SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.



## DR.MERCOLA®

## ZINC PLUS SELENIUM

30 CAPSULES

DIETARY SUPPLEMEN

## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30

	Amount Per Serving	%Daily Value
Zinc (from Zinc Bisglycinate Chelate)	15 mg	136%
Selenium [from Selenium Yeast (Saccharomyces cerevisiae)]	200 mcg	364%
Copper (from Copper Bisglycinate Chelate)	0.25 mg	28%

OTHER INGREDIENTS: Organic Rice Hull, Capsule (Hydroxypropyl Methylcellulose).

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.