - don't ask) Came across a Nourishing Traditions book on Nourishing Broths, has anyone tried recipes from this book? www.amazon.com/Nourishing-Broth-Old-Fashioned-Remedy-Modern/dp/1455529..

Posted On 08/30/2020

forbiddenhealing

Hi Gui..Gargling and using oregano oil/honey held in mouth...Japanese great fishermen. RMack...I'm not sure which of a handful of tests are being used....Antibody test would yield low positives, when it is said only a third of people develop antibodies, and where herd immunity or Tcell resistance would be underplayed in favor of mass xvaxx..."Cases" are the focus as paranoia causes the media-afflicted to turn somersaults in compliance. Rrrrose... I see collagen tablets at top...stop leaky vessels and protect connective structural integrity..while us peasants boil bones.

Posted On 08/30/2020

Darzoum

RMackayss, it depends on the primer sequence they are using to test for, and that depends on whose protocol is being used. According to Dr. Andrew Kaufman, the protocol of the Pasteur Institute tests for a primer sequence of 18 genes, CTCCTTTGTTGTGTTGT that, indeed, is found in human DNA, homo sapiens chromosome #8. This IS a WHO Coronavirus PCR Test, and this Primer Sequence IS Found in All Human DNA! And, incidentally, this IS NOT a major headline news story around the world where everyone is wearing masks, social distancing, closing businesses, losing livelihoods, avoiding school, living in fear... and where all of this is being done in the name of "science."

Posted On 08/30/2020

forbiddenhealing

forbiddenknowledgetv.net/bombshell-evidence-that-covid-rna-base-pairs-..

Posted On 08/30/2020

TWS500

Thank you Randall for this very valuable information.

Posted On 08/30/2020

Guillermou

RANDALL. More benefits of vitamin C. According to new research from the UK, vitamin C may be the key to maintaining muscle mass in old age. The research was led by UEA, in collaboration with the University of Cambridge and the UEA Medicine Strangeways Research Laboratory in Cambridge Dr Richard Hayhoe, also from UEA's Norwich Medical School, said: "We studied a large sample of older Norfolk residents and found that people with the highest amounts of vitamin C in their diet or blood had the greatest estimated skeletal muscle mass, compared to those with the lowest amounts.

"We know that vitamin C consumption is linked with skeletal muscle mass. It helps defend the cells and tissues that make up the body from potentially harmful free radical substances. Unopposed these free radicals can contribute to the destruction of muscle, thus speeding up age-related decline," Lead researcher, Ailsa Welch "We found that nearly 60 per cent of men and 50 per cent of women participants were not consuming as much Vitamin C as they should, according to the European Food Safety Agency recommendations". academic.oup.com/jn/advance-article/doi/10.1093/jn/nxaa221/5897318?sea.. (27 August 2020)
www.uea.ac.uk/news/-/article/how-vitamin-c-could-help-over-50s-retain-.. ((27 August 2020)
www.nutritioninsight.com/news/vitamin-c-may-ward-off-age-related-muscl.. ((27 August 2020)

Posted On 08/30/2020

forbiddenhealing

Gui...The improved charge terrain protects oxygen, reduces lactic acidity/oxidative wear, AND maintains connective tissue sheaths and fascia that conduct e- electrons produced via piezo friction.....How can all these studies be ignored by pharmaMDs? Preposterous! "The science" is fraudulent voodoo....Nevertheless, legions of the frightened can not be convinced that anything other than network advice and university credentialed doctors could possibly work.

Posted On 08/30/2020

TruRain

I really appreciate you providing the link to the informative e-book on Hydrogen-Peroxide. Very interesting. You might suggest to others to read the bottom of Page 39, though, if taken by mouth. Thanks. Most intriguing statement of the article; "Maybe cancer is a peroxide deficiency."

Posted On 09/10/2020

forbiddenhealing

Trurain...Thanks, you did,,,alternating with Vit C should solve the problem of hydroxyl radicals in the gut and dump any lead in the peroxide solns...I don't think it is meant to be taken for extended periods and inhalation shouldn't be a prob...Mega C also releases H2O2, so.

Posted On 09/10/2020

blo7821

My husband and I just came down with Covid. We're both in our 70s. I had prepared the nebulizer solution about a month ago as Dr Mercola recommended. So glad that I did. On day 2 of symptoms, we started hydrogen peroxide nebulizer treatment. We did treatments every 2 hours. Next day symptoms were completely diminished. Thank you so very much for sharing this valuable information.

Posted On 11/09/2020

Galeforce

Any treatment that is too 'easy', that may not require treatment by a doctor, that is by nature preventative, or that might take away from Big Pharma's profits is going to be discredited by the cabal of healthcare money-makers. The Hippocratic Oath should be renamed the Hypocritical Oath, and the 'Do No Harm' mantra renamed to 'Do No Harm to My Profits'!

Posted On 08/30/2020

darnaud

Germ theory was a fraud perpetrated by Pasteur. Imagine what would happen to the Pharma Mafiocracy and the rest of the allopathic medical industry; and imagine what freedom that would give us all. It seems that we have lost the ability to think critically which does, I think, require imagination. Faced with some "truth", imagine the opposite.

Posted On 08/30/2020

TruRain

Galeforce, you and caws sure come across as jaded, which is somewhat understandable. But caws, your post's statement; "Trump had Bobby lined up to oversee what has been going on with the vaccines [to appease those who voted for him for THIS reason only]..." makes me wonder why you don't hire yourself out as a mind reader, able to know President Trump's thoughts, feelings, and intentions, even though that is not even allowed in a court of law. Yes, we all know there is corruption when it comes to large sums of money to be made, but not all the players are corrupt, and it is quite unfair to lump all players in your seemingly arrogant posts.

Right now, two of the companies in Phase III Trials for their Covid-19 vaccine candidates are not doing well. AZN is currently shut down for problems with one test individual, (that's twice, now), and Moderna can't get enough minorities to join to even begin Phase III, when, it was reported, there were problems with its Phase II Trial! When all this began, earlier this year, I came here and posted for all to watch for "Novavax." And now, I am here to tell you, after its peer review, Novavax's vaccine candidate is considered to be "Best in Class." As for me, who is one who generally avoids vaccines and prescription medicine, as I learned from my Father, who was an excellent medical doctor for over 50 years, I wouldn't begin to accept taking any vaccine other than the one from Novavax. Their vaccine is best in its efficacy and safety. And as a disclaimer, I hope to God, President Trump is re-elected!

Posted On 09/10/2020

Lovetennis

I am so grateful for this wisdom! I have mild asthma and believe nebulizing the H₂O₂ with the Lugol's iodine kept me from having a bad outcome with covid! Coughing and tightness in my chest were my first symptoms. I immediately started nebulizing and after two days, my lungs were clear with no tightness. This is genius!

Posted On 02/09/2021

bburns1955

I'm a 65 y.o. woman who has had asthma for some years, now. Until 3-4 weeks ago, I used Symbicort & Albuterol inhalers twice a day, every day. After reading/listening to this article, I did more research on Dr. Brownstein's methods, & have been nebulizing 1/2 tsp of the food grade hydrogen peroxide (diluted & mixed the way that Dr. Mercola tells in the video above) & a drop of Lugol's 2% iodine once or twice a day. My spring allergies aren't bothering me the way they usually do (I usually have asthmatic bronchitis once or twice a year, due to them) -- a coworker asked today what I'm doing differently, she said, "You used to get sick all the time!" AND I no longer hear/feel a rattle when I take deep breaths or when I exhale completely! I am SO GRATEFUL for Dr. Mercola, & for Dr. Brownstein, who get to the TRUTH & who pass that truth on to us! I hope to never have to buy those inhalers again!

Posted On 03/29/2021

MarcusSpeer

it's not just the USA - certainly in the UK, there is very little talk and even less action on getting people to have healthy diets and to supplement with vitamins and minerals to support a healthy immune system - when I have commented on The Guardian newspaper website about supporting the immune system by reducing the consumption of alcohol and junk food and basically eating more healthy foods high in those vitamins and minerals mentioned above - and by getting out in the sun regularly, my post has been deleted for not complying with community standards - it is absolutely shocking - censorship is in full flow!

Posted On 08/30/2020

Jackieh1965

MARCUS ditto. I too find that here in the UK the majority of people just do not want to hear any alternatives to the mainstream narrative. I don't participate anymore, sick of being called a tin foil hatter or conspiracy theorist, to the point of outright bullying, so I've decided to let them get on with it. I can understand why perhaps many people don't believe 'alternative' information given the amount of censoring going on. I've even noticed that comments have been taken away from quite a few of public forums, which further cuts down information sharing. That said, however, if people prefer to just 'put down' and 'dismiss' information which goes against their worldview then I will step back and let them be.

Posted On 08/30/2020

NewlandsWanderer

A brilliant link here to an article about the VERY unreliable PCR test which is being used in most countries. The article quotes the inventor Kerry Mullis. Incidentally, the writer of this expose, Celia Farber comments that "The reason Bill Gates wants you to believe that the Corona virus will exterminate over 450 million people is because he hates Nature, God and You. Why is that? You will have to ask his psychiatrist!" uncoverdc.com/2020/04/07/was-the-covid-19-test-meant-to-detect-a-virus..

Posted On 08/30/2020

Guillermou

Thanks NW, interesting link. We are dominated by the ignorant and unscientific stance presided over by the corrupt, pro-business, lucrative and biased pseudoscience of Big Vaccine / Gates / Fauci, the pro-business "bought" bureaucrats of the NIH / CDC / NIAID / WHO / FDA and the obedient Departments of Health state and local who appear to be simply CDC lap dogs. False-positive PCR tests that prepare The actions of the already wealthy keep them in the Gates / Fauci coalition group that is fulfilling the World Economic Forum's globalist agenda of forced vaccinations and forced closures, which are killing intentionally personal freedoms and competitors of small businesses and wants to culminate in us, treating us like sheep of a herd that must be immunized with the venom of the snake

Many important science-based, vaccinology-literate articles and interviews can be found on Robert Kennedy, Jr's Children's Health Defense website at: childrenshealthdefense.org . And, equally importantly, I highly recommend watching the interviews on Del Bigtree's HighWire program. They can be accessed at <https://thehighwire.com> .

Posted On 08/30/2020

rrealrose

Yes the pcr test was never intended for this purpose, is totally unreliable, so we have no idea what's going on, or do we NewlandsWanderer, ok by me if you consider this payback for trolling you onto SciAm Mag and finding more details from Dr. Michael Hollick, an endocrinologist on D3: Late last night, found Del Bigtree interviewing David Martin PhD, the bowtie guy in the movie Plandemic 2. Had checked out Brian Rose's interview with the documentary filmmaker Mikki Willis, which was good; however, still had no idea who the main protagonist in the movie was, with a bow tie and a lot of critical information about patent positions and other govt positioning. This medical/legal/patent background crosses over, not many people have both, and can also explain situations so clearly...ready for this? starts a little past 1 hr in to the "fact-checking flip-flopping" program, be sure to hang on til the end: thehighwire.com/.../covid-19-fact-checking-flip-flopping

Posted On 08/30/2020

AlexJAzar

Gates hates God because he wants to be God. Just like Lucifer. "I will be like the Most High". It is mankind's original sin and the reason for mankind's fall from the Grace of God. We are ultimately in a spiritual war from the beginning of time.

Posted On 09/10/2020

HealingMindN

"We want a randomized controlled study..." OK then. Why don't they do it? Do they want the front line doctors out there to do all the extra heavy lifting for them? And why the FTC? Why not the AMA, CDC, NIH, or whatever other BS taking all the data into consideration to do all the randomized controlled studies? In the USA, we are supposed to have freedom of choice, no?

Posted On 08/30/2020

ICONOCLAST

Freedom of choice against the "corruptocracy"? No. Sorry it is so sad, mad, and bad.

Posted On 08/30/2020

JDFree

Hey HMN..... The operative word is "Supposed".....Most folks in America are in a self-induced coma. Following edicts from politicians that are to chicken *** to take a stand...well, not all of them but I live in NYC so my sentiment is slightly tainted. During colonial times these leaders would have been tarred and feathered but today everyone has their heads/minds buried elsewhere....You can figure out the "elsewhere" part. It's a tough fight but one we can win if we remain diligent and united. JD Free

Posted On 08/30/2020

darnaud

Easy answer, because they have the power to do it.

Posted On 08/30/2020

Dordee

because an accepted study would not go along with their goals for world dominance.

Posted On 08/30/2020

balhawk

Really is medicine the only area in which RESULTS don't count? Unless healing is NOT the desired result... Add it up.

Posted On 09/13/2020

dude01

The Isolated quote says a lot. "There are cheap and effective ways to treat patients suffering from [COVID-19], and we should be studying this. We should be allowed to report on it, and we should be allowed to study it. [If we were], we wouldn't have the travesty that's happened to our country." ~ Dr. Brownstein. It makes me think of how those doctors who recently stood collectively along with a member of Congress in Washington DC, and shared their successes and views in working with hydroxychloroquine . What did they get for trying to help people during this so called crisis? They were belittled by the media. They were removed from web sites. And some of them actually lost their jobs. If that doesn't tell people that those in power are trying to slick us all into a false trap, then I don't know what will.

Posted On 08/30/2020

Cabochon

“What about the next virus that comes around”. What indeed? And will it “come around” by accident or by design? Do we just wait like frightened rabbits caught in the car headlights for Plandemic Mark 2 to finish the job of the first one or do we start taking control of our health and that of the next generation by asking questions of those in powerful positions, distributing information to friends and family and others in our social atom or “sphere of influence”. I will be happy to buy multiple copies of Dr Brownstein’s book on COVID-19 and distribute it to those who urgently need to know.

Meantime to write and distribute a synopsis of the plandemic, the immune system and the forces that threaten our health and freedom risks being dismissed as a conspiracy theorist but it seems the only option. This would have to include references to the impact of junk food, vaccination, 5G and technocracies, glyphosate and the chemicalisation of planet earth. Interesting how the best form of defence is attack. The real conspirators are getting away with it by ensuring that the informed minority are labelled ‘conspiracy theorists’ aka, ‘fruit cakes and nut jobs’ or other phrases in common use to silence those who do not accept the ‘Ministry of Truth’ version of events.

Posted On 08/30/2020

ICONOCLAST

The truth is too shocking for most people to comprehend. Like the dissonance of Prokofiev’s Dance of The Knights. Thanks for that Cabochon. A gem !

Posted On 08/31/2020

Dordee

and how long before they open concentration camps for all us conspiracist, fruitcakes? it amazes me how many supposed intelligent people swallow their lies, do not try to find the truth for themselves.

when i was diagnosed with perpherial T-cell lymphoma in 2000, i did the chemo thing. my oncologist is one of the top 4 in the country. 4 different chemos did no good, back to 3 months. i asked her if they at least slowed it down . she said no, not one bit. from beginning i turned to God, my chiropracter who is holistic for help, she first prayed and thyen started me on vitamins, minerals. one year later i went into remission. dr said maybe God had plans for me that we did not know about.

i also went organic as much as possible, adding organic sources as i found them. started drinking raw milk, grass fed. now at 80 i am still doing well except for a couple of times i did not look where i was going and fell breaking an arm each time. did have aortic valve replaced because as dr. said "you got old". did tavr procedure because was in and out of hospital in 3 days. i have had no vaccinations since 2000 and no colds, flu or pneumonia. there are too many people on this planet. seems logical they would have a plandemic or two to decrease the number of people so they could enjoy the world better. but yet, one of my friends is ggoing to get the vaccine so she can eat out at restaurants and play maj. she cannot see the trees for the forests.

Posted On 09/13/2020

balhawk

Ah, but they can't stop people from finding, out, and the sicker people get, the more they will come to see just who are the real nutjobs. Way to go, Dordee! Many more will follow in your footsteps, but alas, not all with the same success if they find out too late.

Posted On 09/13/2020

bodyreflexion1

Just finished order this order because previous one required doctor approval prior to ship, so cancelled and ordered this model that hopefully is the correct one suggested (note: accidentally ordered the portable one by mistake and CS person picked up on first ring and cancelled order immediately. Nebula nebulology.com/collections/build-your-own-kit/products/pari-vios-pro-neb.. Adult mask for nebula nebulology.com/collections/build-your-own-kit/products/pari-lc-adult-aer.. Also...I have been a huge (silent) fan of Doc Mercola for over a decade and have a special fondness for the comment section of late...please know you are all soooooo much appreciated!!!!!!!

Posted On 08/31/2020

vickiwadick

thank you for these links, you helped make ordering this easy!! i too enjoy the comment section just as much as the articles, i learn so much from you all!!!

Posted On 09/13/2020

pie2634

Its difficult not having your blood boiling when you know what is really happening. Its fascinating to see how things havent changed on Earth since the French Revolution, the American Revolution and the Russian Revolution. All were failures. That is my conclusion about USA, specially when I think about Wall Street mafia and their control on healthcare and their crimes. It is inadmissible that a simple therapy like hydrogen peroxide, vitamin C, ozone, hydrochloroquine and zinc are CENSURED by these crimnals from the US government. Washington DC should be closed for good.

Posted On 08/30/2020

Dordee

BUT STILL WE ALLOW IT! i have friends who believe Dr. Mercola and those like him are quakes, radicals NOT to be listened to. delete when i forward to them. i think it is too hard to think for themselves, easier to let someone else think for them and tell them what to do. Hitler had family, friends spying on people and reporting to gestapo. not to far away, we need to be on guard. i would rather live alone in the wilderness than the society of today. as to the real treatments, can they get a patent on sunshine for vitamin D, C? can they charge outrageous amounts for them?

Posted On 09/13/2020

balhawk

Right! Our Founders based our nation on the concept that a government that does not serve us, the people, deserves to be ABOLISHED, and it's past time to do this, and REALLY boot out the bums.

Posted On 09/13/2020

Lotek

An interesting fact that I haven't seen here is that low levels of hydrogen peroxide exist in outdoor air, and it acts as a primary limiter of pathogens in the atmosphere. This is apparently why viruses don't float around forever and infect us from the air we breathe outdoors. We know now that respiratory viruses spread indoors, that they spread when the air is dry, that hydrogen peroxide destroys them, also that UV light destroys them. Knowing this, why can't building air handling systems be certified as virus limiting, giving businesses an incentive to retrofit their systems and allowing theaters, restaurants and bars a way to reopen safely?

Posted On 08/30/2020

rrealrose

Because taxpayer funds are being used for "the vaccine race worldwide" - priorities in upsidedown land are usually upside down!

Posted On 08/30/2020

Dordee

BECAUSE PEOPLE WOULD NOT GET SICK, REQUIRE TREATMENT OR DIE.

Posted On 09/13/2020

JGB123

A very good question for Big Pharma and our government. They truly are dispicable.

Posted On 10/04/2020

forbiddenhealing

forbiddenknowledgetv.net/david-ickes-speech-at-the-unite-for-freedom-r..

Posted On 08/30/2020

00

thanks forbiddenhealing..... great video!! inspiring! will help pass it on
forbiddenknowledgetv.net/david-ickes-speech-at-the-unite-for-freedom-r..
forbiddenknowledgetv.net/david-ickes-speech-at-the-unite-for-freedom-r..

Posted On 08/30/2020

balhawk

Very inspiring, thanks! It only takes a broken connection to disable a circuit, and about 10-20% of us to stand firm, and the jig is up for these fascists. Another question: All these gigantic demonstrations of people without masks, crammed together, and WHERE are all the massive numbers of COVID deaths?

Posted On 09/13/2020

rrealrose

Ok, so Chevron (and Exxon) run the EPA, Merck and Pfizer controls the FDA, who or what controls the FTC?

Posted On 08/30/2020

Guillermou

Hi ROSE. “ Revolving door conflicts are rampant at the U.S. Federal Trade Commission, where most top officials become lobbyists and lawyers representing major technology companies when they leave – or bring Big Tech conflicts with them when they arrive to work at the agency. Public Citizen found that just over 75 percent of top FTC officials (31 out of 41) over the past two decades have either left the agency to serve corporate interests confronting FTC issues, joined the agency after serving corporate interests on these issues, or both. More than 60 percent of the officials studied (26 out of 41) have revolving door conflicts of interest involving work on behalf of the technology sector”.

The study found that more than 60 percent of these officials had direct financial conflicts of interest with their supervisory roles from their former or subsequent employers. Once officials leave government and enter the private sector, regulators can often be found writing editorials or giving speeches supporting the positions of their corporate clients without disclosing their new financial conflicts of interest. The United States government often does not hold giant corporations accountable for misbehavior, thanks in large part to the “revolving door” between posh positions like corporate lobbyists or lawyers, and key government positions that present conflicts of interest.
www.citizen.org/article/ftc-big-tech-revolving-door-problem-report/?eT..

Posted On 08/30/2020

yogadhar

The FTC is headed by Ajit Pai (trump appointee) and former verizon guy. As soon a Ajit Pai got into power, he issued an order making it practically impossible for cities and states to stop the rollout of 5G cell installations, thus furthering Trump's plans to send more radiation into our brains and bodies Also, Trump's minions went to a congressional hearing and announced that they will roll out 5G with NO safety safety studies being done, nor will they ever do any

Posted On 08/30/2020

rrealrose

yogadhar - Thanks! Have had little background (or time) to follow FTC's activities, after watching that often viewed Congressional hearing snippet in which Sen Richard Blumenthal from CT asks industry representatives about human safety trials for 5G, and receives no answer, so the assumption is no! Hi Gui, this is longstanding, the issue is certain mega-corporations tend to dominate each agency, pushing their corporate agenda down to us little people. In this case (above), my guess is the FDA may have contacted the FTC to get this information off the internet. That may only take a phonecall across town in Washington DC.

Posted On 08/30/2020

Guillermou

Also, Ajit Pai, of Republican political affiliation, never hid his opposition to the regulations to protect the neutrality of the internet imposed during the administration of the previous Democratic president, Barack Obama. The president of the FTC was always an open opponent of the imposed regulations. His appointment to head of the commission was praised by prestigious capital and market publications such as Forbes, who wrote, his leadership at the FTC was "very good news for technology companies in Silicon Valley and the internet ecosystem." Neutrality activists recall that Pai, when he worked for Verizon. "We need to turn on the scrubber to remove all those rules that are holding back investment, innovation and job creation." "Pai's past is an obvious conflict of interest and the motivation behind this move. Verizon, one of the largest telecommunications companies in the world, will benefit greatly from the loss of net neutrality.

www.theguardian.com/technology/2017/dec/07/net-neutrality-fcc-ajit-pai

www.bbc.com/.../technology-42348041

Posted On 08/30/2020

rrealrose

Lets get this straight: the FTC is the Federal Trade Commission, they work with consumer fraud. The FCC is the Federal Communication Commission, they worked out how to install 5G while we were all on lockdown!

Posted On 08/30/2020

Classical_Learner

SO VERY EXCITED to see Dr. Brownstein and Dr. Mercola together! I am telling everyone who will listen about this!

Posted On 08/30/2020

ICONOCLAST

Dr David Brownstein. A good name and well known to me. Also I hope this may be useful. Madison Kavanaugh. "The One Minute Cure"

Posted On 08/30/2020

oceansplash

Looks like a good read! Just bought a copy off eBay. Thanks!

Posted On 08/30/2020

aclark

I'm glad you mentioned "The One Minute Cure". I have been using this method of ingesting food grade hydrogen peroxide, diluted in distilled water, for over a year and am wondering if this is an alternative to nebulizing it. I was diagnosed with breast cancer a year ago and began this regimen. That, along with IV vitamin C greatly improved the outcome. I required no chemo and give credit to the H/P and vitamin C. Does anyone know if the "One Minute Cure" method is also a suitable substitute for nebulizing H/P in fighting the Covid 19 virus as well?

Posted On 08/30/2020

k1f0110

Thank you very much Dr Mercola for this article. Your video was very helpful in putting the solution together. I am asthmatic and work in healthcare. I was exposed to 2 COVID19 patients last week. I had already had a nebulizer and went ahead and got all the supplies I needed ahead of time. When I started coughing this morning I put the solution together and did a treatment. I have been so worried about catching Covid19 from a patient but now I am less fearful knowing I can do this treatment. Thank you so much.

Posted On 11/22/2020

BigKahuna27

I have been utilizing / prescribing Food Grade 35% Hydrogen Peroxide for the past five decades. It is phenomenal. Always completely Effective as it brings about Healing quickly and thoroughly with no negative side effects / no downside. It is inexpensive, so of course, it does not fit into big-pharma's and big-med's plans. I found it to be wonderful both when taken orally or used in an IV. Depends on one's needs; works great both ways!! Get some for yourself. Keep it on hand. Be safe. Be well.

Posted On 09/13/2020

cupofjava123

Thank you Dr. Mercola and Dr. David Brownstein for your bravery and persistence. I love you both! I am sharing this with my family and those of my friends who are receptive to this kind of information.

Posted On 09/13/2020

CokeCola777

COVID 19: A PANDEMIC OF MEDIA LIES! I contacted a funeral director and asked him was 2020 funerals busier than 2019? "Same old, same old." No difference! Now, all of YOU go and ask funeral directors the same question! IF? If you were to believe the MEDIA, the crematories are as busy as Auswitch's crematories and the graveyards are full to the gates! Check it out! It's ANOTHER False Flag! Rockefeller did the Spanish Flu and they did COVID 19. SCENARIOS FOR THE FUTURE OF TECHNOLOGY AND INTERNATIONAL DEVELOPMENT 2010 by The Rockefeller Foundation an Global Business Network May 2010 SCENARIO NARRATIVES LOCK STEP A world of tighter top-down government control and more authoritarian leadership, with limited innovation and growing citizen pushback In 2012, the pandemic that the world had been anticipating for years finally hit. Unlike 2009's H1N1, this new influenza strain - originating from wild geese - was extremely virulent and deadly. THEY WANT TO CULL "THE HERD" & NEED A VACCINE TO DO IT! GATE'S DADDY WAS AN EUGENICIST & SO IS HE!

Posted On 09/13/2020

BiomedMom1

Yes ... I have several family members who are funeral directors and it's business as usual.

Posted On 09/13/2020

cameo97

I live in Detroit and a close relative works for a funeral home company. They were extremely busy when the first wave hit and are again now. Morgues were full and they couldn't keep up. This is fact. Stop spreading misinformation. People should be heading what they see on the news instead of proclaiming that it's fake. Other states had months to prepare but chose to dismiss it and are now, or will be in a few weeks, experiencing the same elevated death rates.

Posted On 11/21/2020

zan7772

"Cheap and effective treatment" is Big Pharma's worst nightmare.

Posted On 08/31/2020

lordbasil

In today's world, modern medicine controls everything in partnership with the drug industry. If Jesus cured people today, he would be arrested for practicing medicine without a license, possibly by the FDA agency. What is wrong is a lot of doctors can cure things IF and WHEN they go outside the manual of approved cures authored by the FDA. To do so risks losing their license to practice medicine and the AMA and the FDA are guilty as charged of doing so. The way to hell is paved with good intentions and the agency had good intentions at one time. Like all bureaus of government it has since become about money. Our ancestors were well aware of bureaus in Europe and England. A lot of them had personal experience with being placed in jail then exported to the colonies often as indentured servants with no hope of freedom except to become lost in the western wilderness.

These educated aristocrats in the colonies formed this nation with the idea that no government was better than any government and the Constitution reflects this belief. How far we have come from that simple concept. The winner of course was the Republican/Democrat party that has since removed any concept of independent political parties competing to give us the best leadership possible. Thus at the state level it is unlikely for independent political parties to actual get elected and control the Congress.

I leave the decisions of modern medicine to those qualified to judge it which I am not qualified. However, when I mentioned alternate medicine in a hospital two years ago, I thought the young lady doctor was going to have a stroke she was that fearful of going beyond the prescribed cures set up by the FDA and enforced by removal of licenses of anyone not following those standard operating procedures. WE are to blame. WE as a people allowed the lawyers to provide a dictatorship and monopoly on medicine to one specific group(the AMA). And it was all done with the good intention of keeping quacks out

Posted On 08/30/2020

jenream21@gmail.com

So grateful for docs like Dr. Brownstein who are smart and courageous! I reside in Mi and was following his blog until it was shut down. Thanks Dr. Mercola for sharing on your platform as well!

Posted On 08/30/2020

procto1

Fantastic interview!!! I have followed both of you for a very long time and I use many of your supplements. Thank you for getting the truth out.

Posted On 10/12/2020

sco3869

I appreciate this work Dr. Mercola. I downloaded an article you posted on this site titled "An At-Home Treatment That Can Cure Any Virus, Including Coronavirus". In that article it said the following, "For most adults, the 3% concentration can be utilized in the nebulization chamber undiluted." I tried this and it certainly is not comfortable. I will retry at the 0.1% level.

Posted On 09/15/2020

rossagee

Dr. Brownstein isn't the only one getting threats from FTC, other docs and clinics using these methods successfully are being told they will be shut down if they persist. We were informed by my wife's doc (who is brilliant and hasn't lost a single covid patient) that his clinic has received the "cease and desist" order because he is using "unapproved" treatments. He says he is aware of over 1000 doctors who have been threatened like this. These are licensed, practicing M.D.'s but apparently FTC and FDA are now taking over the practice of medicine in all respects and are intent on banning any treatment that is not a patent drug or vaccine from the pharamafia. The only other way to interpret this is they want people to be sick and die.

Posted On 09/13/2020

Dordee

YES!!!! it would almost seem they are trying to reduce the world population via "treatment". Of course, most people who cannot afford or know about) alternative treatment are poor (undesirables) in their opinion. Thoughts of Hitler eliminating all but "pure" arian or disabled peoples run through my head. according to a friend who lived thru this, he started out as a good guy, began brainwashing german people to believe his opinions and then when they began to resist, add them to the kill list. My friend escaped thru underground after her husband was shot by gestapto. I truly fear those who say they are doing for the good of people BUT SILENCE THOSE WHO SPEAK AGAINST THEM. the fda and epa are getting paid to push big pharma and corporations so i do not trust anything they say or do. Monsanto poisons our food , land and water, but is still allowed to sell their poisons. other countries ban Monsanto. it would seem we will tolerate anything that makes life "easier", makes us look younger. we must regain control of our lives, be able to treat illness as we wish, not as TOLD to. to some, Dr. Mercola may be a radical, but to me he is one of only few who are sane.

Posted On 09/13/2020

balhawk

There is no other interpretation that adds up besides profiteering. If the pharmafia can't make billions from it, they want to make damn sure people don't know about it.

Posted On 09/13/2020

Maritt

The clock is ticking. Brits have got just over a week to send their responses via an online consultation form that is gathering public and vaccine industry opinions over the biggest changes to UK medicines law in over half a century. The changes are a double act that aims to on-board EU laws as part of the Brexit legislative reform while also giving Boris Johnson and his government the chance to rollout the biggest mass vaccination programme in British history. Based on, in our view, faulty premises.

To help our supporters and others with their own responses, we've put our draft response up on our website. We've made a video that we'd dearly love you to share with as many people as you can – to help get as many responses as possible from British citizens and residents. It's very, very important that our democratic voice is heard, in a society in which almost every day appears to see some additional freedom being lost. Please, please, please invest a little time in the next few days to get this out as far and wide as you can. As we say in the video – have your say now, don't regret it later.

www.anhinternational.org/news/uk-law-changes-for-covid-19-mass-vaccina..

Posted On 09/13/2020

Truth71

Ok, I'm confused the article gives an antidote of a man w/ late stage respiratory problems who was sent home to die. Once home he nebulized hydrogen peroxide and began to recover. So my question is can this therapy be used in late stage infections or not?

Posted On 09/13/2020

sel4949

I read and re-read this article. I have been dealing with asthma and allergies since fall 2013. I'm sure I was having symptoms prior to this time. I moved from FL to NC in 2013. It all started with a cough that would not go away. I went to healer. That would help for a few days. Eventually I succumbed to the use of prescription medications. I had several severe asthma attacks, one of which almost ended my life. I have been searching for something to help get me off or at least lessen the use of medications. Especially since at least one can culminate in COPD.

Yesterday I started using the hydrogen peroxide nebulized. Today I have not felt the need to use any nebulized medication for the 1st time in a couple months!

I also had a sinus infection flare up about a month ago. Of course the treatment is antibiotics. Now that I am using this treatment I am hoping that I may not end up on antibiotics again.

Thank you so much for providing this information. I am an avid reader and will continue to consume your articles and pass them on to family and friends.

Posted On 09/11/2020

cameo97

Please check out "We can breathe again: The Discovery of a natural therapy for asthma" by Machi Mannu. It's written by a doctor with asthma who's had great personal and professional results nebulizing glutathione and colloidal silver (20ppm) as an asthma treatment.

Posted On 11/21/2020

bel7777

Can you tell me which desk top nebulizer would you recommend? The exact recipe would nice if you could include it.

Posted On 09/10/2020

Bigjohng1

I too hope I'm nebulizing correctly, my wife and I are having a hard time getting over covid 3 weeks with it now.. our dr. is not much help so I've been here trying to see what I can do. We are taking our vitamins and trying to keto . I boiled some filtered water for 15min., added some salt to it to make a saline. I got a nebulizer on Amazon , food grade hydrogen peroxide and the Lugols iodine. Did not know exact amounts to use, my best guess did 2 treatments today we do feel a little better.

Posted On 08/31/2020

jdweldy

The doctor's methods of treatment actually inherently includes a randomized population since before his patients became sick they were part of a population belonging to people who were not infected. The FTC is infavor of killing people for testing studies.

Posted On 08/31/2020

poplegendpop

Hydrogen peroxide freely crosses cell membranes and does not readily oxidize biological molecules, including lipids and proteins.³ It does however react with iron. The presence of free, unbound iron in high concentrations in pathogens is what allows them to be selectively targeted by hydrogen peroxide. Pathogens, SELECTIVELY targeted. Our bodies produce H₂O₂, it does not attack the good bacteria.

Posted On 08/30/2020

zan7772

Your comment about free unbound iron just made me realize that maybe that's why hemoglobin is being damaged and unable to carry oxygen. According to the ROOT CAUSE PROTOCOL created by Magnesium Man, free unbound iron results from lack of preformed vitamin A (retinol) and lack of bioavailable copper. Unbound iron wreaks havoc because its highly oxidative and when combined with oxygen turns into literal rust. This novel virus just seems to be taking advantage of a cardiovascular system that was already rotting to begin with.

Posted On 08/31/2020

TWS500

I found food grade H2O2 at: <https://safeandcleanH2O2.com>

Posted On 08/30/2020

nmelimont90yahoo.com

This is another option. www.myotcstore.com/store/p/52969-Essential-Oxygen-3-Food-Grade-Hydroge.. I'm not clear if using this FGHP, as is, in the nebulizer would be correct. Is it necessary to mix differently or would this work okay?

Posted On 08/31/2020

Maritt

Here are Dr Brownstein's research documents: 1) cf5e727d-d02d-4d71-89ff-9fe2d3ad957f.filesusr.com/ugd/adf864_cc5004cfa.. 2) cf5e727d-d02d-4d71-89ff-9fe2d3ad957f.filesusr.com/ugd/adf864_70a18d9a2.. 3) <https://www.publichealthpolicyjournal.com/clinical-and-translational-research> (www.publichealthpolicyjournal.com - click Clinical & Translational Research)

Posted On 08/30/2020

00

Speaking of your immune system.... I have a friend who says her immune system is attacking her breast implants.... then it went crazy and is attacking her thyroid and "everything". She is 55. I understand 400,000 women get implants a year, and what about all the other replacement parts we can get ~ hips, knees... Don't mess with mother nature. Dr Brownstein is another gift in life.

Posted On 08/30/2020

rrealrose

00, Better known issue with the newer batch of rough surfaces on silicone implants creating a surface where microbes and bacteria can flourish. Some young fashionista publicised what happened to her all over facebook, she did no research going into this augmentation and eventually got so sick, had to have hers removed. As numbers climbed, the FDA finally got involved, seems many women are now getting pricey add-ons taken out, due to myriad varieties of reactions.

Posted On 08/30/2020

00

realrose, yes my friend is getting hers out, a traumatic situation. What will happen to the immune system now??? Does anyone do the research? doubtful, your friends are getting them, you get caught up... kinda like the mask, people just believe whatever the fad is. Glad I like being slim - everywhere. I just now wonder about all the implants people get... as there are cures for joints without the implants... take glucosamine hydrochlorite, NO chondroitin, it kills the glucosamine.

Posted On 08/30/2020

rrealrose

Ideally, not put these in to begin with. There may be support groups online, as most detox protocols were not developed for this, and the concept of using anything strong for an already bad situation, could further aggravate.

Posted On 08/30/2020

sus4242

So true. My daughter had her implants removed because of Breast Implant Illness. It certainly has helped because she was bedridden. Not any more. Last year a doctor prescribed Montelukast / Singular. It has a black box warning and we didn't know. Almost killed her. She has lasting side affects including chronic sinusitis. She only took it for 6 days. Almost committed suicide. I am hoping that nebulizing will help.

Posted On 02/09/2021

mar4442

I know much about hydrogen peroxide, but not so much from a medical point of view. I have known about using hydrogen peroxide since 1990, for which I met one person who was using food grade hydrogen peroxide to treat her MS, and kept it at bay. As one can see from the article, we may not be getting enough vitamin C to allow our bodies to produce the hydrogen peroxide to prevent diseases from happening in the first place.

My understanding is that the FDA had all the health food stores remove all the hydrogen peroxide from their shelves back in 1998. However, the health food stores came up with an alternative that is about 7 percent hydrogen peroxide that is used in bathwater, but we know what it is really used for, wink, wink. Why did the FDA have the food grade hydrogen peroxide removed? Because they knew it was helping people, but if anyone understands the workings of the FDA, it is corrupted with former executives of Big Pharma. The FDA is an administration, which means any law they produce is "administrative law," which has no bearing on our Constitution, for which our Constitution gave us the free choice to have whatever we want, as long as it does no harm, or infringes upon the rights of others. The only reason the FDA was formed is because of all the snake oils being sold by unscrupulous people who were only out to make a buck. But just like any bureaucracy, they circumvent the law-making body of Congress.

If you want the 35% food grade hydrogen peroxide we used to buy in the health food stores, it is available through your farm supply stores--why--because that is what the dairy farmers use to clean the utters on the cows before milking them. Mind you, this extremely high concentration of hydrogen peroxide must be diluted at least 100 parts water to one part hydrogen peroxide. I do not have the particulars at hand, so I suggest researching it out to find the proper dilutions. As far as the law is concerned, that is my research speciality for 25 years.

Posted On 08/30/2020

skupe59

The FDA doesn't approve of any holistic remedies as they don't make money for Pharma.

Posted On 08/30/2020

car2924

Could someone please confirm the HP solution Dr. Mercola made in the video is stable and can be safely stored in a fridge? He has mentioned a year, but what would the real expiration date be on such medication?

Posted On 04/05/2021

robgold

thank you, this video is so appreciated. In his book, A Holistic Approach to Viruses, Dr. Brownstein says that he uses 3% food grade Hydrogen Peroxide. In this video you show 12% food grade. Which should be used??

Posted On 03/31/2021

car2924

You can use either, as long as you dilute to the desired level of concentration of 0.1%. Follow the chart.

Posted On 04/05/2021

kc9dch

Hello, To make saline, I understand that I need 1 tsp Himalayan Salt per 16oz distilled water. However, I don't want to make 16 oz of saline solution. I only want to make about 2oz or 4oz. of saline at a time.

Would this be correct? To Make Saline:

2oz saline= 2oz distilled water +1/8 tsp Himalayan Salt

4oz saline= 4oz distilled water + 1/4 tsp Himalayan Salt

8oz saline= 8oz distilled water + 1/2 tsp Himalayan Salt

16oz saline= 16oz distilled water + 1 tsp Himalayan Salt

To Make 0.1% Saline/Peroxide Concentration:

7.25tsp saline = approximately 1.2oz saline (round down to 1oz saline)

1oz saline + 1/4 tsp 3% Food Grade Hydrogen Peroxide 0.1% Concentration

2oz= 2oz saline + .75 tsp 3% Food Grade Hydrogen Peroxide

4oz= 4oz saline + 1 1/2 tsp 3% Food Grade Hydrogen Peroxide

8oz= 8oz saline + 3tsp 3% Food Grade Hydrogen Peroxide

16oz= 16oz saline + 6tsp 3% Food Grade Hydrogen Peroxide

I don't know why I am so confused. I think I am reading into it WAY too much. Lol!

Posted On 03/13/2021

bburns1955

That confuses me too, lol. I just made up a pint, like Dr. Mercola shows in the video. It'll last about 3 months in the fridge.

Posted On 03/29/2021

akb7582

I mentioned below that my daughter used Dr. Brownstein's protocol and had tremendous results with it. Hopefully someone may be a night owl like me, and can answer this question: she just found out she's expecting her first child in September and is wondering if she can still use this protocol for a sore throat and other general cold/sinus symptoms? Any ideas? Thank you!

Posted On 02/14/2021

Dr. Mercola

Hydrogen peroxide is something your body makes constantly. Your concern about pregnancy is valid, as most health interventions you need to be cautious. But there is no evidence that suggests there is any concern with nebulized peroxide during pregnancy as long as you are using the correct dose of 0.1%. It is possible that higher doses may be a problem, but unlikely. More importantly it will be vital to a healthy pregnancy to make sure your daughter has a vitamin D level between 60 and 80 ng/ml. Make sure she gets her blood level tested. This will also help prevent COVID and any other viral infections.

Posted On 02/15/2021

kreidlingerhotmail.com

Could you please tell me (as there are so many places to get this) where you would suggest purchasing Food Grade Hydrogen Peroxide Drug store? Amazon ...feels not safe? If I'm inhaling into my lungs - I would like to know. Thank you

Posted On 02/02/2021

Amazon

Posted On 02/05/2021

akb7582

I purchased it at Whole Foods, I'd never buy this on Amazon for a couple of reasons. I'll never buy anything on there that I have to use on my skin or ingest because you never know if it's been tampered with ie: watered down ... and I'm one of those people who refuses to support Bezos with any more purchases.

Posted On 02/14/2021

allielov5

I may have contracted Covid19 a week ago Wednesday. A week ago Thursday night I experienced about a 50% shortness of breath. I nearly went to the ER but then remembered a video I watched on thehighwire.com where a doctor treated patients with mega doses of vitamin c, until diarrhea occurred. I took over 150k mg of vitamin c, til I got diarrhea and voila my shortness of breath disappeared within 2 hours (my breath went to 80% after about 50k mg of vitamin c). I am 46 and as far as I know have no underlying conditions. By Saturday of last week I felt recovered (so was sick for just 3 days) though I'm still spitting up mucous and still feel some mucous in my brain and lungs. My breath is great though. Whatever I had seemed to aggravate the "worry" part of my brain. That has improved though. If I were in charge, we'd have no lockdowns and masks would be a personal choice (I don't think they do much but harm the wearer's health). Hydroxychloroquin would be easily prescribed or even available OTC. The mega vitamin c dose would be made common knowledge, along with nebulized peroxide and more. We wouldn't push testing and contact tracing but encourage the sick to self-quarantine. Covid19 vaccines would never be mandated. My 17 year old daughter got sick for 3 days but had no shortness of breath. My husband and son did not get sick. I am self-quarantining for 20 days.

Posted On 11/20/2020

dfneville

Thank you for article and video. I have also read about drinking h2O2 with water - a few drops of food grade in a 12 ounce glass. Thoughts on potential benefits? Thanks

Posted On 09/17/2020

balhawk

The FTC's "randomized controlled study" just goes to show what the hogwash they call "peer-reviewed scientific study" is about: more like "Pre-rigged unscientific chicanery". As if perfect results have no value. Bollocks, they can go to hell.

Posted On 09/13/2020

chris2244

Thank you Dr. Mercola for saving lives while sharing extremely important resources! Interesting that you mention insulin resistance and correlation with covid. Only slowly some dots are being connected in regard to this 'new virus'. Covid-19 like no other SARS/MERS, 'received' a furin cleavage site (RARR) which requires furin to cut through in order to separate the S1 and S2 domains of SPIKE and activate viral replication. The very same furin is also needed for degradation of misfolded proteins, like in case of insulin resistance. The same furin can activate the Anthrax toxin, and is involved with infectious HIV...

The very same furin is critically important (in a rate limiting fashion) for growth factors and their activation, like nerve growth factor! Without furin human body will develop chronic fatigue syndrome(ask Dr. Mikovits), furin activates parathyroid hormone, without it all reproductive organs will malfunction, it activates Van Willebrand Factor (skin issues, saliva), it activates effector T-cells, suppressor T-cells an possible so much more, because when looking at human genome one will find furin cleavage sites in countless proteins, each with the purpose of degradation. And now imagine covid is there and it has 'exactly' the very same furin site in order to active the 'virus'..

When looking how 'furin inhibitors' work is enough to watch Scott Millers movie "Vaccine syndrom" showing countless soldiers dead, hurt for life (will be shown today for free 9/13 in Vaccines Revealed!!) after their anthrax vaccine. I do not believe it was the 'adjuvant', possibly more important was the furin site, exactly like in HIV, exactly like in covid-19 NIH stored genome. Why in the stored genome and not in infected humans? Because nobody really proofed 100% that the humans are responsible for the covid-19 transmission.. The best person to talk to about it all though, would be Dr. Fauci, since he oversaw all these projects for so many years, with so much experience!

Posted On 09/13/2020

csj5682

Where do you purchase food grade peroxide? I have never found this and would like a reputable source.

Posted On 09/13/2020

TWS500

<https://safeandcleanH2O2.com>

Posted On 09/14/2020

madfinn

I just bought this 3 % food grade peroxide today, Sep 27, at Amazon Prime's WholeFoods site for \$12.59 for 32 oz. smile.amazon.com/gp/product/B01AW1HYIC/ref=ppx_yo_dt_b_fresh_asin_imag.. I bought a desktop nebulizer from the Health Connection website after not being able to find another site that didn't require a prescription. I couldn't find a desktop model Pari S Tek anywhere, only the portable with battery, so instead bought the PARI Vios PRO for \$89.95 and an adult mask to go with it for \$9.95 and used a coupon for \$10.00 off that I found searching coupons for the Health Connection website, also called anactivelife.com. Also had to pay shipping since I didn't have \$150 in sales for the order. I don't know if the PARI Vios is the newer version of the desktop model with the higher rate of psi pressure to match the PARI S TEK desktop model but the highest psi pressure that I saw for the PARI s TEK portable was only 34 psi.

This PARI Vios Pro has a maximum psi of 46 psi. Here is the link for the nebulizer:

www.anactivelife.com/Pari-VIOS-PRO-Nebulizer-for-heavy-usage-LC-Plus-p.. In the update video with instructions for use of the nebulizer, Dr. Mercola did not mention the addition of the 2 % Lugol's iodine. I already ordered it after reading the original article so I will go ahead and add that to the solution as well. I hope he or someone else will reply if it is no longer recommended. Good luck!

Posted On 09/27/2020

JGB123

If you are still looking, I got some online at essentialoxygen.com

Posted On 10/04/2020

machu picchu

It sounds like this holistic approach to disease could solve more problems than just Covid, pneumonia and the common cold. Last fall I came down with a severe one-sided headache that reduced me to a sniveling couch layer. Off to the neurologist (via the optometrist and the ophthalmologist) where I was extremely lucky to be diagnosed with the rare Hemicrania Continua, a permanent and debilitating condition which was diagnosed and treated with the dangerous NSAID, indomethacin. After scouring the literature I learned that I was almost stuck.

The Indo would probably destroy my digestive system, but a few cases would respond, maybe only partially, to melatonin. Oh so gingerly I added the latter in and reduced the former. That day when I dropped the Indo was very scary, but I haven't felt that headache since. The parallel approach that I used was to eat all of the foods that support the nervous system. Who knows which solved the problem? I don't really care. I am back to never getting headaches! So thank you Dr. M for all of your advices. I am still a socially distanced mask wearer because it is my motto to be a grandma for a very long time. I'll continue with this "mad" method as disease comes along.

Posted On 09/13/2020

pee5756

Wouldn't nebulized iodine be even safer for the lungs? I use this before and after traveling on public transport.

Posted On 09/13/2020

Shasha

Vit K2 may help eat up clots not just unclog blood vessels of Ca. Zn/Mg/fish oil/Vit C/Vit A/herbs/onion/garlic/mushrooms/Vit D3/sunlight/ozone and more may help infections.

Posted On 09/01/2020

farmercist

CDC quietly updated their website to say that only 6% of Covid deaths were directly attributed to Covid 19.

Posted On 08/31/2020

holbr148

Can any test or study be trusted? I think if anything this so called pandemic has showed us how flawed our system is toward the rich & powerful elites. Thanks Dr Mercola & Dr Brownstein for such info

Posted On 08/30/2020

VacDamage

Thank you people very much! There are only a few medical practitioners left who perform these kinds of life saving alternative treatments. You are blessing to us please keep up the Good work!

Posted On 08/30/2020

Cbushpilotgmail.com

Wonderful info.....I'm doing it now

Posted On 08/30/2020

johnnevinnc

Again, ozone and IV therapy - great. Try and find a way to get it. We need practical ways to get at these therapies.

Posted On 08/30/2020

edc58184

I could not find the DESKTOP model of "Pari Trek S Compressor Aerosol System", mentioned in this article, on Pari, Amazon, or Ebay web sites. Can anyone provide solution? thanks.

Posted On 08/30/2020

Dr. Mercola

Pari Trek is a desktop compressor

Posted On 08/30/2020

Ido5111

I bought the Pari Trek S Compressor Aerosol System referenced by Dr. Mercola at healthproductsforyou.com. It was less expensive there than at Amazon.

Posted On 08/30/2020

edc58184

They call it "Portable" but I see it includes: AC Adapter, 12V DC Adapter, Instructional and Deluxe Carrying Case. Deluxe includes Li-Ion rechargeable battery. Thanks

Posted On 08/30/2020

Jayyebird

I understand that you have to aerosolize hydrogen peroxide, but can you use a C-Pap machine with food grade hydrogen peroxide in the C-Pap diluted with distilled water while sleeping? Just curious. If so, what would be the protocol for this? Because I have both, a C-Pap and 12% food grade hydrogen peroxide.

Posted On 08/30/2020

PWhisler

MY exact question, too! Did you find any answer?

Posted On 02/03/2021

MiketheAngel

Became aware of Dr. Brownstein's treatment before it was outlawed. Have had the nebulizer, H2O2, saline and iodine since early May. On standby so far. On July 14 my friend stopped by to visit. We sat side-by-side at the computer for about an hour. I updated the firmware on his camera for him. He seemed fine as usual. We opened the door the whole time as it was stuffy. We used hand sanitizer at the end. He had two serious health issues, one being COPD. We discussed the virus. He was fatalistic about his chances. Three days later he felt poorly and tested positive for Covid. They wanted to put him in the hospital straight away, but he chose to go home with an oxygen concentrator. On the phone I told him about H2O2 and sent him links to everything he would need and how to do it. Back in May I had sent him a pdf of "The-One-Minute_Cure-The-Secret-to-Healing-Virtually-All-Diseases". No interest at all. While he did better at first in a few days his blood oxy level was in the low seventies. He was airlifted to a hospital with a Covid unit and put on an oxy mask several hours a day and given dexamethasone. We talked and texted. He was doing better. Then he took a turn for the worse. He was intubated and died about a week later. He lasted about a month in the hospital.

Posted On 08/30/2020

TruRain

Do you happen to have a link to "The-One-Minute_Cure-The-Secret-to-Healing-Virtually-All-Diseases?" In 2018, a doctor told me I have cancer and was to see a certain doctor about it, immediately. I told that doctor, I would give it to God to handle. It is now September of 2020, and I did not go to any doctor about this. I even wondered, if it was a scam? Hope you have that link.

Posted On 09/10/2020

MiketheAngel

www.academia.edu/9168085/The_One_Minute_Cure_The_Secret_to_Healing_Vir..

Posted On 09/10/2020

stephenf999

Dr. Max Gerson started to use a high dosage of iodine supplementation early in his therapy, probably sometime in the 1920s or 1930s. It was one of the few extra supplements he used. Of course, the large amount of organic juices and salads he recommended probably already contained considerable amounts of this element. Gerson had problems with his local or state medical review board in the 1940s or 1950s. They demanded 25 patients' studies, which he sent them. Then they demanded 125 studies, which he sent them. I haven't read about these experiences for some years, but I think the review board either backed away or demanded more studies. The nebulizers that are recommended by Drs. Brownstein and Mercola are prescription items, so you may find it difficult to obtain one without going to a doctor and convincing him/her to write you a prescription.

Posted On 08/30/2020

seastars

There are many available online w/o a prescription. I just found the one Mercola suggests on anactivelife.com. \$70 nebulizer, \$20 mask, \$10 filters.

Posted On 10/18/2020

elr1020

When I recently went to my dentist, they gave me hydrogen peroxide/water to gargle with before treatment to kill any virus in my mouth. I'm going to look into getting a nebulizer.

Posted On 08/30/2020

ldo5111

I am SO thankful for doctors like you and Dr. Brownstein who so freely give your knowledge to us! Thank you!!!! I just purchased the nebulizer you recommend and some food grade hydrogen peroxide (already have iodine). I hope the evil powers can never shut you up!

Posted On 08/30/2020

zumbacjg

Since I won't be getting the COVID-19 vaccine when & if one becomes available, this is great information, especially since it can be administered at home. I live in a rural area with plenty of farm supply stores that hopefully carry food grade H2O2. And I'm sure Amazon carries most of the ingredients. I'll have to read up on Brownstein to make sure I understand the proper ratios. I would not want to cause more harm than good to myself. One of my goals is to avoid doctors & hospitals. This treatment is right up my alley.

Posted On 08/30/2020

rflagg249

Under the FTC's own requirements of a randomized, controlled study, they must stop all use of statins. There has never been a randomized, controlled study of a statin versus a placebo. The reason they didn't was the reason this doctor stated: it would be unethical to withhold treatment from the control group. Now, you may know we've had many statin studies, and you'd be correct. Those studies were all one statin against another. So, all we get is that statin A might work better than statin B. We've never proven that a statin works better than nothing. Source: DOCTORING DATA, by Dr. Malcolm Kendrick

Posted On 08/30/2020

rrealrose

This may also apply to all vaccines, as none given to children have been placebo tested, much less highly randomized, as the numbers initially in test groups is exceedingly small. No, the FTC only does the bidding of other agencies...its a back scratching society inside the beltway.

Posted On 08/30/2020

deanna125

The CDC admits only 9200 people have died of covid in this country:
www.thegatewaypundit.com/2020/08/shock-report-week-cdc-quietly-updated..

Posted On 08/30/2020

00

deanna, Hawaii reports 24 deaths from Covid. Which is in line with your 9,200. I got it in Waikiki on Christmas Day as there were (reportedly) 5,000 Chinese a day coming and going from mainland China, my hotel was full of them and I was on the 25th floor.... the elevator had people coughing in it all day.. I remember telling my husband I couldn't breathe, I had pneumonia... so I understand people thinking they will die. I had open heart surgery just two months prior so I wasn't in the sunshine much and I was recovering, I think that's why I got it, but lots of people had it. It's totally overblown... now that we know about it there's no excuse for all the mask and other crap, if you are down then stay home, if you are fat then lose weight.

Posted On 08/30/2020

Ronald_H

This has great similarities to insightful disinfectant questions our President Donald Trump wondered out loud about possibilities in the spirit of caring that we find solutions by seeking and looking at all possibilities. There are so many alternative agendas at work on this one.

Posted On 08/30/2020

hannahrussell

I think the first virus jumped from lab to human by injection, maybe disguised as a flu inoculation and then shed in the community. The warnings about a second wave to me represent the effects of clinical trials and vaccine uptake. Not saying this is what is happening, just saying it is not impossible given what we know about the furin cleavage and patent status of the original virus group. Dark times. Any comments quoting information not in line with the narrative are being removed across all platforms and threatening the voice of people who make comments to encourage discourse. Worldwide.

Posted On 08/30/2020

maxxon

I firmly believe the Covid-19 was and is a Chinese biological warfare attack primarily aimed at the U.S. I believe the Chinese already had some form of vaccine for use by their people. I also believe China, being an evil communist country has no problem killing off millions of it's own elderly people because they have a population problem so the less mouths to feed the better. As a beta test by the CCP the Covid-19 has proven very successful. Killed millions of people without firing a single shot but more importantly really damaged the economy, world wide. America has been warned. The CCP will do whatever is necessary to achieve "world domination".

Posted On 08/30/2020

mourningwarbler

Whatever the source or intent, it was a fail. More people died of HIV/Aids in 2017. . . and probably every year. Whereas the 1958 Asian flu and the 1968 Hong Kong flu pandemics were each 3x the magnitude of COVID, with 1 million dying in each 1958 and 1968 (populations 3.0 & 3.5 billion) and not even 844,000 deaths attributed to COVID (world population of 7.8 billion).

Posted On 08/30/2020
