#### **Nutrition Facts**

Serving Size: 2 scoops (40g) Servings Per Container: about 11

Amount Per Serving	
Calories 160	Calories from Fat 30
	% Daily Value*
Total Fat 2g	5%
Saturated Fat 2g	8%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 80mg	3%
Potassium 130mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 32g	60%
Vitamin A	0%
Vitamin C	0%
Calcium	20%
Iron	4%
* Daysont Daily Values are h	

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65q	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate Dietary Fiber		300g	375g
		25g	30g
Protein		50g	65g

**SUGGESTED USE**: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken one or two times daily.

**INGREDIENTS**: Whey Protein Concentrate, Sunflower Lecithin.

Dr. Mercola has been providing quality products since 2001. To see more products, go to products.mercola.com

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

**NOTICE**: Use this product as a food supplement only. Do not use for weight reduction.

This product contains dairy and lecithin (derived from sunflower seeds). Manufactured in the same facility as peanut containing products.

#### MANUFACTURED FOR-

Mercola Health Resources, LLC 3200 W. Higgins Road Hoffman Estates, IL 60169 (847) 252-4355 | www.mercola.com



## $DR.\ MERCOL\Lambda^{\! \circ}$

PREMIUM SUPPLEMENTS

# **MIRACLE WHEY**

### Protein Powder

**Great Tasting Whey Protein Mix From Pasture Fed Cows** 



**Original**No Flavor Added

Net Wt. 1lb (454g)