

Nutrition Facts

Serving Size (40g)

Servings Per Container about 22

Amount Per Serving	
Calories 160	Calories from fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 95mg	4%
Total Carbohydrate 14g	5%
Dietary Fiber 8g	32%
Sugars 5g	
Protein 20g	40%

Vitamin A 0%	•	Vitamin C 0%
Calcium 20%	•	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Whey Protein Concentrate, Digestive Resistant Maltodextrin, Organic Sweet Whey**, Organic Nonfat Dry Milk**, Chia Seed, Natural Flavor, Guar Gum, Sunflower Lecithin, Luo Han Juice Concentrate, Medium Chain Triglycerides, Fructooligosaccharides, Probiotic Blend (L. Acidophilus, L. Rhamnosus, L. Plantarum, B. Lactis, B. Bifidum, B. Longum), Arabinogalactan.

SUGGESTED USE: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken two to three times daily.

Allergen Information: Contains dairy and lecithin (derived from GM free sunflower seeds). Manufactured in the same facility as peanut containing products.

DO NOT USE IF SEAL IS BROKEN.
STORE IN A COOL, DRY PLACE.

**Certified Organic by:
Oregon Tilth Certified Organic | Corvallis, OR 97333

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DR MERCOLA®
PREMIUM SUPPLEMENTS

PURE POWER
PROTEIN

Whey Protein Concentrate with Chia Seeds

Vanilla Flavor

Naturally Flavored
Dietary Supplement
Net Wt 2lbs (909g)

20g
PROTEIN
Per serving

15CFU
BILLION
PROBIOTICS
Per serving

Made from an exclusive blend of Immuno Whey™, chia seeds, and probiotics (15 billion beneficial bacterial count per serving), Dr. Mercola's **Pure Power Protein** is a unique high-quality whey protein with high biological value and great nutritious potential for immune support and muscle nourishment.

Pure Power Protein is delicious and has no aftertaste. **Pure Power Protein** contains digestive resistant maltodextrin, a non-digestible water soluble fiber naturally found in maize and other plants, which has been shown to help lower blood sugar and blood lipids. This type of fiber also performs as a pre-biotic to help support healthy gut flora as well as help the digestion and utilization of protein. Being 100% natural, and made from the finest whole food ingredients, this low-glycemic whey protein is free from refined sugars, sugar alcohol, fructose, and without artificial ingredients and preservatives.†

Distributed by:
Mercola Health Resources, LLC.
3615 Exchange Avenue Aurora, IL 60504
www.mercola.com | (847) 252-4355

