

Pictured on this label is
The Holy Mountain Arunachala in South India.

*"So great is the power of this Hill that the very
sight of it cleansed my heart and destroyed my ego."*

Sri Ramana Maharshi

Brahmi is one of the world's most powerful adaptogens, and offers support for the nervous system, a calm mind and sound sleep. **Brahmi** lifts mood, helps to improve memory and promotes mental clarity. By increasing circulation to the brain and nourishing the nervous system, **Brahmi** improves overall vitality and boosts energy, without side effects.*

Suggested Use: 1-2 capsules with food and water 2 times a day, or as directed by your health care practitioner.

Safe for Vegans and Vegetarians • Gluten Free

Do Not Use if Pregnant or Nursing without Consulting a Physician.

*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease.



Brahmi~Gotu Kola

BRAIN & NERVOUS SYSTEM SUPPORT

MADE WITH **Certified Organic Herbs**

HERBAL DIETARY SUPPLEMENT 90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving

[‡]Organic Gotu Kola Leaf (*Centella asiatica*) 400mg*

*Daily Value not established

Other Ingredients: Vegetable cellulose (capsule)

[‡]Herbs Certified Organic
by Control Union



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