

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

10068-v403



DR. MERCOLA®
PREMIUM SUPPLEMENTS

ASTAXANTHIN

300 mg ALA Per Capsule

Dietary Supplement

90 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Astaxanthin (from <i>Haematococcus pluvialis</i> Extract)	4 mg	**
Alpha-Linolenic Acid (ALA) (from Perilla Seed Oil)	300 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Tilapia Fish Gelatin), Rosemary Leaf Extract.

CONTAINS FISH (TILAPIA).

FORMULATED AND DISTRIBUTED BY:

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