

# Sunscreen

Dr. Mercola's Sunscreen's ingredients protect, nourish, and moisturize your skin. Plus, when used with other skin protection measures, its special mineral sunscreen helps provide protection from the sun's potentially skin-damaging UVA and UVB rays. Water-resistant. Equally great for children over 6 months, too!

## Drug Facts

**Active Ingredient**

Zinc Oxide (9.5%) .....

**Purpose**

Sunscreen

**Uses**

- Helps prevent sunburn
- If used as directed with other sun protection measures (see **Directions**), sunscreen decreases the risk of skin cancer and early skin aging caused by the sun.

**Warnings**

**For external use only.**

**Do not use** • on damaged or broken skin.

**When using this product** • keep out of eyes. Rinse with water to remove.

**Stop use and ask a doctor if** • rash occurs.

**Keep out of reach of children.** If product is swallowed, get medical help or contact a Poison Control Center right away.

**Directions**

- Apply liberally 15 minutes before sun exposure.
- Children under 6 months of age: Ask a doctor.
- **Sun Protection Measures.** Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a broad spectrum SPF value of 15 or higher and other sun protection measures including:
  - Limit time in the sun, especially from 10 a.m. - 2 p.m.
  - Wear long-sleeve shirts, pants, hats, and sunglasses

**Re-apply:**

- After 40 minutes of swimming or sweating
- Immediately after towel drying
- At least every 2 hours

**Other Information**

- Protect the product in this container from excessive heat and direct sun.

**Inactive Ingredients**

Aqua, Aloe Barbadensis Leaf Juice, Helianthus Annuus (Sunflower) Seed Oil, Lecithin, Cetearyl Alcohol, Cetearyl Glucoside, Cetearyl Oliviate, Sorbitan Oliviate, Glycerin, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Butter, Camellia Sinensis Leaf Extract, Cocos Nucifera (Coconut) Oil, Gluconolactone, Potassium Sorbate, Xanthan Gum, Punica Granatum Fruit Extract, Tocopherol, Rubus Idaeus (Raspberry) Seed Oil, Astaxanthin, Eucalyptus Globulus Leaf Oil.

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