

SUGGESTED USE: Adults, as a dietary supplement, take two (2) capsules daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

10075-v106



DR. MERCOLA®
PREMIUM SUPPLEMENTS

MSM

Methylsulfonylmethane
Sulfur Complex

Dietary Supplement

60 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Methylsulfonylmethane [^]	1 g	*
L-Methionine	100 mg	*
R-Alpha Lipoic Acid (from Sodium R-alpha Lipoate)	25 mg	*
Dr. Mercola's Sulfur Blend (Organic Broccoli [Whole Plant], Organic Garlic [Bulb], Organic Green Cabbage [Whole Plant], Organic Kale [Whole Plant])	25 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Silicon Dioxide.

FORMULATED AND DISTRIBUTED BY: Mercola Health Resources, LLC
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[^]OptiMSM® is a registered trademark of Bergstrom Nutrition.