

Nutrition Facts

30 servings per container

Serving size **1 scoop (5 g)**

Amount per serving
Calories

15

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 130 mg **6%**

Total Carbohydrate 3 g **1%**

Dietary Fiber 1 g **4%**

Total Sugars 0 g

Includes 0 g added Sugars **0%**

Protein 1 g

Vitamin D 0 mcg **0%**

Calcium 6 mg **0%**

Iron 0 mg **0%**

Potassium 130 mg **2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC BEET ROOT.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

CERTIFIED ORGANIC BY:
Quality Assurance International (QAI)

DR. MERCOLA®
PREMIUM NUTRITION

FERMENTED BEET POWDER

Made from organic dried beet roots, Fermented Beet Powder is a whole food source of antioxidants and nitrates. During the fermentation process the naturally occurring sugars are consumed, leaving the final product with zero grams of sugar per serving.

Consume Fermented Beet Powder before a workout, to support your fitness efforts with a nitrate-rich boost. Or, simply add a serving of Fermented Beet Powder to your daily nutrition shake for antioxidants and energy support.

SUGGESTED USE: Adults, mix one (1) scoop (5 g) with 8 oz. of water or other beverage until desired consistency is reached.

**DO NOT USE IF SAFETY SEAL IS
TORN OR DAMAGED.**

**IF YOU ARE NURSING, PREGNANT,
TAKING MEDICATION OR HAVE A MEDICAL
CONDITION, CONSULT YOUR PHYSICIAN
BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

10221-v101



8 13006 01840 1