

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

10235-v200



DR. MERCOLA®
PREMIUM SUPPLEMENTS

ZINC plus SELENIUM

Dietary Supplement

30 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Zinc (from Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (from Selenium Yeast [<i>Saccharomyces cerevisiae</i>])	200 mcg	364%
Copper (from Copper Bisglycinate Chelate)	0.25 mg	28%

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Citric Acid, Organic Rice Extract, Organic Rice Hulls, Organic Gum Arabic, Organic Sunflower Oil

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696